



# San Diego North Coast Knitters Guild

*Celebrating 20 years of Strands in the Sand  
1997 ~ 2017*

San Diego, CA • [www.SanDiegoKnitters.com](http://www.SanDiegoKnitters.com) • Number 238 • September 2017

**General Meeting: Sept. 5 • 1:30-3:30 pm • Doors open @ 1:00 pm**

San Dieguito United Methodist Church, 170 Calle Magdalena, Encinitas, CA

*Programs, Carol Myers & Karen des Jardins,  
[Programs@SanDiegoKnitters.com](mailto:Programs@SanDiegoKnitters.com)*

## September 5

### It's finally here: The Stash Sale!

The stash will be organized according to fiber type: animal fiber (wool, alpaca, etc.); plant fiber (cotton, rayon, linen, etc.); and acrylic. The animal fiber yarn will also be grouped according to knitting weight: bulky; Aran/worsted; sport/DK; and fingering/sock/lace. Just for fun, there will be a couple of tables of "Choose Your Own" where you can stuff single skeins and partial skeins of your choice into a \$5 bag. We also have an assortment of needles, crochet hooks, books, kits, and finished objects for sale.



Please come and support the Guild at this important fundraiser. Invite your friends; there is plenty for everyone!

**Important: Cash and checks only. Credit cards are not accepted. Doors open at 1:00 p.m. and NOT BEFORE! Please give the crew time to prepare the sale so it will be enjoyable for all.**

Look for ladies in these bright blue aprons for answers to your questions, and to pay.

## October 10: Myra Wood

### Living a Creative Life

Myra Wood will be the guest speaker at our October 10 meeting. Prepare to have fun! Myra's energizing program titled "Living a Creative Life" will get your creative juices flowing with all kinds of exercises and advice to inspire you creatively. Read more on the guild's website under [Knitter's News](#).



Myra Wood is an internationally known fiber artist, designer, author, and teacher. She teaches a wide range of classes in knitting, crochet, embroidery, and beading, specializing in all things creative. Myra has published an abundance of patterns in books and magazines, has been a guest instructor on numerous episodes of knitting shows and will be teaching at Stitches West 2018.

You can register now for her workshops. Click on the workshops for class descriptions, a supply list, homework, etc. on the Guild's website.

- Oct 11 9:00 am – 12:00 pm [Workshop 1](#): Pattern Free Possibilities.
- Oct 11 1:00 pm – 4:00 pm [Workshop 2](#): Knitting with Beads, Every Which Way But Loose.
- Oct 12 9:00 am – 12:00 pm [Workshop 3](#): Crazy as Pi.
- Oct 12 1:00 pm – 4:00 pm, [Workshop 4](#): A Different Angle

Visit Myra's [website](#) and see her pattern designs on [Ravelry](#)!

## 2017 General Meeting Schedule

- 5-Sep: Annual Guild Stash Sale
- 10-Oct: Myra Wood, **Living a Creative Life**
- 7-Nov: Michelle Montjoy, **River: A Community Art Project**
- 4-Dec: Holiday Luncheon and Fashion Show

## President's Message

by **Mary Brown and Laura Brubaker - Co-Presidents**  
[President@SanDiegoKnitters.com](mailto:President@SanDiegoKnitters.com)

With Summer here, our thoughts go to travel. At least that's where mine are right now. I will be in Europe August 20 – September 20 and I plan to see a lot while there. Of course, I'll take my knitting and I'll be looking for influences while I'm there. As I'll be in Northern Europe and the UK, there should be a lot of chances to see sweaters, even if they are not the kind I design. They'll be great to see. When I travel, I take photos of architectural details. Some of these are useful as I design. All of us can use what we see around us to help us with color and texture choices. Don't be afraid to venture out beyond your pattern and make little changes that make that piece your own. Maybe it's just using a different stitch pattern at the bottom or on the knitting band. Take some of what you see around you and add a leaf pattern or something else in nature, a painting, a building, or whatever you see. I look forward to seeing some of the pieces that you make where you've changed your pattern, even just a little. Enjoy the stash sale in September. I'll see you in October after I return.



Mary Brown

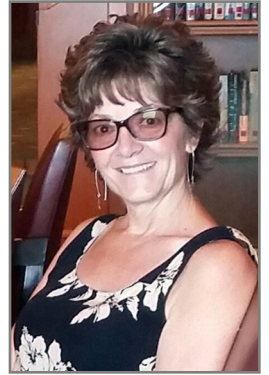


Laura Brubaker

~ Mary Brown, Co-President

## Follow up about last month's speaker

**Color News!** Newly added to our website are [two files](#) that Claudia promised the members during her program. One is the Printing Wheel which you can assemble using the 'brad' that she distributed at the August meeting. The other is a hand color resource with website links and apps to pursue your color knowledge.



## Retreat News

by **June Bartczak, Retreat Coordinator**  
[Retreats@SanDiegoKnitters.com](mailto:Retreats@SanDiegoKnitters.com)

January 2018 Temecula Retreat: Join us at Vina de Lestonnac Retreat Center from January 15-18, 2018. Deposits will be accepted beginning in September. More about this in future Newsletters and on the Website.

May 2018 Rancho Palos Verdes Retreat: Our spring retreat will be May 7-10, 2018 at the Mary and Joseph Retreat Center. We need a minimum of 10 participants. Four members have already committed to going. Take a look at your calendar and plan on retreating with the Guild. The location is stunning and there are several yarn shops within driving distance.

## Holiday Luncheon

by **Willa Cather, Chairman**  
[HolidayLuncheon@SanDiegoKnitters.com](mailto:HolidayLuncheon@SanDiegoKnitters.com)

Willa needs a volunteer to act as Fashion Show Coordinator for the Holiday Luncheon in December. Please text or call her at 657-203-9904 if you are interested and/or have any questions. The role involves a single day of preparation and a few hours working with the models on the actual day of the show. This is a terrific way to be involved with all the fanfare of the season!

# Minutes - General Meeting

**Tuesday, August 1, 2017**

*by Mary Van Orsdol, Secretary*  
[Secretary@SanDiegoKnitters.com](mailto:Secretary@SanDiegoKnitters.com)

Co-President Mary Brown opened the meeting at 1:30 pm. After greeting new members and guests, Mary introduced Programs Co-Chair Karen des Jardins.

Program Co-Chair Karen des Jardins introduced speaker Claudia Carlson. Claudia presented "Color Confidence: It's Not Magic." She talked about basic color theory, online tools and apps for exploring color combinations, and showed examples of knitting and crocheting projects that illustrated successful and unsuccessful color combinations. After her presentation, Claudia raffled off a tin of knitting accessories from Hiya.

After the presentation, Co-President Mary Brown conducted the business portion of the meeting.

**Stash Sale:** Co-President Laura Brubaker reported that Bobbie Brunson is stepping down from the Stash Sale for personal reasons and the Laura will step in. Laura thanked Bobbie for all the work she has already accomplished for the sale. The sale is September 5. Please bring your checkbook or cash and a friend. You are encouraged to carpool.

**Philanthropy:** Chair Eileen Adler reported the second annual Splash Party will be held on August 24 and she needs your RSVP. Check the newsletter or website for details. Co-President Mary Brown announced that Eileen will be stepping down as chair (but still organizing the Softies work) and that a new volunteer for overall philanthropy chair is needed.

**Library:** Co-Chair Scarrain Gomes reported that the library has a new category of "travel books" which are designed in size for travel. In September, the library will be closed because of the stash sale. Scarrain highlighted books by next month's speaker, Myra Wood, and books by authors featuring similar techniques.

**Programs:** Co-Chair Carol Myers reported that there is still space in the workshops offered this month by Claudia Carlson and in October by Myra Wood. Michelle Montjoy, a local fiber artist, is the speaker for the November meeting and will talk about "River: A Community Art Project."

**Retreats:** Chair June Bartczak reported that the August retreat is full and that she will begin taking reservations for the January retreat after the August retreat. June reported that the Guild has reached a resolution with the Mary and Joseph Retreat Center in Palos Verdes and the Guild has rescheduled the retreat for May 7-10, 2018. We must have a minimum

of 10 people for this retreat.

**San Diego County Fair:** Chair Jan Davis thanked the eighteen members who volunteered at the fair and congratulated all who won prizes.

Co-President Mary Brown led a "Fair Fashion Show" in which members showcased their entries of any category in the San Diego County Fair.

Co-President Laura Brubaker was Master of Ceremonies for Show & Share; Stacy Mann was the photographer.

Co-President Laura Brubaker adjourned the meeting at approximately 3:17 pm.

***Guild members Karen des Jardins and Linda Hart show their entries in the Fair. Table exhibit shows various entries and ribbons that were awarded.***





# Philanthropy

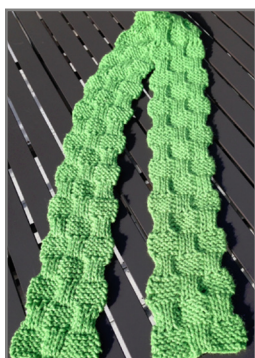
by Eileen Adler, Philanthropy Chair  
[Philanthropy@SanDiegoKnitters.com](mailto:Philanthropy@SanDiegoKnitters.com)

We had a ball at our second annual Softies Splash Party. Thank you, Arlene, for hosting this wonderful event and thank you to all the dedicated knitters who attended. Our next SAK scarf knitting adventure is Doubly Delicious, a blend of alternating blocks of Garter Stitch and Double Knitting Blocks (see photo). Despite appearances, there is no purling in this pattern – it's all knitted and so much fun! If that isn't enough, we have two versions for you. Materials include about 300 yards of knitting worsted weight yarn, size US 10.5 (6.5mm) knitting needles.

The finished size is 5" wide x 60" long or until you run out of yarn. We will meet on a Wednesday in October at the Solana Beach Library; date and time TBD. Please RSVP: [ShareAKnit@sandiegoknitters.com](mailto:ShareAKnit@sandiegoknitters.com)

*"The smallest act of kindness is worth more than the grandest intention." Oscar Wilde*

Philanthropy is an important part of our Guild. Eileen Adler has done a fabulous job for us but has found she cannot continue as the Chairperson for Philanthropy. Eileen's Softies program is where she wants to focus her efforts. If you are interested in taking over the Philanthropy program from Eileen, please contact Mary Brown or Laura Brubaker, [President@sandiegoknitters.com](mailto:President@sandiegoknitters.com) or Eileen, [Philanthropy@sandiegoknitters.com](mailto:Philanthropy@sandiegoknitters.com).



## San Diego North Coast Knitters Guild General Information

Membership in the Guild is open to everyone, regardless of your craft. Membership expires for all members on January 31. Dues are \$25 annually. Here is a printable [membership form](#).

Send all articles for the newsletter by the 15th of the month to: [Newsletter@sandiegoknitters.com](mailto:Newsletter@sandiegoknitters.com). Short articles relating to knitting or crocheting in general, and the San Diego North Coast Knitters Guild in particular, are encouraged.

Notices and announcements of a commercial nature may be placed as paid advertisements. Send an email to the above email address for rates and more information.

### GUILD SUB GROUPS:

✿ AKG Group: It is called AKG, Advanced Knitters Group. Meets every Friday at 9:00 am at Old California Coffee Shop, Restaurant Row, San Marcos. Contact: Thea Lazarevic, 760-638-0897.

✿ Knit@Nite Group: Meets the first Wednesday at 6:00 pm at the Jewish Community Center in UTC. Contact Linda Erlich: 858-759-9509, and check the schedule on the Guild's [website](#).

✿ I-15 Group: Meets every second and fourth Wednesday at 9:00 am at Panera in Carmel Mountain Ranch. Contact: Mimi Sevimli, 858-722-8128.

✿ PA Group: PA Group knits "Practically Anything." Meets every Monday from 1:00 to 3:00 pm at Panera in Solana Beach. Contact: Jean Moore, 858-587-9054.



The library will be closed in September during the Stash Sale. Please return your items at the October meeting.

Thank you for your many book donations. They will be added to our library or sold at the sale.

# Show and Share August



**Barbara Wright** knit the [Koru Cardigan](#) by designer Francoise Danoy in Serendipity merino/silk yarn.

**Gina Molise** modified her **Gemini Pullover** by lengthening the sleeves, and adding lace to the sleeves and hem. She used Hempathy yarn.



**Cally Monster** designed the [Freeze Frame Shawl](#) for handpainted or contrasting solid yarns. Because you're using slip stitches, you're working with only one yarn at a time. Both versions are pictured and more photos are on Ravelry.



**Lacey Koch** knit the **Atiru Shawl** in 100% superwash wool yarn called A Hundred Ravens. Designer Francoise Danoy used simple garter stitch in a trendy arrow shape for this pattern.



# Show and Share August



**Laura Brubaker** used two rayon-blend yarns to create her **Mountain Gods Vest**. Berroco Seduce and Twisted Sisters Mirage Hand Prints. The pattern uses a tubular cast-on and a grafted hem. More photos on [Ravelry](https://www.ravelry.com/projects/lbrubaker/mountain-gods-vest).



**Mar Gee Farr's Hoku Shawl** by Jana Huck uses blister stitch to produce the dots. Mar Gee used contrasting colors of merino and silk yarns to dramatic effect.

**Monica Clark's** [Mandala Vest](#) is crocheted in Caron Cakes acrylic/wool yarn. Unique stitches create multiple textures and keep the project fun; this is a free pattern.

The [Dragonfly Tank Top](#) uses short rows for shaping and charts for the dragonfly motif. Yarn was Knit Picks CotLin.



**Nathine Nelson's** vibrant red **Mirage Poncho** uses Jaeger Albany, a 100% mercerized cotton.



# Show and Share August



**Sheila Kirschenbaum** added contrasting yarn at the sides and cuffs of her **Jimenez Tunic**. The yarn is Shibui Linen and designer is Carol Feller.



**Terri Miles** made the lovely **Meadowgold Shawl** by designer Romi Hill. She used 100% USA-grown Oink lace yarn and added beads.



**Sydnie Wauson** modeled her **Just Be You For Boo Challenge Shawl**. It was a knitalong with five clues in sequence. Sydnie used Handmaiden Sea Silk yarn. More on Sydnie's project on [Ravelry](#).



**Wendy Hovis'** magnificent **In Perfect Harmony Shawl** is from Monsterknits. Wendy used Buffalo Wool Company Lux laceweight yarn, a blend of bison, silk and cashmere.



# Knitting on the Net



*In keeping with the Color Confidence program in August, this month's online freebies are all about color!*

❶ Like games? There is a fun and FREE app for your tablet or smartphone called **Blendoku** that presents color value challenges. Member Virginia Wilson shared this tip.

❷ Biscotte Yarns are hand-dyed in Montreal and here is a free shawl pattern from their website: [Paintbox Shawl](#) uses five colors of fingering yarn.

❸ [Fittleworth Cowl](#) uses two contrasting colors of sport weight yarn, but you use only one color at a time. Super pattern for an adventurous beginner.

❹ Berroco's Nebula is a 100% superwash merino single ply sportweight yarn with long color repeats. Ten colorways mean you'll never run out of colorful options. Try [Get into the Groove Scarf](#) by Andra Asars.

❺ [Colorful Ombre Knit Baskets](#) in three sizes. It's the perfect pattern for stash sale acrylic yarn!

❻ [How to Dye Yarn](#) with Kool-Aid.

❼ [Mighty Mitered Knit Pillow](#) uses worsted weight yarn in three colors. There is a video tutorial if you're new to mitered knitting, which is much easier than it looks.

✓ Finally, here are links to some fantastic [TED Talks for fiber arts lovers](#). There are six talks, so get ready to be inspired!