



# San Diego North Coast Knitters Guild

*Celebrating 20 years of Strands in the Sand  
1997 ~ 2017*

San Diego, CA • [www.SanDiegoKnitters.com](http://www.SanDiegoKnitters.com) • Number 237 • August 2017

**General Meeting: August 1 • 1:30-3:30 pm • Doors open @ 1:00 pm**

San Dieguito United Methodist Church, 170 Calle Magdalena, Encinitas, CA

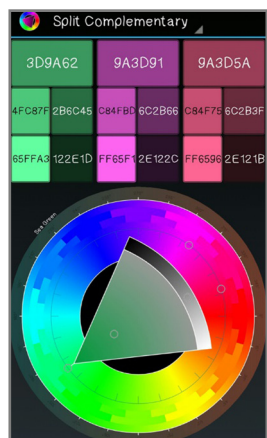
**Programs, Carol Myers & Karen des Jardins,**  
[Programs@SanDiegoKnitters.com](mailto:Programs@SanDiegoKnitters.com)

## **August 1** Color Confidence by Claudia Carlson

Mystery and magic begone! Using simple scientific principles, Guild member Claudia Carlson will enable us not to "go wrong" with color. She'll show us fun and rewarding ways to knit with '[Color Confidence](#)'. Claudia will lead us through color theory: 'mixing' color with pre-dyed yarn; finding scientific balance, and the freedom to create in a truly simple, fun and rewarding way. She says that "with just a few simple steps, you will have the understanding to create your next project with perfect color harmony."



Claudia will host a workshop on August 3 titled "[Color Confidence: Practicing the Principles of Color](#)". By performing fun and simple exercises you will be guided on the four steps of *Color Confidence*. We will practice how to: find color palettes for your projects, 'mix' yarn when you can't find the right color, explore optical blending,



and pinpoint why some color choices work and others do not. **Registration is open; go to our website for a supply list and more details.**

Claudia's experience with color was gained over the 13 years that she and her husband owned and operated a graphic design business and service bureau. This was a time when full-color printing was separated to the root components of cyan, magenta, yellow & black; rendered to film; and burned to offset press printing plates. Today, Claudia uses the color knowledge and principles she used at her business to guide and assist in her **current** knitting, crocheting, spinning and weaving projects.

Visit Claudia's pattern designs on [Ravelry](#)!

## **Save The Dates October 10-12: Myra Wood is Coming to Town**

Myra Wood will be our guest speaker in October. Myra is an internationally known fiber artist, author, designer and teacher. She has been crafting, sewing, knitting and crocheting since she was young and has enjoyed a long career in commercial art.

Myra's talk will be about "Living a Creative Life." She will teach four workshops while she's with our Guild: Pattern Free Possibilities, Short Row Knitting, Crazy as Pi, and A Different Angle.

Don't miss the opportunity to meet Myra!



## 2017 General Meeting Schedule

- 1-Aug: Claudia Carlson, **Color Confidence**
- 5-Sep: Annual Guild Stash Sale
- 10-Oct: Myra Wood, **Living a Creative Life**
- 7-Nov: Michelle Montjoy, **River: A Community Art Project**
- 4-Dec: Holiday Luncheon and Fashion Show

## President's Message

by **Mary Brown and Laura Brubaker - Co-Presidents**  
[President@SanDiegoKnitters.com](mailto:President@SanDiegoKnitters.com)

During the Summertime, it's easy to get distracted by things other than knitting. We are outside, vacationing, seeing children and grandchildren, etc. Often, this leaves little time for our hobbies. For myself, knitting fits in between all of these things along with jewelry making and painting, all of which I enjoy tremendously. One of the great things about knitting is that it's easy to transport so I take it with me on long car rides and on the airplane. I use a lot of different colors so that makes things just a little more complex but, for those of you who use just one or two colors, it's much easier. Let's think about ways that we can include knitting in our Summer so that we don't have long periods of not doing something we love. Keep knitting.



*Mary Brown*



*Laura Brubaker*

During the Fair, we had lots of Guild members who participated in knitting, crocheting, and other artful endeavors. At the August 1 meeting, please bring the items you entered into the Fair and, if you won, bring your ribbons to show everyone. We'll have a short fashion show for these items – not a part of Show and Share. If you wish to show your items in Show and Share instead, you are welcome to do so but some of you have shown them before or want to show them at the Holiday party fashion show. For those of you who want to model your pieces during the Holiday fashion show, participate in the short fashion show and not

Show and Share and you'll be able to show them again at the Holiday party. Additionally, some of us won ribbons in categories other than knitting or crocheting such as quilting, sewing, fine art, etc. We will have a table at the front of the room to lay out these items. Guild members are encouraged to bring these pieces and we are all welcome to take a look at them and slightly after our meeting.

~ Mary Brown, Co-President

## Stash Sale

by: **Bobbie Brunson** [StashSale@SanDiegoKnitters.com](mailto:StashSale@SanDiegoKnitters.com)

### September 5, 2017 is the SDNCKG Annual Stash Sale!

*Save the date and invite your friends!*

Currently we have over 425 pounds of yarn to sell. That's the equivalent of 192,777 grams or 3,855 50-gram skeins or 1,927 100-gram skeins. That's a lot of yarn! We also have books, needles, kits, finished objects, unfinished objects, notions, spinning tools and fiber. My house is full! Thank you for your generous donations. If you have more to donate and you can store it for a few months, please save it for next year's stash sale. If you absolutely must get it out of the house now, I will reluctantly take more up until the August Guild meeting.



*37 bags, 3 boxes  
and still counting!*

The prices are extremely reasonable, from \$1 to \$25. This is the good stuff: project-size quantities of designer brands and discontinued favorites, treasures like indie dyers and luxury fibers, fun sock and shawl yarns, plenty of wools and blends for colder climates, lightweight cotton and linen yarns, and plenty of yarn for philanthropy and craft projects.

Please invite your friends, neighbors, and everyone you know who knits or crochets or would like to learn, to come to the stash sale. For our fund raiser to be successful, we need to sell a lot of stash. The proceeds from the sale fund our Programs and Guest Speakers.

See you in September!

# Minutes - General Meeting

Tuesday, June 6, 2017

by Mar Gee Farr, Acting Secretary  
[Secretary@SanDiegoKnitters.com](mailto:Secretary@SanDiegoKnitters.com)

The Guild's July 11, 2017 meeting, Annual Pot Luck was called to order by President Laura Brubaker who welcomed the membership and thanked Tree DeZazzo & Nancy Lazerson and their helpers for organizing the Pot Luck. The array of food was impressive, the desserts yummy and this year one of our members even brought a refreshing punch. The room was bright and cheery; Laura's happy dotted fabric tablecloths were on all of the tables along with a bouquet of fresh flowers arranged in canning jars.

**Membership:** Nancy Nevin reported that we currently have 295 members.

**Retreats:** June Bartczak was not present but Laura reported that members are excited about this year's August Retreat in Temecula from the 21st-24th.

**Philanthropy:** Eileen Adler advised that Philanthropy has a large supply of "softies" and requested that members make scarves and hats until the inventory of "softies" can be distributed, Eileen also mentioned that there will be a knitting "Splash Party" on August 24th from 10:30-12:30, space is limited.

**Library:** Scarrain Gomes & Brigit Pitcairn opened the library; they have added quite a selection of new books and encouraged members to check out the growing collection.

**Stash Sale:** Bobbie Brunson reported that she has collected 425 pounds of yarn for the Stash Sale which is equivalent to 3,855 – 50g skeins of yarn. Donations will be accepted through the August meeting.

**County Fair:** The Guild's volunteer days at the County Fair went well. Anyone who entered an item is encouraged to bring it to the August meeting for Show and Share.

**Programs:** The Program Chairs announced that Claudia Carlson will be our speaker at the August 1st meeting talking about Color Confidence and she will have a workshop the following day, August 2. Sign-ups will be accepted through the meeting August 1, more information is available on the Guild website.

**Treasurer:** No report.

No one brought Show and Share items, Laura adjourned the meeting and encouraged everyone to stay until 3:30.

The next meeting of the SDNCKG will be held on Tuesday, August 1, 2017 in Founder's Hall at the San Dieguito United Methodist Church in Encinitas.

## Retreat News

by June Bartczak, Retreat

Coordinator [Retreats@SanDiegoKnitters.com](mailto:Retreats@SanDiegoKnitters.com)

I'm so excited to announce that we have three knitters' retreats on the Guild calendar. Next up is the August Retreat in Temecula at Vina de Lestonnac. We'll return to Temecula in January 2018 for our annual winter get-away. Then in May, our spring retreat will be the Mary and Joseph Retreat Center in beautiful Rancho Palos Verdes. Details about all our retreats are always on the Guild website.

August Temecula Retreat: To date, 23 members have signed up for the August Temecula Retreat, our first summer retreat. Registration is closed. For those who have already registered and have submitted a deposit, the balance due must be paid by the end of the Guild Meeting on August 1. Or you can mail your check to me at 157 Via Monte d'Oro, Redondo Beach, CA 90277 so that I receive them by July 31.

**Please make your checks out to SDNCKG.**

### Costs for the August Retreat are as follows:

Type of accommodation	Deposit	Balance Due	Total Cost
Single	\$150.00	\$270.00	\$420.00
Double	\$100.00	\$220.00	\$320.00
Triple	\$75.00	\$215.00	\$290.00

**January 2018 Temecula Retreat:** Our January 2018 Temecula Retreat at Vina de Lestonnac Retreat Center is scheduled for January 15-18, 2018, deposits for which will be accepted beginning in September 2017. More about this in future Newsletters and on the Website.

May 2018 Rancho Palos Verdes Retreat: Our next spring retreat will be May 7-10, 2018 at the Mary and Joseph Retreat Center. We had to postpone our 2017 May retreat at Mary and Joseph because we didn't have enough members to meet our contract requirements. Thanks to the positive response of the Executive Director at Mary and Joseph to Sheila Kirschenbaum's letter, signed by Diana Rathbun, on behalf of the Guild regarding our need to postpone the original retreat, our entire non-refundable deposit has been transferred to the May 2018 retreat. We need a minimum of 10-12 participants. Four members have already committed to going. Take a look at your calendar and plan on retreating with the Guild. The location is stunning and there are several yarn shops within driving distance. More about this, also, in future Newsletters and on the Website.



## Philanthropy

by Eileen Adler, Philanthropy Chair  
[Philanthropy@SanDiegoKnitters.com](mailto:Philanthropy@SanDiegoKnitters.com)

Where will you be on **Thursday, August 24th** from 10:30 a.m. to 12:30 p.m.? No plans? Please come to our second Softies Splash Party! We will be knitting Softies and teaching anyone who wants to learn how to knit them. Please bring double-pointed needles (between US 4 (3.5mm) to US 6 (4mm)). Oodles of colorful yarn will be available and we'll provide a wonderful array of tasty refreshments. Great news: you will receive the newly revised pattern for Softies! Join us for a wonderful morning of knitting, swimming, sharing, and enjoying each other as we support women's health. Please RSVP to get details and directions to Arlene's home in San Marcos.

**"Helping others isn't a chore; it is one of the greatest gifts there is,"** - Liya Kebede

Ethiopian-born model, maternal health advocate, clothing designer, and actress.

In 2013 she was named one of Glamour's Women of the Year for her philanthropic work through her Liya Kebede Foundation.

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## Holiday Luncheon Update

by Willa Cather  
[HolidayLuncheon@SanDiegoKnitters.com](mailto:HolidayLuncheon@SanDiegoKnitters.com)

Willa needs a volunteer to act as Fashion Show Coordinator for the Holiday Luncheon in December. Please text or call her at 657-203-9904 if you are interested and/or have any questions. The role involves a single day of preparation and a few hours working with the models on the actual day of the show. This is a terrific way to be involved with all the fanfare of the season!

## San Diego North Coast Knitters Guild General Information

Membership in the Guild is open to everyone, regardless of your craft. Membership expires for all members on January 31. Dues are \$25 annually. Here is a printable [membership form](#).

Send all articles for the newsletter by the 15th of the month to: [Newsletter@sandiegoknitters.com](mailto:Newsletter@sandiegoknitters.com). Short articles relating to knitting or crocheting in general, and the San Diego North Coast Knitters Guild in particular, are encouraged.

Notices and announcements of a commercial nature may be placed as paid advertisements. Send an email to the above email address for rates and more information.

### GUILD SUB GROUPS:

✿ AKG Group: It is called AKG, Advanced Knitters Group. Meets every Friday at 9:00 am at Old California Coffee Shop, Restaurant Row, San Marcos. Contact: Thea Lazarevic, 760-638-0897.

✿ Knit@Nite Group: Meets the first Wednesday at 6:00 pm at the Jewish Community Center in UTC. Contact Linda Erlich: 858-759-9509, and check the schedule on the Guild's [website](#).

✿ I-15 Group: Meets every second and fourth Wednesday at 9:00 am at Panera in Carmel Mountain Ranch. Contact: Mimi Sevimli, 858-722-8128.

✿ PA Group: PA Group knits "Practically Anything." Meets every Monday from 1:00 to 3:00 pm at Panera in Solana Beach. Contact: Jean Moore, 858-587-9054.





# Potluck Luncheon by Tree DeZazzo, [PotLuck@SanDiegoKnitters.com](mailto:PotLuck@SanDiegoKnitters.com)

*Sixty-one members attended the luncheon on July 11. The food was abundant and delicious! Here are a few photographs.*





# Knitting on the Net



❶ [Berroco Bingo](#) is back! Download your free card [here](#). Mark off any ten items on your sheet (no purchase required and you don't have to get "bingo") and return it by 8/31/17 for a chance to win!

❷ [Funner Summer Beach Bag](#) from Balls to the Walls Knits is as sturdy as it is pretty.

❸ [Orange Dream Cardigan](#) is knit from the top down with raglan sleeves and lace on the yoke.

❹ [Mohawk Wool Leaf Lace Scarf](#) from Classic Elite is fully reversible and all the increases & decreases are worked on one side. Ingenious!

❺ Hundreds of vintage, retro and classic patterns from [Aran Sweater Market](#). All are free and available to download.

❻ [Gabriel Jacket](#) fits 12-36 months and is knit in DK/light worsted. The pattern is free.

❼ [Premier Cabled Socks](#) are sure to become a wardrobe staple. A delicate double cable runs up the inside and outside of the leg.

✓ A very interesting article about the color of Mr. Rogers' sweaters from 1979-2001. A noticeable pattern shows up when you lay out the color of each sweater Rogers wore chronologically; read all about it [here](#).

✓ The BBC brings us a [video](#) of the yarn bombing of the Whitchurch Bridge on River Thames.

# Guild Directory Membership Updates

by Nancy Nevin, Membership

Chair [Membership@SanDiegoKnitters.com](mailto:Membership@SanDiegoKnitters.com)



## July 2017

### NEW MEMBERS:

Beltsy Aleyda Guzman  
2750 Wheatstone St., #209  
San Diego, CA. 92111  
(No phone given)  
Email: beltsyguzman@yahoo.com

### CORRECTIONS TO ROSTER:

Updated email address for  
**Janice Holt**  
JANICELH56@gmail.com

Updated email address for  
**Gwen Nelson**  
jngn@roadrunner.com

