



# San Diego North Coast Knitters Guild

*Celebrating 20 years of Strands in the Sand  
1997 ~ 2017*

San Diego, CA • [www.SanDiegoKnitters.com](http://www.SanDiegoKnitters.com) • Number 231 • February 2017

## NEW TIME and LOCATION:

General Meeting on February 7th • 1:30-3:30 pm

Doors open @ 1:00 pm

San Dieguito United Methodist Church, 170 Calle Magdalena, Encinitas, CA

Programs, Carol Myers & Karen des Jardins,  
[Programs@SanDiegoKnitters.com](mailto:Programs@SanDiegoKnitters.com)

### February 7 LORILEE BELTMAN

**Colors That Climb,  
Vertically Stranded  
Color Work** Lorilee Beltman will share her explorations in adding color to our knitting. There are many ways that color can be added when contrast stitches climb vertically from round to round. She'll tell us all about them. Click [here](#) to read more.

Lorilee is teaching workshops on February 8 & 9. The location for her workshops is the Holiday Inn Express, 1661 Villa Cardiff Dr., Cardiff. Workshop descriptions, homework and location map are available at our website [page](#).



- |       |                                    |
|-------|------------------------------------|
| Feb 8 | Morning--Colors That Climb         |
| Feb 8 | Afternoon--Baby Surprise Jacket    |
| Feb 9 | Morning--Pick Your Knits and Purls |
| Feb 9 | Afternoon--Holey Square Scarf      |

### March 7 KATHY HEPBURN and DENISE

**PINNEL: Polymer Clay and Yarn: A Perfect and Functional**

**Union of Knitting and Polymer Art** Polymer clay, a versatile art medium, brings the FUN to functional closures and adornments for



knitwear and woven wraps. Members of the San Diego Polymer Clay Guild, Kathy Hepburn and Denise Pinnell will share their enthusiasm for creating with polymer. Both prize winners for their polymer creations at the San Diego Fair, they bring their unique perspectives to working with polymer. Prepare to be amazed as you learn about the diverse and growing artistry in this medium and consider opportunities to add polymer clay to your creative talents in knitting and crochet. Click [here](#) for more info.

Join their hands-on workshops at the Holiday Inn Express, 1661 Villa Cardiff Dr., Cardiff. The workshop descriptions, fees, and location map are available at our website [page](#).

- |       |              |   |
|-------|--------------|---|
| Mar 8 | 9 am – 12 pm | Creating Custom Buttons                             |
| Mar 8 | 1 pm – 4 pm  | Holding it All Together: Crafting Unique Shawl Pins |

## 2017 General Meeting Schedule

- 7-Feb: Lorilee Beltman,  
**Colors That Climb: Vertically Stranded Color Work**
- 7-Mar: Kathy Hepburn and Denise Pinnell,  
**Polymer Clay and Yarn: A Perfect and FUNctional Union of Knitting and Polymer Art**
- 4-Apr: Romi Hill, **New Lace Knitting: Designs for Wide Open Spaces**
- 2-May: Ursula Almeida, **Be Bold, Be Fearless, Be Creative**
- 6-Jun: Faina Goberstein, **Every Design Has a Story**
- 11-Jul: Annual Potluck Luncheon
- 1-Aug: Claudia Carlson, **Color Confidence**
- 5-Sep: Annual Guild Stash Sale
- 3-Oct: Myra Wood, **Living a Creative Life**
- 7-Nov: Michelle Montjoy, **River: A Community Art Project**
- 4-Dec: Holiday Luncheon and Fashion Show

## Volunteers for Speakers 2017

Members are encouraged to welcome out-of-town speakers this year. You can join a speaker for dinner, assist with local travel, or lend a hand at meetings.

Inquire by email:

[Programs@SanDiegoKnitters.com](mailto:Programs@SanDiegoKnitters.com).

## President's Message

by **Mary Brown and Laura Brubaker**  
**President** [President@SanDiegoKnitters.com](mailto:President@SanDiegoKnitters.com)

Welcome to 2017. Laura Brubaker and I (Mary Brown) are proud to be your new Co-Presidents for the 2017-2018 years. I took responsibility for the San Diego County Fair for two years and enjoyed it very much. Otherwise, I have been sitting in the audience for the years that I have been in the Guild. Occasionally I showed you my original design knitted pieces and I have always enjoyed sharing with you. Laura, on the other hand, has several times been a volunteer to the Guild and we have all appreciated her work with the stash sale, the holiday luncheon, etc.

This new responsibility is a big one. Both of us want everyone to feel included and an integral part of our Knitters Guild. We will strive to fulfill the Guild's Mission Statement as we "promote the craft of knitting through workshops, monthly meetings and informal knitting groups." We hope you are as excited as we are about the visiting speakers and workshops that our Program Directors Carol and Karen have arranged for us this year. We also enjoy the many wonderful knitted items that you bring for Show and Share. Please, don't be shy! Share the completed projects you have created so that you can inspire others.

There are many ways you can be involved in the Guild and we encourage you to participate and take advantage of the wealth of information that can be obtained. I am very impressed with the philanthropy projects the team has suggested and the MTM workshops will provide a variety of projects that can further enhance your knitting. Laura and I hope that you will continue to love coming to meetings. We want to have fun and share the joy we feel when knitting.

**Mary and Laura**



*Mary Brown*



*Laura Brubaker*

## Minutes

by Phyl Bates, Secretary  
[Secretary@SanDiegoKnitters.com](mailto:Secretary@SanDiegoKnitters.com)

President Liz Knapp called the meeting to order after a program celebrating the twentieth anniversary of the founding of the Guild. In addition to congratulatory messages and remembrances, Encinitas City Councilwoman Tasha Boerner Horvath presented the Guild with a certificate of appreciation. Founders Colleen Davis and Phyllis Bates accepted it on behalf of the Guild.

Liz welcomed guests and urged those who had not yet renewed their membership to do so in time to be included in the directory. Zita Gardner reported that membership reached over 300 last year. Scarrain Gomes and Brigit Pitcairn have reactivated the library of knitting books which are now available to the members at meetings. In the absence of June



Bartczak, Liz reminded those who had signed up for the retreat that final payment was due at the end of the general meeting. The retreat is Jan. 16-19.

Ideas for new Members Teaching Members sessions included making bead necklaces, Swing Knitting techniques and yarn-wrapped gift branches. Schedules will appear on the website and in the newsletters. Liz reminded the group that they could arrange to take part in workshops to be given in conjunction with the February program by Lorilee Beltman. Because of the special use of the facilities by the church itself, the board has arranged to have these workshops at the Holiday Inn Express in Cardiff.

Mar Gee Farr made a motion to accept the slate of officers that had been listed in the newsletter. It was seconded and passed by a voice vote. The new officers will officially begin their duties immediately. Following the Show and Share session, the meeting was adjourned.

## Membership

by Nancy Nevin, Membership  
Chair [Membership@SanDiegoKnitters.com](mailto:Membership@SanDiegoKnitters.com)

- ◆ Guild membership year is February 1, 2017 to January 31, 2018. Dues are still \$25.
- ◆ A new membership form is on the Guild website.
- ◆ Please print out the form at home.
- ◆ Bring the completed form with \$25 cash (exact change) or a check (payable to San Diego NCKG) to the January 10th meeting.

### OR

Mail the completed form and cash/check to:  
Nancy Nevin  
13373 Grandvia Point  
San Diego, CA 92130

- ◆ Blank forms will only be available at the meeting for new members.

A new directory will be printed in March and distributed at the April Guild meeting.

**Membership Survey by Karen des Jardins**  
**Who taught you to knit: a friend?**  
**Family member? Yourself? Other!**  
**How many of you ever designed a pattern?**  
**Has anyone ever bought yarn and hid it?**  
**Read the answers and all the results of the**  
**Membership Survey at our website.**

## Happening in San Diego

Knotted Fiber Jewelry ~

Mingei International Museum in Balboa Park presents an exhibition of work by Sandy Swirnoff, January 14 – June 4, 2017.

Don't miss this stunning exhibition featuring approximately 30 necklaces and bracelets that reveal the artist's passion for nature, color, and texture. More information [here](#).



February is Macy's Museum Month

Participants can pick up a Museum Month Pass at any area Macy's store to enjoy half-off admission to all of the [participating museums](#) through the entire month of February.



## Retreat Update

by June Bartczak, Retreat

Coordinator [Retreats@SanDiegoKnitters.com](mailto:Retreats@SanDiegoKnitters.com)

Thirty-one members participated in our annual Winter Retreat to Vina de Lestonnac in Temecula, from January 16-19. We all lifted a cup to Jo-Ellen Gould after Stacy Mann's beautiful speech commemorating Jo-Ellen's passing. We sure missed having her there!! Charity's cooking was, as usual, wonderful, and appreciated by all. She is in the process of making a cookbook (probably tired of responding to individual requests for recipes!). More on that when the editing is finished. Our Spring Retreat MAY still be at the Mary and Joseph Retreat Center in Rancho Palos Verdes, BUT we may try a summer retreat at Vina de Lestonnac in Temecula. Their Coordinator was out ill, so I must wait to hear from her about specifics. More details to follow.

## San Diego North Coast Knitters Guild General Information

Membership in the Guild is open to everyone, regardless of your craft. Membership expires for all members on January 31. Dues are \$25 annually. Here is a printable [membership form](#).

Send all submissions by the 15th of the month to: [President@SanDiegoKnitters.com](mailto:President@SanDiegoKnitters.com). Short articles relating to knitting in general, and the San Diego North Coast Knitters Guild in particular, are encouraged.

Notices and announcements of a commercial nature may be placed as paid advertisements. Send an email to the above email address for rates and more information.

### Guild Sub Groups:

✿ **AKG Group:** It is called AKG, Advanced Knitters Group. Meets every Friday at 9:00 am at Old California Coffee Shop, Restaurant Row, San Marcos. Contact: Thea Lazarevic, 760-638-0897.

✿ **Knit@Nite Group:** Meets the first Wednesday at 6:00 pm at the Jewish Community Center in UTC. Contact Linda Erlich: 858-759-9509, and check the schedule on the Guild's [website](#).

✿ **I-15 Group:** Meets every second and fourth Wednesday at 9:00 am at Panera in Carmel Mountain Ranch. Contact: Mimi Sevimli, 858-722-8128.

✿ **PA Group:** PA Group knits "Practically Anything." Meets every Monday from 1:00 to 3:00 pm at Panera in Solana Beach. Contact: Jean Moore, 858-587-9054.

## Philanthropy

by Eileen Adler, Philanthropy Chair

[Philanthropy@SanDiegoKnitters.com](mailto:Philanthropy@SanDiegoKnitters.com)

Our next free SAK – Share-A-Knit event is **Thursday, April 13** from 10 am to 12 pm, at the Solana Beach Library. We will be knitting a **MINI COLOR SPLASH SCARF**, a two-tone color pattern that is fun to knit. Materials include two colors of knitting worsted weight yarn, about 300 yards total, US size 10.5 (6.5mm), and a tapestry needle for weaving in ends.

In January, we donated 30 items including 16 pairs of Softies and Lois Chatsworth, Susan Schock, Cary Sullivan, and Rebecca Johnson will receive a Softies SAK – congratulations. How did they do this? Three pairs of Softies = one Softies SAK . . . and speaking of Softies, bigger is better, so please follow the pattern until each needle has at least 28 stitches before commencing the back shaping. The bigger ones are used as "bust buddies" for women who play sports. It turns out that Softies are very versatile. Thank you!

"Throw kindness around like confetti." Kindness opportunities abound! Being kind just feels good – plain and simple and both you and the recipient benefit. When those in need receive your hand-knitted items, they receive your virtual hug and feel less anxious and more optimistic knowing that someone they didn't know set aside time to make something for them – does it get better than this? Kindness is a universal virtue. RAK week (Random Acts of Kindness) is **February 12 to 18**. The little things we do make all the difference so be the love you want to receive. *"They may forget what you said, but they will never forget how you made them feel,"* Maya Angelou.

When do I knit for philanthropy? At every guild meeting! I hope you will too.

## Treasurer's Note

by Diana Rathbun [Treasurer@SanDiegoKnitters.com](mailto:Treasurer@SanDiegoKnitters.com)

Once again, we have said goodbye to a friend. Jo-Ellen Gould was our Retreat Coordinator for seven years before turning it over to her successor. She was prepared to attend this January's Retreat in Temecula. When I asked her daughter where to send the refund, she refused to accept it and requested the Guild keep this as a gift. We are grateful to Jo-Ellen's family and assure them that the money will be used judiciously.

# Members Teaching Members

by Karen Bochinski

[MTMWorkshops@SanDiegoKnitters.com](mailto:MTMWorkshops@SanDiegoKnitters.com)



Mon. Feb 13, 2-4 p.m.  
Valentine's Day - Yarn  
Wrapped Branches with  
Mary Fallet (Encinitas).  
\$20 paid to the instructor  
includes materials and light



refreshments. This fun and  
creative afternoon will help  
you use up your yarn scraps  
and beads, and showcase  
precious trinkets and  
charms in tabletop displays.  
Encinitas

Thursday, Feb. 16, 12:30-3:30 p.m. Swing Knitting  
101 with Colleen Davis (Encinitas). \$30 paid to  
the instructor at  
time of sign-up.

German designers  
popularized this  
unique style of short  
rows that gives us  
endless possibilities  
for our knitting.



Sign up at the  
February meeting, class limited to 8 students. There  
is homework. For more information, contact Colleen,  
[ColleenDavis911@SBCGlobal.net](mailto:ColleenDavis911@SBCGlobal.net)



## Website Tip of the Month

By: Sheila Kirschenbaum, Webmaster

[Webmaster@SanDiegoKnitters.com](mailto:Webmaster@SanDiegoKnitters.com)



### Add a Guild event to your calendar!

Always have the dates for meetings & workshops & retreats & subgroups on your phone, tablet and computer.

#### Here's how:

① Click on the Calendar menu...

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	PA Sub-group				AKG Sub-group	
3	4 PA Sub-group	5 Guild General Meeting	6 Lorna Miser Workshop 1 Knit@Nite	7 Lorna Miser Workshop 2 Lorna Miser Workshop 3	8 AKG Sub-group	9
14	15 PA Sub-group	16	17 I-15 Sub-group	18	19 AKG Sub-group	20

March

Use arrows to change month.

May

③ At the end of each event description, find these buttons:

+ GOOGLE CALENDAR

+ ICAL EXPORT

④ Click on the button you need.

•Google Calendar or  
•iCal Export (for calendars on  
Apple phones, computers and iPads;  
android phones and tablets; MS  
Outlook on PCs; and many others)

### Success!!

5	6
Guild General... 12:30 PM	• Lorna Miser Work... 9 AM • Knit@Nite 6 PM
	• Lorna Miser Wor... • Lorna Miser Wor...

All info about each added event  
including time, location and a link  
to a map is now on **your** calendar.



# Show & Share January (Check out more photos on [Ravelry](#))



**20th Anniversary Afghan** – The [pattern](#) is Building Blocks by Michelle Hunter. There are videos and easy-to-follow instructions for each square. The yarn is Blue Sky Fibers Bulky 55% alpaca/45% wool. This was knit by Guild members, with guidance and finishing work by Carol Myers. The afghan was originally created for the Holiday luncheon, but it was purchased before the luncheon for more than we could ever have raised at the opportunity drawing. The funds raised were donated to the Guild to support its activities.



**Claudia Carlson's** Floral Top-Down Cape is from a Sweater Babe pattern and knit in Lion Brand Thick & Quick yarn. Claudia made the bobbles firmer with double crochets. Her brooch is a candle decoration!



**Dawn Frank** modeled her **Linum Tee** by designer Bristol Ivy. Dawn used a linen yarn for the ultimate in drape and comfort.

**Gladys Nolen** turned alpaca roving into a magnificent **afghan** knit entirely without needles! The piece is simple knit and purl stitches and feels like a pillow of luxurious softness.



**Irina Anikeeva** designed her **Opulent Stole** for Baah! Yarns, knit with Baah Aspen. The Merino/silk yarn shows off the Japanese lace border and has lovely drape.



sweater that is knit from the bottom-up. Lots of cables with a neat garter stitch band on the upper arms. Her [pattern page](#) on Ravelry shows lots more details.



**Irina** also brought in her **Belfast Cardigan**. This men's sweater is featured in Interweave Knits Winter 2017. It is a seamless

**Joyce McCarthy** showed her **Bohemian Oasis afghan** designed by Garnstudio and crocheted in Drops Delight sock yarn (75% wool/25% nylon). The long-repeats of color in the yarn make it look much more difficult than it is, and the result is magnificent. This [free pattern](#) won Joyce a blue ribbon at the fair in 2016!





# Show & Share January (Check out more photos on [Ravelry](#))

**Linda Gumtz** used Fiesta La Boheme yarn that she purchased at the stash sale to knit the [Boatneck Sweater](#) by Laura Zukaite. The pattern is from Vogue Knitting Fall 2012.



**Tina Rounsavel** knit the **Ebony Tunic** in Noro Silk Garden Solo. Pattern by Cristina Ghirlanda features shawl collar, textured stitchwork at shoulders, and pockets. More of Tina's photos [here](#).



**Marie Skillman** started making a scarf of her own design. As she kept crocheting, the scarf grew into a stole, and then it morphed into an **afghan**! As Marie added rows on both sides, she used up a good amount of sock yarn, primarily Deborah Norville and Premier yarns. This project epitomizes the adage, "... just one more row...!"



**Winter Tatum's Delta Wing Shawl** is knit in several yarns from Anzula: Squishy fingering weight and For Better or Worsted (80% Merino/10% Nylon/10% Cashmere), and It Could Be Worsted (50/50 silk & Merino). The pattern is from Cecilia Campochiaro's Sequence Knitting book. This shawl is greater than the sum of its knit and purl parts!

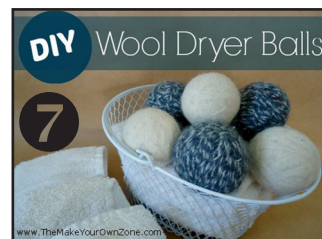
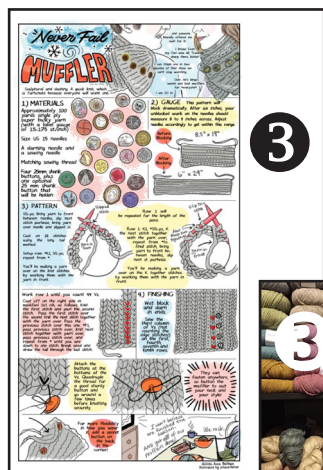


**Sue Tavaglione's Beaded Bracelet** is knit with crochet cotton thread on US# 0000 needles. The seed beads form a diamond pattern and the clasp is made with a button and I-cord. Pattern by Lucy Neatby.



**Zita Gardner** modeled her cabled cardigan knit in Berroco Lustra (50% wool/50% Tencel). The pattern is ["A Gray Cardigan"](#) from Sally Melville. Zita added cables in the back and lengthened the body. Her sweater won second place at the fair!





philanthropy as well.

2 Want to try knitting cables but don't want a heavy sweater? The [Viking Bag](#) is a good beginner's project in cable knitting; it's a small project, and has quite a few cable stitches to try out. Find inexpensive handles on purses in thrift stores! Click on the link to find a tutorial on making knitted cables and a link to the pattern.

3 The [Never Fail Muffer](#) is a Knitstrip pattern that is written and illustrated like a comic strip. The clear instructions show you how to knit a brioche stitch muffer (a short, chunky scarf) using 100 yds. of super bulky yarn. The actual pattern looks like the illustration below but a finished item looks like the photo.

1 [Men's Hat and Cowl](#)  
Make one or both! This is a great gift idea for loved ones in colder climates, and for

4 This [Lion Brand Cat Bed Pattern](#) uses US 13 needles and is knit in the round from the top-down. While the pattern calls for a recycled-fiber tube-style yarn, you can use any bulky yarn that will not felt. You could also hold two worsted weight yarns together.

5 [February Fitted Pullover](#) by Amy Herzog is a ¾-sleeve scoop-neck pullover in an all-over gull lace pattern made popular by Elizabeth Zimmermann's "February Baby Sweater". The pattern can be modified for many body types and is well-suited to bustier figures.

6 Cascade Yarns introduces The [Knitterati Afghan Knit-Along](#) for 2017. Sign up here for 30 new squares, which will be sent to you every few weeks. Uses 5 colors of Cascade 220 Superwash. With all the afghans shown at January's meeting, now is the perfect time to start on your own!

7 Reduce static cling and ditch the dryer sheets with [DIY wool dryer balls](#). See how [here](#).

8 Read this wonderful blog about the [Nash Island Sheep Roundup & Shearing](#) in Maine.