



**Next General Meeting: August 2, 2016 • 12:30-3:00 pm**  
**Morgan Run Club & Resort • 5690 Cancha de Golf, Rancho Santa Fe, CA**

## Upcoming Guild Programs

By: Tina Rounsavell,  
 Program Chair ~ [Programs@sandiegoknitters.com](mailto:Programs@sandiegoknitters.com)

### AUGUST 2: Ellen Hesterman Style: A Fashion Show

Join us August 2 for a summer get-together filled with knitting, style and dessert. We'll celebrate the legacy of Guild member Ellen Hesterman with a fashion show. The fashion show theme is a celebration of Ellen's vibrant knitting style. Ellen, who passed away in August 2015, was an enthusiastic knitter whose knitting focused on shawls, vivid color and textured yarns combined in amazing ways. Even if you didn't know Ellen, you probably have a shawl, a colorful project or a fabulous stash buster you would like to show off. If you've been reluctant to strut your stuff in the Show and Share at a regular meeting, the August meeting will be a fun and easy way to get started sharing your knitting with the Guild.



This is not a potluck! Morgan Run is doing all the work. They'll provide us with iced tea, lemonade and delicious desserts. The meeting and the snacks are free. We do need a head count so Morgan Run knows how many delectable desserts to prepare. Send me an e-mail to sign up. The deadline is July 25. If you've already signed up and your plans have changed, please send me an e-mail to cancel.

If you would like to participate in the fashion show, please sign up for that, too. If you have a project to share that doesn't fit with Ellen's style, don't worry. The second half of the fashion show will be more like our usual Show and Share, where anything goes.

Bring your knitting and your sweet tooth August 2 and spend a relaxing summer afternoon with your Guild friends.

### SEPTEMBER 6: Stash Sale at Morgan Run

By: Lynn Koch ~  
[StashSale@SanDiegoKnitters.com](mailto:StashSale@SanDiegoKnitters.com)

The last day for Stash Sale donations is Friday, August 5. Bring your secured bags and boxes to the August Guild meeting, to Yarning for You in San Marcos, or to the homes of Guild members Lynn Koch and Marva Ross. Gently used knitting books, knitting bags, needles, notions, and of course yarn are gratefully accepted. If you have a very large donation or cannot make it to any of the drop off locations, please contact Lynn Koch at the above email address to arrange a time for pickup or delivery.



## 2016 Programs

**August 2      Annual Summer Social**

**September 6   Annual Guild Stash Sale**

**October 4      Linda Hart**  
How Knitting Changes Lives

**November 1   Carson Demers**  
Bringing Comfort Back to Knitting:  
My Ergonomic Journey

**December 5   Holiday Luncheon and  
Fashion Show**

*Dates subject to change.*

## President's Message

I am trying to downsize my stuff these days. I have everything I need, and truth be told, I'm quite tired of moving it around the world with me every few years. As I sorted my yarn last month, I realized that I no longer had an emotional attachment to the yarn from the alpaca mill that employed me as a sales rep in 2004. I was tired of seeing the skeins of Brown Sheep yarn diminish but never really get used up. I finally gave away the navy blue sock yarn that would certainly cause eyestrain if I tried to knit with it. I was able to divest myself of four bags' worth that will make a cameo appearance at the stash sale in September.

Taking inventory, evaluating and purging has been liberating for me. I have room for new yarn and with it, the inspiration for new projects and techniques. It's not Spring cleaning, but I have the same feeling of renewal.

This month I asked our contributors to write about what they do in their Guild positions, and to share about their experience serving on the board. You will see their comments in articles throughout the newsletter. I hope you're inspired to learn more and to take a turn at service.

See you at the August meeting!



## Minutes

### from the Meeting on July 5, 2016

*By: Phyllis Bates, Secretary*

President Liz Knapp welcomed visitors and members to start the meeting. The Program Chair, Tina Rounsavell, announced that former member Ellen Hesterman had left a donation to the Guild in her will. Those who had knitted items that reflect Ellen's joy for bright color combinations were encouraged to participate in the August fashion show in her honor. It is necessary that the committee have a head count for the desserts that will be served. Sign-ups were encouraged as early as possible. Tina then introduced Karen des Jardins who showed tools and gadgets to aid knitters and had many suggestions for making the knitting easier and better.

After the presentation, Liz conducted the business portion of the meeting. She called upon several chair persons who had plans for guild activities:

1. Stash sale yarns for the fall sale will be accepted by Chair Lynn Koch at Yarning for You, at the next meeting, or by special arrangement with Lynn via phone. The last date for donations is August 5.

2. Janet White had yarn and pattern kits for making projects for several charities. She said the need for these demanded that the garments be turned in by the November meeting in order to be of use to the recipients. She asked for a volunteer to assist with helmet liners for Operation Gratitude, and mentioned that the liners are an excellent project for "social knitting."

3. Eileen Adler listed future dates for Share-a-Knit sessions: Sept. 14 and Oct. 21. The July 27 Members-Teaching-Members class will be devoted to making yarn bracelets at the home of Peggy Redler.

4. Carol Myers thanked those who participated in the demonstrations at the recent San Diego Fair. These members showed completed works as well as answering questions about knitting and the Guild activities. Two prizes were awarded by the Guild.

5. June Bartczak said she would welcome thoughts about retreat sites and activities so she could make reservations for future Knitting Retreats.

Liz Knapp then asked for volunteers for the nominating committee since all elected members will be "termed out" at the end of the year. Participants are asked to call Liz soon. The meeting was then turned over to Linda Erlich who led the Show and Share Session.



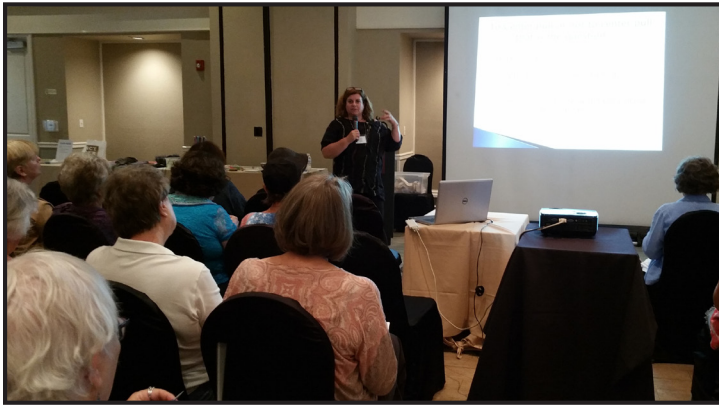
## July Program Notes

By: Karen des Jardins

Vice President ~ [VicePresident@SanDiegoKnitters.com](mailto:VicePresident@SanDiegoKnitters.com)

I want to thank everyone for their participation in my presentation. You can find a list of resources on the guild website by following this link: <http://sandiegoknitters.com/monthly-meeting-on-july-5-2/>

On a separate note- As the vice president of the Guild, I am the go-to-person about bylaws, and I work with the President and step in as needed to make sure things run smoothly.



## Retreat Update

By: June Bartczak, Retreat Coordinator ~

[Retreats@SanDiegoKnitters.com](mailto:Retreats@SanDiegoKnitters.com)

Our next Guild Retreat at Vina de Lestonnac Retreat Center in Temecula is scheduled to begin with dinner on Monday, January 16, 2017 and go through lunch on Thursday, the 19th of January. The total cost is \$405.00 for a single room, \$305.00 each for a double room and \$265.00 each for a triple. This includes all meals as noted above. To hold your spot, please send your non-refundable deposit check made out to SDNCKG to June Bartczak, Retreat Coordinator, 157 Via Monte d'Oro, Redondo Beach, CA 90277. The total costs are the same as last year, as are the deposits: \$150.00 for a single, \$100.00 per person for a double and \$75.00 per person for a triple.

There are all-day kitchen amenities, including a coffee machine, hot water for the various teas supplied by the Retreat Center. The knitting room is well-lit with overhead lights and includes outdoor patio options for knitting. There are sofas and chairs available, as well as conference chairs.

Vina de Lestonnac Retreat Center is located at 39300 De Portola Rd., Temecula, CA 92491, among the vineyards in the heart of the Temecula Valley wine country. The website is [www.lestonnacretreatcenters.com/](http://www.lestonnacretreatcenters.com/) Besides knitting and visiting with friends, there is plenty of good, home-cooked food by our favorite chef, Charity.

## Nominating Committee

The term of our Guild's current officers expires in January. New officers will be installed in January. The Guild needs one or two members to serve on the Nominating Committee with Gwen Nelson.

You will be asked to identify prospective Board members to serve as President, Vice President and Secretary. The Coordinator positions will be open as well: Stash Sale, Library, County Fair, Webmaster, and more. Current coordinators are welcome to continue serving in their positions for another term. Please contact Liz Knapp [president@sandiegoknitters.com](mailto:president@sandiegoknitters.com) or Karen des Jardins [vicepresident@sandiegoknitters.com](mailto:vicepresident@sandiegoknitters.com).



## San Diego County Fair

By: Carol Myers ~ [CountyFair@SanDiegoKnitters.com](mailto:CountyFair@SanDiegoKnitters.com)

Recently, I was asked, "What did you like best about volunteering as the Guild's County Fair chairperson this year?" That was easy. The answer:



getting to know other members and being able to depend on them.

This chair position was my first real volunteer 'anything' since I joined the Guild four years ago. I was amazed at how many of you offered ideas and suggestions for our presence at the Fair, all of which made the planning go smoothly. And the volunteers made it effortless for me to talk to fair-goers and set up and put away the displays and demo table each day.

I found it greatly satisfying, and actually educational, to take part in this experience. I urge any member to step in and take an active role in the Guild!



## TKGA News

Since 2001 The Knitting Guild Association (TKGA) has been owned and managed by Offinger Management Company (OMC), an association management company. In April of this year, OMC decided to dissolve TKGA, but they were willing to turn the entire organization over to the Master Hand Knitting Committee. The Committee unanimously decided that we could not let TKGA and its programs die. Since that time we have worked to establish TKGA as a non-profit entity with a board and bylaws. The transition from OMC's management to our independent operation will be complete by October 31st.

The inaugural TKGA Board of Directors is:

- Arenda Holladay, President
- Leslie Gonzalez, Vice President
- Mary Beth Jacobs, Treasurer
- Christina Hanger, Secretary
- Binka Schwan, Director

Just like the Master Hand Knitting Committee, all of the Board members are donating their expertise and time as volunteers without any compensation.

Although we will be starting from the ground up as a new organization, we will honor existing memberships and the current educational programs and certification programs will not change. The only

exception is the Master Machine Knitting Program. From this date, no new candidates will be allowed to purchase the program. Only those currently enrolled will be able to attain Masters status. The Master Hand Knitting Program will stay the same, and if you are currently enrolled your records and payments will transfer to the new organization. The same is true for those enrolled in any of the correspondence courses.

The major area of change will be *Cast On* magazine. The Fall 2016 issue will be the last print edition. The financial realities of producing the magazine contributed to Offinger's decision to not continue with the organization. We will continue to produce *Cast On* but the new version will be digital only, and the educational component will be expanded. Expect articles and patterns to enhance your skill set as well as the fashion forward designs you have come to expect. We will also produce a monthly newsletter filled with tips, reviews and, occasionally, free patterns.

We are looking forward to a streamlined organization that is better designed to meet your knitting education needs. Please be patient during this transition time. We will continue to update you on programs, educational opportunities and membership as those decisions are made. If you have any questions or concerns, please send me an email at this address: [arendje.tkg@gmail.com](mailto:arendje.tkg@gmail.com).



## Website Tip of the Month

By: Sheila Kirschenbaum, Webmaster ~ [Webmaster@SanDiegoKnitters.com](mailto:Webmaster@SanDiegoKnitters.com)

### Get Help!

**Did you know the Guild Website has a Resources page?**



### Find Tips and Tutorials....


#### Resources




#### KNITTING TOOLS

Knitters have a bag or box of knitting tools: tape measures, stitch holders, stitch markers, bobbins, scissors....


Other useful knitting tools are tips and resources to help you become a more confident, more creative, more knowledgeable knitter. Click on a link below to learn how. Submit your suggestions for free and non-commercial knitting tips, tools and tutorials [here](#).


 **Ravelry** is the largest online community of knitters and crocheters with over four million registered users. It is difficult to explain the magnitude of this wonderful knitting community. Visit and see if you agree. You can start by visiting the **SDNCKG Ravelry group**.

 Another excellent on-line knitting place is **Knitty**. There are patterns, technique tutorials, history, and yarn reviews.

### Find Videos Showing Much-Used Techniques...

#### VIDEO TUTORIALS WE USE

 Manage the tension on a finished edge with **Jeny's Surprisingly Stretchy Bind Off**.

 There are many provisional cast-on methods. Here's **one using a crochet hook**. Do you have a favorite method? **Send it** and we'll add it here.

 Use a **Three-needle bind off** to join two pieces of knitting.

 Graft invisibly with the **Kitchener Stitch**. (**Learn about Lord Kitchener** and how the stitch bearing his name came to be known or maybe not.)

**What else is on the Resources page? Send an email to the Webmaster by August 1 with an answer and you'll be entered to win a fabulous prize.**

## San Diego North Coast Knitters Guild General Information

Membership in the Guild is open to everyone, regardless of your craft. Membership expires for all members on January 31. Dues are \$25 annually. Here is a printable [membership form](#).

Send all submissions by the 15th of the month to: [President@SanDiegoKnitters.com](mailto:President@SanDiegoKnitters.com). Short articles relating to knitting in general, and the San Diego North Coast Knitters Guild in particular, are encouraged.

Notices and announcements of a commercial nature may be placed as paid advertisements. Send an email to the above email address for rates and more information.

### Guild Sub Groups:

✿ **AKG Group:** It is called AKG, Advanced Knitters Group. Meets every Friday at 9:00 am at Old California Coffee Shop, Restaurant Row, San Marcos. Contact: Thea Lazarevic, 760-638-0897.

✿ **Knit@Nite Group:** Meets the first Wednesday at 6:00 pm at the Jewish Community Center in UTC. Contact Linda Erlich: 858-759-9509, and check the schedule on the Guild's [website](#).

✿ **I-15 Group:** Meets every second and fourth Wednesday at 9:00 am at Panera in Carmel Mountain Ranch. Contact: Mimi Sevimli, 858-722-8128.

✿ **PA Group:** PA Group knits "Practically Anything." Meets every Monday from 1:00 to 3:00 pm at Panera in Solana Beach. Contact: Jean Moore, 858-587-9054.

## Library

By: Brigit Pitcarin and Scarrain Gomes ~  
[Librarian@SanDiegoKnitters.com](mailto:Librarian@SanDiegoKnitters.com)

Do you have a library book buried at the bottom of your knitting bag? There's never a fine for overdue books at the Guild! Please remember to return your books at the next meeting. While the library is being housed offsite, if you want to sign out a book, please e-mail the librarians at [Librarian@sandiegoknitters.com](mailto:Librarian@sandiegoknitters.com) and we will have your book for you at the following meeting.

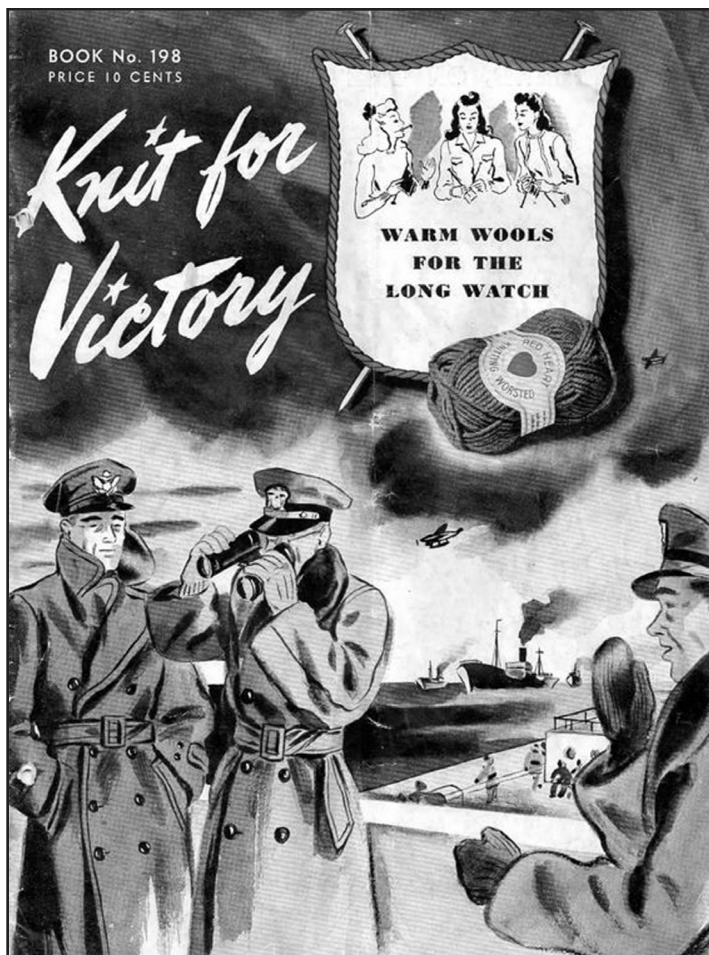
## Share-A-Knit

By: Eileen Adler & Arlene Shaposhnick ~  
[ShareAKnit@SanDiegoKnitters.com](mailto:ShareAKnit@SanDiegoKnitters.com)

Our First Annual Summer SAK Splash will be Thursday, August 11 from 9:30 a.m. to 12:30 p.m. at the home of Arlene Shaposhnick. Join in the fun; swim or sit poolside and knit . . . we do need you to knit! We'll be working on Knitted Knockers, which are comfy knitted breast prosthetics for breast cancer patients. Materials: a ball of DK cotton yarn like Skacel CoBaSi, Tahki Cotton Classic Light, or Cascade Ultra Pima, one set of double pointed needles suited for the weight yarn you have (US 4, 5, or 6), a stitch marker and large eye yarn darning needle. We will help you every step of the way. Enjoy cool summer refreshments and some fun company. (If the weather is too hot we will move inside to the AC.) Please RSVP as space is limited: [ShareAKnit@SanDiegoKnitters.com](mailto:ShareAKnit@SanDiegoKnitters.com)

- If you can't attend on Aug. 11, please bring your finished Knitted Knockers to a Guild meeting or drop off at these local yarn shops: Yarning for You in San Marcos and Needlecraft Cottage in San Diego.

- The next two SAK events are scheduled for September 14 and October 21, 2016.



Red Heart Pattern Cover circa WWII



## Show & Share July (check out more photos on [Ravelry](#))



**Barbara Wright** knit the Timeless [Henley](#) pullover in Walk Co. Cozy Merino. Because it is a light fingering weight yarn knit at a loose gauge, this Joji Locatelli pattern makes a comfortable garment for our climate. The sweater is knit top-down in one piece – no seams!



**Nathine Nelson** showed three shawls. This is the Swirls & Arrowheads Shawl by Chris Rinder which was

published in June 2011 Knit 'n Style magazine. Worked in Great Adirondack Yarn Co. Smoochie yarn (85% superwash Merino/15% metallic), the effect is stunning. Check out Nathine's [Ravelry page](#) for details.

**Jill Zagami** used China Blue yarn (60% wool/40% acrylic) and a Debbie O'Neill pattern to knit her lovely **Second Story Tee**.



**Nathine's** second shawl is a crocheted one called **Alpine Shawl** from designer Cristina Mershon. Nathine used Cascade Ultra Pima cotton yarn. The free pattern is available [here](#).



**Linda Erlich** wowed us with the [Lamina Wrap](#) from designer Ambah O'Brien. The project used many colors of fingering weight merino. What a great use of leftover sock yarn!



**Nathine's** third is the **Ventura Shawl** from Zsuzsanna Makai. This pattern is from Summer 2016 Interweave Crochet. It is made is Cascade Tangier, a blend of silk, viscose, acrylic, cotton and spandex.

**Liz Knapp** knit a baby blanket for her new grandson. She used Brown sheep Cotton Fleece (80% cotton/20% wool) in a chevron pattern with garter stitch stripes of handpainted Superwash wool for a bright pop of color. More details are on her [Ravelry page](#).





## Show & Share July (check out more photos on [Ravelry](#))



**Mary Fallet** roched a sweet summer hat with Splendid bulky cotton. The pattern is Crossed Bucket hat by Tiffany Roots.

**Stacy Mann** knit a freeform scarf in white and ecru, and then dyed it in logwood natural dye. The various fibers took on different tones, and even colors in this harmonious piece. Stacy attached two buttons to make this piece infinitely wearable. More photos on her [Ravelry page](#).



### Rachel LeVine

kshowed two shawls in our Knit@Nite group. Her short row shawl (*on right*) is Exploration Station by Stephen West. The other shawl (*below*) is a modified version of the Aranami Shawl by Ola Buraya-Kefelian. Rachel used up scraps of fingering weight yarn from her own stash and that of her knitting friends.



**Susan Schock** purchased yarn from Lorna Miser at a Guild meeting, and then knit the Stone Croft Shawl by Judy Marples to match her mosaic sweater from a few years back. Susan chose this pattern because it allowed her to adjust the size of the shawl to the amount of yarn she had.



**Tania Marshal** knit a wonderful version of Exploration Station using Ella Rae Lace Merino and



Hedgehog Sock yarns. In this project, Tania learned how to knit Brioche! See more on her [projects page](#).





❶ Elann.com brings us the **Diagonal Garter Square Shawl**. Knit diagonally to its center, and then split in two, it is completely reversible, and it can be knit in any yarn to any gauge. The [pattern is free](#) this month.

❷ The [Mesh Panel Pullover](#) is worked in one piece from the bottom front up and over the shoulders to the bottom back. A mesh panel spans from cuff to cuff. Free from Classic Elite Yarns.

❸ **Shawl May-nia** is a [free eBook](#) with ten shawl patterns, including Una, pictured here. Classic Elite Yarns offers a free download on Ravelry.



❹ The **TNNA Cardi** is worked from the top down in pieces and seamed. It was designed for the summer 2016 TNNA show and looks fantastic on people of all shapes and sizes. [Free pattern](#) courtesy of Universal Yarn.

❺ The [Little Peep Dress](#) pattern is written for sizes 3 to 24 months. Knit this for the special little girl in your life.

❻ A trio of [Summer Leaves Cloths](#) from Universal Yarns make lovely hostess or baby shower gifts. Knit in cotton, they are quick and portable projects for the adventurous beginner knitter.

✓ - A British TV Network ran knitted versions of well-known UK spots for an entire commercial break. Take a look [here](#).

✓ - Do you hate sewing in your ends? Learn a new way to weave in ends as you knit in the [article](#) from KnittingDaliy.com.

✓ - How many times has someone approached you and asked, "Will you knit something for me?" The Google Docs Knitting Time calculator is here to help! This fun, free download is online [here](#).



## Guild Directory New Members

By: Zita Gardner, Membership Chair [Membership@SanDiegoKnitters.com](mailto:Membership@SanDiegoKnitters.com)

I have enjoyed being the Membership Chairman for three years, but it's time for someone new to take over. It's a fun job to keep track of our membership and to meet the new members. If you have basic familiarity with spreadsheets and are willing to handle money, this is the job for you! Call or e-mail me if you would like to know more about this position me (I am in the directory).



### August 2016

#### **Welcome to our NEW members:**

Nancy Lazerson  
1985 Country Grove Lane  
Encinitas, CA 92024  
760-634-1167  
[nancy.lazerson@gmail.com](mailto:nancy.lazerson@gmail.com)  
Ravelry ID: tessthecat

Julie McCarthy  
1643 Cirque Court  
Encinitas, CA 92024  
619-823-8061  
[julieannmc2000@yahoo.com](mailto:julieannmc2000@yahoo.com)  
Ravelry ID: juliemccarthy

Marylin Nielsen  
4650 Dulin Road #135  
Fallbrook, CA 92028  
760-728-0549  
[nielsenmarylin@ymail.com](mailto:nielsenmarylin@ymail.com)

#### **RENEWING members:**

Linda Berger  
1626 Via Barlovento  
San Marcos, CA 92078  
760-814-3551  
[love2bead2@hotmail.com](mailto:love2bead2@hotmail.com)  
Ravelry ID: turtleone

Wendy Gaal  
1528 Avenida de las Lilas  
Encinitas, CA 92024  
619-507-0940  
[info@knittersbrewing.com](mailto:info@knittersbrewing.com)  
Ravelry ID: socalknitgirl

