



**Holiday Luncheon & Fashion Show: December 5, 2016 • 12:30-3:00 pm**  
**Morgan Run Club & Resort • 5690 Cancha de Golf, Rancho Santa Fe, CA**

## **Dec. 5, 2016 HOLIDAY LUNCHEON and FASHION SHOW**

**Doors open at 10:35 am for  
Gift Basket Tickets**

**Lunch served 11:45 am**

*By: Mar Gee Farr and Willa Cather*

The Holiday Luncheon & Fashion Show will be held on Monday, December 5th at Morgan Run Club & Resort in Rancho Santa Fe. **It is almost sold out!** Send your reservation form and check to Amy Sheridan. Make checks in the amount of \$30 per person, payable to San Diego North Coast Knitters Guild. Your ticket will be held at the door.

Return your reservation form with payment to:

**Amy Sheridan**  
**4250 Robbins Street**  
**San Diego, CA 92122**  
**858-455-6508**

If you would like to participate in the Fashion Show, please complete a form describing your item and return it to Willa Cather before November 25th. REMEMBER, your Fashion Show items must not have been previously shown.

Send your fashion show form to:

**Willa Cather**  
**292 High Drive**  
**Laguna Beach, CA 92651**

Both forms are in the newsletter and on our Guild website. Space is limited so reserve your spot right away. If you have any questions about the Luncheon or Fashion Show, please contact Mar Gee Farr at 630-624-6634.

- If the luncheon sells out before your reservation form & check arrive, you will be notified and placed on the waiting list if you wish.
- Do not arrive before 10:30 a.m. and carpool if possible.
- Opportunity Drawing Tickets are cash and check only. This is our last fundraiser of the year.

***NOTE: More people are wanted to  
participate in the Fashion Show!***

## **20th Anniversary Program**

*By: Tina Rounsavell,*  
*Program Chair ~ [Programs@sandiegoknitters.com](mailto:Programs@sandiegoknitters.com)*

### **JANUARY 10, 2017**

To highlight our twenty years as a Guild, a celebration meeting is planned for January. Do you have an anecdote, a story, a tall tale, or a good yarn about any experience from the early days of the guild or recent years that can be shared? If so, we'd love to hear it! You can write your story or email us and arrange for a time to chat; we'll do the rest! Contact the organizers at [20years@sandiegoknitters.com](mailto:20years@sandiegoknitters.com)

P.S. Members are also welcome to join our planning committee!

### **★ NOTICE ★**

**NEW Meeting Hours & Return to San Dieguito  
meeting location for 2017**

**Beginning with our January 10, 2017 general  
meeting, the NEW hours are:**

**1:00 p.m.: Doors open**

**1:30 - 3:30 p.m.: Program, General Meeting,  
Show & Share**

**Location: San Dieguito United Methodist  
Church, 170 Calle Magdalena, Encinitas, CA**

## Attention All Members We Want to know!

In anticipation of the Guild's 20th Anniversary, please take a short survey of 10 questions. It is quick, and it is anonymous!

[Click](#) now and thank you for participating!

A link to the survey is also available at our [Website](#) and on our [Ravelry page](#) through December 15. The survey results will be shared in January.

## President's Message

I learned as a child that it was considered bad manners to discuss politics in a social setting. Times sure have changed, haven't they? Since then, barriers have come down among friends and even strangers; television and social media eliminate the boundaries entirely. Amidst the often angry and polarizing opinions of my friends and family, I struggle to maintain my serenity and understand my own feelings.



Knitting is my meditation. I take up my needles when I'm waiting at the DMV or post office, or sitting through a long meeting. I'm often a passenger in the car, and when there is heavy traffic, I start knitting. When I have no control over people, places and things around me, all my bad habits emerge. Instead of eating for comfort or trying to prove that my way is the right way, I turn to yarn and it soothes me. When I go several days without knitting, I can become anxious, bossy and cranky. I'm not too much fun to be around, let me tell you. Keeping my hands busy helps me keep my mouth shut. I listen more patiently and hear more clearly when I knit.

Studies show the many physical and mental health benefits of knitting. I believe the science. I also believe my own experience. I hereby pledge to make time for knitting and to share my serenity with my knitting friends. Will you join me? Leave the heated discussion at the door, bring your needles and yarn, and let's enjoy peace, kindness and knitting together.

## Minutes

### from the Meeting on November 1, 2016 held at Morgan Run Country Club

By: Phyllis Bates

Liz Knapp opened the meeting at 1:00 p.m. and welcomed guests and new members. She then called upon Tina Rounsavell to begin the program portion. Tina first gave a few reminders for the arrangements for the Holiday Luncheon Meeting to be held on the first Monday in December. The deadline for luncheon reservations and submissions for the fashion show is November 24.

Tina introduced physiotherapist Carson Demers who told of his introduction to handcrafts and the need to maintain appropriate body postures for maximum comfort during one's knitting and craft career. Classes were scheduled for the next two days, and there were still a few places left on the reservation list.

Liz Knapp then called upon various chairs to talk about their committee's plans:

June Bartczak reminded members that deposits for the knitting retreat in January in Temecula are being accepted. Eileen Adler reminded us there will be a Members-Teaching-Members class on Nov. 9 to learn how to make fabric necklaces. Philanthropy Chair Janet White will accept hats for philanthropy at the luncheon. Luncheon Reservations Chair Amy Sheridan will continue to accept reservations for the Holiday Show and Luncheon. Liz Knapp reminded us that members and guests can enter the room after 10:30.

Liz explained the arrangement for the various workshops means that only members can take part. The Guild partially subsidizes the cost which makes the workshops a good investment in time and money.

The last item on the agenda was the announcement of the slate of officers to be accepted at the meeting in January. After Show and Share, the meeting was adjourned at 3 p.m.

## Membership

By: Zita Gardner, Membership

Chair [Membership@SanDiegoKnitters.com](mailto:Membership@SanDiegoKnitters.com)

Your Guild membership expires January 31, 2017. Renewals will be accepted at the January 3rd meeting and thereafter by mail and at the February 7, 2017 meeting. Membership renewals will not be accepted at the December Holiday Luncheon.

At the end of December you will receive a renewal reminder and the revised membership form. Please print it out, follow the directions carefully, and bring it to the January meeting with your cash (exact change) or check for \$25.00.

A new directory will be printed in March and distributed at the April Guild meeting.



## Philanthropy and SAK Share-A-Knit 2017

by Eileen Adler, Philanthropy Chairman  
[Philanthropy@SanDiegoKnitters.com](mailto:Philanthropy@SanDiegoKnitters.com)

We have planned a great year for Philanthropy - SAK! We are hosting two free SAK scarf classes in April and October, and our 2nd Annual Softies Splash party will be in August. Softies are hand knitted prostheses for breast cancer survivors and the pattern is free: <http://www.ravelry.com/patterns/library/softies>

Many of us have not mastered dpn's (double-pointed needles) and we find every way we can to avoid knitting with them, but they are the best for knitting Softies, socks, collars, sleeves, toys, etc. If you want to schedule a free dpn class, please contact me at [ShareAKnit@sandiegoknitters.com](mailto:ShareAKnit@sandiegoknitters.com). For every pair of Softies you donate, we will add your name to the opportunity basket and will host several drawings throughout the year. Books, needles, notions, yarn! Oh my! In November, everyone who has donated a pair of Softies will have their name added to the grand prize drawing - a Yarnit donated by one of our Guild members. I'm so excited to be hosting this fantastic part of our Guild. Arlene Shaposhnick and Marva Ross are joining me this year in hosting philanthropy events.

## Members Teaching Members

By: Sue Tavaglione ~ [MTM@SanDiegoKnitters.com](mailto:MTM@SanDiegoKnitters.com)

A big "Thank you" to Sara Stolz for her recent Fabric Ball Necklace workshop that was so much fun! And also thank you to our other members who conducted workshops during this past year. I would especially like to thank Liz and Eileen for their abundance of assistance this past year, your help was greatly appreciated.

Members Teaching Members is a wonderful part of this San Diego North Coast Knitters Guild. Getting to know other members in a smaller setting, learning a new knitting technique or skill, maybe you have an interest in teaching and this is a great way to start; the rewards of this program are great. Sharing a home space offered by another member makes for a warm and cozy setting that encourages friendships within such a large group as this guild.

We look forward to continuing this program next year and in the years to come. Your suggestions and comments are always welcomed. Happy knitting, happy holidays, and an especially "Happy Knitting New Year!"

## Slate of Officers & Chairs for 2017 - 2019

Co-Presidents: .....	Mary Brown and Laura Brubaker
Vice-President: .....	Linda Hart
Programs: .....	Karen des Jardins and Carol Myers
Secretary: .....	Mary Van Orsdol
Treasurer: .....	Diana Rathbun
SD County Fair: .....	Jan Davis
Holiday Luncheon: .....	Willa Cather
Librarians: .....	Scarrain Gomes and Brigit Pitcairn
Membership: .....	Nancy Nevins
Membership Directory: ....	Mar Gee Farr
MTM Workshops: .....	Karen Bochinski
Name Badges: .....	Kerry Nare and Marilyn Wilkinson
Newsletter: .....	Monica Clark
Newsletter Editor: .....	Liz Knapp
Newsletter Dist. Mail: .....	Betty Clarquist
Philanthropy: .....	Eileen Adler
Photographer: .....	Stacy Mann
Pot-Luck Luncheon: .....	Tree DeZazzo and Nancy Lazerson
Retreats: .....	June Bartczak
Stash Sale: .....	Mary Fallet
Webmail: .....	Barbara Levin
Webmaster: .....	Karenina and Sheila Kirschenbaum

## Retreat Update

By: June Bartczak, Retreat Coordinator ~  
[Retreats@SanDiegoKnitters.com](mailto:Retreats@SanDiegoKnitters.com)

Participation at the Winter Retreat in Temecula is now full. The date is January 16-19, 2017 and 31 members are registered. This year the total cost for a single was \$422. For a double it was \$322 per person. The final payment is due by the January 2017 meeting. You can also mail final payments to SDNCKG in care of June Bartczak, 157 Via Monte d'Oro, Redondo Beach, CA 90277

For all of you who told me that you'd like to return to Vina de Lestonnac again in the Spring, you are in luck. We've contracted for May 1-4, 2017, with a special 10% discount! Prices for May: Double occupancy, \$289.00 each; Single occupancy, \$389.00; Triple occupancy, \$259.00 each. Deposits for this Spring Retreat begin at the February meeting.

Vina de Lestonnac Retreat Center is located at 39300 De Portola Rd., Temecula, CA 92491, among the vineyards in the heart of the Temecula Valley wine country. The website is [www.vinadelestonnac.com](http://www.vinadelestonnac.com)

## Show & Share November (check out more photos on [Ravelry](#))

**Julie Alvar** modeled her **Breathing Space** pullover. Designer is Veera Välimäki and Julie used two different sock yarns and German Short rows. She said it was so much fun that it practically knitted itself! See more photos and comments on her [Ravelry page](#).



**Sweater Girls** (from left: Alice Chary, Kerry Nare, Aunrey Bubis, Eileen Adler, Amy Sheridan & Marva Ross) undertook the **Patty Lyons Knitalong (KAL)** to make the **Corcoran2.0 Top**. The yarn is Classic Elite Song, a DK blend of cotton and wool. The KAL was online and Amy coordinated it using our Guild's [Ravelry](#) forum. Well done, ladies!



**Virginia Wilson** carried a strand of Malabrigo Silkpaca and a strand of Crystal Palace Kid Merino together to knit the [Kiba Light Vest](#) from designer Marianne Isager.



**Hanna Sudik** found success with the [Sunwalker Shawl](#) pattern by designer Melanie Berg. Hanna used Madtosh Silk Merino yarn and modified the lace pattern for her take on the asymmetrical pattern.

**Claudia Carlson** used Universal Yarn Classic Shades Frenzy and US 10.5 needles to knit the **V-neck Cowl** from Hope Vickman. Claudia said the project was easy and took her only two nights to finish. It looks complicated but you are knitting only 11 sts at a time. More of Claudia's cowl can be found on [Ravelry](#).





## Show & Share November



**Karen Bochinski** spun 20,000 yards of cotton yarn and then dyed it for her weaving projects. She added stash yarns and the end result was a coordinating set of large and small project bags.

**Barbara Levin** discovered the **Rikaart Cowl** on [Ravelry](#). The pattern uses 80 yards each of six colors of sock yarn. Because of its unique construction, the cowl is knit flat with and ends up in a circle, with no seaming! This would be a great knitalong project for a group of friends who split and share 6 skeins of sock yarn. It would be interesting to see how you plan your colors!



**Sue Tavaglione** knitted this lace top for her daughter using Dandoh Cotton Fine Yarn. The combination of many YO's and the paper-like laceweight yarn with no elasticity made the knitting challenging. Sue said the end result was worth all the work, and she finished it in time for her daughter's birthday.

## Snap Shots From Nov. Meeting & Workshops



## Website Tip of the Month

By: Sheila Kirschenbaum, Webmaster ~ [Webmaster@SanDiegoKnitters.com](mailto:Webmaster@SanDiegoKnitters.com)

### Discover Knitting Guilds in Southern California



Under RESOURCES tab, click on  
**Knitting Guilds in Southern California**



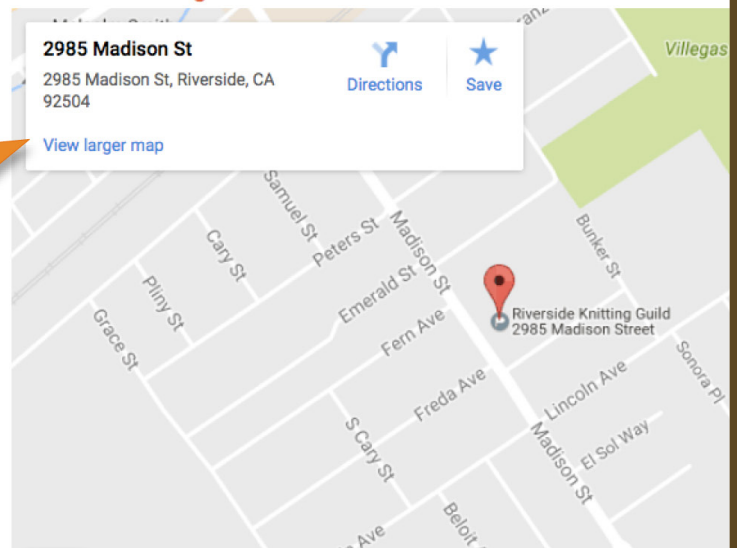
Find a nearby Guild with  
a **link to its website**,  
**meeting address**  
and **interactive map**!

Click ***View larger map***  
to get directions at  
Google maps

#### Riverside Knitting Guild

meetings in Riverside (Riverside County)

**Riverside Knitting Guild Website**







❶ **Rippenschal** – My Favourite Ribbed Scarf is suitable for men, women and children. The needle size and gauge are unimportant and the stitch count can be adjusted to fit anyone.

❷ **DROPS Cardigan Pattern CL-002** is knit at a gauge of 5 sts/in. using US #7 needles. Perfect in cotton or wool blends, the sweater's sleeves are stockinette, and the back and fronts are garter stitch. Short row shaping forms the curved front hem, then the button band is picked up and knit using long circular needles.



❸ Set the places at your holiday table this year with a fun and unusual Christmas knitted cutlery holder. **Dinner at the Kringles** pattern uses US #4 needles and is a great way to try your hand at cables. This is knit flat and seamed.

❹ **New Growth** is a bottom-up, charted shawl pattern. It can be knit in two sizes, using one or two skeins of your favorite sock or DK weight yarn.

❺ Get the pattern for the **Feather Lace Boot Topper** PLUS a tutorial on How to Read a Lace Chart

❻ Super bulky yarn is all the rage. Indulge in a single skein and knit the Instant Love Hat with US #13 needles. Free pattern on [Craftsy.com](http://Craftsy.com)

✓ Master the **Russian Join** for joining two balls of yarn. Free video tutorial.



**San Diego North Coast Knitters Guild**  
**2016 Holiday Luncheon & Fashion Show**  
Monday, December 5, 2016

**Fashion Show Sign-Up Form**

Please use a separate form for each item.  
Maximum of three items per member.

Name: \_\_\_\_\_

Telephone Number: \_\_\_\_\_

E-Mail Address: \_\_\_\_\_

Item You Are Showing: \_\_\_\_\_

Pattern Name: \_\_\_\_\_

Designer's Name: \_\_\_\_\_

Source of Pattern: \_\_\_\_\_

Name(s) of Yarn(s) Used: \_\_\_\_\_

Yarn(s) Description: \_\_\_\_\_

Color way(s): \_\_\_\_\_

Name of person modeling or showing the item: \_\_\_\_\_

Helpful hints, suggestions, modifications or comments about the knitting process:

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**Completed forms are due by Friday, November 25, 2016.**

Please bring completed sign-up forms to the October or November Guild meetings, Knit@Nite meetings or mail to Willa Cather, 292 High Drive, Laguna Beach, CA 92651. If you have any questions, please contact Willa at 657-203-9904 or send an email to: [wcather@me.com](mailto:wcather@me.com).





**Annual GUILD Holiday Fashion Show & Luncheon**

**Monday December 5, 2016**

**(Reservations MUST be received by Friday November 25, 2016)**

- Arrival:** Please do not come before 10:30AM!
- Drawing Tickets:** 10:30AM – 11:30AM Our “Opportunity Drawing” items will be displayed for you to peruse & purchase tickets.
- Lunch Is Served:** 11:45AM - OPEN seating with 10 guests per table.
- Fashion Show & Drawing:** Immediately following Lunch!
- Location:** **Morgan Run Club & Resort**  
5690 Cancha De Golf  
Rancho Santa Fe, California 92091
- Directions:** [www.morganrun.com](http://www.morganrun.com) Phone: (858)756-2471  
The Club is located approximately 3 miles EAST of I-5 at the Via de la Valle EXIT or S-6.
- Menu Choices:**
- A) **Salmon Caesar Salad** – Crisp Romaine lettuce w/ Parmesan cheese, crouton rusks, charbroiled salmon & classic Caesar dressing.
  - B) **Chicken Salad - Delicious** signature club chicken salad on lettuce, with fruit.
- On The Table:** Bread, butter & water.
- Dessert:** Chef's surprise dessert!
- Beverages:** Coffee, tea & iced tea will be served at your table. A **CASH** bar will be available for wine, soda, juices and mixed drinks throughout the event.
- Cost:** \$30.00 includes tax and gratuity!

---Detach Here-----**RESERVATION FORM**-----Detach Here-----**RESERVATION FORM**-----Detach Here---

**Send to:** Amy Sheridan 4250 Robbins Street, San Diego, CA 92122 phone:(858)455-6508  
**Write your menu choice(s) on the form & your check!**  
**Make checks payable to San Diego North Coast Knitters Guild**

**Name of Member:** \_\_\_\_\_ Menu A\_\_\_\_ Menu B\_\_\_\_

**Name of Guest(s):** \_\_\_\_\_ Menu A\_\_\_\_ Menu B\_\_\_\_  
(If applicable)

Amount Enclosed: \$ \_\_\_\_\_

**Direct any questions about the Luncheon or Fashion Show to Mar Gee Farr at 630-624-6634.**  
**ALL CHECKS MUST BE RECEIVED BY November 25, 2016. Please help us by RESERVING early!**