



**Next Official Meeting: March 1, 2016 • 12:30-3:00 pm**

**San Dieguito United Methodist Church • 170 Calle Magdalena Encinitas, CA 92024**

## Upcoming Guild Programs

By: Tina Rounsavell, Program Chair ~ [cmrouns@aol.com](mailto:cmrouns@aol.com)

### **MARCH 1: Stephen West and StevenBe Color Play the Flip 'N' Wear Way**

Stephen West and StevenBe are coming to the Guild, and the response has been amazing. Over 200 cards were dropped into the drawing for a place in one of their workshops.

Here's the news: Stephen and Steven are bringing a trunk show of special yarns and other merchandise that will be available for sale at the March meeting and the workshops. They'll be using a Square account so plan to bring a credit or debit card. To save time for Stephen and Steven's presentation (and shopping!) we will not have Show and Share in March and only a very short business meeting. We will be taking sign-ups for Lorna Miser's workshops in April.

- The March Guild meeting will be open to members only. We expect a huge crowd and seating is limited. Guests and visitors will not be admitted.

- When you arrive at the meeting, your name will be checked against the membership list, and you will be given a wristband. Then you'll line up to be admitted. Doors will open at 12:30 pm as usual. In case of inclement weather, you may want to bring an umbrella or wait in your car. Unfortunately, fairness dictates that we can't admit anyone before 12:30 and seating is first-come, first-served

- Please don't arrive before 12:00 noon on March 1. The church has another event in Founder's Hall prior to our meeting. We also don't want to crowd the parking lot just as the preschoolers are climbing into their car seats.

### **APRIL 5: Lorna Miser, "Lorna Dyes Again"**

In more than 25 years in the yarn industry, Lorna Miser has had to adjust to changes of many kinds. At the April 5 meeting she'll speak about her background in dyeing and design, how she started Lorna's Laces at a young age, and why in 2003 she chose to sell it. Since then she has written four knitting books and designed for every known yarn company and publisher in the yarn industry. Now she has new plans for getting back to her roots of dyeing. She has more colors, yarns and projects to create!



Lorna will be teaching three workshops while she is here. On Wednesday, April 6, she will offer "Tips for Knitting with Hand-Dyed Yarn," a full-day workshop from 9 am to 4 pm. Get lots of easy ideas for using hand-dyed yarns in ways that will show them off at their best.

Thursday, April 7, Lorna will present "Knit a Random on Purpose Scarf, Shawl, or Poncho" from 9:00 am to 12:00 noon. Learn 10 different ways to knit random colors (or stitch patterns) without freaking out your inner perfectionist.

From 1:00 to 5:00 pm, Lorna will present "Cords, Ties & Braids." Practice many different types of ties and cords to use for hoodies, waistbands, booties, purse handles, and more. Check out Lorna's designs on Ravelry or at <http://lornamiserdesigns.com/>

The cost for the full-day workshop is \$50. The half-day workshops are \$30 each. Contact me at [cmrouns@aol.com](mailto:cmrouns@aol.com) and I'll save you a spot. We'll also take sign-ups at the meeting March 1.

## 2016 Programs

- March 1**      **Stephen West and StevenBe**  
Color Play the Flip 'N Wear Way
- April 5**      **Lorna Miser**  
Lorna Dyes Again
- May 2**      **Patty Lyons**  
Oops: I Accidentally Knit a Dress  
(and Other Tragedies of Gauge)
- June 7**      **Mar Gee Farr**  
Embellishing and Accessorizing  
Your Knitting
- July 12**      **Karen des Jardins**  
Crowdsourcing Your Craft:  
How to Become a Better Knitter
- August 2**      **Annual Summer Potluck Luncheon**
- September 6**      **Annual Guild Stash Sale**
- October 11**      **Linda Hart**  
How Knitting Changes Lives
- November 1**      **Carson Demers**  
Bringing Comfort Back to Knitting:  
My Ergonomic Journey
- December 5**      **Holiday Luncheon and  
Fashion Show**

*Dates subject to change.*

## Library

*By: Brigit Pitcarin and Scarrain Gomes*

The library will be closed during the busy March meeting. Please return all books at the April meeting as we will be moving the books for storage at Brigit's house.

The lending library is now posted on our website under the [Membership tab](#). You can look up books by title or author. Although the library cart will not be present in our new meeting location, you can still sign out books as usual. Simply contact Brigit if you need a particular book brought to a future meeting:

[Librarian@sandiegoknitters.com](mailto:Librarian@sandiegoknitters.com).

## President's Message



The weather is not the only exciting thing happening in San Diego county this month! Guild members are buzzing with excitement about the March program, and your Board members are busy as well. We are grateful to have Janet White

coordinate our Philanthropy endeavors. Lynn Koch has volunteered to lead a team of helpers for the Stash Sale. If you are interested in helping either of these ladies, please reach out to them. We accomplish more when we work together. Contact for [Lynn Koch](#) the Stash Sale Coordinator if you have any questions.

I'm very pleased to announce that beginning in May, we will have our general meetings at Morgan Run Club & Resort for the remainder of 2016. The address is 5690 Cancha de Golf, Rancho Santa Fe, CA 92091. This is the same location as our Holiday Luncheon. Consider carpooling with friends and enjoying lunch in their lovely restaurant before the meetings. Thank you to all members who made suggestions, and especially to Mar Gee Farr and Karen des Jardins.

As this issue is published, some of you will be at Stitches West in Santa Clara or Madrona Fiber Arts Winter Retreat in Tacoma, Washington. We'll be excited to hear about your classes and see your Show and Share items in April. Until then, let's give a warm welcome to Stephen West and StevenBe at the March meeting.

## Philanthropy

*By: Janet White*

I am rather stunned and honored to be the new Philanthropy Coordinator for the Guild. This will be a work in progress for us. At the moment, I am accepting all donations for Rachel's Women's Center in downtown San Diego. Sheila has put together a list of all the charities that the Guild has donated to in the past and their contact information. This list is on the website. I am open to any and all suggestions regarding charities that are favorites of Guild members, or new charities to consider. Please feel free to contact me at any time to discuss ideas and options: [Philanthropy@SanDiegoKnitters.com](mailto:Philanthropy@SanDiegoKnitters.com). And, it seems I have two elves working hard in the background. Thank you to Eileen Adler and Arlene Shaposhnick for your support. Thanks to the Guild and its talented knitters for adding so much to life. I am happy that I have this opportunity to give back.

# Minutes

## from the Meeting on February 2, 2016

By: Phyllis Bates, Secretary

Vice President Karen des Jardins led the meeting and explained that the usual procedure would be altered because of problems with the audio-visual equipment. She called upon Program Chair Tina Rounsavell for information about the next meeting. The March program will be presented by Stephen West and StevenBe, who are on a tour of the western states, including Stitches Convention. Two members of the audience, Marilyn Flagg and Vivian Forseth, showed shawls that they had made from "The Two Stevens" patterns. A large attendance is anticipated, so only members in good standing will be admitted. The no-guest policy will be in effect for this meeting only. There will be no Show and Share segment at the March meeting.

Tina continued with arrangements that had been made to be fair to all those who might want to attend the three workshops. Cards of three colors, one for each workshop, were to be signed by those who wanted to attend, these cards to be used in a drawing for places at the workshops. Those who signed up by mail/email would also be added to the drawings. The deadline for sign-ups is noon on February 4. Those whose names are drawn will be notified and must pay the class fee and arrange for the materials and homework needed for the classes. Fees are non-refundable. Standby names will be drawn. A member can attend only one workshop.

Membership Chair Zita Gardner said that she is accepting dues payments as usual, however, only those whose dues are paid by 6 p.m. on February 2 will be able to attend the March meeting. Karen then introduced Janet White who has been appointed by the Board to replace Arlene Shaposhnick as Philanthropy Chair. Her focus is Rachel's Center for women. More information will be included online soon.

Eileen Adler said the next session of Share a Knit will be devoted to constructing breast replacement "knockers". She will assist those who need help with the use of double pointed needles. More information can be found on the website, by contacting Eileen, the Black Sheep, or Makers Mercantile for patterns and appropriate yarns.

Librarian Scarrain Gomes asked that no books be brought to the March meeting. The librarians are in the process of moving the library to her home temporarily due to the renovations taking place at the church. Karen inserted that information about the arrangements required by this construction would be announced soon.

MarGee Farr, speaking for Editor Monica Clark, announced that a new column would be added to the newsletter highlighting a member. She asked for volunteers to interview and write, and for suggestions of members to be featured.

Karen announced that Colleen Davis was recovering well from knee replacement surgery and would soon be able to participate in guild activities. Retreat Chair June Bartczak explained the need for quick action in signing up and making the deposit for the next retreat at Casa de Maria on May 23-26. The facility requires early deposits to save space for knitters.

Stacy Mann suggested a Members Teaching Members session about visible repairs to knits, the repair becoming a design element. Those interested should contact Stacy. More information will be forthcoming. The business meeting adjourned to the presentation by Kerianne Quick on her experiences with sheep and yarns in North Ronaldsay, Orkney Islands.

## Change of Monthly Meeting Location

By: MarGee Farr and Karen A. des Jardins

Due to the upcoming construction scheduled for the sanctuary at the San Dieguito United Methodist Church, we will not be able to use Founders Hall for our monthly Guild meetings beginning in May 2016.

We have made arrangements to meet for the interim at [Morgan Run Club and Resort](#), located at 5690 Cancha De Golf, in Rancho Santa Fe, through the end of the year. Those of you who have attended the Guild Holiday Luncheon are familiar with the location. We will meet in the same room as the luncheon. Our monthly meeting schedule remains the same, the first Tuesday of the month; please do not arrive before 12:30pm.

All workshops in conjunction with our speaker programs will be held as scheduled back at the church in one of the classrooms (usually the day after the program). The library will be available by request only. Additional information will be forthcoming from our librarians Scarrain Gomes and Brigit Pitcairn our librarians.

If at all possible, please car pool to the meetings, parking is available in the Club lot as well as the street. The Club has graciously extended use of their dining facilities for our membership, should you wish to have lunch before our meeting, please pay the staff directly for your meal.

We have some fun programs scheduled for the rest of the year and look forward to seeing you at Morgan Run.

## Share A Knit

By: Eileen Adler & Arlene Shaposhnick

Please check our [website](#) for all the information. We are saving a seat for you so please join us on **March 10** for our third Share a Knit in support of Guild Philanthropy. Learn to knit a pair of Knitted Knockers with Eileen Adler and Arlene Shaposhnick! Knitted Knockers are a light, comfortable knitted prosthetic alternative for women who have had a mastectomy. When placed in a bra, these knitted breasts take the shape and feel of a real breast. They are lighter and more comfortable than silicone prostheses. Patterns, videos and lots more information is on the [Web](#). Please bring 1 set of double-pointed needles in US 4, 5, or 6 that are at least 6" long, about 50 yards of any yarn DK weight in cotton, bamboo, silk, blends (non-wool), a stitch marker and a tapestry needle. There is no cost to Guild members to participate in Share A Knit.

Not only are these fun to knit, they are jam-packed with skills: working on double-pointed needles; knitting an I-Cord; Kfb and M1L increases, K2tog and SSK decreases and rosebud closure or threaded closure. Space is limited so please RSVP to Eileen.

RSVP is required so please let Eileen at [Eileenadler@san.rr.com](mailto:Eileenadler@san.rr.com)

## Retreat Update

By: June Bartczak, Retreat Coordinator

39 participants enjoyed a wonderful retreat at La Vina de Lestonnac in Temecula this January. The photos are on the website, thanks to Sheila, Wendy and Liz. We had good weather, great food and great company! We are booked again for next year at the same time, same place: January 16-19, 2017. We were also guaranteed the same rates as 2016. Yay! Due, in part to the fact that so many people were there, our Favorite Chef, Charity, was there every day! Deposits for next year start in June 2016. More on that subject later.

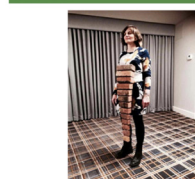
Our Spring Retreat is at Casa de Maria in Montecito, near Santa Barbara, from May 23-26, 2016. So far we have reservations for 13 Guild members. To reserve your place, please make your deposit by the March meeting so that I can make changes, if necessary. For a single, the deposit is \$209.55 and for a double it's \$122.55. These deposits are non-refundable due to the fact that we are already less than 120 days away from our Retreat date. The final payment of \$300.00 for everyone will be due by the May meeting. This venue is lovely, inspiring and tranquil, with its walking paths on the grounds, its hiking trails on the grounds and beyond, its proximity to Montecito and Santa Barbara, and its traditionally good food! The sleeping rooms are all air-conditioned, and the knitting rooms have mostly been updated with improved lighting. At this time our knitting room assignment is unknown; it depends on our numbers and the numbers of other groups attending at that same time.

## Website Tip of the Month

- ❖ Do you want to reread an article or see photos from a meeting last year?
- ❖ Where do articles in *Featured Knitter News* on the Home page go?

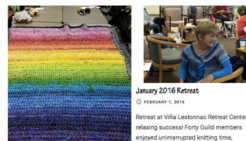


Voila! Every Knitter News article in chronologic order.



Monthly Meeting on February 2

© January 18, 2016  
Award-winning artist and researcher Karianne Quick will be our guest speaker at the February 2 meeting. She will talk about finding meaning in the materials we use and her six-year project on fleece from an unusual flock of sheep from the Orkney Islands.



January 2016 Retreat

© February 1, 2016  
Retreat at Villa Lestonnac Retreat Center a relaxing successful forty Guild members enjoyed uninterrupted knitting time.

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Retreat at Villa Lestonnac Retreat Center a relaxing successful forty Guild members enjoyed uninterrupted knitting time.

Click on a title, photo or Read more link to see an entire article.

January Meeting Photos  
© January 11, 2016  
A new family (or maybe more) members... the hair and roots to attend the January meeting. See what you missed in Knitter News... (Read more)

How Can I Sign-up for a Stephen and Steven Workshop?

© January 1, 2016  
There is a special sign-up for Stephen and Steven workshops on February 20 and March 1. We've excited to welcome Stephen West and Steven to our Guild this year February 20 and March 1. Because we're the very best shop on the California coast, our workshops will be a little different this month. They will be happening three workshops before our Tuesday meeting March 1. Monday, February 20, they will teach "The Spheroes: New

## Members Teaching Members

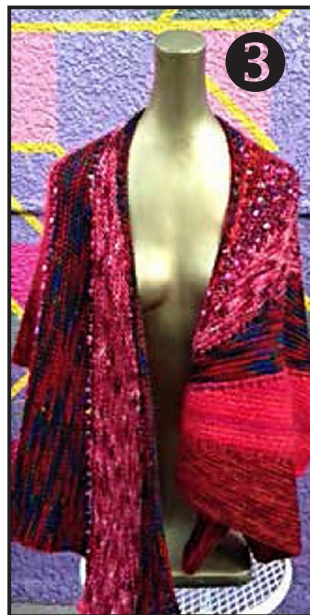
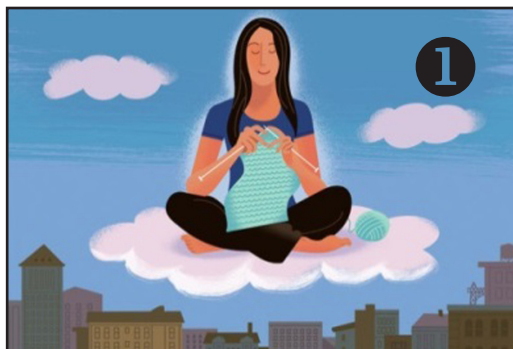
By: Sue Tavaglione ~ [sjtava@sbcglobal.net](mailto:sjtava@sbcglobal.net)

Please send your requests for technique instruction and project classes to Sue. We will seek instructors based on what the Guild members want to learn. If there is something you want to teach, we will help you find a date and a hostess.



❶ The Health Benefits of Knitting. The New York Times website ran this article in its [Personal Health blog](#) on January 25th. It became a top post on many social media websites like Facebook.

❷ Berroco brings us another fine How-To video. Learn how to [knit with two colors](#) in two hands, just in time to cast on a Fair Isle pattern of your own.



❸ March's guest speakers have some freebies on Ravelry: StevenBe offers the free pattern ["Fandango Wings"](#).

❹ ["Bundled in Brioche"](#) is a pattern from Stephen West that will help you use up the single skeins in your stash.

❺ ["Kaipuu"](#) is a shawl that can be knit using less than 600 yds of a single color or your choice of two colors. The pattern is from Finnish designer Tiina Huhtaniemi and it's free on Ravelry.

❻ ["Bertie Wooster's Faux Pas"](#) socks, named after the character in P.G. Wodehouse stories, are suitable for men or women. The striking mix of angles, garter and stockinette stitch make this project as pleasing to the knitter as it is to the wearer.

✓ - Out this [link](#) for an great tip on How to Join New Yarn.



## Membership

By: Zita Gardener, Membership Chair

We will have a membership table set up in the vestibule at the March meeting to accept your membership forms and payment by check or cash only. Please download your membership form from the [website](#).

The 2016 Directory will be available at the April 5th meeting. Renewals or new memberships must be in Zita Gardner's hands by March 5th to be included in the directory. Directories will not be mailed, so please have a friend pick yours up if you are not able to attend either the April or May meetings. Please call 619-670-6700 or [email](#) Zita

The Guild welcomes a record number of new members this past month. All contact information will be in the new directory. As of Feb. 10, new members include:

Irina Anikeeva  
Karen Bochinski  
Karen Bowden  
Joyce Bryant  
Erika Pressman Campos  
Nancy Carlson  
Debbie Castellon  
Mira Cole  
Deborah Cravets  
Lisa DeLucchi  
M. E. (Emmy) Whitlock  
Fithian  
Helen Fortunato  
Jean Henderson  
Ann Hickey  
Maxine Holmberg  
Pauline Holst

Joanne Kellogg  
Kathleen (Kathy) Knapp  
Sharon Kumpf  
Carol Ann Lewin  
Wendy Lee Margon  
Tania Marshall  
Celeste Mendelsohn  
Terri Miles  
Jeanie Milliken  
Maureen Paweski  
Mary Lou Phipps  
Barbara Redlitz  
Michelle Siozan  
Stephanie Souviney  
Karen Whisnant  
Beth Wood

### Correction:

Marsha Wenskay's email . . . mwenskay@hotmail.com

## San Diego North Coast Knitters Guild General Information

Membership in the Guild is open to everyone, regardless of your craft. Membership expires for all members on January 31. Dues are \$25 annually. Here is a printable [membership form](#).

Send all submissions by the 15th of the month to: [liz.knapp.louise@gmail.com](mailto:liz.knapp.louise@gmail.com) Short articles relating to knitting in general, and the San Diego North Coast Knitters Guild in particular, are encouraged.

Notices and announcements of a commercial nature may be placed as paid advertisements. Send an email to the above email address for rates and more information.

### Guild Sub Groups:

- ✿ AKG Group: It is called AKG, Advanced Knitters Group. Meets every Friday at 9:00 am at Old California Coffee Shop, Restaurant Row, San Marcos. Contact: Thea Lazarevic, 760-638-0897.
- ✿ Knit@Nite Group: Meets the first Wednesday at 6:00 pm at the Jewish Community Center in UTC. Contact Linda Erlich: 858-759-9509, and check the schedule on the Guild's [website](#).
- ✿ I-15 Group: Meets every second and fourth Wednesday at 9:00 am at Panera in Carmel Mountain Ranch. Contact: Mimi Sevimli, 858-722-8128.
- ✿ PA Group: PA Group knits "Practically Anything." Meets every Monday from 1:00 to 3:00 pm at Panera in Solana Beach. Contact: Jean Moore, 858-587-9054.

## Show & Share February (Check out more photos on [Ravelry](#))



**Irina Anikeeva** is modeling her own designs: [Yuzu Fingerless Mittens](#) and [Analeigh Cardigan](#)

They were gorgeous. She is also modeling Stacy Mann's Petal Cowl designed by Xandy Peters.



# Show & Share February (Check out more photos on [Ravelry](#))

Knit@Nite member **Lupe Smith** modeled her “Garter Goodness” shawl. This Stephen West design looks terrific in several shades of Knit Picks and Baah yarns. More looks are on the [Ravelry page](#).

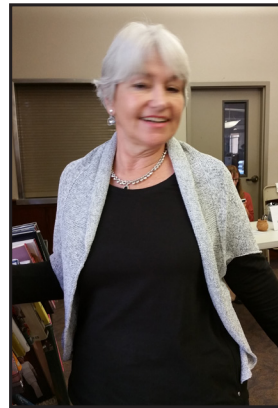


**Sandy Yayanos** bought six balls of beige Astrakhan yarn from the stash sale, added two balls of green from her stash, and brown alpaca yarn she bought in New Zealand. Together, she had enough to make this vest of her own design, for a cost of about \$12. Well done, Sandy!



**Nathine Nelson** made two “Huggable Hedgehogs” This popular Fiber Trends pattern uses 100% wool for the body and adds carry-along fun fur

for the rest. After felting, the toy is stuffed and sewn closed. Nathine says you can knit this one in a single day.



Willia Cather’s “[Sakasama](#)” jacket is designed by Olga Buraya-Kefelian. It can be worn right-side up or upside down, inside-out or not! Willia used Habu Textiles N35 yarn to make hers in the small size.

**Vivian Forseth** Another Stephen West shawl, “The Doodler” was knit in several yarns from Newton’s. This knitalong project was a fun project and Vivian’s photos are on her [Ravelry page](#).



**Lisa Sorensen** has been busy making the “[Architexture](#)” scarf from Jennifer Weissman. She used Baah La Jolla 100% merino yarn in the California Poppy colorway. The fully-reversible pattern is written for three sizes.

**Sara Stolz** took Jane Thornley’s workshop a year ago, started knitting her freeform shawl during the Temecula retreat, and now has a lovely accessory she can be proud of.





# San Diego North Coast Knitters Guild

## Membership Form

The Guild 2016 membership year is February 1, 2016 to January 31, 2017.

Membership dues for RENEWING members are \$25, no matter when paid.  
Membership dues for NEW members are \$25 when joining by August 31.  
Dues for NEW members joining September through December are \$35, and that amount covers membership for the remaining months of 2016 and all of 2017.

Bring completed form and a \$25.00 check payable to SDNCKG to a Guild meeting or mail to:

San Diego North Coast Knitters Guild  
c/o Zita Gardner, Membership Chair  
9902 Helix Mont Circle  
La Mesa, CA 91941

**Name:** \_\_\_\_\_  
(As you would like it to appear in the Directory and on your nametag.)

I am a: \_\_\_\_\_ RENEWING Member; **Complete form ONLY ONLY ONLY IF  
your information has CHANGED in the past year.**  
\_\_\_\_\_ NEW Member; Fill in your information below.

**Street Address:** \_\_\_\_\_

**City, State & Zip Code:** \_\_\_\_\_

**Telephone:** \_\_\_\_\_

**\*E-Mail:** \_\_\_\_\_

If you do not have access to e-mail, please ask a friend or relative to receive your e-Newsletter. We will send the link to them to print for you. Enter that e-mail address here.

**Ravelry ID:** \_\_\_\_\_

Paid memberships received after March 1 will not be included in the 2016 Directory.

Membership information may NOT be sold or used for any purpose other than official Guild communication and individual communication of a personal nature between Guild members.

This Form is available on the SDNCKG website: <http://sandiegoknitters.com/membership/>