



**Next Official Meeting: February 2, 2016 • 12:30-3:00 pm**  
**San Dieguito United Methodist Church • 170 Calle Magdalena Encinitas, CA 92024**

## Upcoming Guild Programs

By: Tina Rounsavell, Program Chair ~ [cmrouns@aol.com](mailto:cmrouns@aol.com)

### **FEBRUARY 2: Kerianne Quick Unravel It: Finding Meaning Through Materials**

Join us at the February meeting when award-winning artist and researcher Kerianne Quick shows us how the source of her material influences her craft. She'll describe her ongoing project using the fleece of an unusual flock of sheep from the island of North Ronaldsay, the northernmost of the Orkney Isles in Scotland. This project has spanned six years and the fleece has already traveled over 10,000 miles.



Kerianne will describe her travels to the island, the unusual farming practices of the crofters and the milling process on the island. How will the project end up? She's not sure yet, but we'll hear about the possibilities she's considering.

Kerianne Quick is currently Assistant Professor of Jewelry and Metalwork at San Diego State University. She mixes traditional and digital craft processes with ethnographic and sociological research to explore craft, materials and culture and to consider how an object can contain meaning.

Kerianne's work is included in major collections such as the Houston Museum of Fine Arts and the Stedelijk Museum in 's-Hertogenbosch, the Netherlands. It has been exhibited at the Museo Franz Mayer in Mexico City, the Salon del Mobile in Milan, and Design Week Amsterdam. To learn more, visit her [website](#).

### **MARCH 1: Stephen West and StevenBe Color Play the Flip 'N' Wear Way**

We're excited to welcome Stephen West and StevenBe to our Guild on February 29 and March 1. Because we're the very last stop on their California tour, our schedule will be a little



different this month. They will be teaching three workshops before our Tuesday meeting March 1.

**Monday, February 29**, they will teach "The Scharves: New Perspectives on Shawl and Scarf Knitting." In order to give more people have a chance to take this workshop, it will be offered twice, from 10:00 am to 1:00 pm and then from 2:00 pm to 5:00 pm.

**Tuesday, March 1**, before the meeting, Stephen & Steven will teach "Mix Your Six: A Game of Modifications" from 9:00 am to 12:00 noon. The cost for each workshop is \$45.

Because we want as many people as possible to have a chance to take one of their workshops, we are only taking sign-ups from current members whose dues for 2016 have been paid. Members can only take one workshop. Stephen & Steven limit the workshops to 22 students. If more than 22 people sign up for a workshop, we'll randomly draw 22 names from the list of sign-ups for that class.

Sign-ups will begin at the meeting February 2. You can also sign-up by e-mail (to Tina Rounsavell at [Programs@SanDiegoKnitters.com](mailto:Programs@SanDiegoKnitters.com)) until noon, Thursday, February 4. The drawing will be held Thursday afternoon, February 4. If you get a spot in a workshop, we'll notify you by e-mail. You'll then

have a week to send a check for \$45 to our treasurer, Diana Rathbun.

You are welcome to sign up for more than one workshop, but if your name is drawn for a workshop, you will be eliminated from the drawings for any other workshop. If your name isn't drawn, you'll be put on a waiting list in case of cancellations.

Good luck!

## 2016 Programs

- February 2 Kerianne Quick**  
Unravel It:  
Finding Meaning Through Materials
- March 1 Stephen West and StevenBe**  
Color Play the Flip 'N Wear Way
- April 5 Lorna Miser**  
Lorna Dyes Again
- May 2 Patty Lyons**  
Oops: I Accidentally Knit a Dress  
(and Other Tragedies of Gauge)
- June 7 Mar Gee Farr**  
Embellishing and Accessorizing  
Your Knitting
- July 12 Karen des Jardins**  
Crowdsourcing Your Craft:  
How to Become a Better Knitter
- August 2 Annual Summer Potluck Luncheon**
- September 6 Annual Guild Stash Sale**
- October 11 Linda Hart**  
How Knitting Changes Lives
- November 1 Carson Demers**  
Bringing Comfort Back to Knitting:  
My Ergonomic Journey
- December 5 Holiday Luncheon and  
Fashion Show**

*Dates subject to change.*

## President's Message



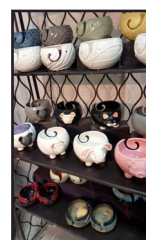
I attended the TNNA Winter Trade show in early January. TNNA is The National Needlearts Association. It is the industry association for retailers, manufacturers, wholesalers and distributors, sales reps,

designers, authors, and teachers in the world of needle arts. Not just knitting and crochet, TNNA includes needlepoint, counted cross stitch, spinning, weaving, and more. I am a member under the Business and Creative Services division (as a knitting instructor), and I attended to see what's new for Spring 2016. I saw new yarns and fiber, needles and accessories, books and patterns. I sat in classes with yarn shop owners and teachers. I met authors who will soon begin book tours and trunk shows across the country. I also ran into several Guild members in class and on the show floor. I'm reminded how many of our members are talented knitters who found a way to channel their love of the craft into a satisfying job.

Here are a few snapshots of the event. I hope they reinvigorate and inspire you too!



*L to R: TNNA comes to the San Diego Convention Center. Instructor and designer Cat Bordhi with Guild member and Kat Dupre owner of Kat's Yarn & Craft Cottage in Julian. The Fiber Seed Yarn Co. display.*



*L to R: Baah! Yarns booth. Pawley Studios yarn bowls for every decor. Trendsetter's Striped Angle Cardigan, new for Spring 2016.*



*Author-Designers ready to sign their books for fans and shop owners. L to R: Rosemary (Romi) Hill (New Lace Knitting), Simona Merchant-Dest and Faina Goberstein (The Art of Slip-Stitch Knitting). Universal Yarns' new collection of shawls.*



## Share A Knit

By: Eileen Adler & Arlene Shaposhnick

You are invited to our next SAK event!  
You must RSVP to Eileen: [eileenadler@san.rr.com](mailto:eileenadler@san.rr.com)  
**When are we meeting?** Thursday, March 10, 2016  
from 9:30 a.m. to 12:00 noon.

**What are we making?** We are knitting Knitted Knockers.

**What are Knitted Knockers?** Knitted Knockers are a light comfortable knitted prosthetic alternative for women who have had a mastectomy. When placed in a bra, these knitted breasts take the shape and feel of a real breast.

They are lighter and more comfortable than silicone prosthetic breasts.

This [website](#) includes patterns and a three-part video on how to construct these.

### What supplies will I need?

- ✓ **NEEDLES:** 1 set of double point needles in US 4, 5, or 6 that are at least 6" long.
- ✓ **YARN:** (about 50 yards of any of these suggested yarns makes one Knitted Knocker)
  - Skacel CoBaSi DK by HiKoo (55% Cotton, 21% Nylon (Polyamide), 16% Bamboo, 8% Silk)
  - Sublime Egyptian DK (100% cotton)
  - Tahki Cotton Classic "Light" (100% mercerized cotton)
  - Cascade Yarns Ultra Pima Fine, sport weight 100% cotton or Ultra Pima, DK
- ✓ **NOTIONS:** stitch marker to mark needle 1 tapestry needle.

### What skills will I learn?

Working on dpn (double pointed needles)

Knitting an I-Cord

Kfb – increase - knit next stitch in the front and back

K2tog – decrease - knit the next 2 stitches together

SSK – decrease – slip, slip knit

Rosebud closure or threaded closure

### Where are we meeting?

Solana Beach County Library, 157 Stevens Ave.  
Solana Beach, CA 92075. (858) 755-1404 (Near the intersection of Stevens Ave. and Lomas Santa Fe Dr.)

**Where are we parking?** Please park in the lower parking lot to leave the upper parking lot spaces available for the short-term or physically handicapped library patrons. Parking is NOT allowed on the street during our meeting time until the school construction is finished.

Any questions?

Contact Eileen at: [Eileenadler@san.rr.com](mailto:Eileenadler@san.rr.com).



## Philanthropy

By: Liz Knapp

Thank you to all members who set aside time to knit for the Guild's charities in 2015. Each one of you made a difference. We are pleased to report that in November 2015, Handmade Especially for You shipped 2,900 comfort scarves; 1,100 children's hats and 100 baby items to shelters for victims of domestic violence. These items bring comfort to the women and children who flee their homes with nothing, and arrive in the Southern and Central California shelters lonely and frightened.

The knitting we do for our charities is important. UPS the work of founder Leslye Borden, and even donated \$10,000 for Handmade's shipping costs. Who will be the next Guild member to coordinate our Philanthropy program for 2016? Is it YOUR turn to be of service...?



Leslye Borden of Handmade Especially for You shipped thousands of items in November.

## Website Tip of the Month

**SAN DIEGO NORTH COAST KNITTERS GUILD**

ABOUT THE GUILD | CALENDAR | KNITTER NEWS | PHILANTHROPY | MEMBERSHIP

**Website Hint...** When you are visiting the Guild's website, you can open Ravelry and go directly to the Guild's Ravelry group. You can open Pinterest and go directly to the Guild's Pinterest page. Here's how.....

Here are some other useful knitting tools:

Click on the yarn ball logo to go to the Guild's page on Ravelry.

Click on the "P" logo to go to the Guild's page on Pinterest.

## Minutes

### from the Meeting on January 5, 2016

By: Liz Knapp, Acting Secretary

President Liz Knapp opened the meeting by welcoming guests. Tina Rounsavell, Program Coordinator, introduced guest speaker Colleen Davis. Colleen founded the Guild along with Phyllis Bates in 1996 and she served as President for 10 years. Colleen presented "To Boldly Knit," her list of inspiring ideas for creative new ways to knit. She presented a fashion show of sweaters illustrating her exploration of color, texture, shapes, short rows and more. The designs were thrilling to see and the audience had plenty of questions. (By request, Colleen's list is on the right.)

The business meeting followed. Tina explained the procedure to sign up for March workshops with Stephen West and StevenBe. Members must be current to sign up and may only attend one workshop. Additional instructions are on the website and in the February newsletter. Zita Gardner explained that membership fees are due again. The cost is \$25, payable in cash or check to SDNCKG. No payments will be accepted without a form. In order to be in the directory, payment and forms are due by the March meeting. Members will receive a new password for the newsletter and the old password (llovetoknit) will be obsolete.

Eileen Adler invited members to Share a Knit on March 10. The project is Knitted Knockers, which are hand knit or crocheted breast prostheses for mastectomy patients. More information is on the website and in the newsletter. June Bartczak reported that the Temecula retreat is January 18-21 and there are 40 signed up. Liz reported that we still have vacant board positions: Philanthropy, Stash Sale, and Holiday Luncheon coordinators. She urged members to volunteer, as these are terms of only one year.

Susan Ludwig emceed Show and Share. Liz pulled the door prize winners and the meeting adjourned at 2:50 pm.



*Condolences to our Guild members Ginger Steketee on the loss of her mother, and Diana Rathbun on her father's passing. Our Community also mourns the loss of Caryl Nelson of Common Threads.*

## To Boldly Knit

By: Colleen Davis

Colleen kindly shared her list from January's program. What does "To Boldly Knit" mean? Could it mean...

1. Making your own design
2. Using an unusual color combination
3. Trying 50 yarns
4. Knitting one sleeve different from the other – one raglan, one set-in
5. Knitting one sleeve vertically, one horizontally
6. Knitting each sleeve a different length
7. Knitting one side of a garment horizontally, one vertically
8. Using more than one yarn
9. Mixing different fibers together – cotton, silk, alpaca, wool, rayon, etc
10. Building a garment or shawl in parts
11. Trying an asymmetrical style
12. Trying color gradation
13. Trying a new silhouette
14. Using your geometry skills
15. Building confidence to try something new
16. Trying fingering yarn or sock yarn with big needles
17. Mixing bulky yarns with medium-weight yarns
18. Minimizing the importance of gauge and row counts
19. Mixing plain yarns with multicolored ones
20. Combining different textures or stitch patterns
21. Trying a freeform or free-wheeling technique – going in different directions
22. Using great buttons as your starting point
23. Using fabric or carpeting or paint swatches as an inspiration for a design
24. Knocking off a design from the boutique or store or magazine or friend
25. Forgetting some of the RULES – lightening up!



Colleen Davis describes her use of intarsia with magic balls of yarn in this harlequin jacket.



## Colleen's Gallery



## Membership

By: Zita Gardener, Membership Chair

The Guild welcomes new members who joined prior to January 12, 2016. Complete address information will be published in the 2016 directory.

Susan Bowers - - - - - susangbowers@gmail.com  
 Camille Clemens- - - - - camillesews@sbcglobal.net  
 Jackie Cruz - - - - - cruzin58@cox.net  
 Noriko Fath - - - - - chamafath@yahoo.co.jp  
 Kimberly McIntyre - - - - - kimberlymci@hotmail.com  
 Gina Molise-- - - - - glmolise@yahoo.com  
 Andi Rushing-- - - - - andie.rushing@gmail.com  
 Marsha Wensky - - - - - mwensky@hotmail.com  
 Barbara Wright-- - - - - - bmw\_6497@yahoo.com

Dues for new and renewing members must be paid by March 1 in order to be included in the 2016 Directory.

## San Diego North Coast Knitters Guild General Information

Membership in the Guild is open to everyone, regardless of your craft. Membership expires for all members on January 31. Dues are \$25 annually. Here is a printable [membership form](#).

Send all submissions by the 15th of the month to: [liz.knapp.louise@gmail.com](mailto:liz.knapp.louise@gmail.com) Short articles relating to knitting in general, and the San Diego North Coast Knitters Guild in particular, are encouraged.

Notices and announcements of a commercial nature may be placed as paid advertisements. Send an email to the above email address for rates and more information.

### Guild Sub Groups:

- ✿ AKG Group: It is called AKG, Advanced Knitters Group. Meets every Friday at 9:00 am at Old California Coffee Shop, Restaurant Row, San Marcos. Contact: Thea Lazarevic, 760-638-0897.
- ✿ Knit@Nite Group: Meets the first Wednesday at 6:00 pm at the Jewish Community Center in UTC. Contact Linda Erlich: 858-759-9509, and check the schedule on the Guild's [website](#).
- ✿ I-15 Group: Meets every second and fourth Wednesday at 9:00 am at Panera in Carmel Mountain Ranch. Contact: Mimi Sevimli, 858-722-8128.
- ✿ PA Group: PA Group knits "Practically Anything." Meets every Monday from 1:00 to 3:00 pm at Panera in Solana Beach. Contact: Jean Moore, 858-587-9054.

## San Diego County Fair

By: Carol Myers

Has our El Nino weather got you reminiscing about warmer days – perhaps those spent strolling the fairgrounds, munching on sweet treats, shopping at the booths?

Your chance to do just that this year is coming soon. A free ticket to the Fair awaits you! Just volunteer a few hours at the traditional SDNCKG Exhibit table. More details to come soon, but feel free to contact me anytime if you plan to volunteer. Carol Myers, Fair Coordinator, [cmm760@gmail.com](mailto:cmm760@gmail.com) P.S. What will YOU enter in the Fair this year?



❶ The Dunfallandy baby blanket features cables that turn horizontally and meet, forming patterns to delight the dedicated knitter. It also looks equally fabulous on both sides! Pattern for free on [Knitty.com](#):

❷ These fun Mitered Square Coasters are a great way to use up yarn scraps. Pattern is free on [Ravelry](#).

❸ The [Modern Vintage Hat and Cowl](#) from Petra Hoy is suitable for advanced beginners. The hat uses approx. 190 yds and the cowl uses approx. 285 yds. Of DK or fingering weight yarn.



❹ The Winding Roads Vest was on display at the TNNA Winter Tradeshow this month. It has a cable at the front and back to add shaping. Free from [Skacel](#).

❺ Don't like the look of your bind-off? Knitting Daily has a great [article](#) from our May guest speaker, Patty Lyons.

❻ Linda Hart shared these German short row video tutorials from YouTube

• [https://www.youtube.com/watch?v=i\\_6PjI20zKA](https://www.youtube.com/watch?v=i_6PjI20zKA)

• [https://www.youtube.com/watch?v=xvi0mCP\\_Ao](https://www.youtube.com/watch?v=xvi0mCP_Ao)

• [http://www.knittingdaily.com/glossary/german-short-rows/?utm\\_source=newsletter&utm\\_campaign=kd-kcc-nl-160101&utm\\_content=810076\\_KR160102&utm\\_medium=email](http://www.knittingdaily.com/glossary/german-short-rows/?utm_source=newsletter&utm_campaign=kd-kcc-nl-160101&utm_content=810076_KR160102&utm_medium=email)

• [https://www.youtube.com/watch?v=xchEAYH0c\\_8](https://www.youtube.com/watch?v=xchEAYH0c_8)

✓ - Out [How-To: Seam a Set-In Sleeve](#). Berroco's video will give you the confidence to finish your sweater without fear.



# Show & Share January (check out more photos on [Ravelry](#))

**Elizabeth Primrose-Smith** introduced [Joris](#), her stuffed animal from designer Annita Wilschut. Elizabeth used Misti Alpaca, a blend of alpaca and silk. What she learned from making this is to use smaller needles and stuff the toy as you go along.

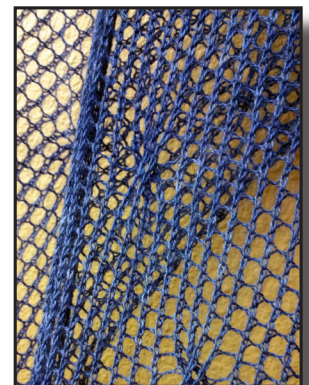


**Susan Schock** was inspired by last year's guest speaker Grace Akhrem, who designed the **Riverbed Shawlette**. Susan used Baah! Yarns' Savannah (Merino/Cashmere/Nylon) in the Pacific Beach Blues colorway. A fine result for her first shawl; well done, Susan.



**Liz Knapp** knit [Wasabi the Whale](#) using Knit Picks Brava Bulky acrylic yarn in the Celestial colorway. She got the large safety eyes from Amazon.com. This is an easy pattern for a first-time stuffed toy knitter. Liz's project notes are on Ravelry.

**Diane Seaberg** knit her [Urban Chic](#) stole/scarf in alpaca lace yarn from a store in McMinnville, OR. She found the pattern easy; you only have to think about what you're doing on every 24th row. The pattern is from Dan Doh designer Yumiko Alexander.



**Stacy Smith** ignored El Nino weather as she crocheted this grand stash buster of a **bedspread**. She used a size U hook and all types of yarns from her stash. Can you believe it took her only a few weeks to complete?



**Sydnie Wauson** knit the **Canis Majoris** shawl in Brown Sheep Wildfoote Luxury Sock yarn. She got the yarn at the stash sale and added beads from a shop in Palm Springs. Her [project notes](#) are on Ravelry.



**Zita Gardner** modeled her **Seamless Yoke Sweater**. This Elizabeth Zimmerman design uses math and percentages based on your "key number," which is based on your gauge and your desired finished bust measurement. Zita used Berroco Softwist rayon/wool yarn. Look closely and you will also see

Zita's **Moonrise Necklace**, a Sivia Harding kit with beads.



# San Diego North Coast Knitters Guild

## Membership Form

The Guild 2016 membership year is February 1, 2016 to January 31, 2017.

Membership dues for RENEWING members are \$25, no matter when paid.

Membership dues for NEW members are \$25 when joining by August 31.

Dues for NEW members joining September through December are \$35, and that amount covers membership for the remaining months of 2016 and all of 2017.

Bring completed form and a \$25.00 check payable to SDNCKG to a Guild meeting or mail to:

San Diego North Coast Knitters Guild  
c/o Zita Gardner, Membership Chair  
9902 Helix Mont Circle  
La Mesa, CA 91941

**Name:** \_\_\_\_\_  
(As you would like it to appear in the Directory and on your nametag.)

I am a: \_\_\_\_\_ RENEWING Member; **Complete form ONLY ONLY ONLY IF  
your information has CHANGED in the past year.**  
\_\_\_\_\_ NEW Member; Fill in your information below.

**Street Address:** \_\_\_\_\_

**City, State & Zip Code:** \_\_\_\_\_

**Telephone:** \_\_\_\_\_

**\*E-Mail:** \_\_\_\_\_

If you do not have access to e-mail, please ask a friend or relative to receive your e-Newsletter. We will send the link to them to print for you. Enter that e-mail address here.

**Ravelry ID:** \_\_\_\_\_

Paid memberships received after March 1 will not be included in the 2016 Directory.

Membership information may NOT be sold or used for any purpose other than official Guild communication and individual communication of a personal nature between Guild members.

This Form is available on the SDNCKG website: <http://sandiegoknitters.com/membership/>