



San Diego North Coast Knitters Guild

San Diego, California - www.ncknit.com

Number 203 – August 2014

Next Meeting:

Tuesday, August 12: 12:30-3:00 pm
San Dieguito United Methodist Church
170 Calle Magdalena
Encinitas, CA 92024

**Program: Susan Lazear: Simplicity and Creativity:
The Asian Influence in Fashion**

Presidents' Letter



Co-Presidents Stacy and Sheila

How does creativity influence our life and our knitting? Is creativity important to everyone or just those arty types? If we wistfully compare ourselves to others that have the "gift," does that mean we wish we had it to? If so, how can each of us bring more creativity into our knitting and into our lives?

It is interesting to think about what creativity means and how as an artist or craftsman it is reflected in what we do whether it is knitting, painting, sewing or cooking. When perusing an assortment of supplies, yarns, paints, or exotic ingredients, ideas unfiltered and free are great, but as the saying goes, 20% inspiration and 80% perspiration. In any endeavor you have to do the work for anything substantial to happen. So if you are interested in bringing a little more creativity into your knitting (or for that matter your life) what can be done?

Play more! As children we were so excited to see our

first knitted scarf grow. Sometimes it grew sideways and sometimes it narrowed and then there were the holes. Then it might have been a problem. Learning to knit means learning to read your knitting and learning to work the stitches correctly and eventually make a swatch to gauge. We have all heard the advice. Even creative people want the sweater to fit, the painting to work, and the food to be edible.

How do we throw off the chains of reason and allow our imagination to fly free? Taking a workshop from Susan Lazear is a wonderful way to test your wings. Her classes will look at the influence of Asian designers. New ways of looking at simple garments such as turning them upside down will bring you back to the days of "dress up."

Susan's second class, East Meets West, will give you the tools to design your own garments using simple shapes. In painting we call it a limited pallet; with few colors we learn how to make more colors, we are not overwhelmed. Here you will take simple shapes and put them together to make a garment, you won't be concerned with increasing, decreasing and shaping. Putting puzzle pieces together you can come up with your own original ideas.

There is clearly a place for mindless knitting, but there isn't any knitting that doesn't take some thought. So along with our thoughtful and challenging work, we can take a new challenge and bring some play into our knitting. Channel the enthusiasm and excitement you felt when you first learned to make your first stitches. Change needles, use number 35s, use ten yarns all at once, drop stitches, knit two together and don't do a yarn over. Pick up stitches and go sideways, make holes, make mistakes. Then be adventurous: wet it and block it. Pull it this way and that, pin it and let it dry. Hang it on the wall, call it a scarf or call it art. Be inspired and be brave.

Last but definitely not least, bring your experiments to a Guild meeting and let us enjoy your free spirits at show and share. You too can be a creative inspiration to us all. See you then.

Stacy Smith
Sheila Kirschenbaum

Remaining 2014 Meeting Schedule

August (* Meeting on 2nd Tuesday)

12 Susan Lazear: Simplicity and Creativity:
The Asian Influence in Fashion

13 Workshops:

Morning session: Fashion Transformers

Afternoon session: East Meets West

September

2 Annual Guild Stash Sale

October (* Meeting on 2nd Tuesday)

14 Robin Page: Pagewood Farm Trunk Show

14 Workshop: Embellishing Your Own Yarns
(workshop after meeting)

November

4 Richard Nares, Emilio Nares Foundation:
Philanthropy: Hats and Heroes

December (* Luncheon on 1st Monday)

1 Holiday Luncheon and Fashion Show



Guild Programs

August Program:

*By: Anna Walden and Diane Seaberg,
Program Co-Chairs*

Simplicity and Creativity:

The Asian Influence in Fashion

This presentation will show you how traditional and modern Asian designs can be utilized as a source of inspiration in the development of creative knits. Wrap it, layer it, wear it. History and modern design will lead the way.

WORKSHOPS

Fashion Transformers

(Wednesday, August 13, (9:00 am to 12:00 pm)
Ideas for garments that can be worn in multiple ways.

East Meets West

(1:00 pm to 4:00 pm)

The use of simple geometric shapes in traditional and modern Asian design to create unique and interesting garment shapes.

To reserve a place please contact Anna Walden by telephone 619-733-1691 or email awalden@me.com Classes are \$25 per session, checks should be made payable to the Guild and sent to the Treasurer, Diana Rathbun.

September Program: Stash Sale

By: Claudia Carlson, Stash Sale Coordinator



How do you do that?
I'll tell ya...

- Clean out your unloved stash and donate to the Guild;
- Buy new yarn at the Annual September Stash sale to replenish your stash;

• Feel good knowing your contribution will help fund the Guild's activities for another year.

See how easy that was?

Just remember your last chance to donate yarn is the next meeting, August 12. Take special notice this is the second Tuesday, not our normal first Tuesday.

So, bring all your yarn to the meeting and your Stash Sale committee will hustle to have a fabulous display for you at the September sale.

Minutes of the SDNCKG Meeting June 3, 2014

Stacy Smith welcomed everyone to the annual potluck luncheon and presentation on Ravelry. She reminded members to cut updated changes and additions to the directory found in their newsletter and to paste them into their current directory.

Claudia Carlson is collecting yarn for our September 2 Stash Sale. Please bring yarn you wish to donate to our August meeting.

Philanthropy continues to accept articles for Operation Gratitude, Tête-à-Tête, and the Oz Program. Arlene Shaposhnick can provide patterns and yarns if needed.

Help sessions will be held on August 12 before the general meeting from 10:00 am-12:30 pm with sage Zita Gardner, and November 11 from noon to 3:00 pm with sage Marie Fisher. The sessions will be in room 10 in the church compound.

Mary Brown, our County Fair coordinator, announced Claudia Carlson as the winner of the Guild's prize for best original design for her scarf

and Jessica Hill Trujillo as the winner for best workmanship for her soft sculpture.

Susan Lazear, the speaker for the August 12 meeting, will talk on "Simplicity and Creativity: The Asian Influence in Fashion." She will give two workshops, "Fashion Transformers" and "East Meets West," on August 13.

Joyce Raymer and her committee were thanked for organizing the luncheon today.

Liz Knapp presented a program on "Making the Most of Ravelry."

Stacy adjourned the meeting.

*Respectfully submitted,
Sandy Yayanos*

Take Part in Your Guild

Most everyone reading this is already of member of the SDNC Knitters Guild (and if you're not, join today!). How about taking an active role in the Guild? Consider volunteering to be a Coordinator or Chair or Board member next year.

Starting in January 2015, there are many ways you can help be an active supporter of your Guild. Do you enjoy planning events or classes? Do you have a love of books, of yarn, of teaching? Do you enjoy meeting new people or helping out-of-town guests? Do you have a yen to organize? Your skills, talents and enthusiasm can keep the Guild "in business." There will be openings in many (though not all) positions that make this Guild run.

All positions require your interest. Some are for single events, some are occasional and some are on-going throughout the year. Even if you are fortunate enough to travel and unable to attend all Guild meetings, you can help. Here's how:

Send your name and position(s) of interest to the Chairs of the Nominating Committee: Sandy Yayanos (cycads@sbcglobal.net) and Barbara Pearson (baredpear@aol.com). Call them for more information. Talk to current Chairs and Coordinators and Board members.

The Guild is an all-volunteer organization. It continues to provide entertaining and educational programs, workshops, events and more solely because of its fabulous volunteers. Become one in 2015.

Annual Potluck Luncheon

*By: Joyce Raymer,
Potluck Coordinator*

The Annual Potluck Luncheon

was a big success. About 80 members attended and brought a wonderful variety of

tasty dishes to share. This year, at the end of the luncheon, member Liz Knapp gave us a visual presentation on using Ravelry. I saw lots of ladies taking notes, so I think this was a great way to end the luncheon and we thank



Above: Guild members Lisa Sorensen and Arlene Shaposhnick enjoying time together during the potluck.

Program Chairs Anna Walden and Diane Seaberg for the great idea, and, of course, we thank Liz for an informative and entertaining program. I also would like to thank Lillia Brown, Laura Brubaker, MarGee

Farr, and Gwen Nelson for their help setting up and tearing down...couldn't have done it without them! I know some other ladies helped as well, but, sadly, I don't know their names.

Philanthropy

Submitted by: Arlene Shaposhnick, Philanthropy Chair

I hope everyone is enjoying the summer months.

Here I sit on the island of St. Croix in the U.S. Virgin Islands, where to my surprise, knitting is alive and thriving. These gals knit pillow tops, things to send back to family in the States and lightweight sweaters and shawls for those cool evenings down here. It can drop to 75 degrees in the evening

during the winter...if it is rainy, it is bone chilling. After some research I discovered their yarn source. In town is a small craft shop with a wall of yarn the runs from the front of the store to the back. No need to bring yarn from the States.

I want to thank all of you who have been knitting for Operation Gratitude, Tête-à-Tête Hats and the Oz Program. Your generous efforts are very much appreciated by all of the recipients, and the Guild. Please keep knitting, the needs of our charities is great.

I also want to thank all of the wonderful knitters at Seacrest Village who have graciously donated 30 hats to our charities.

Please contact me arlene@shaposhnick.com with any questions or special requests. Keep knitting!

Members Teaching Members

By: Sue Tavaglione, MTM Chair

Member Marie Studer will teach an "Upcycling" Sweater Workshop on September 10. Marie will teach Guild members how to reuse commercially-made sweaters by fashioning them into a new garment. Marie will demonstrate her design process, talk about embellishment ideas and then help everyone individually. Participants will cut sweaters and design a jacket, vest, tunic, or coat, learning how to sew pieces together in interesting ways. Two garments made in this style were modeled in the Knitting Guild's April Redo Remake Renew Fashion Show. Take a look at Marie's [website](#) for more inspiration.

The workshop is on September 10 from 10:00 am to 4:00 pm at Marie's Carlsbad studio. Class size is limited to 8, and the cost is \$45. Each participant needs to bring about three sweaters in coordinating colors or patterns that they wouldn't mind cutting up, fabric scissors if you have them, and a sewing machine. Marie has three extra machines that students could use; let us know if you need to use one of her machines when you register. Bring your own lunch; Marie will provide coffee, tea, and juice. Please contact MTM chair Sue Tavaglione sjtava@sbcglobal.net if any questions or to reserve your space.

Help Sessions

Mark your calendar for the last two opportunities of the year! Help Sessions are held in Classroom 10 of the San Dieguito United Methodist Church.

◆ Tuesday, August 12 from 10:30 am to 12:30 pm. This is a new time....two hours preceding the regular Guild Meeting. Bring your yarn and needles and join us for an extra two hours of knitting and socializing, as well as getting any help necessary from our Sage Advisor, Zita Gardner.

◆ Tuesday, November 11 from noon to 3:00 pm. Time to round up any unfinished projects and get them ready for holiday gift-giving. Our Sage Advisor for this most productive get-together will be Marie Fisher.

Update on Guild Retreats

Submitted by: June Bartczak, Retreat Coordinator,

Our next San Diego North Coast Knitters Retreat at Viña de Lestonnac Retreat Center in Temecula is scheduled to begin January 19 at dinner and go through lunch on January 22, 2015. We currently have nine members signed up. Last year, we had members taking pictures of the food!! For good reason!! Of course, there's the knitting camaraderie to enjoy, as well!!

The deposit this year is \$100.00 per person, regardless of the type of accommodation. Full prices are not yet available, but will be quoted in future newsletters. You may pay your deposit at a meeting (until November, 2014) or send it to the Retreat Coordinator: June Bartczak, 157 Via Monte d'Oro, Redondo Beach, CA 90277.

The knitting room is well-lighted with overhead lights and includes outdoor patio options for knitting. There are sofas and chairs available. More small tables have been promised. The sleeping rooms accommodate a maximum of three people, with two twin-sized beds and one ottoman-pull-out bed. Last year, we had one triple with no complaints! There are all-day kitchen amenities, including hot water for various teas, supplied by La Vina. Breakfast, lunch and dinner are included in the total price TBA.

Currently, our next Santa Barbara/Montecito La Casa Retreat is scheduled from June 1 through June 3, 2015. Unfortunately, this conflicts with our June meeting. Negotiations are in progress; however, other available dates are limited.

San Diego North Coast Knitters Guild General Information

Co-Presidents: [Sheila Kirschenbaum](#) and [Stacy Smith](#). Sheila and Stacy welcome your comments and questions. Click on our names to send us an e-mail.

Membership in the Guild is open to all knitters, regardless of skill level. Membership expires for all members on January 31. Dues are \$25 annually. A printable membership form is available on the Guild [website](#).

Newsletter

Monica Clark, Editor

Send all submissions by the 15th of the month to: SDNCKGnewsletter@gmail.com Short articles relating to knitting in general, and the San Diego North Coast Knitters Guild in particular, are encouraged. Notices and announcements of a commercial nature may be placed as paid advertisements. Send an email to the above email address for rates and more information.

Guild Sub Groups:

- ✿ AKG Group: It is called AKG, Advanced Knitters Group. Meets every Friday at 9:00 am at Old California Coffee Shop, Restaurant Row, San Marcos. Contact: Phyl Bates, 760-828-8286.
- ✿ Knit@Nite Group: Meets the first Wednesday at 6:00 pm at the Jewish Community Center in UTC. Contact Linda Erlich: 858-759-9509, and check the schedule on the Guild's [website](#).
- ✿ I-15 Group: Meets every second and fourth Wednesday at 9:00 am at Panera in Carmel Mountain Ranch. Contact: Mimi Sevimli, 858-722-8128.
- ✿ PA Group: PA Group knits "Practically Anything." Meets every Monday from 1:00 to 3:00 pm at Panera in Solana Beach. Contact: Jean Moore, 858-587-9054.
- ✿ RN Group: RN stands for "Rather Normal." Meets the fourth Tuesday from 10:00 am to noon at the Encinitas Senior Center (1140 Oakcrest Park Drive, cross street is Balour). Contact: Gwen Nelson, 760-720-542.



Submitted by: Marie Fisher

How many times have you dropped a stitch out of your cast-on as you are knitting the first row? And started over, right?

Well, now you don't have to take the cast-on out and start over. Just carefully re-work the dropped stitch, following the technique in the video below:

<http://www.youtube.com/watch?v=jlmFC4yxXgc>

Swatch Afghan Reminder

By: Mar Gee Farr

We are hoping that everyone is working on their "Swatch" for the afghan that we will be constructing for the "opportunity" drawing for the Guild Holiday Luncheon.

The deadline for you to turn them in is the September 2 meeting.

If you have any questions, please contact:
Laura Brubaker (858)337-4347 or
Mar Gee Farr (630)624-6634



Knitting History in Pictures: Women knitting in vocational studies public schools. This was done in public schools between 1918-1920.



San Diego County Fair

By: Mary Brown, San Diego
County Fair Coordinator

The Fair is over and the awards have been given. Congratulations to all who submitted work and especially to those who won ribbons. Our donated awards went to two deserving people: Best Original Design went to our own Claudia Carlson and Best Workmanship went to Jessica Hill Trujillo who will automatically become a member in 2015 by virtue of her award. We hope she'll be able to attend Guild meetings and share her winning work with us.

Please bring your Fair submissions – winners or not – to the August meeting to share with everyone.

Sandy's Stupendous Stash Sale

Longtime Guild member Sandy Smith, who died recently, was not only a prolific knitter. She was also a connoisseur of fine yarns who never met a yarn store she couldn't support. And as a former librarian, she was especially proud of her knitting book collection.

Join us Saturday, August 2 when we sell off Sandy's stash, with proceeds going to her daughter. The sale includes dozens and dozens of batches of designer yarns in weights from lace to bulky at 50% or more off retail price, and single skeins at much less. Hardcover books are also at least 50% off. Needles, single patterns and knitting accessories will also be sold.

Also for sale: fabric, fat squares, quilting supplies, beads, stamps, fimo and clay tools. Bring your quilting friends.

9 a.m. to 1 p.m.

10550 Oakbend Drive • San Diego, 92131
(Scripps Ranch)

Questions?

Email Barbara.levin@me.com.



**Please support our local
yarn shops:
A list can be found on
page 27 of the San Diego
North Coast Knitters
Guild 2014 Directory**

Renaissance Schaumburg Convention Center, Schaumburg, IL

THURS-SUN, August 7-10, 2014

STITCHES MIDWEST

& **ETC.**
SUN & MON, AUG 10-11
2-day in-depth
CREATIVE
EXPERIENCE

4 Great DAYS
of classes and
shopping!

+ 132
Stimulating
CLASSES for
every level
and interest

+ 35
Fiber Arts
EXPERTS

+ over 140
MARKET
booths

= 1 Incredible Weekend!

OPENING DAY
THURSDAY

The PANEL panel
Fiber is serious fun! Especially when . . .

Our PANEL of 4 talented designers were asked: **Feature your fiber expertise to design panel-based garments** using a template from *Knitting in New Directions*. Then we added a twist to the challenge: Each PANELIST was handed a wild card. Take a panel created by one of the others and add pieces that make this design work. The element of surprise forces the designers out of their comfort zones—and that should be a good place for creativity.

Join us for this challenge and:
See how the same yarns look and act with different techniques. Watch what happens to a multicolor when single strands cross in warp and weft. Experience the freedom of crochet. Explore the same color blend in both felted and knit fabric. Discover how things that are tricky in one medium—a plaid, for example—might be easier in another.

Jenny King	Judith Shangold	Karin Skacel	Myra Wood
			
CROCHET	WEAVING	FELTING	KNITTING

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& **ETC.**
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STITCHES SAVE THE DATE

OCT 9-13 2014 STITCHES EAST & ETC. Hartford, CT	FEB 19-23, 2015 STITCHES WEST & ETC. Santa Clara, CA	NEW LOCATION APRIL 23-26, 2015 STITCHES SOUTH Nashville, TN Opryland!	AUG 6-10, 2015 STITCHES MIDWEST & ETC. Schaumburg, IL
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Guild member, Pattye Brewer, is turning up in print all over the country. Top 2-page spread appeared in the Summer 2014 *Knitter's Magazine*. The single page ad on the left is from the Stitches Midwest Program Showbook. The Midwest show will be held in August in Schaumburg, IL.

Provided by: Linda Erlich & Monica Clark