



San Diego North Coast Knitters Guild

San Diego, California - www.ncknit.com

Number 201 – June 2014

Next Meeting:

Tuesday, June 3: 12:30-3:00 pm
San Dieguito United Methodist Church
170 Calle Magdalena
Encinitas, CA 92024

Program: Mary Scott Huff: Everything I Need to Know I Learned From Knitting

Presidents' Letter



Co-Presidents Sheila and Stacy

This last month has been a difficult one for many of our members. The weather has been pretty unbearable in addition to the terrible fires. Surely many of you were on edge waiting for a call to evacuate or were indeed evacuated from your homes, not knowing when you would be allowed to return. Surely among the important papers, pets and photos was at least one knitting project.

Knitting can provide a sense of security when we feel insecure. With each stitch we have a moment of peace and time to calm the mind. Hopefully all is well for those affected. All of us must take the time to make a plan for these types of emergencies. Add to your list a simple project and a lovely ball of yarn that will give you pure bliss.

So much is out of our control and knitting can give us a sense of caring for ourselves. We realize that we are making magic with string and sticks, nurturing our psyche, and controlling a part of our lives. We don't need high tech equipment or a psychologist. We can be empowered when we take control of our basic needs.

While we are enjoying the satisfaction of knitting and planning projects there are many that don't understand the joy and self-esteem we get from making things for ourselves and for others. When difficulties affect our neighbors, not everyone can donate money but each of us have the stash enabling us to take action and knit an item with love and care and concern.

Some people may ask us why in the world we would spend the time and money to make something that can be bought for a small amount of dollars. The global economy keeps us stocked with cheap and "fast" clothes. They aren't thinking about the price our world is paying for this addiction much less the benefits that are intrinsic to our craft. Cheap labor and chemical dyes aren't good for societies and the environment but our knitting is, for sure! It is a way to be connected to others like one stitch connects to another; each part, sleeve, front, back, collar and buttons makes a whole.

Living here in the United States we have the absolutely best selection of yarns. When we buy local products, from local yarn stores we are helping our community and by knitting we are helping to empower ourselves, building our confidence and knowing that we are caring for others and ourselves and continuing in traditions of those we respected and loved.

With sticks and string a world of good is a real possibility,

Stacy Smith
Sheila Kirschenbaum

Remaining 2014 Meeting Schedule

June

3 **Mary Scott Huff:** Everything I Need to Know I Learned From Knitting

4 **Workshops**

5 **Workshops**

July

1 **Annual Summer Potluck and Program:** Making the Most of Pinterest and Ravelry

August (* Meeting on 2nd Tuesday)

12 **Susan Lazear:** East Meets West

13 **Workshop:** East Meets West

September

2 **Annual Guild Stash Sale**

October (* Meeting on 2nd Tuesday)

14 **Robin Page:** Pagewood Farm Trunk Show

14 **Workshop:** Embellishing Your Own Yarns (workshop after meeting)

November

4 **Richard Nares, Emilio Nares Foundation: Philanthropy:** Hats and Heroes

December (* Luncheon on 1st Monday)

1 **Holiday Luncheon and Fashion Show**



Guild Programs

By: Anna Walden and Diane Seaberg,
Program Co-Chairs

June Program and Workshops

Our June speaker is knitter and instructor extraordinaire, Mary Scott Huff. Mary is the author of *The New Stranded Colorwork*, *Teach Yourself Visually Color Knitting*, *Fun and Fantastical Hats to Knit*, and *Fun and Fantastical Slippers to Knit*. She fled the realm of Information Technology to pursue a more yarn-centered way of life. The many friends she found along the way have helped her become a nationally-recognized designer, teacher and author. A native of the Pacific Northwest, Mary shares a wee little house there with her husband, two children, some Scottish Terriers, and more yarn than is strictly necessary. You can learn more about Mary on her website:

<http://www.maryscotthuff.com>.

Mary is teaching four workshops on Wednesday and Thursday, June 4 and 5. There are still a few seats available in each of the workshops. Signup and pay for her workshops at the June Guild meeting, space permitting. Or send an email to Program Chair Anna Walden (awalden@me.com) to let her know which classes you want to take; and send a check payable to SDNCKG to hold your spot in the workshop to Treasurer Diana Rathbun (1567 Corsica St., San Diego 92111). Each three-hour workshop costs \$25.

Some workshops have homework! If you already signed up for a workshop and have not received your homework and/or handouts, contact Anna.

The workshops are:

Start to Finish: Wednesday 9:00 am – noon
Begin your next knitting project by making decisions about how you will finish it before ever starting the knitting. Exclusive worksheet helps students determine the yarn, shaping knitting techniques and blocking best for each project, and plan for them at the outset for a beautiful finish. Good for knitters of all levels. Homework: Choose a new knitting project and bring the pattern to class. It's not necessary to have the yarn yet.

Feeling Edgy: Wednesday 1:00 – 4:00 pm
Learn two different knitted hems and all the places you can use them. Homework: none.

EEK! Steeks! Thursday 9:00 am - noon
Learn three different steeking techniques and understand when/why to use each one. Homework handout will be provided to registrants prior to workshop.

Mad Hatters: Thursday 1:00 – 4:00 pm
Designing with charted motifs using hats as the canvas. Students design their own motif, add borders, choose edgings, silhouettes and top treatments. Homework: Measure the head you intend to cover, and determine gauge by swatching.

July Program

Believe it or not, and frankly I don't, but summer is almost here...which means, it is time for our ANNUAL POTLUCK LUNCHEON. So, mark your calendar for 12:30 pm, Tuesday, July 1.

It is a fun relaxing meeting with good food, time for knitting and visiting, and there will be a presentation on Ravelry and Pinterest too.

Please bring a dish to share. The Guild supplies water and dessert, and we'll get the summer off to a great start. Hope to see you there! Questions? Call Joyce Raymer at 760-533-3047.

Minutes of the SDNCKG Meeting May 6, 2014

President Sheila Kirschenbaum welcomed more than 150 members and guests to the meeting. She reminded members to pick up their directories. Corrections or changes should be sent to Mar Gee Farr and any updates to the directory can be found in the newsletter. Cut these out and place them in your new directory.

Long time member Sandy Smith passed away on April 24. A celebration of life will be in the Walled Garden of the San Diego Botanic Gardens on May 31 at 11:00 am.

The June 3 program will feature Mary Scott Huff, a designer and teacher. Her program, "Everything I Need to Know I Learned from Knitting" will be followed by two workshops on June 4 and two workshops on June 5. Sign up and pay for workshops today or call Anna Walden to reserve a place.

A fashion show by Mesa College's Golden Scissors will be held at the Sheraton on Shelter Island on May 15. Some Guild members will be presenting garments.

Knitting demonstration dates at the County Fair are June 11, 12, and 13. A few spots are still available. Members will be provided with a free pass for the day they volunteer. The deadline for entering the fair competition is May 9. Our Guild is giving two prizes.

Charities supported by the Guild include Operation Gratitude, Oz Programs at the YMCA in Oceanside and Tête-à-Tête Hats. Tête-à-Tête is asking for light weight summer hats in soft, easy care yarns for chemo patients of all ages. Arlene Shaposhnick, Philanthropy Chair, will also accept yarns to redistribute for hat making.

Pictures from the Guild retreat at Casa de Maria will appear on the website.

Start collecting yarns for the Stash Sale in September.

Members Teaching Members will have a workshop on color with Claudia Carlson on May 28. If you would like a specific workshop or if you would like to give or host a workshop, contact MTM Coordinator Sue Tavaglione.

Sara Smelt may repeat a workshop on the felted flower lariat. Email the [newsletter](#) if you are

interested in this class.

Diane Seaberg introduced Judy Graham who presented today's program, "Knitter to the Stars."

Show and share ended the meeting.

*Respectfully submitted,
Sandy Yayanos*

Philanthropy

Submitted by: Arlene Shaposhnick, Philanthropy Chair

I want to thank all of our members who knitted hats, scarves and other knitted items for our Guild charities and those who donated yarn.

I have delivered 90 knitted items to Tête-à-Tête Hats to be distributed to various facilities for patients undergoing chemotherapy. We are now collecting hats made of light weight yarns for this charity for summer.

Last month I was invited to Seacrest Retirement Village to help a newly organized knitting group that wanted to knit hats for our charities.



Rear: Rochelle Kerman, Riva Sweet, Shirley Glickman, Maxine Altshuler. Sitting: Barbara Meyers, Sylvia Shaposhnick, Clair Winer, Lenor Leshin, Judy Neipris (some gals didn't make the photo shoot)

I have given them yarn, instructions and helped them get started. They have diligently been meeting every Monday afternoon to work on the hats for us to donate to our charities. So far, we have six hats from the Seacrest gals, which I think is great. I know at least one gal is going on 95 years of age...wow!. I want to thank them all for their thoughtfulness and efforts.

Just a reminder...I am still collecting hats and scarves for Operation Gratitude and I will be shipping everything in mid-September, so please

keep knitting. Please check the Guild website for instructions and answers to any questions you may have.

I will be collecting warm hats and scarves for the Oz program all year, we need to have enough items before the cold weather arrives. The Oz program distributes our hats and scarves to the homeless kids living on the streets in San Diego. The Guild website has links to more information about this program.

My goal is to have 1,000 knitted items for 2014. We have approximately 300 members in the Guild; if each one of you would knit one hat or scarf a month we will surpass our goal while helping others and giving our Guild a presence in the community. We have instructions for hats and scarves that take about two hours. Knitting hats is great when you need a no-brainer between more intense projects.

Diane Seaberg, being the creative gal she is, has created a thermometer for Philanthropy to track our progress each month...what fun. Thank you, Diane. Check out our progress at each meeting. Stop by and get yarn and instructions and drop off all knitted items.

I want to thank Jeanette Olivier for volunteering to help me "man" Philanthropy during the meetings. At least one of us will be at each meeting.

If any of you needs some inspiration or new ideas for knitting fun and different hats...check out my board at [Pinterest.com](https://www.pinterest.com) (Arlene Shaposhnick) I have several hundred hats pinned, some with the sites for instructions...be creative try knitting a new pattern or try out some new stitches...just keep knitting.

If you have any questions, please contact me at arlene@shaposhnick.com.



Next Help Session on August 12, 2014

Whether you're looking for assistance with a knitting problem, need a little design guidance, or just want to get together with like-minded yarn lovers, come to the Help Session. There will be a member volunteering as sage and mentor at each meeting, and everyone is welcome to attend.

The next help session is Tuesday, August 12, 10:30 am to 12:30 pm; immediately before the Guild meeting; Sage Advisor Zita Gardner

Tuesday, November 11, noon to 3:00 pm;
Sage Advisor: Marie Fisher

All Help Sessions take place in classroom 10 at the San Dieguito United Methodist Church.

Newsletter News

All members are invited to submit an article to the Newsletter, ask a question, or share a compliment. Use our new Newsletter email address:

SDNCKGnewsletter@gmail.com



Submitted By: Stacy Smith

Knitting and needlework: relaxing hobbies or seditious activities? New figures show a revival of interest in traditional crafts. [The Guardian-Knitting & Needlework Relaxing Hobbies or Seditious Activities.](#)

Read a history of knitting in a blog from *The New Yorker* [The Sweater Curse](#)

International Yarn Bombing Day June 7th, 2014

Yarn Bombing is a type of graffiti done with knitting and/or crocheting outdoors, on the streets. It is illegal unless you have permission, but if you do, it is a ton of fun. It is a type of street art that involves covering with knitting and



crocheting anything public. The tree photo

was taken by Guild Member Arlene Shaposhnick.

It was created in the U.S. by knitters that were looking for a way to be more creative with their knitting and now yarn bombing is done worldwide.



Submitted by: Marie Fisher

If you have to cast on a lot of stitches, say, for a sweater or a long circular scarf, you might have trouble estimating the amount of tail you will need.

Try the Infinite Tail Method:

http://www.youtube.com/watch?v=AuuKDLtJq_k

Casa De Maria Retreat 2014

Submitted by: June Bartczak, Retreat Coordinator,

Photos by: Linda Schwartz

This year we had several new members enjoying the Casa de Maria Retreat! Once again, we had a great time, although it was really HOT! Not SO hot that we didn't want our morning coffee, however!!

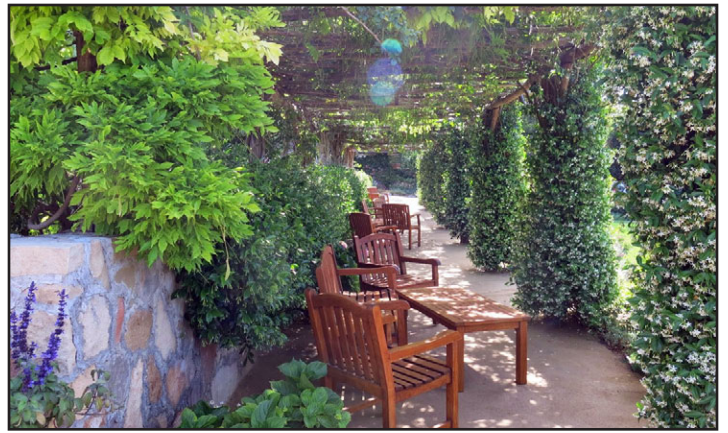


It was, however, so hot that I requested and graciously was granted an additional knitting space in the La Paz yoga room where it was about 62 or so degrees. With excellent lighting and a calm atmosphere, some of our members chose to descend the fairly steep stairs to knit. Probably La Paz used to be the (wine?) cellar of the old Dupont mansion that is now The Center for Spiritual Renewal. Our original knitting room at La Teresita was only a few steps away from La Paz.





Although it was too hot to go hiking, most of us went for a stroll around the grounds, visiting the Paper Cranes decorating the Japanese Peace Garden, the 200 year old tree and the eternity pool area.



The food was good, as always, and the air-conditioned sleeping rooms provided welcome respite from the heat.



Some of us went with JoAnn, one of the retired Sisters of the Immaculate Heart Community who live at The Center for Spiritual Renewal. She took us through all of the rooms, including Sister Corita's Art Gallery in the basement.

Some of us also went to San Ysidro Ranch for a visit to the gardens, the lobby, the grounds and the bar. The rest of us watched an interesting and educational Lily Chin DVD brought by Patt Miller at La Teresita.





On a personal note, this was a special retreat for me as I got to spend wonderful time with my lovely daughter-in-law, our unofficial retreat photographer! This is the photo she took of our room before we "moved in"!! It is my hope that she will continue to be our "photographic historian" on future SDNCKG Retreats!!

And the last, but not least, photo is of the whole group standing on the steps of the chapel!



Join us next year at Casa de Maria in Montecito June 1 to 4, 2015. And add to your calendar the Guild's Temecula retreat January 19 to 22, 2015.

Honoring Our Very Own Woman of the Year

Submitted by: Mar Gee Farr

Our very own Guild member, Margaret Merlock was selected as the 2014 District 76, Woman of the Year!

Our California State Legislature celebrates Women's History Month through the recognition of a woman from each district who demonstrates exceptional leadership and goes above and beyond to help her community.

Margaret has been involved in Oceanside charities and organizations since the 1970's, donating

countless hours of her time. She has served on the Tri-City Hospital Board for more than 16 years and has been involved in a variety of groups during that time. She joined a group of doctors and nurses from UCSD Interface Program making trips to the interior of Mexico to perform cleft palate surgeries on children. She often takes medicine and supplies with her, providing aid to those served by rural, poor hospitals. Margaret always finds room to take a stash of yarn and needles with her. She has taught hundreds of children, men and women to KNIT during her more than 38 years of trips to Mexico.

Margaret is an exceptional role model who currently serves on several local committees benefiting the Boys & Girls Club of Oceanside, the local school district and public library. She always shows compassion for local area residents but also for poor communities in Mexico. It's an honor that she has been recognized and we're glad she's a sister Guild member.



*Submitted by: Claudia Carlson,
Stash Sale Coordinator*

Time draws near once again for the Guild's Annual Stash sale at the September meeting. Please support your Guild by donating your unused, unneeded, and unloved yarns to your stash sale committee so we can repackaging them for sale to your fellow members!

Of course, as done in the past, where large quantities of the same yarns are found, these will be bagged together. Where smaller quantities of a single yarn are found, the plan this year is to have those bagged individually. There will be very few bags where like color yarns are bagged together. The plan is to give you the option of color-coordinating/contrasting.

While knitting notions and books will not be sold during the sale, if you have some to donate we

will be collecting these for use in another Guild program.

You may start bringing your donation to the June meeting! Thank you in advance! Lets have a great stash sale!

San Diego North Coast Knitters Guild General Information

Co-Presidents: [Sheila Kirschenbaum](#) and [Stacy Smith](#). Sheila and Stacy welcome your comments and questions. Click on our names to send us an e-mail.

Membership in the Guild is open to all knitters, regardless of skill level. Membership expires for all members on January 31. Dues are \$25 annually. A printable membership form is available on the Guild [website](#).

Newsletter

Monica Clark, Editor

Send all submissions by the 15th of the month to: SDNCKGnewsletter@gmail.com Short articles relating to knitting in general, and the San Diego North Coast Knitters Guild in particular, are encouraged. Notices and announcements of a commercial nature may be placed as paid advertisements. Send an email to the above email address for rates and more information.

Guild Sub Groups:

- * AKG Group: It is called AKG, Advanced Knitters Group. Meets every Friday at 9:00 am at Old California Coffee Shop, Restaurant Row, San Marcos. Contact: Phyl Bates, 760-828-8286.
- * Knit@Nite Group: Meets the first Wednesday at 6:00 pm at the Jewish Community Center in UTC. Contact Linda Erlich: 858-759-9509, and check the schedule on the Guild's [website](#).
- * I-15 Group: Meets every second and fourth Wednesday at 9:00 am at Panera in Carmel Mountain Ranch. Contact: Mimi Sevimli, 858-722-8128.
- * PA Group: PA Group knits "Practically Anything." Meets every Monday from 1:00 to 3:00 pm at Panera in Solana Beach. Contact: Jean Moore, 858-587-9054.
- * RN Group: RN stands for "Rather Normal." Meets the fourth Tuesday from 10:00 am to noon at the Encinitas Senior Center (1140 Oakcrest Park Drive, cross street is Balour). Contact: Gwen Nelson, 760-720-542.

In Memoriam

Many of you know that Betty Gregory suffered a massive stroke on April 17, 2014. She spent a week at Palomar Medical Center and was subsequently transferred to Las Villas Del Norte Rehabilitation Center in Escondido. She did her best to regain her strength and speech, but Betty passed away on May 11, 2014 at Las Villas Del Norte.

Betty was a member of our Guild since its founding years, and discovered it as a member of the SD Guild soon after she moved to our area. She was a passionate knitter, a perfectionist with love for fine stitches and thin needles. Betty participated in many Guild events, retreats, classes and Help sessions, offering her endless expertise and darling personality. She was famously known, together with Sandy Smith (who passed away just weeks before Betty), as the Sock Monkey "specialist." Brilliant "leftie," Betty will be missed forever by her knitting family.

Betty's family will hold a Celebration of Life for Betty on June 2 at 1:00 pm at the Lake San Marcos Recreation Center, Lake Pavilion Room. The LSM Recreation Center is located on 1105 La Bonita Drive, Lake San Marcos, 92078. In lieu of flowers, Betty's family prefers donations in Betty's name to Autism Partnership Foundation (200 Marina Drive Seal, Beach, CA 90740 <http://autismpartnershipfoundation.org/how-to-donate/>) or the USO (<https://www.uso.org/donate/>)





San Diego County Fair Coming in June

By: Mary Brown, San Diego
County Fair Coordinator

Now's the time to get ready for the Fair.

The Fair is starting very soon, June 7 and runs through July 6. I hope that many of you have submitted entries and will win ribbons and, perhaps, one of the Guild's two awards – Best Original Design and Best Workmanship. We will be demonstrating at the Fair June 11 – 13. There are still a few spots left so please sign up at the Guild meeting. Also, for those of you who have signed up, I will have your free credentials for Fair entry. If you've signed up but can't be present, please let me know and provide your current address to me via email at mary.brown2@cox.net I will mail it to you.



Our June meeting had an overwhelming number of members taking time to attend. Below: Our speaker, Judy Graham, "Knitter to the Stars."



IN MEMORIAM

Virginia "Ginny" Dewey a longtime Guild member died at home May 19, 2014.

Ginny was an accomplished knitter and needle pointer. She made hundreds of sweaters. She was a voracious reader, avid walker and hiker when she wasn't busy raising her seven children or teaching tennis and piano. She loved flying co-pilot with her husband, David, in a single engine plane. She worked at the Rancho Santa Fe Library and Guild for 31 years and was still helping to order books. She started a knitting group at the RSF Library and still looked forward to going to the RSF Senior Center knitting group on Thursday afternoons and our monthly Guild meetings.

Ginny continued to knit after enduring a stroke. She would get terribly frustrated because it was difficult for her to do, but she was determined to never give up!

In lieu of flowers the family would like any donations sent to Rancho Coastal Humane Society, the Pacific Crest Trail Association and the Nature Conservancy.

No services are planned at this time.



2014 Guild Directory Updates & Corrections

*Submitted By: Zita Gardner, Membership Chair and
Mar Gee Farr, Directory Coordinator*

Simply clip and insert in your existing Guild Directory:



Updated Guild Members Information

Jan Flickinger
1549 Birch Avenue
Escondido, CA 92025

Janine Mazur
4208 Fanuel Street #B
San Diego, CA 92109

Diana Rathbun
diana.rathbun@att.net

Jill Zagami
jillz8296@gmail.com

The Guild Welcomes New Members:

Candy Garner
2967 Kobe Drive
San Diego, CA 92123
858-560-5047
c.garner1@yahoo.com

Cheryl Goyer
4692 Mystik Road
Oceanside, CA 92056
541-660-5429
clgoyer@gmail.com
Ravelry: cgoyer

Maggie Herbert
2414 La Plancha Lane
Carlsbad, CA 92009
760-213-5052
maggieandy1@yahoo.com

Sharon Hunt
1177 Wales Place
Cardiff, CA 92007
760-943-1177
sharkhunt@att.net
Ravelry: sharkhunt

Diana Long
4656 Norma Drive
San Diego, CA 92115
619-528-8996
djlong@cox.net

Rosemary Medina
1962 Arbor Glen
Escondido, CA 92025

Patricia Miles
12937 Candela Place
San Diego, CA 92130
858-349-7282
pamiles35@gmail.com

Janet Stewart
4183 Swift Avenue
San Diego, CA 92104
619-284-9424
Stewartpj1@cox.net
Ravelry: Pjpenguin



May Show and Share

Michelle Bolden modeled her "Bermuda Scarf" designed by Ilga Leja. Michelle knit the shawl from Noro Silk Garden, removing the neutral gray segments from the colorway.



Mary Ann Archbold shared her project bag, knit from her own design in Newton Yarns wool and acrylic yarn blend. The bag was knit in the round with tie-on fabric accents and lined with Chinese brocade.



Ruby Townsend modeled her "Pi Are Square Shawl" knit in Paton's Lace, a mohair, wool and acrylic blend. This pattern is a classic by Elizabeth Zimmerman, published in *Knitting Around*.



Karen des Jardins modeled her "Liesl", a pattern from CocoKnits. Karen knit her Liesl in Elsebeth Lavold Hempathy, a blend of hemp and cotton.

Lenora Stewart modeled her "Ilaria Cardigan" designed by Bjorn Coort. The cardigan, made in Cascade Tangier, is knit from side to side.

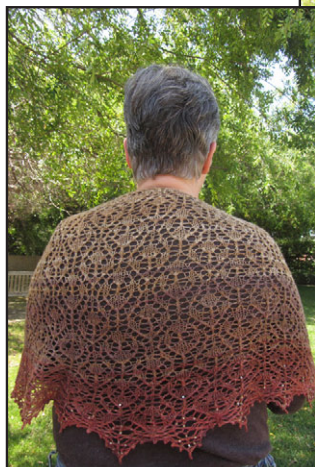


Marie Fisher showed "Montecito", a crescent-shaped beaded shawl of her own design. Marie named the pattern while knitting her shawl at the Guild's Spring retreat in lovely Montecito. The yarn is a new sport weight merino, silk and cashmere blend called



Aspen from Baah! The pattern is available on Ravelry.

Sue Wagner shared her "Almost Autumn" shawl from Boo Knits. Sue knit her shawl in The Unique Sheep Eos, a merino and silk lace-weight yarn.



Anna Walden modeled her "Tripartite Vest" designed by Stephen West. Anna used three colorways of Shibui Linen.



Tina Rounsavell shared her "Absolutely Fabulous Throw" designed by Peggy Mackenzie and made from a Colinette kit.



Virginia Wilson models a lace top of her own design knit in Auracania sock weight yarn. The minor shaping is achieved by decreasing the purl stitches between the lace panels.



Elizabeth Primrose-Smith modeled her "Zigzag Top" by Marianne Isager from *Classic Knits*. This is the third time Elizabeth knit this shell, this time in Katia Lino, a 100% linen yarn.



Cheryl Goyer and Sharon Broughton modeled their "Mobius Cowl" by Maie Landra from *Vogue Knitting 2013/2014*. The cowl is knit in Koigu Premium Merino and uses Fair Isle techniques.

