



San Diego North Coast Knitters Guild

San Diego, California - www.ncknit.com

Number 200 – May 2014

Next Meeting:

Tuesday, May 6, 2014: 12:30-3:00 pm
San Dieguito United Methodist Church
170 Calle Magdalena
Encinitas, CA 92024

Program: Judy Graham: Knitter to the Stars

Presidents' Letter



Co-Presidents Sheila and Stacy

As avid knitters we know that knitting can be a metaphor for our lives. We try hard to make things work, to enjoy, to see pleasure around us and be productive. We are generous to those we love and those we do not even know. We can do this through our knitting, by taking time to make and give hand-made treasures. We see beauty in finished items and beauty in the creativity that is carried like a permanent lifeline through our work.

The act of knitting is much like life. We make our plans, choose our yarns with care, select comfortable, favorite needles, knit our swatches to find gauge and cast on. We follow the pattern and read the chart and count stitches. We measure rows. It all looks like it is going fine. But then something happens.

Knitting, like life, is replete with messes. Stitches get dropped, stitches get added, our count is off. The dye lot is different and a distinct, unplanned color change appears. The yarn is knotted, and knotted again and again in the skein. We tell ourselves to knit just one more row through a complicated pattern repeat just as we are advised to do just one more single thing each day to get us through difficult situations. In knitting we have a marvelous strategy to help us solve knitting crises: ripping.

We call ripping by many names—ripping out, ripping back, frogging, unknitting—but all get us to the same place. Many knitters detest ripping, and we can understand why, sort of. We all hate to see our great effort over hours or days or even longer become nothing but a heap of yarn in just a moment or two. We had plans to finish, to share our gift with our knitting sisters, to wear our new shawl or cardigan to a special event. We had plans to start the next project in our queue. But ripping out by any name is magical. We get a “do-over.”

Once the yarn is undone and rewind into a ball, we can start again with the knowledge gained from whatever snafu brought us to this place. Our re-knitted project, when completed, will show no scars from the ripping out. No pain remains in the project. And our pain at ripping out can be soothed by the pleasure we will have enjoying a finished project free from mistakes.

We often wish for such “do-overs” in our lives. We wish for chances to take back words spoken in haste and anger and we wish for chances to act with more generosity. We can try to be kinder and better. We can easily be better knitters by taking advantage of do-overs. Each time we rip out errors and remake the stitches, we learn and grow as knitters. Embrace the opportunity.

Keep ripping, keep knitting,
Sheila Kirschenbaum
Stacy Smith

Remaining 2014 Meeting Schedule

- May**
6 **Judy Graham:** Knitter to the Stars
- June**
3 **Mary Scott Huff:** Everything I Need to Know I Learned From Knitting
4 **Workshops**
5 **Workshops**
① Eeeek Steeks
② Feeling Edgy
③ Mad Hatters
④ Start to Finish
- July**
1 **Annual Summer Potluck and Program:** Making the Most of Pinterest and Ravelry
- August** (* Meeting on 2nd Tuesday)
12 **Susan Lazear:** East Meets West
13 **Workshop:** East Meets West
- September**
2 **Annual Guild Stash Sale**
- October** (* Meeting on 2nd Tuesday)
14 **Robin Page:** Pagewood Farm Trunk Show
14 **Workshop:** Embellishing Your Own Yarns (workshop after meeting)
- November**
4 **Richard Nares, Emilio Nares Foundation:** Philanthropy: Hats and Heroes
- December** (* Luncheon on 1st Monday)
1 **Holiday Luncheon and Fashion Show**

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Guild Programs

By: Anna Walden and Diane Seaberg,
Program Co-Chairs

May Program

Judy Graham, also known as “Knitter to the Stars,” will share great stories about and mementos from her work in Hollywood at the next Guild meeting. You may know Judy from her YouTube channel, [Knitting Tips](#) by Judy. If you watched the TV show *Big Bang Theory* last season, you saw some of Judy’s sweaters. See her knitted items at the Guild meeting, and see if you can guess the movies and shows in which her knits have had “starring” roles!

June Program and Workshops

Our June speaker is knitter and instructor extraordinaire, Mary Scott Huff. Mary is the author of *The New Stranded Colorwork*, *Teach Yourself Visually Color Knitting*, *Fun and Fantastical Hats to Knit*, and *Fun and Fantastical Slippers to Knit*. She fled the realm of Information Technology to pursue a more yarn-centered way of life. The many friends she found along the way have helped her become a nationally-recognized designer, teacher and author. A native of the Pacific Northwest, Mary shares a wee little house there with her husband, two children, some Scottish Terriers, and more yarn than is strictly necessary. You can learn more about Mary on her website: <http://www.maryscotthuff.com>.

Mary will teach four workshops on Wednesday and Thursday, June 4 and 5. Signup and pay for her workshops at the May Guild meeting. If you can not attend the May meeting but want to signup for workshops: (1) send an email to Program Chair Anna Walden awalden@me.com to let her know which classes you want to take; and (2) send a check payable to SDNCKG to hold your spot in the workshop to Treasurer Diana Rathbun (1567 Corsica St., San Diego 92111). Each three-hour workshop costs \$25. Take all four for \$100, a great bargain benefit to Guild members. The workshops are:

Start to Finish – Wednesday 9:00 am – noon
Begin your next knitting project by making decisions about how you will finish it before ever starting the knitting. Exclusive worksheet helps students determine the yarn, shaping knitting techniques and blocking best for each project, and plan for them at the outset for a beautiful finish. Good for knitters of all levels. Homework: Choose a new knitting project and bring the pattern to class. It’s not necessary to have the yarn yet.

Feeling Edgy – Wednesday 1:00 – 4:00 pm
Learn two different knitted hems and all the places you can use them. Homework: none.

Eek! Steeks! – Thursday 9:00 am - noon
Learn three different steeking techniques and understand when/why to use each one. Homework: homework handout will be provided to registrants prior to workshop.

Mad Hatters – Thursday 1:00 – 4:00 pm
Designing with charted motifs using hats as the canvas. Students design their own motif, add borders, choose edgings, silhouettes and top treatments. Homework: Measure the head you intend to cover, and determine gauge by swatching.

Minutes of the SDNCKG Meeting April 1, 2014

President Sheila Kirschenbaum welcomed both members and guests to the meeting and noted that the 2014 membership directories were being distributed. Mar Gee Farr handled the preparation of the directories, and any changes, corrections, or questions should be given to her.

Anna Walden explained the procedure for the program that would follow the meeting in order that the appropriate preparations could be done in a timely manner. Florence Kuritsky who would take photographs of the program and Show and Share was positioned at the end of the runway.

Sheila announced that Monica Clark had been appointed as editor of the newsletter.

Future programs include Mary Scott Huff from Portland as the speaker in June. Members were reminded that they should look at the information on the websites so that they could sign up and then prepare for the subsequent workshops that she will teach. The May Guild meeting will feature Judy Graham who is known as “Knitter to the Stars”. She will talk about the garments she has made to be worn in films.

The San Diego Fair time is nearing. Mary Brown, chair of Fair activities for the Guild, urged members to register their entries, which can be done over the Fair website, May 9 being the deadline, and May 21 and 22 the days for actually delivering the entries to the fairgrounds.

She announced that the Guild would present two prizes in addition to those awarded by the fair. Mary is scheduling volunteers from the Guild to demonstrate knitting and answer questions on three days, June 11, 12, and 13.

Sheila listed the philanthropy projects that SDNCKG supports: Tête-à-Tête Hats, the Oz program for teens, and Operation Gratitude, and explained their special needs. She reminded knitters that light weight hats are appreciated by cancer patients for warm weather wear. Member Penny Boemer requested donations for at-risk children's knitting class which her daughter is teaching. The children need both yarns and equipment.

Members were reminded that the final payments for the knitting retreat at Casa de Maria starting April 28 were due at this meeting.

Returns of library books were accepted, but none were to be checked out because of an emergency in librarian Gwen Nelson's family.

Sue Tavaglione has offered two more color workshops to be held in late April and early May as part of the Members-Teaching-Members program. Sara Smelt had agreed to hold another workshop on felted flower lariats. Those interested in more information should send an email to the newsletter email address.

Anna Walden, assisted by Diana Rathbun and Linda Erlich, presented the style show of items made by recycling, reknitting, cutting, and sewing knitted garments. This was an amazing collection of inventive results, all based on recycling. The presentation was followed by the show of finished garments by Guild members.

During the meeting, 11 new members joined the Guild.

Phyllis Bates, acting secretary

Philanthropy

By: Arlene Shaposhnick, Philanthropy Chair

Spring is in the air . . . Everywhere you look there are new and exciting colors and textures. Get Inspired. . .

Knitters, it's time to get out your lightweight, light, bright-colored yarns and knit hats for our charity, Tête-à-Tête Hats. We are in need of hats for chemotherapy patients made out of light acrylic, cotton and cotton blends for spring and summer. WE NEED YOU!

Here is YOUR challenge: If you are reading this, please plan on helping the Guild help those in need. Each of us can make a difference. Hats knitted for Tête-à-Tête are for those going through heart-wrenching chemotherapy treatments. To add to their stress, they find themselves losing their hair... we can help them deal with this dreadful side effect. The hats need to be soft and comfortable. We have requests for soft acrylic, cotton and cotton blend yarns. No wool fibers should be used because they can be scratchy on bald, extremely sensitive heads. Hats need to cover the head. The chemo treatments that cure disease cause havoc on chemo patient's bodies; surely we can each find the time to knit a hat or two that will bring smiles to the faces of those receiving them. There is no perfect chemo hat. Each person has their own wonderful personality, likes and dislikes. Knit something playful and fun... knit something simple...JUST KNIT.

No more excuses! Below are some sites to go to for free hat instructions. If you are feeling creative,

design your own. Knit a simple hat, as shown here, and embellish it. (If you knit the hat but don't want to embellish it, that's fine—we'll embellish it!) If you want to make a flower adornments, here's one site for ideas and instructions: <http://www.headhuggers.org/patterns/adornment.htm>. We need hats in all sizes for kids, teens and adults. Have some fun while you are creating something that will let the recipients of our hats know that we care and understand the unpleasantness they are going through.

For the hats shown you can use any basic hat pattern, modified as suggested.

Red Hat: Knit 1½" for the rolled edge and then work the next row: K1, YO, k2tog across the row. This row will give you the "eyelets" to weave the ribbon through. Finish the hat.

Green Hat: Knit any hat. For braids, cut 12 pieces of yarn each about 26" long. Fold yarn pieces in half. Loop these three at a time through stitches on the underside of the hat close to the edge but far enough up that the loops won't show. Loop through the stitches as you would a fringe. Braid it, trim the ends, tie with yarn tightly and then tie bows with ribbon.

Yellow Hat: Use a basic hat pattern and try out different stitches along the rows as you knit.

Here are sites for free hat instructions:

<http://www.headhuggers.org/patterns/patterns.htm>

<http://www.ravelry.com/patterns/library/lace-edged-womens-hat#>

<http://www.ravelry.com/patterns/library/boardwalk#>

We are also collecting hats and scarves for Operation Gratitude, which will be shipped in September. Please keep bringing them in for the men and women in our military. These hats need to be soft and warm in subdued colors such as navy,



brown, green, maroon and military colors. Please, no hats with metallic yarn. The hats and scarves need to be suitable for both men and women and you must note the fiber content on the Guild tag. You can also write a brief note of encouragement on the tag. There are hat and scarf instructions on the Guild's website as well as information about Operation Gratitude.

We will continue to collect hats and scarves for the North County Oz program throughout the year. These items are for homeless kids in San Diego. They need to be warm and can be any style you like. We need to have enough of these before it gets cold again. Please keep knitting. You can find information about the Oz program on the Guild website.

Lightweight acrylic, cotton and cotton blend yarns are also needed for our chemo hat kits that are available at each meeting.

If you have any questions, need help with anything, or can't make it to the meeting and have items to turn in, please contact me at arlene@shaposhnick.com.

New Members Teaching Members Workshop

By: Sue Tavaglione, MTM Chair

Guild member Claudia Carlson will teach a MTM Workshop on Color on Wednesday, May 28. The three-hour workshop will take place at the home of Hanna Sudik in San Marcos. The cost is \$30 plus an optional \$4 materials fee to cover the cost of a color wheel. When you register, let Claudia know if you prefer to print your own color wheel and she will email it to you. There's no homework for this workshop, but bring a variety of yarns in different weights, textures and colors; a notebook; and a camera (or cell phone with camera). Sign-up and pay at the May Guild meeting, or send your check directly to Claudia (P.O. Box 3, Descanso, CA 91916). Contact Sue for additional information: sjtava@sbcglobal.net.

The Guild is working to organize another workshop by our March program presenter, Sara Smelt. If you are interested in taking Sara's felted flower lariat workshop, send an email to SDNCKGnewsletter@gmail.com. Once we have enough people, we will plan the workshop and let those who expressed interest know the details.

Newsletter News

All members are invited to submit an article to the Newsletter, ask a question, or share a compliment. Use our new Newsletter email address: SDNCKGnewsletter@gmail.com

Next Help Session on May 13, 2014

Whether you're looking for assistance with a knitting problem, need a little design guidance, or just want to get together with like-minded yarn lovers, come to the Help Session. There will be a member volunteering as sage and mentor at each meeting, and everyone is welcome to attend.

The next help session is Tuesday, May 13, noon to 3:00 pm. Sage Advisor is Eileen Adler. Help Sessions will continue throughout the year. Come to one or all of the following sessions:

Tuesday, August 12, 10:30 am to 12:30 pm;
immediately before the Guild meeting;
Sage Advisor Zita Gardner

Tuesday, November 11, noon to 3:00 pm;
Sage Advisor TBD

All Help Sessions take place in classroom 10 at the San Dieguito United Methodist Church.

Knitting on the Net

Submitted By: Gail Eager

Last fall, the town council of Harrogate in England invited members of the public to send in tiny knitted sweaters to string up as bunting to welcome the Tour de France as it sweeps through the town this summer. They have received rather more than anticipated, coming from as far afield as Switzerland, Canada and Bermuda. They hoped to receive about 3,000 donations from knitters. Look at what they received.... <http://www.theguardian.com/uk-news/the-northerner/2014/mar/25/22000-jerseys-later-harrogate-gears-up-for-the-tour-de-france>

Knitters knew this already and now there's confirmation from scientific studies. Knitting can help those who suffer from anxiety, depression or chronic pain. It may also ease stress and, increase happiness by releasing a neurotransmitter called dopamine. Read more at <http://www.cnn.com/2014/03/25/health/brain-crafting-benefits/index.html>



San Diego County Fair Coming in June

By: Mary Brown, San Diego County Fair Coordinator

Now's the time to get ready for the Fair.

This year the theme is The Fab Fair. Everyone in the Guild should consider entering into the competitive exhibits in Home & Hobby. We do such wonderful knitting that we should show it off for all to see. In addition to the ribbons and cash awards that the Fair provides for winners, our Guild gives two awards: Best Original Design and Best Workmanship. Each one gets a \$50 cash award and 2015 Guild membership (worth \$25). No matter whether you are a great designer or a wonderful technician (or both), you have an opportunity to win one of these two awards. And, if you don't win these, win an award directly from the Fair. Visit their website [San Diego Fair](http://SanDiegoFair.com) and sign up.

Also, we'll be demonstrating at the Fair for three days, June 11, 12, and 13. We can have up to eight people per day exhibiting. A representative will be sitting at the back table at the May meeting (and June if we need it) to take the names of those who would like to demonstrate. We would prefer that you commit to a full day. However, if you are unable to do that, we will take half-day commitments. Please note, however, that we will get free entry tickets for only eight people for each day. Priority for free tickets will go to those who commit for the entire day and leftover tickets will be distributed to half-day participants on a first-signup basis. Tickets will be distributed at the June meeting.

If you have any questions please contact Mary Brown at mary.brown2@cox.net or 760-450-4050 (Mary is unavailable from April 15 – May 14 --- check with Mary's representative at the May meeting).



Tues., July 1st

The Annual Pot-Luck Luncheon will take place at our July meeting. In addition to the great food you all bring, we will have a program on Pinterest and Ravelry.

**WOW . . a Trifecta!
Details in the June Newsletter**

San Diego North Coast Knitters Guild General Information

Co-Presidents: [Sheila Kirschenbaum](#) and [Stacy Smith](#). Sheila and Stacy welcome your comments and questions. Click on our names to send us an e-mail.

Membership in the Guild is open to all knitters, regardless of skill level. Membership expires for all members on January 31. Dues are \$25 annually. A printable membership form is available on the Guild [website](#).

Newsletter

Monica Clark, Editor

Send all submissions by the 15th of the month to: SDNCKGnewsletter@gmail.com. Short articles relating to knitting in general, and the San Diego North Coast Knitters Guild in particular, are encouraged. Notices and announcements of a commercial nature may be placed as paid advertisements. Send an email to the above email address for rates and more information.

Guild Sub Groups:

✿ **AKG Group:** It is called AKG, Advanced Knitters Group. Meets every Friday at 9:00 am at Old California Coffee Shop, Restaurant Row, San Marcos. Contact: Phyl Bates, 760-828-8286.

✿ **Knit@Nite Group:** Meets the first Wednesday at 6:00 pm at the Jewish Community Center in UTC. Contact Linda Erlich: 858-759-9509, and check the schedule on the Guild's [website](#).

✿ **I-15 Group:** Meets every second and fourth

Wednesday at 9:00 am at Panera in Carmel Mountain Ranch. Contact: Mimi Sevimli, 858-722-8128.

✿ **PA Group:** PA Group knits "Practically Anything." Meets every Monday from 1:00 to 3:00 pm at Panera in Solana Beach. Contact: Jean Moore, 858-587-9054.

✿ **RN Group:** RN stands for "Rather Normal." Meets the fourth Tuesday from 10:00 am to noon at the Encinitas Senior Center (1140 Oakcrest Park Drive, cross street is Balour). Contact: Gwen Nelson, 760-720-542.

In Memorium

Sandy Smith, a long-time member of the Guild, died at home April 24.

Sandy was an ardent knitter who held a number of positions in the Guild. She was the newsletter editor, the originator and webmaster of the Guild's website, membership secretary and editor of the membership directory -- all positions she held for many years and often simultaneously. She assembled many of the giant sock monkeys that have been a staple of the Holiday Luncheon drawings. Sandy wrote the Knitting on the Net and Tips and Tricks columns for the Guild newsletter. Her "Gadgets, Gizmos, Tips and Tricks" program for a Guild meeting last year was one of the year's highlights. She was a member of the Friday Guild AKG sub-group (Advanced Knitters Group) in San Marcos.

Suzanne Pineau, former owner of Knitting in La Jolla, may have summed up Sandy when she wrote, "For all of my 13 years at Knitting in La Jolla, Sandy was one of the people I was happiest to see at the door. She was so smart, and with such a wonderful sense of humor, down-to earth and sensible, and a terrific, intuitive, knitter."

A Celebration of Sandy's Life will take place on Saturday, May 31, in the Walled Garden at the San Diego Botanic Garden at 11:00 am. The Garden is located at 230 Quail Gardens Drive in Encinitas. In lieu of flowers,

Sandy's family would prefer donations in Sandy's name to organizations that support those with cancer or a cure for cancer.



2014 Guild Directory Updates & Corrections

Submitted By: Mar Gee Farr

Simply clip and insert in your existing Guild Directory:



Amy Sheridan's:
Ravelry ID: AmySheri

Phyl Bates email address:
phylknit@gmail.com

Eileen Kreckman
Ravelry ID: ekreckman

Debby Kremsdorf
Ravelry ID: Does not have one.

Inadvertent omission:

Rachel LeVine
P.O. Box 1632
La Jolla, CA 92038
619-857-3581
amirlen@hotmail.com
Ravelry: knitwntrbeadsumr

The Guild welcomes new members:

Sharon A. Broughton
2992 Lexington Circle
Carlsbad, CA 92010
760-439-0465
sabroughton@roadrunner.com
Ravelry: sox-a-plenty

Rosemary Comito
3710 Ticonderoga Street
San Diego, CA 92117
858-273-3544
rocomito@yahoo.com

Devra Doiron
5530 Beaumont Avenue
La Jolla, CA 92037
808-276-5495
devrais@yahoo.com
Ravelry: stitch-n-witch

Elizabeth Ann (Betty) Galati
6367 Huntington Drive
Carlsbad, CA 92009
760-448-6577
galaticats@msn.com

Sara Glenn-Levin
414 Hilmen Place
Solana Beach, CA 92075
858-395-9191
sara@getnewskills.com
Ravelry: Saragl

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951-215-0381
marciahammett@gmail.com

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Kathleen Swanson
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bobkatswanson@sbcglobal.net

Sue Wagner
8323 Adams Street
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858-349-8930
Wagner4Shop@gmail.com
Ravelry: bonsai girl

Marilyn Wilkinson
1870 Port Albans
Chula Vista, CA 91913
no listed phone
mary-rich@earthlink.net
Ravelry: MaryGayle



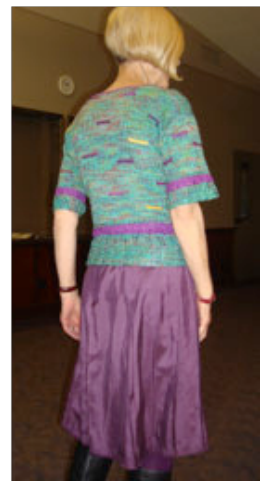
Redo, Remake, Renew: A Photographic Review of the April Program



Amy Sheridan



Dorrit Franke



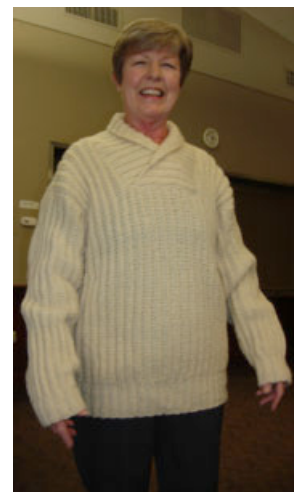
Anna Walden



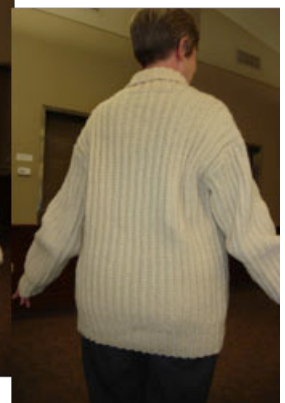
Eileen Adler



Barbara Levin



June Bartczak





Eileen Adler



Ginger Steketee
modeling coat by Vivianne Vancio



Anna Walden



Wendy Gaal



Vivianne Vancio



Sara Stolz





Anna Walden
modeling vest (it was first potholders, then shawl, now
vest) remade by Sara Stolz



Maggie Whitson



Maggie Whitson



Syndie Wausen



Sue Zois



Treasurer Diana Rathbun, left, and Program Co-chair
Anna Walden, right.

April Show and Share

Brigit Pitcairn shared a “Popper Topper” designed by Claudia Carlson. She knitted it from a mixture of Twisted Sisters variegated yarns.



Barbara Levin shared a Missoni-inspired baby blanket knitted in Plymouth Cleo and Tahki Cotton Classic. The lovely blanket is machine washable



Linda Ehrlich shared “Caret,” a shawl designed by Romi Hill. The shawl is made from Twisted Sisters Petite Voodoo.



Barbara modeled her “Unemizo” cowl designed by Onanoko. Barbara knit the cowl in two lto yarns: 100% silk Kinu and silk and mohair Sensai, in persimmon and cinnamon.

Virginia Wilson modeled her “Blue Flame Cowl” designed by Varian Brandon. Though the Fair Isle cowl pattern was written for DK yarn, Virginia used wool sock yarn from her existing inventory.



Willa Cather shared her “Juneberry Triangle Shawl” designed by Jared Flood. The asymmetric wrap was knit in Dream in Color Classy with Cashmere, a merino and cashmere blend.



Amy Sheridan modeled her Beau Soleil sweater, a free pattern from Drops Design (51-8 Short Sleeved Ribbed Cardigan). Amy purchased the DK wool yarn, Superwash Zermatt by Scheepjes, at a Stash Sale for just \$10!



Willa also shared her mini-dragon toy, knit in sock yarn from a pattern by Susan B. Anderson. Willa took Susan's class at Vogue Knitting Live in Seattle.

Sue Tavaglione shared her "Trellis Scarf" designed by Bethany Hick. The scarf is knit in Classic Elite Yarns Firefly, a rayon and linen mix, in lime colorway. Sue learned how to Kitchner in ribbing to finish her scarf.



Hanna Sudik modeled a shawl based on the "Large Rectangle in Leaf and Trellis Pattern with Trellis Border" from *Victorian Lace Today* by Jane Sowerby. Hanna knitted her shawl without the pattern's border using Colinette Jitterbug yarn.



Marcia Hammett shared a sweater from *Knit and Crochet Today*, crocheted in a silk and cotton Munch Yarn GGH with a knit band.

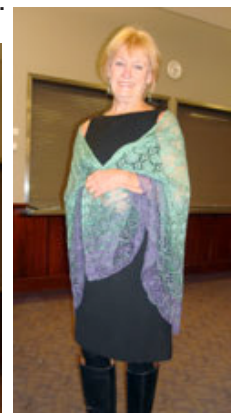


Hanna shared a second shawl, "Stole" by Theresa Gaffey, knit in Isager Strik Alpaca 2, a merino and alpaca blend in original colors.



Toni Wong modeled her Ojo de Dios Shawl by Vanessa Ewing, knit in Gina, a Plymouth worsted weight wool. She knit 17 triangles on double-pointed needles, and picked up stitches to continue the crescent in short rows. "A good alternative to a lace shawl," says Toni.

Amy Day, Susan Johansen, Marie Fisher, Patt Miller, Mary Lovett and Sue Wagner modeled their



"Change of Heart Shawls" designed by Marie Fisher. The shawls, knit in various colorways of Eos Gradiance, a merino and tussah silk blend by The Unique Sheep, were knit during a Mystery Knit-Along.



Peggy Redler shared a scarf she made in a Members Teaching Members workshop taught by Claudia Carlson. She used a variety of yarn fibers in many colorways.

