



San Diego North Coast Knitters Guild

San Diego, California – www.ncknit.com

Number 196 – January 2014

Next Meeting:

Tuesday, January 7, 2014: 12:30-3:00 pm
San Dieguito United Methodist Church
170 Calle Magdalena
Encinitas, CA 92024

**Program Eileen Adler: His-Story, Her-Story,
A Knitting Story**

Presidents' Letter



Co-Presidents Sheila and Stacy

Happy New Year! We wish you all a wonderful New Year filled with inspiration, learning and all the good things that your Guild provides. Usually this time of year is a time when we think about the past year and make **resolutions** we hope to keep in the New Year.

So what kind of **resolutions** should we make as creative and avid knitters? We offer so many new ideas in our programs and workshops, may we suggest that you **resolve** to take part in Guild activities in 2014. **Resolve** to take one more workshop than you may have taken last year. **Resolve** to learn one more technique. **Resolve** to make a skirt, dress, or cardigan, or some garment you have never made before.

Many of us are happy enough to continue knitting what we know how to do and don't feel the need

to explore additional techniques or garments. If that describes you, may we then suggest that you **resolve** to make your favorite item and donate it to one of our philanthropy projects? For those less fortunate or going through a difficult period, a gift made by loving hands can be a bright moment whose caring message lives on in the item you have given.

We hope you will **resolve** to come to meetings and enjoy all the Guild has to offer. An exciting year of Guild activities and programs is planned for the coming year. Consider coming to a retreat, sub-group, or help session. Our members have so much experiences and knowledge to share.

This year the dues have been raised to \$25. It is still an amazing bargain. As expenses go up, we are committed to continue bringing you the excellent speakers and programs you enjoy.

Our suggestion for the New Year would be to forget the resolution to lose weight (unless directed by your doctor) and **resolve** to do something you will enjoy: participate and join in the San Diego North Coast Knitters Guild.

Stacy Smith
Sheila Kirschenbaum

Renew Your Guild Membership.
→ This Month ←
See pages 3 and 11 for info.

Remaining 2014 Meeting Schedule

February

- 4 **Susan Ludwig and Pattye Brewer:** The Coral Reef Project
- 5 **Workshop:** Knitting Coral Reef Animals

March

- 4 **Sara Smelt:** Felt Like You Never Felted Before! The Evolution of Felt From Ordinary to Extraordinary!
- 5 **Workshop:** Felted Flowers

April

- 1 **Challenge and Fashion Show:** Redo, Remake, Renew

May

- 6 **Judy Graham:** Knitter to the Stars

June

- 3 **Franklin Habit:** Impractical Magic: The Other Side of Weldon's Practical Needlework
 - 4 **Workshops**
 - 5 **Workshops**
- 4 different
over 2 days!*
- ① Lace Edgings: Before, During and After
 - ② Knitted Tessellations: Playful and Powerful Patterns in Practice
 - ③ Garter Jacquard: Garter Stitch Gone Wild
 - ④ Bavarian Twisted Stitch

July

- 1 **Annual Summer Potluck and Program:** Making the Most of Pinterest and Ravelry

August (* Meeting on 2nd Tuesday)

- 12 **Susan Lazear:** East Meets West
- 13 **Workshop:** East Meets West

September

- 2 **Annual Guild Stash Sale**

October (* Meeting on 2nd Tuesday)

- 14 **Robin Page:** Pagewood Farm Trunk Show
- 14 **Workshop:** Embellishing Your Own Yarns (workshop after meeting)

November

- 4 **Richard Nares, Emilio Nares Foundation:** Philanthropy: Hats and Heroes

December (* Luncheon on 1st Monday)

- 1 **Holiday Luncheon and Fashion Show**

January Program

Knitting is something we love to do. We see colors and patterns and designs- Oh my! But how did knitting begin? Where did it begin? Why do we knit from right to left? What did the spinning wheel have to do with globalization? What are flower-power needles? What is the Armenian knitting style? What did Coco Chanel think about the mini skirt? What do these abbreviations mean: P, B, T? And what is bump yarn? Our January program, "His-Story, Her-Story, A Knitting Story," written and presented by our own Eileen Adler will answer all of these questions and many more!

February Program

Susan Ludwig, one of our own, will be presenting a program on the Coral Reef Project with Pattye Brewer, also one of our own and Marine Biology Professor at Palomar College and educator at Birch Aquarium.

With them, we're going on an adventure as we explore the underwater world of coral reefs! Pattye and Susan will be our guides to the origin of these beautiful creatures and the toll caused by environmental stress. Join us as we construct our own coral reef! All Guild members are invited to participate at our February meeting. Search your stash for yarns in all shades of white (for corals that are dying), as well as 'healthy' colors: shades of red/orange, greens, blues. If you'd like to get started early, patterns (knit and crochet) will soon be available on the Guild's website. We'll assemble a knitted coral reef that will be exhibited in a local venue for education and conservation of our seas. Everyone who contributes a piece of "sea life" will be acknowledged in the exhibit.

Planning Ahead...

Our April Fashion show, Redo, Remake, Renew, will feature your knit pieces that have been rescued or renewed in small or major ways. Check out our Pinterest page at SDNorthCoastKnitters Guild for ideas and come to the Help Session on February 11 if you would like help brainstorming about your projects.

Anna Walden
Program Chair

Minutes of the San Diego North Coast Knitters Guild Meeting November 5, 2013

Sheila Kirschenbaum, Co-President of the Guild, welcomed members, new members, and guests to the meeting. Announcements were made before Sally Melville presented her program.

The holiday luncheon/fashion show will be held December 2nd at Morgan Run and doors will open at 10:30 am. Members can get more details from Mar Gee Farr or Laura Brubaker. Anyone interested in participating in the fashion show must sign-up by November 15 and Marilyn Anderson-Straumfiord and Stephanie Moseley are taking these reservations.

The final quarterly Help Session is scheduled for November 12 from noon to 3 pm in Room 6 at the church. The sage advisor is Laura Brubaker.

Anna Walden announced that there will be a fashion challenge In April. Members were asked to gather their unused or knitting "failures" and to bring them to life with a redo. It was suggested that before and after pictures be taken. Ideas can be found on the website. A Help Session will be offered in February and ideas for the challenge will be shared then.

The Temecula retreat at Vin de Lestonnac Retreat Center will be held January 20–23, 2014 (Monday to Thursday). Contact June Bartczak, Retreat Coordinator, for more information.

The spring retreat in Santa Barbara has been scheduled for April 28 to May 1, 2014.

Gwen Nelson, Library Chair, thanked members for returning books promptly. Any books taken out today are due in January. She reminded the members that there are limitations to space and that the library will accept only knitting and crochet books from now on. She announced that Daphne Lee, Connie Horst, and Scarrain Gomes have volunteered to help her with the library.

Sue Tavaglione, Members Teaching Members Chair, thanked Stacy Smith for her Eco-dyeing workshop that may be offered again in the future. She also thanked Peggy Redler for hosting the workshop.

Carolyn Balkwell, Philanthropy Chair, who is resigning at the end of the year, was thanked for her contribution to the Guild.

The first meeting of 2014 will be held on Tuesday, January 7. Our own Eileen Adler will present the program "His-Story, Her-Story, A Knitting Story," which includes a history of knitting and the social and political events that have influenced how and why knitting has and continues to evolve.

Sheila announced that there will be changes in the newsletter, website, and dues, and mentioned that great new programs have been planned for the new year.

Sally Melville presented a very interesting program that included examples of her work.

After Stacy introduced "Show and Share," the meeting was adjourned by Sheila.

Respectfully submitted,
Barbara Pearson

It's Time to Renew Your Guild Membership

Our Guild membership year ends on January 31, 2014 and a new membership year begins on February 1. Please download the membership form on our website or print out the membership form on the last page of this Newsletter.

Complete your form and bring it with cash or your check (payable to SDNCKG) to the January 7 meeting. A limited number of printed forms will also be available for those unable to print the form.

Dues for the 2014 membership year are \$25.

Help Session Schedule

Whether you're looking for assistance with a knitting problem, need a little design guidance, or just want to get together with like-minded yarn lovers, come to the quarterly "HELP SESSION." There will be a volunteer member to mentor at each meeting, and everyone is welcome to attend. So, mark your social calendars as follows and come join in the fun:

Tuesday, February 11, 2014, noon to 3:00 pm;
"Sage Advisor" Barbara Levin

Tuesday, May 13, 2014, noon to 3:00 pm;
"Sage Advisor" Eileen Adler

Tuesday, August 12, 2014, 10:30 am to 12:30 pm;
immediately prior to the Guild meeting;
"Sage Advisor" Zita Gardner

Tuesday, November 11, 2014, noon to 3:00 pm;
"Sage Advisor" Sandy Smith

All Help Sessions will be in Classroom Number 6 or 10 at the San Dieguito Methodist Church, where our monthly Guild Meetings are held.

Thanks to the Guild...

Following the Guild Stash Sale in September, unsold yarn was sorted for various uses. You'll see some of the stash sale yarns repurposed for philanthropy projects. The Guild also donated yarn stashes to a number of knitting clubs and non-profit organizations and from each, we received lovely appreciative notes.

The Knitting Club at the Vi Retirement Community sent us a special thank-you card signed by many of the knitters.

The Secular Order of the Discalced Carmelites wrote, "Our OCDS community is overjoyed upon receiving your gracious yarn donation..." They will be using the yarn for knitting baby items for those in need.

The art teacher at the Abraham Ratner Torah School of Tifereth Israel Synagogue thanked us, saying, "the students from kindergarten through seventh grade are already enjoying the bounty of colors and textures of the yarn in their projects and it has certainly stimulated much creativity."

Your yarn donations go a long way and do so much: to Guild members for their projects, for philanthropic needs, and stimulating creativity in the next generation. Thank you!

Update on Guild Retreats

We currently have 23 people going on the Annual Temecula Retreat. If you would like to join the fun, there is still time to reserve your space. You may send a non-refundable deposit of \$81.00 for a single or \$61.00 for a double room to June Bartczak, Retreat Coordinator, 157 Via Monte d'Oro, Redondo Beach, CA 90277, or to Diana Rathbun, Treasurer, 1567 Corsica Street, San Diego, CA 92111. The total cost is \$405.00 for a single room and \$305.00 for a double. The full remainder is due by the January 7, 2014 meeting. We will be at the Temecula Retreat from Monday, January 20 to Thursday, January 23. The cost includes all meals beginning with dinner on Monday to breakfast on Thursday.

Vina de Lestonnac Retreat Center is in Temecula (39300 De Portola Rd. Temecula, CA 92491), among the vineyards in the heart of the Temecula Valley wine country. The website is <http://www.vinadelestonnac.com>. The phone number is 951-302-5571. Besides knitting and visiting with friends, there is plenty of good, home-cooked food (with no dishes to do!) and opportunities for hiking and massage, off-campus, but nearby.

Final payments of \$324.00 for a single, \$244.00 for a double and \$214.00 for a triple are due on or before the January 7 Guild Meeting. Please make your check to SDNCKG.

Planning Ahead---La Casa de Maria Retreat

Mark your calendar. The next retreat will be at the La Casa de Maria Retreat Center in Santa Barbara from Monday, April 28, 2014 through Thursday, May 1, 2014. The non-refundable deposit of \$300.00 remains the same as last year. However, the total amounts are a bit different: \$466.50 for a single and \$382.50 for a double. See our lovely venue at the La Casa website: <http://www.lacasademaria.org>

Happy New Year!!

June Bartczak, Retreat Coordinator
310 941-7009
bartczak.june@gmail.com

Philanthropy 2014

The Guild welcomes new-ish member Arlene Shaposhnick as Philanthropy Chair. She has some new, creative ideas for Guild philanthropic programs.

Happy New Year everyone:

This year Philanthropy will continue to supply hats and scarves to Operation Gratitude, Tête-à-Tête, and we are adding something new: homeless shelters and street outreach programs for youth in San Diego.

As many of you already know, Operation Gratitude sends our handmade gifts of love to the men and women serving in our military all over the world. In 2013 they sent out their one-millionth care package and they are busier than ever collecting items. To these military men and women, receiving a care package from home is very special and heartfelt. Please go to Operation Gratitude's website, (operationgratitude.com) or find them on Facebook and read some of the touching thank you notes that they have received. They are asking that we send hats and scarves (approximately 50" long and 5" wide) in subdued colors for both men and women.

Operation Gratitude has suggested that a short note be included with a kind message of thank you, encouragement, or just your name. If you feel comfortable, send your email address and if they have time they will respond to you. Please also include the fiber content of the article you have made because of allergies that may exist. I will be supplying cards from the Guild to be attached to all donated items for notes and fiber content information.

Tête-à-Tête is a local organization that supplies hospitals such as Scripps, Rady Children's, San Diego Cancer Center, and Ronald McDonald House with hats for cancer patients undergoing chemotherapy. This includes men, women, and children. Please be sure to use a soft non-scratchy yarn. Tête-à-Tête is now also requesting slippers for chemo patients; this yarn can be firmer. We have all been touched by someone close to us with cancer and understand the need for this.

I have added San Diego homeless shelters and outreach programs for youths this year. There are 350 to 500 youths living on our streets in need. Heartbreaking! We will be knitting hats and scarves for this group. These kids, most of whom are in their teens, have nothing, have been removed from abused homes, and have run away from foster homes. Handmade items can have a large impact on them because a stranger has taken the time to make them something. These gifts can give the kids a sense of self-worth and are treasured because they may be the only nice thing anyone has ever given them.

Please go through your stash and start knitting. There is an organization above to touch each and every one of your hearts, and how wonderful for us to give back to our community.

I will have free yarn, instructions, and "kits" at every meeting. I will also have note tags to be attached to all gifts from the Guild. I suggest we put the fiber content on all items, not just those for Operation Gratitude. Please bring all completed items to me at each meeting. Please bring in any leftover yarn you are not using and I will work it into a kit for one of our knitters—like you—to knit hats and/or scarves for someone in need. If you have a question or a yarn or instruction request please contact me at: Arlene@shaposhnick.com

Let's get knitting...
Arlene Shaposhnick
Philanthropy Chair

Newsletter News

Barbara McCroskey, after many years of superb service to the Guild, has stepped down as Editor of the Newsletter. Stacy and Sheila are filling in as interim editors for a short while. If you'd like to dust off your journalism skills and help out, let us know.

Submit an article to the Newsletter, or ask a question, or share a compliment. Use our *new* Newsletter email address: SDNCKGnewsletter@gmail.com

November Show and Share



Sandy Yayanos knitted this Ruffled wrap from Vogue Knitting Winter 2006/07 in Valley Yarns Rainbow, a wool blend. Sandy used German short rows instead of wrap and turn.



Sandy knitted a Cabled Hooded Scarf and Fingerless Gloves in Trendsetter's Kashmir, a beautiful blend of cashmere and silk. The patterns are by Sandi Prosser in Knit in Style, February 2103.



Lois Friedlander models Dip Stitch Pullover designed by Sally Melville. Lois knitted this in a denim cotton and acrylic blend.



Betty Clarquist shared her January Baby Cardigan designed by Tonia Barry. The pattern called for a hood which Betty replaced with a collar. The yarn is Liberty Wool by Classic Elite.



Dottie Pusi models her Popper Topper knit from Trendsetter yarns. The pattern is by Claudia Carlson.



Rosie Halvorson modeling her Stylecraft Summer Cardigan knitted in pink cotton.



Linda Guntz modeling her Frango, a wrap pattern by Claudia Carlson. The yarn is by Trendsetters and the pin was made by Claudia's husband.

Vivian Forseth modeling her Color Cravings, a shawl designed by Steven West. The wool yarns are Smooshy and Knit Picks. Vivian says the "mystery KAL was a lot of fun and would do again."



Gwen Nelson sharing her Diagonal Scarf in Mountain colors Hand-painted yarns (right). Below, Gwen holds Howards' Tam, a man's hat, knitted in Zen Yarn Garden, a merino, cashmere, nylon blend.



Vivian modeling her Chic Lace Cardi from Chic Knits by Lana Hames. The yarn is a hemp and wool blend from Hemp For Knitting. Vivian added a pattern repeat to modify the tight sleeves.

Susan Schock sharing her Camel Waistcoat designed by Zoe Mellor. It is knitted in Knit Picks Brava Sport.





Marie Skillman modeling her Bito, a crocheted scarf that she made from miscellaneous sock yarn from the stash sale.



Marcea Reid sharing her Sophisticated Hoodie in Rowan Calmer. The pattern was designed by our program speaker, Sally Melville and found in Sally's book *Mother-Daughter Knits*. Marcea notes that the book has "great hints on finishing."

Claudia Carlson modeling her Amika, a pattern she designed. This colorful version is knitted from 15 stash sale yarns.



The back view of Marcea Reid's Hoodie (above) is just as nice as the front.



Maggie Whitson modeling a Jacket knitted from stash sale yarn.

Reminder: After you share your finished knitted item at the Guild's monthly Show and Share, remember to get you and your item photographed.

Holiday Luncheon and Fashion Show



The annual Holiday Luncheon on December 2 was the wonderful event we have come to expect from our experienced Holiday Luncheon chairwomen, Mar Gee Farr and Laura Brubaker. We were treated to a festive ambiance, an inspiring fashion show, and delicious fare.



Kudos to everyone who helped make this Guild event special. The Holiday Luncheon and Fashion Show Committee—Laura Brubaker, Mar Gee Farr, Stephanie Moseley, Amy Sheridan, and Marilyn Anderson-Straumfiord—took the lead. They were helped by Linda Erlich who did a fabulous job narrating the Fashion Show. Amy Sheridan oversaw reservations and, along with

Sandy Stapel and Joyce McCarthy, checked us

in. Stephanie Moseley and Marilyn Anderson-Straumfiord organized the Fashion Show and sent the models out to the runway. Jean Moore, Joy Talbergs, Diana Rathbun, and Gwen Nelson sold tickets for the opportunity drawing.

The opportunity drawing always has sought-after items. This year we were fortunate enough to have a Christmas tree with miniature sweaters (amazing),



an intricately knitted Nativity scene, and of

course the giant sock monkey. This year the sock monkey had a colorful striped hat. Another fabulous item was the POP blanket (a pattern from Tin Can Knits). These and other knitted items were knitted and donated by Guild members. Thanks to all for their generosity.

Colorful Christmas stocking centerpieces were one of the festive highlights of the Luncheon. Mar Gee and Laura were able to convince a group of Guild members to make them. Many thanks to the stocking knitters: Amy Sheridan, Barbara Bennetts, Donna Liu, Jan Davis, Karen des Jardins, Karen Pearson, Laura Brubaker, Mar Gee Farr, Paula Leard, Peggy Wallace, Sheila Rodbell, Stephanie Moseley, and Zita Gardner. They were awarded to a lucky person at each table. You can imagine the excitement of winning one of these beauties.



The Fashion Show featured many members with items they reserved for just this occasion. It was great to see the pride in beautiful works of every level of difficulty. Thanks to Stephanie Moseley and Marilyn Anderson-Straumford for organizing a great show.



Put the Luncheon on your calendar for next year: it is on December 1, 2014, the first day and the first Monday in December. It is a wonderful chance to get to know each other and celebrate being knitters and Knitters Guild members.

San Diego North Coast Knitters Guild General Information

Co-Presidents: [Sheila Kirschenbaum](#) and [Stacy Smith](#) Sheila and Stacy welcome your comments and questions. Click on our names to send us an email.

Membership in the Guild is open to all knitters, regardless of skill level. Membership dues are \$25 annually and expire for all members on January 31. A printable membership form is available on the Guild website (ncknit.com) and in this newsletter.

Newsletter Submissions

Send all submissions by the 15th of the month to: SDNCKGnewsletter@gmail.com Short articles relating to knitting in general, and the SDNCKG in particular are encouraged. Notices and announcements of a commercial nature may be placed as paid advertisements. Send an email to the interim [editor](#) for rates and more information.

Guild Sub-Groups

- ✿ **AKG Group:** It is called the AKG, Advanced Knitters Group. Meets every Friday at 9:00 am at Old California Coffee Shop, Restaurant Row, San Marcos. Contact: Phyl Bates, 760-828-8286.
- ✿ **Knit@Nite Group:** Meets the first Wednesday at 6:00 pm at the Jewish Community Center in UTC. Contact Linda Erlich: 858-759-9509, and check the schedule on the Guild's website.
- ✿ **I-15 Group:** Meets every second and fourth Wednesday at 9:00 am at Panera in Carmel Mountain Ranch. Contact: Mimi Sevimli, 858-722-8128.
- ✿ **PA Group:** Meets every Monday from 1:00 to 3:00 pm at Panera in Solana Beach. Contact: Jean Moore, 858-597-9054.
- ✿ **RN Group:** RN stands for "Rather Normal." Meets the fourth Tuesday from 10:00 am to noon at the Encinitas Senior Center (1140 Oakcrest Park Drive, cross street is Balour). Contact: Gwen Nelson, 760-720-5420.

Knitting Tips and Tricks by Sandy Smith is on hiatus.

Knitting on the Net will be back next month.



San Diego North Coast Knitters Guild 2014 Membership Form

The Guild 2014 membership year is February 1, 2014 to January 31, 2015.

Membership dues for RENEWING members are \$25, no matter when paid.
Membership dues for NEW members are \$25 when joining by August 31. Dues for NEW members joining September through December are \$35, and that amount covers membership for the remaining months of 2014 and all of 2015.

Bring completed form and a \$25.00 check payable to SDNCKG to a Guild meeting or mail to:

SD North Coast Knitters Guild
c/o Zita Gardner, Membership Chair
9902 Helix Mont Circle
La Mesa, CA 91941

I am a: ___ NEW Member
 ___ RENEWING Member: **Please fill in your name and note all changes during the past year.**

Name: _____
(As you would like it to appear in the Directory and on your nametag.)

Street Address: _____

City, State & Zip Code: _____

Telephone: _____

***E-Mail:** _____

If you do not have access to e-mail, please ask a friend or relative to receive your e-Newsletter. We will send the link to them to print for you. Enter that e-mail address here.

Ravelry ID: _____

Paid memberships received after March 4 will not be included in the 2014 Directory.

Membership information may NOT be sold or used for any purpose other than official Guild communication and individual communication of a personal nature between Guild members.