



# San Diego North Coast Knitters Guild

San Diego, California - [www.ncknit.com](http://www.ncknit.com)

Number 193 – September 2013

## Next Meeting:

**Tuesday, September 3, 2013; 12:30-3:00 pm**  
**San Dieguito United Methodist Church**  
**170 Calle Magdalena**  
**Encinitas, CA 92024**

**Program- Annual Stash Sale and Stash Sale Challenge**



## Presidents' Letter

Happy September,  
What have you learned about Knitters and knitting? It doesn't matter if you have been knitting four years or 40 years, as we go along this path we do begin to see patterns and trends in ourselves, and the others that share our passion.

Observation: Knitters are optimists!  
This is clearly evident in the amazing and stupendous success of our stash sale year after year. Just think, ponder the incredible generosity of members handing over for the benefit of others what appears to be a bazillion skeins and balls of yarn for the Guild to sell.

It may appear that they have fallen out of love with a color or texture or fiber content, but really couldn't the motivation just be that they are making room for new fiber, the promise of new projects, and new inspiration to come? So, in addition to being optimistic, we can add another observation.

Observation: Knitters are generous!

Ok, you may be thinking that it is easy to come up with that observation, based on the sheer number of yards and meters donated for the stash sale. Well, while that is true, it is also true that it is common for many of us to get calls from our less experienced sisters in knitting with questions about patterns, incoherent directions, sizing; and what they think of as tragedies, dropped stitches or not enough yarn to finish their project. With generosity, experience and sage advice, if not a house call, we have helped our "youngsters" overcome their fear of flying and bring them safely in for a landing. We can teach them that anything can be fixed or repaired if the project is truly worthwhile, but we can also trash a project that has no real promise. With kindness and patience we have walked them down the same path that we "elders" have traveled ourselves, led by generous "sages" that preceded us. The interesting thing is that the designations of younger, elder, and sage are not age specific, meaning that we as knitters are truly ageless and dwell in a Land of Promise.

There are many positive adjectives that are associated with knitting, knitters and our Guild Membership. We should all be grateful and appreciate each other, as well, for participating and supporting our stash sale. It truly exhibits our generosity, optimism and the mission of our Guild. With funds we are able to bring in talented teachers and provide a forum for us to learn from our own members.

Enjoy the Stash Sale and thanks to the Stash Sale committee.

Stacy Smith  
Sheila Kirschenbaum  
Co-Presidents

## Remaining 2013 Meeting Schedule

- September 3** Annual Stash Sale  
Stash Sale Challenge
- \*October 8** Julie Weisenberger - Cocoknits  
Trunk Show  
October 9 workshop
- November 5** Sally Melville – Why We Do What  
We Do  
November 6 and 7 workshops
- December 2** Holiday Luncheon and Fashion  
Show

**\* October meeting is scheduled for the second Tuesday of the month. PLEASE MARK YOUR CALENDARS ACCORDINGLY.**

## Quarterly Help Session: September 10

Bring your knitting questions to the Help Session for expert advice. On September 10, noon to 3:00 p.m., sages of the Guild will be available to help with your unfinished projects. Meet them at the San Dieguito United Methodist Church in classroom 10.



## STASH SALE REMINDER!

Please bring cash or checks to purchase yarn; credit cards are not accepted!

## Stash Sale Show and Share

Members are encouraged to share any garments or other items made from yarn purchased at a stash sale. It will be very helpful if you let me know you are participating and send a little blurb on the item to me at [awalden@me.com](mailto:awalden@me.com). Even if you decide at the last minute, just bring a blurb to the meeting for Linda to narrate from.

## October Program and Workshop



Next month our program will be with Julie Weisenberger

from Cocoknits, who will be giving us a trunk show and her thoughts on knitting. Wednesday, October 9, she will be giving two classes: What Not to Knit, and Euro Finishing. What Not to Knit is an opportunity to try on the Cocoknits garments and talk with your friends about what works and what doesn't. In Euro Finishing, Julie will show us the clever techniques that make her garments work so beautifully! I learn something new every time I knit a Cocoknits pattern.

Anna Walden  
Program Chairman

**Tomorrow** (noun): A mystical land where 99% of all human productivity, motivation and achievement is stored.

Stacy Smith

## San Diego Yarn Crawl in September

The first San Diego Yarn Crawl is Thursday through Sunday, September 26 to 29, 2013. This free, self-paced, self-guided tour of yarn shops and alpaca will take crawlers all over San Diego county. Crawlers can print out their own yarn crawl passport and get more information from the SDYC website (<http://sandiegoyarncrawl.com/>).

Gwen Nelson has generously offered to be a contact for ride-sharing in North County for the Yarn Crawl. Interested persons can contact her by email or phone:  
[jngn@roadrunner.com](mailto:jngn@roadrunner.com), 760-720-5420

## Members Teaching Members New Workshop



Our Co-President Stacy Smith told us at the August meeting that Eco-Dyeing is fairly easy to do. We know all of you were excited to see and be "surprised" by her artistic prints on fabric and the colors on her yarn samples.



The new workshop, "Eco-Dyeing with Stacy Smith," will be Tuesday, Oct. 29, 1-4pm at the home of Peggy Redler in Carlsbad. There will

be a sign-up sheet, materials list and directions available at the September meeting. You may also contact Sue Tavaglione, MTM's chair at [sjtava@sbcglobal.net](mailto:sjtava@sbcglobal.net) to reserve your space.

Thank you so much to Mary Ann Archbold for her Felting Workshop, and it couldn't have been done without a host, so a special "thank you" to Annette Friedlein for opening her house to the workshop members.

## Out of Town Retreat

"Knitting with a Twist" Knitting Retreat will be held at Apples Bed & Breakfast in Big Bear, Mon-Wed. Oct 7-9 and will focus on the mobius knitting method. Ladies can double-up in rooms, or single. Price \$250 per person for doubles, \$450 singles and includes conference room and workshop, amazing breakfasts, appetizers, desserts, dinner on Tues., plus very nice rooms in the fresh, pine-scented air.

For info or any questions, contact Sue Tavaglione (Riverside) [sjtava@sbcglobal.net](mailto:sjtava@sbcglobal.net) or 951 684-3252.

## Save These Dates for Next Year!

**Temecula Retreat:** January 20- 23, 2014

**Casa de Maria Retreat:** April 28- May 1, 2014

## Temecula Retreat

It's not too early to be thinking about the Vina de Lestonnac retreat.

We are booked for 4 days and 3 nights from January 20 through January 23<sup>rd</sup>, 2014 and are now accepting reservation deposits.



The total cost is \$405.00 for a single room and \$305.00 for a double room, meals included from dinner on Monday, January 20 to breakfast on Thursday, January

23, 2014. To hold your spot please send your nonrefundable deposit of \$81.00 for a single room or \$61.00 each for a double to June Bartczak, Retreat Coordinator, 157 Via Monte d'Oro, Redondo Beach, CA 90277 or to Diana Rathbun, Treasurer, 1567 Corsica Street, San Diego, CA 92111.

If you haven't been on this pleasant and relaxing trip sign up and find out what you have been missing. Vina de Lestonnac Retreat Center is in Temecula (39300 De Portola Rd. Temecula, CA 92491), among the vineyards in the heart of the Temecula Valley wine country. The website is [www.vinadelestonnac.com](http://www.vinadelestonnac.com). Besides knitting and visiting with friends, there is plenty of good, home-cooked food and opportunities for hiking and massage (off campus, this year).

June Bartczak, Retreat Coordinator

310 941-7009

[bartczak.june@gmail.com](mailto:bartczak.june@gmail.com)

## Knit for the Cure

Eileen Adler is assisting with this year's Knit for the Cure fundraiser. So grab your needles and yarn! Look for a great new pattern! You are asked to create and donate something wonderful to the **Knit for the Cure™ Campaign**. Popular items include hats, scarves, and fingerless mitts. Founded in 2004, the **Knit for the Cure™ Campaign** recruits knitters and crocheters from all over the United States to make handmade items to be sold at various events including the Race for the Cure® on Sunday, November 3, 2013 in San Diego's Balboa Park. 75% of the funds raised from your creations remain here in San Diego to cover every step of the breast health journey – from education, outreach, mammograms, and diagnostics, to surgeries, chemotherapy, radiation and material and financial support like meals, mortgage payments, child care, prosthetics and wigs. The remaining 25% of each dollar raised funds national research to discover the causes of breast cancer and, ultimately, its cures.

Items can be mailed or dropped off at the San Diego Affiliate's offices at 4699 Murphy Canyon Road, Ste. 102B, San Diego, CA, 92123. See below for local San Diego Yarn Shops that will also accept items.

Please be sure to include your name, address, and email along with your donation. Donations will be accepted through October 30, 2013.

Thanks in advance for once again for supporting this worthwhile cause.

### San Diego Collection Sites:

**Yarning for You** – 1001 W. San Marcos Blvd, Ste. 180, San Marcos, CA 92078

**Needlecraft Cottage** – 870 Grand Ave., San Diego, CA 92109 (Pacific Beach)

**Common Threads** – 466 S. Coast Highway 101, Encinitas, CA 92024

Eileen will also be collecting the items at our September and October Guild Meetings.

## Minutes from the August Meeting

Sheila Kirschenbaum, Co-President of the Guild, welcomed members, new members, and guests to the meeting. She announced a change in today's program; Marcy Kraft, Yarn Bomber, had to bow out of her presentation this month and Guild Co-President, Stacy Smith will present the program "Eco-Printing and Dyeing" today.

Anna Walden, Program Chair, gave a preview of the September meeting which features the Guild's annual stash sale. This year a fashion show will feature items made by members using yarns that were purchased at recent stash sales, so all were encouraged to bring what they have made to this meeting. Please e-mail Anna if you are sharing.

When purchasing stash yarn, be sure to bring cash or checks; no credit cards are accepted.

The Board is pleased that Zita Gardner has agreed to be the new membership coordinator.

Eileen Adler reported on "Knit for the Cure", a Susan G. Komen philanthropy project. A recent report stated that 75 % of the money raised last year stayed in San Diego to help the organization. Members may participate by knitting items in any color or size and the deadline is October 30<sup>th</sup>.

Mary Brown was thanked for stepping in as chairman of the Guild's participation at the San Diego County Fair, and Guild members who volunteered to help were thanked as well for their time. The Guild awarded two prizes, including Guild membership, to Kim Lovett for her excellence in workmanship and to Michelle Harner, for the best original design.

There will be a yarn crawl in San Diego Thursday through Sunday, September 26-29. Members were asked to check the SDNCKG Newsletter for more information.

Members Teaching Members Chair, Sue Tavaglione announced that there will be workshops on Cat Bordhi's Moebius cast-on, and a beading class.

Carolyn Balkwell, Philanthropy Chair, reported that 59 hats were sent to Tete-a-Tete. The Guild also supports Operation Gratitude and she encouraged members to knit hats and scarves for the military in drab and dark colors so they won't stand out. Please donate them by the September meeting.

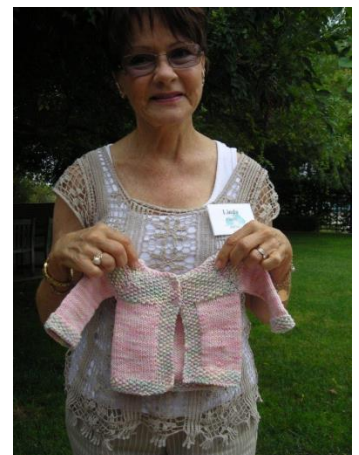
Gwen Nelson, Guild librarian thanked Phyl Bates for her donations of books to the Guild library. Gwen also mentioned that a number of library books are long overdue and implored borrowers to return the books by the next meeting or risk being "outed" to the Guild membership.

The program for today, "Eco-Printing and Dyeing" was presented by Stacy Smith. Linda Erlich presented "Show and Share". Sheila thanked everyone for coming and the meeting was adjourned.

Respectfully submitted by  
Barbara Pearson

## Sharing from August Meeting

Linda Gumtz made Cora's baby sweater, free on Ravelry, using Trendsetter yarn





Linda also knitted a bunting she designed and lined, with a bunny applique designed by Claudia Carlson.

Carolyn Balkwell knitted a Gabbro sweater designed by Carol Feller for the knit-along to go with her book, Among Stones. The yarn is Madeleine Tosh sock wool in colorway Torchere.



Linda Erlich knitted a shawl, "Radiance", with blue wool she purchased in Stockholm.



Betty Gregory knitted multicolor mitered square socks using a pattern from Knitters Magazine, "Square feet," by Sandi Rosner, and Plymouth Sockotta yarn. The 8 rectangles of garter stitch, are joined as you go, followed by a stocking stitch sole.



Barbara Levin made a "Ruby" vest with a pattern from Cocoknits. The yarn is Habu: paper, wool and stainless steel.

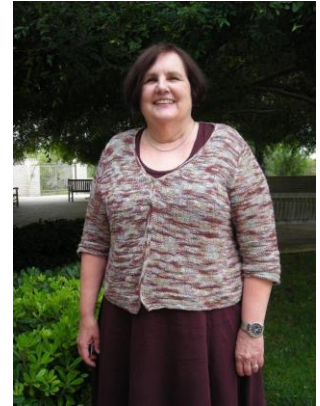
Gwen Nelson made a man's sweater, a three panel placket pullover in Rowan Felted Tweed. The pattern is from Mari sweaters.





Marie Skillman made a pair of felted birds using yarn from old sweaters.

Tina Rounsavell knitted a cardigan of her own design. The yarn is Essentials by Twisted Sisters- a handpaint of silk and hemp.



Kerry Nare knitted a “Lattice” shawl by Rose Beck. The yarn is Malabrigo Arroyo merino, colorway Jupiter.



Karen des Jardins crocheted the “Formula Baby Blanket”, designed by a friend on Ravelry. The crochet intarsia is challenging! Her yarn is Red Heart soft acrylic.



Mary Barranger knitted and felted a purse of Malabrigo wool. The flower pattern is by Nicky Epstein.

Karen also knitted an asymmetric draped top from Vogue Knitting. The Trendsetter yarn, Acacia, is cotton, linen, hemp and acrylic.





Elizabeth Chao made an acrylic throw of her original design



This white sweater is the Six Square Sweater from a class with Sara Stolz. Vivian machine knitted the body and hand knitted the lace.

This is another of Elizabeth's original throw designs.



Vivian's shawl is called the "Orchid Thief Shawl", by Ysolda Teague. She used Cascade silk and Heritage Paint yarn.



**Patterns are mere suggestions.**

Submitted by Monica Clark



Vivian Forseth knitted a "Sine-Cosine" short sleeve top by Ginger Smith, featured in Knitters Magazine #95, Summer 2009. The yarn is Berroco Latitude.

This tanktop by Vivian is a Zig Zag design by Marianne Isager. The yarn is Isager Strik Plant Fiber 2. Vivian made two backs for a higher front and made one repeat longer.



## Knitting Sub-Group Meeting Schedule:

If you would like to attend a sub-group meeting, call the contact listed below first, as sometimes there is a change in the meeting schedule or location.



● **AKG Group-** It is called the AKG Group, Advanced Knitters Group, 9am every Fri., Old California Coffee Shop, Restaurant Row, San Marcos. Contact: Phyllis Bates 760-828-8286.

● **Knit@Nite Group-** 6pm., 1st Wed, Jewish Community Center. Contact: Linda Erlich, 858-759-9509 but check the schedule on the website to confirm dates.

● **I-15 Group**- 9am, every 2<sup>nd</sup> and 4<sup>th</sup> Wed, at Panera in Carmel Mountain Ranch. Contact: Mimi Sevimli, 858-722-8128.

● **PA Group**- 1:00pm to 3:00 pm, every Monday at Panera in Solana Beach. Contact: Jean Moore 858-587-9054.

● **RN Group**- RN stands for “Rather Normal”, and the group meets on the 4<sup>th</sup> Tuesday of every month from 10:00am to noon, at the Encinitas Senior Center (1140 Oakcrest Park Drive; cross street is Balour). Contact: Gwen Nelson 760-720-5420.

## San Diego Knitting Guild General Information:

Our Co-Presidents are Sheila Kirschenbaum, [sheilabaum@yahoo.com](mailto:sheilabaum@yahoo.com), and Stacy Smith, [artmama007@gmail.com](mailto:artmama007@gmail.com). The Website address is: [www.ncknit.com](http://www.ncknit.com). The group is open to all knitters, regardless of skill level. Dues are \$20 annually and expire for all members on January 31. A membership form is available on the website, and should be mailed with a check to Zita Gardner, Membership Chairwoman:

San Diego North Coast Knitters Guild  
c/o Zita Gardner  
9902 Helix Mont Circle  
La Mesa, CA 91941  
[zitagardner@cox.net](mailto:zitagardner@cox.net) .

## Newsletter

Barbara McCroskey  
[bmccroskey@prodigy.net](mailto:bmccroskey@prodigy.net)

Please send information to me by the 15<sup>th</sup> of the month for the article to appear the following month.

## Website Contacts

Linda Erlich – [lerlich555@aol.com](mailto:lerlich555@aol.com)  
Mar Gee Farr – [margee15@cox.net](mailto:margee15@cox.net)  
Barbara Levin – [Barbara.Levin@me.com](mailto:Barbara.Levin@me.com)

Local yarn shop owners are encouraged to check their listings and provide updates to our Web Masters. We would like to hear about any trunk shows and guest teachers from out-of-town at your shops – we’ll put the dates on the website and in the newsletter. San Diego North Coast Knitters Guild  
c/o Zita Gardner  
9902 Helix Mont Circle  
La Mesa, CA 91941  
[zitagardner@cox.net](mailto:zitagardner@cox.net) .

## Knitting on the Net

(Click on pictures to go to the patterns)

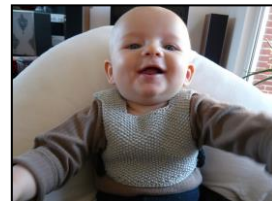
### Showy Toes Baby Sandal Socks

OK, so they’re not very practical and the baby will probably take them off. They’re too cute and quick not to knit. They take less than 30 yards of fingering yarn.



### Baldur's Bib

A sturdy bib which stays in place with adjustable buttoned straps which grow with the baby. Knit with less than 100 yards of sport weight yarn.



### Time for Tea Wall Hanging

Knit with sport weight yarn, this wall hanging could become a baby blanket with the addition of borders or heavier yarn



### For the Journey

This scarf/shawl is knit with fingering weight yarn on #8 needles. As written, it calls for 400 or so yards of yarn but you can adjust it to any size.



### Sunrise Hat

You'll need to register on the Lion Brand site to get this free pattern. Knit with bulky weight yarn for an 18" head, this would make a quick gift or charity knit.



### Skadi

This dress is knit in worsted weight yarn on #6 needles with a gauge of 5.5 stitches per inch. This means you could probably substitute DK weight yarn. Sizes 18 months to 4T.



## Knit Tips and Tricks

by Sandy Smith

An occasional feature in the monthly newsletter which includes useful knitting information. The emphasis is on the truly new and/or unusual. If you have any tips, please email them to [sksmith@san.rr.com](mailto:sksmith@san.rr.com).

### Knitting Blogs

Many of you follow knitting blogs – the [Yarn Harlot](#) is probably the most well-known. I find many of my free patterns and tips on blogs. Following blogs can be time consuming, but there are on-line tools which help.

I use Bloglovin (<http://www.bloglovin.com/>) and I like it because it saves me time and works well on an IPAD and on a PC. You sign up for Bloglovin in much the same way as you signed up for Ravelry. Once you have an account, you can add the addresses of blogs you'd like to "follow." From then on, Bloglovin will tell you when a new post has been added to one of the blogs you're following. You'll see a few lines and a picture from the new post. You can click on the entry to go to the blog in a new window, or mark the post as read if it looks uninteresting.

Give Bloglovin a try but if you don't like it, Google the words "blog readers" to find other recommended readers.

Below is a list of a few of the blogs I follow.. It's an idiosyncratic list designed to show the wide range of blogs.

### [Savannahchik Knits...and Cooks Too](#)

The blog's been around since 2004 and has an extensive archive. This is mostly about knitting but there's an occasional recipe as well. Her "Friday Faves" are little gems. Recent posts include a great summary of useful Ravelry tools, recommended video knitting tutorials and a comparison of independent designer shawl patterns on Ravelry. Her "Tips and Techniques" section is also useful. This is the blog you'll see below on the screen sample.

### [Techknitting](#)

Don't even peek at this blog unless you have a cup of coffee in hand and a spare hour or two. The blog has so much information on knitting that there's an index (link on the right side of the screen. The blogger is writing a book now, so current posts are infrequent.

### [Jean's Knitting](#)

Jean Miles is 80-something American who married a Scot and blogs daily. She describes herself as follows: *"All will be revealed in the Blog. I am old. I live in Edinburgh with my husband, who is even older."* Jean blogs about her knitting, family, garden, Scottish country retreat, and the daily happenings in her world. Her blog is a refreshing change from the "let me impress you with how hip I am" style of blog.

### [Plymouth Yarn Blog](#)

The Plymouth Yarn Company's blog. Cia Bullemer, Plymouth's Creative Director, is a former member of our Guild.

### [Amy Herzog Designs](#)

Amy Herzog is the author of the new book *Knit to Flatter*. She blogs regularly about how to choose sweater designs which fit your body type. Her advice is accompanied by pictures of real people in real sweaters. Be sure to take a look in her archives – there's a gold mine of practical information. [When this was written, Amy's blog wasn't playing well with Internet Explorer. If that's still a problem by the time you read this, try Google Chrome as your browser and you can see her blog in all its glory.]

### [Knit and Tonic](#)

Designer Wendy Bernard writes this blog. I read it because she's one of the best writers I've seen and has a dry humor which makes me smile.

If you have a favorite knitting blog or follow blogs not mentioned here, write a short paragraph telling us what you have learned from it or like about it. Send it to Newsletter Editor Barb McCroskey and we'll publish selections in future newsletters.

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http://savannahchik.com/

Mark all as read

**savannahchik.com**

**Making a little Color Inspiration**

I've been anxious to get Color Affection off my needles. Completing one Rhinebeck project before September will feel so good but my inspiration has been waning. I've hit that part of the project...




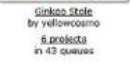
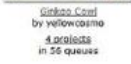

15h Mark as read Like Share

**savannahchik.com**

**Friday Faves: New To Me Designers**

I'm constantly surprised by the number of quality designers popping up on Ravelry. Here's a sampling of the latest... yellowcosmo – Her Ginkgo Collection with the contrasting color stems really drew...





2 days Mark as read Like Share

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