



San Diego North Coast Knitters Guild

San Diego, California - www.ncknit.com

Number 187 – March 2013

Next Meeting:

March 5, 2013, 12:30 pm.

San Dieguito United Methodist Church

170 Calle Magdalena

Encinitas, CA 92024

**Program- Ilisha Helfman – Jazz Knitting:
Intentional Pooling with Hand
Painted Yarn**



President's Letter

Our 2013 Knitting adventure has begun. As your co-presidents we encourage you to not only come to meetings, but also participate in the many opportunities provided in our lively knitting community.

If you haven't paid your 2013 dues, please pay at the membership table at the March meeting. This insures that you will be included in the 2013 Guild Membership Directory.

Now that you have paid your dues, you are ready to participate. Show and Share is part of every meeting. Members are

asked to fill out the form, found near the table with nametags, which includes information relating to a finished project you would like to share at the meeting. Here is an example of a filled out form:

SDNCKG Show and Share

Name: Stacy Smith

Item Shared: Scarf

Pattern Name: "Buddy's Favorite
Artist"

Designer: My original design

Yarn Name: Hand-spun Heaven

Yarn Fiber: Llama, cat fur and saran

Colorway: Fuchsia (collar) and black

Special Notes: Worked from side to side
on #5 needles; finished
with salvia crochet method.



Participating in this way gives other members a chance to get to know you a little better. Our membership is very supportive of both new knitters and those with more experience.

Not everyone is comfortable speaking in public but if you just fill out the form we will be happy to share the information you provide. So we encourage you “newbies” to give show and share a try.

Our program for March should be inspiring. Ilisha Helfman will be introducing us to what she calls Jazz Knitting. We all love the exquisite hand painted yarns and may have used them as shawls, socks or scarves. We will see how Ilisha uses intentional pooling of the colors in a most creative way. Ilisha is a well-known fiber artist and we are very lucky to have her here at our meeting and to teach classes. Take a look at Ilisha’s website at: <http://www.hestiahouse.com>. This will give you an excellent visual explanation of the work and technique she will be sharing with us.

As with other guest speakers, Ilisha will teach classes. Classes by guest fiber artists are an incredible bargain. They are usually held the day after the formal monthly Guild meeting. Usually, there is one in the morning and one in the afternoon. Why not dive in and take a class? It is another way you can participate in your Guild, learn something new and get to know other members. You will never be sorry!

Our Guild has many knowledgeable members willing to share their skill and

ideas to help with troublesome projects. Keep an eye on the schedule for the finishing get-togethers we have several times a year. These are casual meetings in a room at the church where knitting help is generously shared. No matter what level of a knitter you are, there are always challenges. We just need to realize all successes, failures and even repeated efforts to make something work are time doing something we love and improving our understanding of our craft. Most if not all of us LOVE knitting. So enjoy the process.

Co-Presidents,
Stacy Smith
Sheila Kirschenbaum



Adolf Hering Gänseliesel

Remaining 2013 Meeting Schedule

- March 5** Ilisha Helfman – Jazz Knitting:
Intentional Pooling with Hand
Painted Yarn
March 6 – workshops.
- April 2** In-House Fashion Show:
Knitting for the Children in our
Lives.
- May 7** Ginger Lutens – An Overview of
Modular Knitting.
May 8 & 9 workshops.
- June 4** Sandy Smith – Gadgets, Gizmos,
Tips and Tricks.
- July 2** POT LUCK Social and Knit-In
With Guild Members' Bazaar
- *August 13** Marcy Kraft – (Yarn)
Bombs Away!
Presentation on Public Art by guest
Artist Crochet Grenade
- September 3** Annual Stash Sale
Stash Sale Challenge
- *October 8** Julie Weisner – Cocoknits Trunk
Show
- November 5** Sally Melville – Why We Do What
We Do.
November 6 and 7 workshops.
- December 2** Holiday Luncheon and Fashion
Show

***August & October meetings are scheduled for the **second** Tuesday of the month due to holiday and rental conflicts. PLEASE MARK YOUR CALENDARS ACCORDINGLY.**

March Program

Ilisha Helfman, a graduate of Smith College and the Yale University School of Design, has been knitting quietly and creatively for over 40 years. She has shown her knitted work in galleries in NYC and Portland, OR and her collages in galleries and museums throughout the US and Great Britain. The presentation at the Guild meeting will cover the series of ideas that led her to the creative development of Jazzknitted forms.

The Wednesday class will include hands-on knitting of ginkgo leaves and sea urchins to start our explorations. Other structures will be discussed and can be tried out as desired: peacocks, sea lettuce, boat shapes, butterflies.... We will explore the possibilities of intentional pooling of hand-painted yarns, following the dyer's choices to help define the shapes we'll invent. We'll talk about color for knitters and how to analyze skeins best used for Jazzknitting. This is a class about the creation of form. Unlike Freeform Knitting, there are a lot of things to consider and structures to work within. While there are some "patterns" or formulas to get you started, the sky's the limit here and every shape you make will eventually have some use in knitted collage. The workshop is Wednesday, March 6, from 9 am to 4 pm, and costs \$50. (A real steal: usually \$120 for 6 hr. elsewhere)

Contact Anna Walden, awalden@me.com or 1-619-733-1691.



La Casa de Maria Retreat



If you haven't been on this pleasant and relaxing trip, sign up and find out what you've been missing. We are booked for 4 days and 3 nights from May 13 through May 16, 2013. La Casa is located just outside Santa Barbara in Montecito. Besides knitting and visiting with friends, there is plenty of good food and opportunities for hiking, swimming and even a massage. The little town of Montecito is within walking distance, and there are lots of interesting shops there. You may drive or take the Amtrak.

The La Casa web site is: www.lacasademaria.org
The total cost is \$460.50 for a single room and \$376.50 for a double room. This includes 12 delicious meals served cafeteria style. To hold your spot please send your nonrefundable deposit of \$300.00 for a single room or \$150.00 for a double to the retreat chair:

June Bartczak
157 Via Monte d'Oro
Redondo Beach, CA 90277

Minutes from February Meeting

Presidents Stacy Smith and Sheila Kirschenbaum called the meeting to order at 1:00 pm and welcomed several new members and guests.

Sheila reminded members that dues should have been paid by January 31. Dues must be in by the

last day in February for members to be listed in the directory. Dues remain at \$20 a year.

Deposits for the May 13-16 retreat at Casa de Maria should be sent to June Bartczak. Members who attended the Temecula retreat reported a great time.

Members Teaching Members reported the following:

1. Sara Stolz class on the "Six Square Sweater" will take place on February 8 at her home in Poway. An additional class is being planned.
2. Colleen Davis will teach her "Mitered Squares using Swing Knitting Techniques" on February 28 and the class is full. A second class will be scheduled at a later date.
3. A felting class is being planned.

Librarian Gwen Nelson said there were "Knitter's" magazines along with other free items on the shelf near the library books. She reiterated books remain on loan for just one month. A limit of three books should be signed out at a time.

Philanthropy: Carolyn Balkwell said we would support "Tete-a-Tete" hats for those recovering from illness and "Operation Gratitude" with hats supporting the military.

Newsletter: Duplicate emails are a result from the way the data basis was set up. This will not occur when the new directory is complete. Please send Kathy Christensen any changes in addresses.

At present newsletters are not archived.

Notice to all officers and chairs of committees: There will be a meeting at 11:00 before the March 5 meeting.

Mary Brown gave out information on the Talmadge Art Show in Point Loma on February 10. Several members will be showing items.

Anna Walden previewed the speaker for March. Ilisha Helfman will present “Jazz Knitting: Intentional Pooling with Hand Painted Yarn” and she will do a workshop on March 6 from 9-4 at a cost of \$50.

There will be an in house fashion show in April featuring knits for children.

Anna then introduced Cia Bullemer design director for Plymouth Yarn Co. who showed members the latest in yarns and designs from Plymouth Yarns.

Show and Share concluded the meeting.

Respectfully submitted,
Sandra M. Yayanos
Secretary

Member Notes

Condolences

Our condolences to Mar Gee Farr, immediate past President of the Guild, on the death of her mother. Our thoughts are with Mar Gee and her family during this sad time.

Our sympathy is also extended to the family of Slava Martin, who died in November. Slava was a charter member of the guild and attended meetings for the first three or four years.

Meeting of Chairwomen and Coordinators

A meeting of all committee chairwomen and coordinators will take place before the Guild’s regular meeting on March 5. We’ll meet at 11:00 a.m. in Room 9/10 of the San Dieguito United Methodist Church. Bring a brown bag lunch, new ideas and questions about Guild matters. All Guild members are invited to join us.

Doors Open for Guild Meeting at 12:30 p.m.

Just a reminder to our members...the doors to the Guild meeting open at 12:30 p.m. If you arrive before that, please wait outside to give us a chance to set up program information, membership table, workshop sign-ups, the library, philanthropy projects, etc.

February Sharing

Rita Kahn knitted a hat in garter and stockinette stitch from stash yarn.



Betty Gregory made this peach color shift for her granddaughter. The yarn is 50% wool and 50% cotton.

Betty also knitted the “Leftie” scarf on Ravelry. The yarn is cotton and sock yarn.





Maggie Whitson knitted three scarves of mixed colorways of stash yarn.



Amy Sheridan knitted a Hoegaarden cowl, in various yarns: Studio June, Andrea Mae DK superwash merino and Anne Hanson Fall in Full in color 2012. There are several different types of cables.

Donna Royal knitted a cardigan from Knit Red, the A-Line Hoodie, in Berroco Vintage yarn.



Lenora Stewart made two Citron shawls: The knitted one is of Grignasco merino/ silk yarn; the crocheted one is of Just Our Yarn, Almaza.



Donna also made a scarf , “ Fine Vine” from Ravelry. The yarn is Baah! La Jolla in Burmese Ruby.





Sandy Yayanos knitted a pullover designed by Melissa Leapman for Vogue Knitting, 2002. The yarn is violet, by Scheepjes, 85% acrylic, 15% kid mohair.



Mimi Sevimli made a “Leftie” scarf using bamboo sock yarn, Jagerspun laceweight and left-over sock yarn, all on size 4 needles.

Linda Erlich knitted an “Arpeggio” shawl by Ilga Leia, using Prism’s Neatstuff and ultra alpaca yarn.



Barbara McCroskey knitted a cardigan for her granddaughter of multicolor wool and nylon sock yarn by Wisdom Yarns. The Fimo buttons were handmade by her sister.



Ellen Magee made two scarves of Cascade Supima Cotton, one in fuchsia, the other in green.



Not pictured: Dorrit Franke’s original top of Lana Grossa merino 2000.

Members Teaching Members

Sara Stolz’s workshop, “Six-Square Concept Sweater” will be offered for the third time and is almost full. The date for this is yet to be determined.

If any of you have a skill or technique you would like to share with other members, or learn from another member, please contact Sue Tavaglione, the MTM coordinator for 2013:

sitava@sbcglobal.net, (951)684-325

Quarterly Help Sessions

Need help finishing a project? Have a perplexing knitting problem? Bring your unfinished projects or those that have you stumped to a quarterly help session. Fellow guild members will rescue you! The next help session will take place on Tuesday, March 12, from noon to 3:00 p.m. in one of the classrooms at the San Dieguito United Methodist Church. Knitters who just want to knit and knitters without knitting problems are welcome, too!



Knitting Sub-Groups Meeting Schedule:

If you would like to attend a sub-group meeting, call the contact listed below first, as sometimes there is a change in the meeting schedule or location.

- **AKG Group-** It is called the AKG Group, Advanced Knitters Group, 9am every Fri, Old California Coffee Shop, Restaurant Row, San Marcos. Contact: Phyllis Bates 760-828-8286.
- **Knit@Nite Group-** 6pm, 1st Wed Jewish Community Center. Contact: Linda Erlich, 858-759-9509 but check the schedule on the website to confirm dates.
- **I-15 Group-** 9am , every 2nd and 4th Wed, Panera Bread café in Carmel Mountain Ranch. Contact: Mimi Sevimli, 858-722-8128.
- **PA Group-** 1:00pm to 3:00 pm, every Monday at Panera in Solana Beach. Contact: Jean Moore 858-587-9054.
- **RN Group-** RN stands for “Rather Normal”, and the group meets on the 4th Tuesday of every month from 10:00am to noon, at the Encinitas Senior Center (1140 Oakcrest Park Drive; cross street is Balour). Contact: Gwen Nelson 760-720-5420.

San Diego Knitting Guild General Information:

Our Co-Presidents are Sheila Kirschenbaum, sheilabaum@yahoo.com and Stacy Smith, artmama007@gmail.com
The Website address is: www.ncknit.com. The group is open to all knitters, regardless of skill level. Dues are \$20 annually and expire for all members on January 31. The printable forms are on the website, and are to be mailed with a check to: SD North Coast Knitters Guild
c/o Kathy Christensen, Membership Chair
4625 Los Alamos Way #D
Oceanside, CA 92057

Newsletter

Barbara McCroskey
bmccroskey@prodigy.net
Please send information to me by the 15th of the month for the article to appear the following month.

Website Contacts

Linda Erlich – lerlich555@aol.com
Mar Gee Farr – margee15@cox.net
Barbara Levin – Barbara.Levin@me.com

Local yarn shop owners are encouraged to check their listings and provide updates to our Web Masters. We would like to hear about any trunk shows and guest teachers from out-of-town at your shops – we’ll put the dates on the website and in the newsletter.

Knitting on the Net

Kumara Cowl and Scarf

From Classic Elite comes this classy and easy cowl or scarf knit on #9 needles.



<http://www.classicelityarns.com/WebLetter/279/StaggeredCables.pdf>

Linnie Cardigan

This top down newborn cardigan uses fingering weight yarn and is a great stashbuster. Be sure to see the pattern notes on Ravelry for buttonhole information.



<http://www.ravelry.com/patterns/library/linnie>

Parlor Cat

Every knitter needs a cat. You can knit your own with worsted weight yarn. Check out this designer's other free animal patterns which include beavers, geese, pigs, skunks, squirrels and more cats.



<http://www.ravelry.com/patterns/library/the-parlor-cat>

Eco Vest

This vest is knit with bulky yarn on 10½ needles. It is from the book Knitting Green and is one of 5 vest patterns available in a free download from Interweave Press.



<http://www.knittingdaily.com/Knitted-Vest-Patterns/>

Noro Takeuma Striped Top

One of 19 free Noro patterns on the Knitting Fever Website.

<http://www.knittingfever.com/c/leaflet/15460/>



Check out the other 18 free Noro patterns at: <http://www.knittingfever.com/c/noro/leaflets>

Henry and Henrietta

Knit with sock yarn, these creatures are 12" from head to toe and would make a great cuddly toy.



http://petitepurls.com/Summer11/summer2011_p_henry.html

Kimono Sleeve Cardigan

Knit with worsted weight yarn in bust sizes from 28" to 62". You'll need to register at the site for access to all the free patterns.

<http://www.bernat.com/pattern.php?PID=6511>



Wrap Bracelet

Simplest ever bracelet. Knit I-Cord and add beads and clasp.



<http://knitoutsidethebox.wordpress.com/2013/01/21/style-trend-wrap-bracelets/>

Very High Tech Knitting

Check out this video -- thanks to Barbara Levin for this.

<http://vimeo.com/52541217>

Please remember to renew your membership by the end of the March meeting to be included in the Guild Directory

Knitting Tips and Tricks

An occasional feature in the monthly newsletter which includes useful knitting information. The emphasis is on truly new and/or unusual. If you have any tips, please email them to sksmith@san.rr.com.

This label speaks for itself



Knitting Tips from a Physical Therapist

You may avoid knitting-related physical problems. (Thanks to Barbara Levin for the tip.)

<http://sfssportspinephysicaltherapy.wordpress.com/2013/01/15/knitting-tips-from-a-physical-therapist/>

Women and Seeing Color

About 15% of females possess a genetic mutation that gives them a fourth type of color photoreceptor -- most humans have three types of color photoreceptors. If you have this additional photoreceptor you're called a tetrachromat. You can see 100 million different hues while most of the world can see 10 million different hues. Hmmmm.....what does this mean to your knitting? Thanks to Phyllis Bates for sending along this information.