



# San Diego North Coast Knitters Guild

San Diego, California - [www.ncknit.com](http://www.ncknit.com)

Number 195 – November 2013

## Next Meeting:

**Tuesday, November 5, 2013; 12:30-3:00 pm**

**San Dieguito United Methodist Church**

**170 Calle Magdalena**

**Encinitas, CA 92024**

**Program- Sally Melville - Why We Do What We Do**



## Presidents' Letter

The next two months are going to be busy for all of us. With so many holidays, family and friends, it might be too hectic to get any knitting done. On the other hand, you may be knitting up a storm trying to finish the hand-knitted gifts to each and every name on your list.

Giving a gift which is hand-knitted or hand-made for that matter, means you have given a little piece of yourself with love and care. My experience shows that everyone who receives a piece crafted by hand doesn't appreciate it equally. Anticipation is often met with a dose of disappointment. This situation brought me to the realization that it is really better to give than receive, and just who the recipient should be is as deliberate a decision as what to make. Appreciative family members continue to receive hand-made gifts but giving to a charity has become much more rewarding. There are so many families with very little that a new sweater, hat, toy or scarf is not just welcome but really needed.

We have many opportunities to knit for charity within our Guild. Tête-à-tête and Operation Gratitude are wonderful charitable organizations. Some members within our Guild have other special charities in their hearts and have shared their enthusiasm with us. We have members asking for support for Knitting for the Cure and Rachel's Women's Center. The need is great and we do have a lot of yarn, and we do love to knit. No matter what charity grabs your heart, support it with a gift handmade with love and care. There will be a recipient that will think of you as an angel.

We thank Carolyn Balkwell for chairing the Guild Philanthropy committee this year. Unfortunately she won't be able to continue for next year. We would love to have someone volunteer for this position. Let us know if you are interested.

We have many plans for the coming year and look forward to sharing meetings and workshops, ideas and programs with you. We want everyone to participate, and we urge all Guild members to get more involved. So make this a Thanksgiving of true giving. Give something to yourself, give something to a loved one, give something to a friend and/or give something to someone you don't even know.

Happy knitting,  
Stacy Smith  
Sheila Kirschenbaum

## Planning Ahead to April 2014!

### Remaining 2013 Meeting Schedule

**November 5** Sally Melville – Why We Do What We Do  
November 6 and 7- Workshops

**December 2** Holiday Luncheon and Fashion Show

### November Program and Workshops

Sally Melville will be our program speaker in November. She will be discussing “Why We Do What We Do”. Sally is a master teacher, designer and author of The Knitting Experience series of books, among many other publications. Wednesday she will be teaching “First Choices, Basic Shapes” in the morning from 9-12 and “Knit to Flatter and Fit”\* in the afternoon from 1-4. Thursday will be “Essential Skills”\* in the morning and “Borders and Buttonholes” in the afternoon.



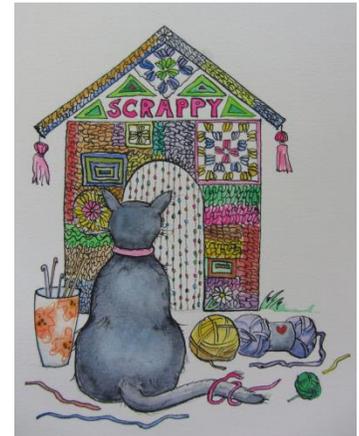
Sally recommended this series, saying it covers the whole gamut of how we think about knitting, and choose projects using multiple skills that will help us make the most beautiful finished pieces. There is something here for everyone, from the beginner to the most experienced knitter. Please check our

website for supply lists, homework and class handouts for you to print and bring with you to class.

\* “Knit to Flatter and Fit”, and “Essential Skills” classes are filled and have waiting lists. If you have not paid by the end of the meeting on Tuesday, we will assume you are not coming and give your spot to someone on the waiting list.

Anna Walden  
Program Coordinator

This is a heads up to get you all thinking about possible projects for the in-house fashion show at our April meeting next year. I know: it's early! But personally, I need incubation time to be my most creative and I am thinking some of you may feel the same way.



The theme of the show will be “Reuse, Remake and Renew”. Projects can include anything from yarn you are not using to garments you are not wearing or pieces you are not using. It could be simple: maybe you have lots of leftover partial balls of yarn that could be tied into a magic ball and knit into a scarf. Or more complex: maybe you have a garment you no longer wear because it is out of style or you have changed size or ... and you have an idea for redoing it to make it wearable. Or crazy: maybe you have lots of swatches around and want to make something out of them, or maybe you want to try knitting with something other than yarn that might go into the landfill otherwise.

We will be putting up a spot on the website where ideas can be added and providing a help session for anyone who wants to brainstorm about how to reuse, remake or renew a piece. Keep an eye on the website, more to come!

Let me know if you have questions:  
[awalden@me.com](mailto:awalden@me.com)

Anna Walden  
Program Coordinator

## 2013 Holiday Luncheon



The Holiday Luncheon is **Monday December 2<sup>nd</sup>** at Morgan Run Club and Resort in Rancho Santa Fe. Reservations are being taken by Amy Sheridan. Please complete the reservation form which can be found in the November newsletter, on our Guild website under the “Forms” tab, and available at the next Guild meeting. Please return your reservation form with payment to:

**Amy Sheridan**  
**4250 Robbins Street**  
**San Diego, CA 92122**  
**858-455-6508**

Make checks in the amount of \$30 per person payable to **San Diego North Coast Knitters Guild**. Reservations will be held at the door.

If you have any questions about the Luncheon, please contact: **Mar Gee Farr**, 630-624-6634  
Email: [MarGeeFarr@cox.net](mailto:MarGeeFarr@cox.net)

**Laura Brubaker** 858-337-4347  
Email: [lbrubaker7@gmail.com](mailto:lbrubaker7@gmail.com)

## Holiday Fashion Show

Guild members, we certainly hope your knitting needles are clicking fast if you plan to show an item in this year’s Fashion Show. We know it’s still WARM, but those sleigh bells are getting louder and the time will be here before we know it. Complete a sign-up sheet and bring it to the November Guild meeting or the Nov. 6 Knit@Nite meeting.

We welcome items knitted by all Guild members of any type including:

- Baby and children items—hats, blankets, sweaters
- Accessories—hats, gloves, scarves, jewelry, socks
- Afghans and throws
- Shawls and wraps
- Sweaters for men and women
- Skirts, dresses and outfits
- Unique items

A few things to keep in mind... We are limiting the number of items each member may show to three, in consideration of time. Items must be knitted by a member of the San Diego North Coast Knitters Guild. Items must be finished. Items may not have been shown in a prior “Show and Share” at a Tuesday Guild meeting.

A Fashion Show sign-up form can be found in this Newsletter, on the Guild website under the “forms” tab and at Guild meetings including Knit@Nite. Please bring your completed form with you to a Guild meeting or mail it to Stephanie (her address is right on the form).

Please contact the Fashion Show coordinators with any questions:

**Stephanie Moseley** 858-356-9597  
[stephanie@smoseley.com](mailto:stephanie@smoseley.com) or  
**Marilyn Anderson-Straumfiord**  
619-987-0688  
[rmstraum@cox.net](mailto:rmstraum@cox.net)

## Save These Dates for Next Year!

**Temecula Retreat:** January 20- 23, 2014  
**Casa de Maria Retreat:** April 28- May 1, 2014

## Temecula Retreat



There's still time to put a deposit on a room for the January retreat at the Vina de Lestonnac Retreat Center in Temecula. We will be there Monday afternoon to Thursday morning.

The total cost is \$405.00 for a single room and \$305.00 for a double room, meals included from dinner on Monday, January 20 to breakfast on Thursday, January 23, 2014. To hold your spot please send your nonrefundable deposit of \$81.00\* for a single room or \$61.00\* each for a double to June Bartczak, Retreat Coordinator, 157 Via Monte d'Oro, Redondo Beach, CA 90277 or to Diana Rathbun, Treasurer, 1567 Corsica Street, San Diego, CA 92111.

Vina de Lestonnac Retreat Center is in Temecula (39300 De Portola Rd. Temecula, CA 92491), among the vineyards in the heart of the Temecula Valley wine country.

The website is [www.vinadelestonnac.com](http://www.vinadelestonnac.com). Besides knitting and visiting with friends, there is plenty of good, home-cooked food and opportunities for hiking and massage (off campus, this year).

\*Final payments (\$324.00 for a single and \$244.00 for a double) will be due on or before the January 6, 2014 meeting. Please make your check payable to **SDNCKG**.

## La Casa de Maria

Mark your calendar. The next retreat will be at the La Casa de Maria Retreat Center in Santa Barbara from Monday, April 28, 2014 through Thursday, May 1, 2014. Deposit information will be in the January newsletter.

The La Casa web site is <http://www.lacasademaria.org>

June Bartczak, Retreat Coordinator  
310 941-7009  
[bartczak.june@gmail.com](mailto:bartczak.june@gmail.com)

## Holiday Drive Benefitting Rachel's Women's Shelter

Make a cozy scarf, hat, gloves (or more than one!) to give as a holiday gift for Rachel's Women's Shelter. Rachel's Shelter, located in San Diego, serves homeless women and children. Please have your special gifts ready to be picked up by December 20 and they will be delivered to Rachel's Shelter in time for their Holiday Party. A purchased scarf or any new gift would be great, too!

Contact Janet White at 619-929-2548 or [janetbwhite@hotmail.com](mailto:janetbwhite@hotmail.com) if you have any questions, and to arrange for pick-up. Thanks for helping to make the holidays warmer for the women and kids at Rachel's!

## Help Session Schedule

Whether you're looking for assistance with a knitting problem, need a little design guidance, or just want to get together with like-minded yarn lovers, come to the quarterly "HELP SESSION." There will be a volunteer member to mentor at each meeting, and everyone is welcome to attend. So, mark your social calendars as follows and come join in the fun:

Tuesday, November 12, 2013 - noon to 3:00 PM  
"Sage Advisor" Laura Brubaker

Tuesday, February 11, 2014 - noon to 3:00 PM  
"Sage Advisor" Barbara Levin

Tuesday, May 13th, 2014 - noon to 3:00 PM  
"Sage Advisor" Eileen Adler

Tuesday, August 12, 2014 - 10:30AM to 12:30 PM  
immediately prior to the Guild meeting  
"Sage Advisor" Zita Gardner

Tuesday, November 11, 2014 - noon to 3:00 PM  
"Sage Advisor" Sandy Smith

All Help Sessions will be in Classroom Number 6 or 10 at the San Dieguito Methodist Church where our monthly Guild Meetings are held.

Liz Knapp sends us greetings from Umbria, Italy, and will find out in March if they will be redeployed to San Diego.

## Minutes from the October Meeting

1. Co-president Stacy Smith called the meeting to order and welcomed all members and guests.
2. Program Chair Anna Walden announced that Sally Melville would speak on “Why We Do What We Do” at the November 5 meeting. Sally will give four classes on the following two days.
3. Treasurer Diana Rathbun, reported the Stash Sale netted \$2,189.86. Stacy thanked all of the stash committee for their hard work.
4. Members Teaching Members: Stacy will teach “Eco-Dyeing” Oct. 29 from 1-4. Contact Sue Tavaglione to reserve a place. Details are in the newsletter.
5. Philanthropy: Carolyn Balkwell reported over 70 hats were sent to Tete-a-Tete and Operation Gratitude received about 24 hats and 24 scarves. Knitted items of all kinds can be donated to Rachel’s Woman’s Shelter. Items can still be given to Knit for the Cure, which will be sold at a fundraiser. Money received from their sale will be used in San Diego. Some of the left over stash yarn was given to the Braille Institute School.
6. Retreats: To attend the Temecula or Casa Maria retreats, contact June Bartczak or sign up at our meeting. Retreat information is in the newsletter.
7. Holiday Luncheon and Fashion show will be Monday, December 2 at Morgan Run. Reserve early to insure a seat, as there is room for only 180 guests. Deadline is November 24.
8. Stacy thanked Gwen Wolfson, owner of the silver shawl pin found with the stash yarn. Gwen donated the pin to the Guild and it will be part of the opportunity drawing at the December luncheon.
9. Help Session: Laura Brubaker will be the sage knitter for the help session on November 12.
10. Librarian Gwen Nelson reminded members to return books after they have had them for one month. She has received several books that had been overdue.
11. Black Sheep in Encinitas is looking for teachers to give knitting courses at the shop.
12. Show and Share: Linda Erlich conducted the member’s fashion show.
13. Program chair, Anna Walden, introduced Julie Weisenberger of Cocoknits who presented the program, “Cocoknits Trunk Show.”

Respectfully submitted,  
Sandy Yayanos

## Show and Share from October Meeting



Mimi Sevimli knitted the “Gilligan” by Carol Feller using aqua Anchor/Fantastic yarn, 100% mercerized cotton from Turkey. She knitted the sweater in the round with some changes to the sleeve pattern.

Ruby Townsend made a man’s V-neck vest of her own design, in machine knitters acylic yarn.



Rosie Berkowitz made a Dewdrops scarf in Loops and Threads acrylic yarn.

Elizabeth Galati knitted a Fisherman afghan in Wintuk yarn. She also knitted the socks, Pattern Coquette by Melissa Morgan Oaks. Elizabeth used Panda cotton/silk yarn.



Claudia Carlson knitted three Amika scarves, her own design, from stash sale yarn. The piece can be worn as a cowl, scarf, shawl or skirt, and the stitch patterns are reversible- looks great on both sides!



Sandy Yayanos knitted the “Dreambird Wrap” by Nadita, purchased on Ravelry. The yarns are Possum Merino by Supreme: 50% merino, 40% other, 10% silk; and a mohair/ acrylic blend by Sirdar. Sandy employed German short rows throughout.



Another Amika of Claudia’s:

Jan Davis made a woman’s cardigan in red.



And another:



Jan also made a man’s sweater in dark red wool by Brown Sheep.



Susan Ludwig made assorted Fascinators.

● **Knit@Nite Group**- 6pm., 1st Wed, Jewish Community Center. Contact: Linda Erlich, 858-759-9509 but check the schedule on the website to confirm dates.

● **I-15 Group**- 9am, every 2<sup>nd</sup> and 4<sup>th</sup> Wed, at Panera in Carmel Mountain Ranch. Contact: Mimi Sevimli, 858-722-8128.

● **PA Group**- 1:00pm to 3:00 pm, every Monday at Panera in Solana Beach. Contact: Jean Moore 858-587-9054.

● **RN Group**- RN stands for “Rather Normal”, and the group meets on the 4<sup>th</sup> Tuesday of every month from 10:00am to noon, at the Encinitas Senior Center (1140 Oakcrest Park Drive; cross street is Balour). Contact: Gwen Nelson 760-720-5420.

Another example:



### San Diego Knitting Guild General Information:

Our Co-Presidents are Sheila Kirschenbaum, [sheilabaum@yahoo.com](mailto:sheilabaum@yahoo.com), and Stacy Smith, [artmama007@gmail.com](mailto:artmama007@gmail.com). The Website address is: [www.ncknit.com](http://www.ncknit.com). The group is open to all knitters, regardless of skill level. Dues are \$20 annually and expire for all members on January 31.

A membership form is available on the website, and should be mailed with a check to Zita Gardner, Membership Chairwoman:

San Diego North Coast Knitters Guild  
c/o Zita Gardner  
9902 Helix Mont Circle  
La Mesa, CA 91941

### Update Your Directory New E-mail address

Maureen Dolph has a new e-mail address: [maureend@europe.com](mailto:maureend@europe.com)

Liz Knapp in Italy: [evk0109@yahoo.com](mailto:evk0109@yahoo.com)

### Website Contacts

Linda Erlich – [lerlich555@aol.com](mailto:lerlich555@aol.com)  
Mar Gee Farr – [margee15@cox.net](mailto:margee15@cox.net)  
Barbara Levin – [Barbara.Levin@me.com](mailto:Barbara.Levin@me.com)

### Knitting Sub-Group Meeting Schedule:

● **AKG Group**- It is called the AKG Group, Advanced Knitters Group, 9am every Fri., Old California Coffee Shop, Restaurant Row, San Marcos. Contact: Phyllis Bates 760-828-8286.



## Knitting on the Net

### Circle Mitts

These fingerless mitts are knit with fingering weight yarn. You'll use double point needles or magic loop and will knit the entire mitt without breaking the yarn.



<http://www.ravelry.com/patterns/library/circle-mitts>

The booties and hat are available here:



<http://www.ravelry.com/patterns/library/pippi-baby-booties>

<http://www.ravelry.com/patterns/library/pippi-baby-hat>

### Exotic Whirlpool Socks

Knit with self striping sock yarn, these garter stitch socks will impress your friends.

<http://www.ravelry.com/patterns/library/exotic-whirlpool>



### Pollikeet Shawl

A lace knitter's delight! This shawl is knit with laceweight yarn on #4 needles. It's not for a beginner!



<http://www.ravelry.com/patterns/library/pollikeet-shawl>

### Pippi Baby Patterns

Frankie Brown has designed a series of baby patterns – a sweater, hat and booties. The sweater is a version of Elizabeth



Zimmerman's Baby Jacket and it's here:

<http://www.ravelry.com/patterns/library/pippi-baby-jacket>

### Lonely Tree Shawl

This worsted weight shawl has been knit by over 1,000 Ravelry members.



<http://www.ravelry.com/patterns/library/the-lonely-tree-shawl>

## Knitting Tips and Tricks

by Sandy Smith

An occasional feature in the monthly newsletter which includes useful knitting information. The emphasis is on the truly new and/or unusual. If you have any tips, please email them to [sksmith@san.rr.com](mailto:sksmith@san.rr.com).

### Chain Stitch

From Colorful Stitches, a bricks and mortar knit shop in the Berkshires, comes this blog post about a stitch in a recent Shibui pattern. As shown below, it has the appearance of a sideways seam on a field of stockinette but it isn't. Check out the link below for details



<http://www.colorfulstitchesblog.com/2013/10/the-intriguing-chain-stitch-how-to-do.html>

And of course, because we're surrounded by wonderful knitters, I can tell you more.....Phyllis Bates correctly identified the stitch (off the top of her head) as the "Vikkel Braid" stitch. It's also known as Estonian Braid or Lateral Braid. Check out the link below for even more information:

<http://www.theweeklystitch.com/2013/08/vikkel-braid-estonian-braid-or-lateral.html>

### Inspiration

We've all been there. You've finished a project and you want to start another but can't seem to get inspired. Your local knit shop is a great source; a stroll through shop models is often helpful.

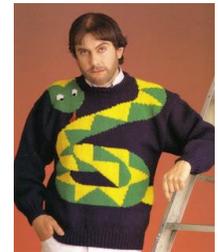
You'll probably find a project and help keep a local knit shop alive and kicking.



Still stymied? Get on the mailing lists from the following shops. All are from bricks and mortar knit shops around the country who send out project-based newsletters. Their taste level is wonderful, and you can tell they are written by real knitters:

Colorful Stitches in Lenox, Massachusetts

<http://www.colorfulstitches.com/>



Knit Purl in Portland, Oregon

<http://www.knitpurl.com/store/pc/home.asp>

Purl Soho in New York City

<http://www.purlsoho.com/purl>

The Websters in Ashland, Oregon

<http://yarnatwebsters.com/store/>

### Ahhh.....BBC

BBC is airing a series of three documentaries exploring Britain's relationship with fabric, featuring knitting, needlework and wallpaper. No, we can't see it here, but there are four clips from the knitting episode at

<http://www.bbc.co.uk/programmes/b03bgrvf/clips>

The clips feature wartime knitting, fair isle, knitted bathing costumes, and the jumpers (that's Brit for sweaters) of a former member of Parliament.

Gyles Brandreth, the former MP, was known for wearing brightly colored sweaters on British breakfast TV and was sometimes made fun of by other politicians for his sweaters. His response to his tormentors follows:

*the joy of a woolly jumper is that you can take it off at will, whereas the blight of a woolly mind is that you're lumbered with it for life.*



**Annual GUILD Holiday Fashion Show & Luncheon  
Monday December 2, 2013**

**(Reservations MUST be returned by Sunday, November 24, 2013)**

- Arrival:** Please do not come before 10:30AM!
- Drawing Tickets:** **10:30AM – 11:30AM** Our “Opportunity Drawing” items will be displayed in the Trophy Room for you to peruse & purchase tickets.
- Lunch Is Served:** **11:45AM** (OPEN seating with 10 guests per table.)
- Fashion Show & Drawing:** Immediately following Lunch!
- Location:** **Morgan Run Club & Resort**  
5690 Cancha De Golf  
Rancho Santa Fe, California 92091
- Directions:** [www.morganrun.com](http://www.morganrun.com) Phone: (858)756-2471  
The Club is located approximately 3 miles EAST of I-5 at the Via de la Valle EXIT or S-6)
- Menu Choices:**
  - A) Salmon Caesar Salad** – Crisp Romaine lettuce w/ Parmesan Cheese, crouton rusks, charbroiled salmon & classic Caesar dressing.
  - B) Chicken Salad Wrap** - Delicious chicken salad in a wrap with lettuce & tomato served with a side salad.
- On The Table:** Bread, butter & water.
- Dessert:** Chef’s surprise selection....
- Beverages:** Coffee, tea & iced tea will be served at your table. A **CASH** bar will be available for wine, soda, juices and mixed drinks throughout the event.
- Cost:** **\$30.00 includes tax and gratuity!**

-----Detach Here-----RESERVATION FORM-----Detach Here-----RESERVATION FORM-----Detach Here-----

**Send to:** **Amy Sheridan** 4250 Robbins Street, San Diego, CA 92122 phone:(858)455-6508  
**Write your menu choice(s) on the form & your check!**  
**Make checks payable to San Diego North Coast Knitting Guild**

**Name of Member:** \_\_\_\_\_ Menu A\_\_\_\_\_ Menu B\_\_\_\_\_

**Name of Guest(s):** \_\_\_\_\_ Menu A\_\_\_\_\_ Menu B\_\_\_\_\_

(If applicable)

Amount Enclosed: \$ \_\_\_\_\_

**All Checks Must Be Received No Later Than November 24, 2013. Please help us by RESERVING early!**



**SAN DIEGO NORTH COAST KNITTERS GUILD**  
**2013 Holiday Luncheon and Fashion Show**  
**Monday, December 2, 2013**

**Fashion Show Sign-Up Form**  
*Use a separate form for each item.*  
*Maximum of three items per member.*

Name: \_\_\_\_\_

Telephone Number: \_\_\_\_\_

Email address: \_\_\_\_\_

Item You Are Showing: \_\_\_\_\_

Pattern Name: \_\_\_\_\_

Designer Name: \_\_\_\_\_

Source of Pattern: \_\_\_\_\_

Name(s) of Yarn(s) Used: \_\_\_\_\_

Fiber(s): \_\_\_\_\_

Colorway(s): \_\_\_\_\_

Name of person modeling or showing the item: \_\_\_\_\_

Helpful hints on the instructions, suggestions for knitting, modifications, comments:

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Completed forms due by **Friday, November 8, 2013.**

Bring completed sign-up forms to the Tuesday Guild meeting or Knit@Nite meeting in October or November, or mail to Stephanie Moseley, 113 Linares Court, Solana Beach, CA 92075.

**Questions?** Contact Fashion Show Coordinators  
Stephanie Moseley 858-356-9597 [stephanie@smoseley.com](mailto:stephanie@smoseley.com) or  
Marilyn Anderson-Straumfiord 619-987-0688 [rmstraum@cox.net](mailto:rmstraum@cox.net)