



**Next Meeting: Tuesday, August 11 • 12:30-3:00 pm**  
**San Dieguito United Methodist Church • 170 Calle Magdalena Encinitas, CA 92024**

## Upcoming Guild Programs

By: Tina Rounsavell, Program Chair ~ [cmrouns@aol.com](mailto:cmrouns@aol.com)

### **August 11: Pins and Needles – Social Media for our Guild, Liz Knapp**

The meeting Tuesday, August 11, will help you broaden your knitting horizons online. During the program, Liz Knapp will unravel the secrets of Ravelry and Pinterest. We'll also get a look at the Guild's new website.

Liz gave us a brief introduction to Ravelry last year at the summer potluck. This time she'll go into more detail about creating your accounts on these free websites and taking advantage of their many features. She'll provide expert tips and answer your questions during the Q&A. No need to bring your tablet or laptop; we will be using the big screen so everyone can follow along.

Liz has been knitting for more than thirty years and teaching since 1996. Originally from Philadelphia, Liz is married to a sailor and has lived all over the world. She considers San Diego home and currently serves as our Guild's president.

At the meeting Sheila Kirschenbaum will unveil the Guild's new website and introduce some of its new features. All the information about the Guild is now in one convenient place. It will be easier than ever to put Guild events on your calendar, to download philanthropy patterns, workshop supply lists and homework, and see photos of Show and Share projects.

***Note that the meeting will be held on the second Tuesday in August because of a scheduling conflict with the church.***

### **September 1: Annual Guild Stash Sale**

The final month to donate for the Stash Sale is August! Please bring your items in secured bags. If you have a very large donation or cannot make it to the meeting, please contact Mimi Sevimli to arrange a time for pickup or delivery: [karal3@yahoo.com](mailto:karal3@yahoo.com).

**Reminders: Please bring cash or check only, no credit cards. Also, this year we will have finished items for sale, thanks to donations from members.**



## Our President's Comments



I remember when I mastered something challenging. A feeling of triumphant success, as if I were pushing and pushing on a door... and finally, it opened! Henceforth, I had a newfound confidence when approaching the

very same task or project.

I remember that feeling very clearly when I learned how to ski. After many months of pushing myself up off the snow, being unable to stop when I wanted to, and cold, wet toes, at last I was able to connect my turns and make it down a ski run without falling. I felt elated: "Ah, NOW I get it! Now I understand why people spend big money to be outside in cold weather for the love of this sport!"

More recently, I felt the same way when I learned how to sew a knitted seam using the mattress stitch. The excitement as I watched the "invisible seam" join two pieces of stockinette fabric...well, many of you know what I'm describing. This feeling came over me time and time again at the recent TKGA convention. Although I've been knitting for more than thirty years, I found myself learning new techniques in every class I attended. Finally, a way to keep my ribbing stitches even! Aha - a new short row method! Oh my gosh - I never knew you don't need a slip knot to start a long-tail cast on!

As a confident knitter, I thought I was already skilled enough to produce satisfactory finished items. Attending classes with professional instructors is always a good investment for me. I learn that I'm never too old to stop learning. And now, I can walk through that symbolic "door" and knit with even better results.

I saw many of our members at the Knit and Crochet Show. If you took a class, I hope you will share with us something great that YOU learned. I'll be asking for your tips in the September meeting. Don't forget that our August meeting is on the 11th, which is the second Tuesday of the month.

Warmly,  
Liz Knapp

## 2015 Meeting Schedule

**August 11** (\* Meeting on 2nd Tuesday)  
**Liz Knapp:** Pins and Needles:  
Social Media for Our Guild

**September 1** **Annual Guild Stash Sale**

**October 13** (\* Meeting on 2nd Tuesday)  
**Ashley V. Blalock:**  
Keeping Up Appearances

**November 3** **Jean Degenfelder:** Inspired Felting  
**4** **Workshop:** Inspired Felting

**December 7** (\* Luncheon on 1st Monday)  
**Holiday Luncheon and Fashion Show**

## Minutes

### San Diego North Coast Knitters Guild General Meeting, July 7

*By: Liz Knapp, Acting Secretary*

President Liz Knapp opened the meeting with a few announcements and handed out tickets for door prizes. The tables were decorated with colorful tablecloths and centerpieces of fresh basil plants. Last year's Board Members organized the event and provided dessert and beverages. After we ate, Liz welcomed new members and pulled several winning tickets.

There was a brief business report. Liz described the August program, "Social Media for our Guild," where she will explain Ravelry and Pinterest. Sheila Kirshenbaum will demonstrate features of our new website. There is no need to bring individual devices as she will use the projector and screen for her demonstration. Liz reminded members of the TKGA convention and Knit & Crochet Show in Mission Valley. Dates are July 22-25. New dates for the May retreat were announced: May 23-26 at Casa de Maria. Eileen Adler showed her "Blocks by Design" scarf, which she created for our philanthropy projects. She is hosting Share a Knit with the Guild before the August 11th meeting. She asked members to RSVP to her so she has a head count for Coco's. Mimi Sevimli reported that the stash sale will be in September. August is the last chance to donate. We were reminded to bring cash or checks only, no credit cards. There will be finished items for sale this year, thanks to donations from members.

The Show and Share came next and the meeting concluded with the rest of the door prizes given to those holding winning tickets.



## Potluck Snap Shots



*(Top, down, left to right)  
Luncheon Group; Barbara  
at the dessert table;  
Potluck delights; Sandy  
passing desserts;  
Brigit wins the shawl;  
Nancy wins the starfish  
frame.*



## San Diego North Coast Knitters Guild General Information

Membership in the Guild is open to everyone, regardless of your craft. Membership expires for all members on January 31. Dues are \$25 annually. A printable membership form is available on the Guild [website](#).

Send all submissions by the 15th of the month to: [liz.knapp.louise@gmail.com](mailto:liz.knapp.louise@gmail.com) Short articles relating to knitting in general, and the San Diego North Coast Knitters Guild in particular, are encouraged.

Notices and announcements of a commercial nature may be placed as paid advertisements. Send an email to the above email address for rates and more information.

### Guild Sub Groups:

✿ AKG Group: It is called AKG, Advanced Knitters Group. Meets every Friday at 9:00 am at Old California Coffee Shop, Restaurant Row, San Marcos. Contact: Phyl Bates, 760-828-8286.

✿ Knit@Nite Group: Meets the first Wednesday at 6:00 pm at the Jewish Community Center in UTC. Contact Linda Erlich: 858-759-9509, and check the schedule on the Guild's [website](#).

✿ The RN group of the Guild has been on hiatus for some months now. Time for a revival. Are there Carlsbad knitters, Encinitas, Oceanside women who want to meet again? Location in Carlsbad and days times to be considered. More days to meet during a month was a suggestion last time. Email or phone me if anyone else wants to meet again in a smaller setting. Contact Gwen Nelson at [jnqn@roadrunner.com](mailto:jnqn@roadrunner.com) or phone 760-720-5420 with your interest/suggestions.

✿ I-15 Group: Meets every second and fourth Wednesday at 9:00 am at Panera in Carmel Mountain Ranch. Contact: Mimi Sevimli, 858-722-8128.

✿ PA Group: PA Group knits "Practically Anything." Meets every Monday from 1:00 to 3:00 pm at Panera in Solana Beach. Contact: Jean Moore, 858-587-9054.

## Philanthropy

By: Eileen Adler & Arlene Shaposhnick

**August 11** – CHECK: you have your needles in sizes 7, 8, or 9. You have some yarn but you know yarn will be available, and you can knit! That's all you need to attend Share a Knit with the Guild from 10:00 to 11:30 am at Coco's Restaurant (407 Encinitas Blvd, Encinitas, CA 92024, between Calle Magdalena & Saxony Road). RSVP is required: Eileen Adler via e-mail [eileenadler@san.rr.com](mailto:eileenadler@san.rr.com). We are going to learn how to do the cable cast on, the knitted cast on, how to add a new ball of yarn, and how to weave in ends. By attending, you will not only enhance someone's life with your donation, but your knitting skills will be enhanced by learning a few new techniques. Hurry – the room is filling up quickly and we want you to join us!

**Ongoing:** In gratitude for all your donations for philanthropy, we will be having an Opportunity Drawing at the November meeting. Here is how it works: each item you donate will give you one chance to receive an exciting gift. The more items you donate, the more chances you have to win.

Please remember our military, homeless kids, chemo patients and victims of domestic violence. Every item is truly appreciated. To learn about our charities please log on to the guild's website.

If you need yarn, instructions, or if you have any questions please contact Arlene Shaposhnick at [arlene@shaposhnick.com](mailto:arlene@shaposhnick.com)

## Members Teaching Members

By: Sue Tavaglione ~ [sjava@sbcglobal.net](mailto:sjava@sbcglobal.net)

We are looking for enthusiastic members to teach us new techniques, projects, and tips. No idea is a bad idea! In the past we've had sewing and crochet projects, crochet and felting, even repurposing sweaters into new garments. Some of our members are professional instructors and the MTM program is a great way to see if you enjoy teaching. You can earn money for your time and talent. A typical MTM class is 3 hours and costs \$30 per student, but it is up to you, the instructor. The hostess attends for free in exchange for opening her home to the class. If it has been a few years since you taught a MTM class, consider repeating it for those of us who missed it. If you have an idea, send it to Sue at the email address above.

## Retreat Recap

By: June Bartczak, Retreat Coordinator

Our Winter Retreat is once again going to be at Vina de Lestonnac Retreat in Temecula from Monday January 18-21, 2016. A \$100.00 per person deposit will hold a double room reservation (you need to have a roommate); a \$150.00 deposit will hold a single room reservation. You may make your deposit at the August meeting or send it to me at 157 Via Monte d'Oro, Redondo Beach, CA 90277. **Please make your check out to SDNCKG.**

There's been a change in our Casa de Maria Retreat dates: May 23- 26, 2016 are our new dates. The previous dates of May 9-12 had constrictions on sleeping accommodations due to another, larger group attending at that same time.

## Philanthropy

*Please print/write clearly.*

Name \_\_\_\_\_

Fiber Content \_\_\_\_\_

Washing Instructions \_\_\_\_\_

Personal Comments \_\_\_\_\_







Planning a summer vacation? Check out this [blog post](#) about packing for travel knitting. Although written by a UK author, the suggestions are universal.



How to avoid making 5 Common Mistakes When Buying Yarn. From the Love Knitting [blog](#) comes this informative article with many terrific links to learn more. Don't forget to scroll down to read the comments from others who share their "learn from my mistakes" stories!



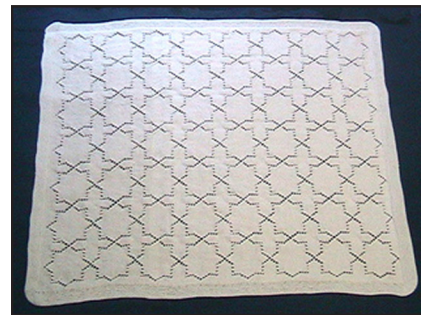
The "[Yo Yo Tote](#)" from Berroco requires only 600 yds of worsted weight yarn and US 7 needles. What a terrific summer project!

Member Louise Anderson shared a [YouTube video](#) series of knitting and crochet video tutorials by Argyle Sheep.

Another lovely project from Berroco, the "[Basque](#)" top uses three coordinating yarns in the same color family, but with different textures. The scoop neckline is edged with ruffles and the hip-length tunic is shown belted at the waist.



Check out the [video](#) for a song called "Knitting" by Robyn Landis and Christine Lavin. It features photos of hand knitting submitted by fans and friends. Member Sheila Rodbell's sister suggested that Sheila send along some photographs. Look closely and you will see her work in two shots: a cowl worn by Sheila's sister, and a Mobius scarf on Sheila's pooch.



The "[Arabesque Baby Blanket](#)" pattern uses simple eyelets for a dramatic effect. The pattern is free on Ravelry.





## Show and Share July 2015 (Check out more photos on [Ravelry](#))



**Stacy Mann** re-purposed a leather skirt into a bag, knit a 'collar' in white, dyed that using plants, attached it and knit an I-cord strap. The result is super-creative and uniquely artistic!



**Colleen Davis** was inspired by Jane Thornley to create the "Geodes" shawl. The piece is knit in loose gauge ribbing of deep eggplant purple with randomly-inserted "geodes" made of glittery, fun novelty

yarns. We were equally taken with Colleen's sherbet-hued poncho.

**Eileen Adler** found inspiration in her red yarn stash when she created her "Bias Knit Sweater." Many different fibers went into the sweater, and each piece was knit on the bias. The placement of the convergence brings attention away from the waist.



Since bias knitting produces straight edges, Eileen added shaped shoulders and neckline to top it off.

**Mimi Sevimli** used Nako Estiva, a cotton/bamboo yarn from her native Turkey, to knit this summer sweater (on US # 3 needles, no less!). The pattern is Fiona Ellis' #16 Lace Cardigan. Note how the lace stripes on the front are slanted; the back stripes are straight and the sleeves use the same stitch pattern.



How clever! [See Mimi's Ravelry page.](#)



**Karen des Jardins** created her own brioche shawl using a chart from a Nancy Marchant class she took at Vogue Knitting Live. Yarns are Serenity Silk and French Laundry. She also used a Sivia Harding kit to knit a beaded "Moonrise Necklace." The yarn is Vineyard Silk Classik and Karen added extra beads for a focal point.



**Lois Chaddock** brought several Twiddlemuffs to show us. This pattern is free on [Ravelry](#). It was designed by Warrington Hospital in England for patients with Alzheimer's disease and dementia. Use your leftover machine-washable yarn and firmly attach buttons, tassels, anything that encourages twiddling. The muffs help stimulation and keep patients entertained.

## Show and Share July 2015 (Check out more photos on [Ravelry](#))



**Sydnie Wauson** knit her "Dragonfly in Amber" shawl for the Prairie House Fibers KAL (knit-a-long). She used a wool/silk blend yarn and #4 needles, adding brown beads along the bottom cabled edge. The pattern is "Celtic Myths" from Asita Krebs. Sydnie has extensive notes on [Ravelry](#).



**Linda Hart's [Weaverly Scarf](#)** is a one-skein project, sure to look good in yarns with long color changes. The elongated and dropped stitches make it a quick knit that looks complex but is actually quite simple. Linda's wearing a scarf made from Diakeito yarn and the one she's holding is Noro Silk Garden Sock yarn.

**Tina Rounsavell**  
Knit the Sideways Lace Shawlette following the Sivia Harding design workshop in June. Yarn is Anzula Haiku, a Merino/bamboo/nylon blend. More details are posted on Tina's [Ravelry project page](#).



**Liz Knapp** models her Zickzack scarf. The pattern is free on [Ravelry](#). Liz used 4 different balls of Crystal Palace Mini Mochi and Knit Picks Chroma Fingering yarn and size 4 needles. The 12-stitch pattern is identical on both sides, making it a perfect TV or car-trip knitting project.

### Show and Share

*Please print/write clearly.*

Name \_\_\_\_\_

Your Ravelry I.D. \_\_\_\_\_

Item \_\_\_\_\_

Pattern Name \_\_\_\_\_

Designer \_\_\_\_\_

Yarn Name \_\_\_\_\_

Yarn Fiber \_\_\_\_\_

Notes \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

## **Guild Directory New Members**

By: Zita Gardner, Membership Chair

Simply clip and insert in your existing Guild Directory:



### **August 2015**

**Welcome to our NEW members who joined in July:**

Helen Fortunato  
8443 Run of the Knolls  
San Diego, CA 92127  
609-731-9385  
hbfortunato@comcast.net

Marylin Nielsen  
4650 Dulin Road #135  
Fallbrook, CA 92028  
760-728-0549  
nielsenmarylin@ymail.com

