



**Next Meeting: Tuesday, February 3: 12:30-3:00 pm**

**San Dieguito United Methodist Church • 170 Calle Magdalena Encinitas, CA 92024**

## Upcoming Guild Programs

By: Tina Rounsavell, Program Chair ~ [cmrouns@aol.com](mailto:cmrouns@aol.com)

### February 3: Jane Thornley

Jane Thornley will be at the February 3 meeting with "Inspired Designs." She will teach a full-day workshop, "Consider the Possibilities," from 9 am to 4 pm Wednesday, February 4, and again Thursday, February 5. The cost for each full-day workshop is \$50. There is still some space in the Thursday workshop. Please e-mail me if you are interested ([cmrouns@aol.com](mailto:cmrouns@aol.com)). If you have already signed up for one of the workshops, be sure to check the guild website for the list of materials you need and the handouts for the workshops. Please print out a copy of the handouts and bring it with you.

### March 3: Grace Akhrem

Grace Akhrem, our March speaker, had been knitting for years before she discovered there was such a thing as a knitting pattern. Her approach was to look at a sweater and then copy it. She published her first pattern in 2006 and has been creating unique and very wearable designs ever since. See them on Ravelry or on [her web page](#).

Grace is a well-known teacher in the Los Angeles area. In addition to her presentation "A Better Way" at the meeting March 3, she will offer three different workshops. Learn how to recreate your favorite sweater or copy any sweater



*Grace Akhrem wears one of her designs.*

you see in "Design Your Own Sweater," an all-day workshop March 4. On March 5, Grace will teach two 3-hour workshops. In "Mistakes and More Mistakes" you'll learn how to fix the knitting mistakes we all make and venture into fearless frogging. Then, in "Modifying a Garment for Your Body and Yarn Choice," you'll learn how to customize an existing pattern for any yarn in any gauge and how to create a better fit for your body. Sign-ups begin at the February meeting. The cost for the full-day workshop is \$50. The half-day workshops are \$30 each.

### April 7: Vintage Revisited Fashion Show

The challenge for the April fashion show is to use or adapt a vintage pattern to create a new piece.

We're not defining "vintage" because we think one knitter's vintage garment is another's wardrobe staple. So choose a pattern from any era. You could use an old pattern as a jumping-off place for something entirely new. Blow up the gauge on a dainty lace dresser scarf and turn it into a shawl. Or copy a design detail like a pocket or edging. Be sure to bring along the pattern to show us. Finally, if you've been knitting for a while, there's a low-stress alternative.

As members Sandy Yayanos and Dorrit Franke have shown us in recent Show and Shares, some garments from the 1970s still look great. Find something in your closet that you knit back in the day and show us how fabulous you still look in it. If you have old patterns you've been meaning to donate to the library's free pile, the February meeting would be a great time to bring them.



*What will you knit?*

## Our President's Comments

As I begin my term as Guild president, I first want to recognize and thank all the women who came before me. I owe a debt of gratitude to you: Board Members, Committee Chairs, and those who stepped up in volunteer service to the Guild during the past term. Our turnover has been very smooth as a result of your conscientious and dedicated work. Thank you all so much. The ladies on our new "extended Board" (aka, Board Members, Committee Chairs and Helpers) are excited to serve the Guild as we follow in your footsteps.



What is new, you ask? You can expect to see greater activity on our Guild's Ravelry page. We're publishing program and workshop information, and hope it will attract new members (and visitors to our area). Wherever members have uploaded their projects on their own pages, we can link to your information. When space doesn't allow us to publish all Show and Share photos in the newsletter, we'll post those photos on Ravelry as well. If you are shy about showing your finished items in the meeting, you can post your own pictures in our Ravelry forum. Visit our [Ravelry page](#) often and participate in forum discussions.

You'll notice we've added a Show and Share form in the newsletter. Save time by printing it and filling it out before the meeting.

Finally, a simple logistical change: we've moved the Membership and Name Tag tables in an effort to allow greater ease of entry and seating. Simply turn right when you enter the church and the tables will be set up on the far side of the lectern. Please bring your membership renewal and find your name badge there.

On a personal note, I am thrilled to be back in San Diego among so many creative knitters and inspiring fiber artists. Many of you have been my teachers over the years. Others have been my students in Members Teaching Members classes and at the YMCA. I look forward to serving you and learning together in the next two years.

I invite you to contact me at [liz.knapp.louise@gmail.com](mailto:liz.knapp.louise@gmail.com)

## 2015 Meeting Schedule

### February

**3**  
**4 & 5** **Jane Thornley:** Inspired Designs  
**Workshop:** Consider the Possibilities  
(one-day workshop offered twice)

### March

**3** **Grace Akhrem:** A Better Way  
**4** **Workshops:** Design Your Own Sweater  
**5** **Workshops:** Mistakes and More  
Mistakes (am)  
Modifying a Garment For Your Body  
and Yarn Choice (pm)

### April

**7** **Challenge & Fashion Show:**  
Vintage Revisited

### May

**5** **Anna Walden:** Romping with Ruffles,  
Playing with Extra Fabric  
**6** **Workshop:** Romping with Ruffles

### June

**2** **Sivia Harding:** Seduced by Beads  
**3** **Workshop:** Sideways Lace  
**4** **Workshops:** Bead Whimsy (am)  
Knotty Scarflet (pm)

### July

**7** **Annual Summer Potluck Luncheon**

### August

**11** **(\* Meeting on 2nd Tuesday)**  
**Liz Knapp:** Pins and Needles:  
Social Media for Our Guild

### September

**1** **Annual Guild Stash Sale**

### October

**13** **(\* Meeting on 2nd Tuesday)**  
**Ashley V. Blalock:**  
Keeping Up Appearances

### November

**3** **Jean Degenfelder:** Inspired Felting  
**4** **Workshop:** Inspired Felting

### December (\* Luncheon on 1st Monday)

**7** **Holiday Luncheon and Fashion Show**



# Minutes of the SDNCKG Meeting January 6, 2015

Sheila Kirchenbaum welcomed members and special guests. She thanked the outgoing Board and Committee Chairs and then presented the slate for 2015 which was unanimously accepted. The following officers will serve on the 2015 Board:

Liz Knapp, President, Karen des Jardins, Vice President, Phyllis Bates, Secretary, Diana Rathbun, Treasurer, and Tina Rounsavell, Program Chair.

Members were reminded that Guild memberships end by January 31 and it is time to renew. Yearly fees are \$25. Carolyn Balkwell and Nancy Nevin accepted renewals for Zita Gardner who was unable to attend. Bookmarks with the program schedule are available now.

Tina Rounsavell, Program Chair, announced that Jane Thornley will present the program in February. Workshops, will follow on February 4 and 5th. The same class instruction will be given both days and the classes are 6 hours long. There is a \$50 charge for the workshop. Sign-up sheets were available at the back table.

In April there will be a Fashion Show Challenge, "Vintage Knitting". See the January newsletter for details.

The Temecula retreat at Viña de Lestonnac Retreat Center, will be held January 19-22 (Monday to Thursday). Final payments were due at the January Guild meeting.

In the spring a retreat will be held on the Palos Verdes peninsula May 18-21. Members may sign up at the next Guild meeting.

Arlene Shaposhnick, Chair of Philanthropy who was unable to attend the Guild meeting, sent a letter thanking all who knitted for the Guild charities: Operation Gratitude; Tête-à-Tête Hats; Oz Shelter for homeless teens, and a new charity, Handmade Especially for You. Knitted comfort scarves will be created for abused women in two local shelters. The scarves should be worked on very large needles so will work up quickly and will work up loosely for comfort. You may use novelty yarns to make the scarves special. The maximum size is: 45" wide by 56-60" long. More information is on their website at the Women's Resource Center. The Guild has promised 10 scarves every quarter.

Sue Tavaglione provided information on Members Teaching Members. A class on ruffled scarves may be held in the future.

The program, "A Yarn Bombing Tutorial" was presented by Sara Stolz.

"Show and Share" followed.

The meeting was adjourned by Sheila.  
Respectfully submitted  
Barbara Pearson

## Philanthropy

*By: Arlene Shaposhnick, Philanthropy Chair*

I hope everyone is having a joyful and productive 2015. By now most of you know that we have added to our charities, knitting and crocheting comfort scarves for abused women's shelters. Our comfort scarves go to abused women who, in most cases, left home with only the clothes they were wearing; some have young children. Please find it in your heart to knit something soft and comfy for them. We are working directly thru Handmade Especially for You. Please visit their [website](#); it is filled with information and instructions and will answer any questions you may have.

We'll be collecting hats and scarves for Operation Gratitude all year as well, as the OZ Program for the homeless kids in San Diego. We now have three charities in the Guild. I'm sure there is at least one that touches your heart. Please knit or crochet for your favorite charity and turn in your items at the next meeting.

I want to thank all of you who have knitted something for our charities; they are very much in need of your donations. Jeanette Olivier and I will be at each meeting with yarn and instructions. If you have any questions, please contact me: [Arlene@shaposhnick.com](mailto:Arlene@shaposhnick.com). See you all at the February meeting.

## County Fair News

*By: Carolyn Balkwell*

This year's theme is "A Fair to Remember: A Celebration of World's Fairs and Balboa Park." All areas of Home and Hobby have been matched in theme to the Veteran's Museum, which provides us with the opportunity to showcase our Operation Gratitude Charity Project. Entries that relate to Balboa Park or Veteran's themes are especially encouraged. All entries must be made online ([www.sdfair.com](http://www.sdfair.com)). The deadline for entering is by midnight Friday May 8. No late entries will be accepted. Knitted items submitted to the fair must be delivered between 12 noon and 7:00 PM on either May 19 or May 20. Get your creative juices flowing and think about what you will submit. Let's have a strong representation from San Diego North Coast Knitters.

## Members Teaching Members

By: Sue Tavaglione ~ [sjtava@sbcglobal.net](mailto:sjtava@sbcglobal.net)

We have two classes available. Both are three hours long, cost \$30, and are available to members only. We need hostesses in order to confirm dates and locations.

**DOUBLE RUFFLED SCARF** - with Sue Tavaglione (seeking an Orange County/northern San Diego hostess). This scarf can be worn two ways and can be knit with almost any yarn at any gauge. Adding beads is optional for a lacy edges. The pattern is easy to do after you learn the "recipe," but it was a mind blower at the beginning.

**FELTED BACKPACK** - with Eileen Adler (seeking a central San Diego hostess). Backpack purses are really a necessity because the weight is evenly distributed on both shoulders, making carrying your purse much more comfortable. Learn several techniques as you navigate thru this project. It's an artistic, colorful, and practical accessory that is fun to complete.



Dates and times are flexible, so please contact Sue if you are able to host. Remember, the hostess receives the workshop for free! I hope to have the complete workshop information (including materials and/or homework requirements) available at the February meeting.



By: Marie Fisher

"How to put together your afghan squares using the mattress stitch"

<https://www.youtube.com/watch?v=SOZxLp5GCTI#t=13>

## San Diego North Coast Knitters Guild General Information

Membership in the Guild is open to everyone, regardless of your craft. Membership expires for all members on January 31. Dues are \$25 annually. A printable membership form is available on the Guild [website](#).

Send all submissions by the 15th of the month to: [SDNCKGnewsletter@gmail.com](mailto:SDNCKGnewsletter@gmail.com) Short articles relating to knitting in general, and the San Diego North Coast Knitters Guild in particular, are encouraged.

Notices and announcements of a commercial nature may be placed as paid advertisements. Send an email to the above email address for rates and more information.

### Guild Sub Groups:

- ✿ AKG Group: It is called AKG, Advanced Knitters Group. Meets every Friday at 9:00 am at Old California Coffee Shop, Restaurant Row, San Marcos. Contact: Phyl Bates, 760-828-8286.
- ✿ Knit@Nite Group: Meets the first Wednesday at 6:00 pm at the Jewish Community Center in UTC. Contact Linda Erlich: 858-759-9509, and check the schedule on the Guild's [website](#).
- ✿ I-15 Group: Meets every second and fourth Wednesday at 9:00 am at Panera in Carmel Mountain Ranch. Contact: Mimi Sevimli, 858-722-8128.
- ✿ PA Group: PA Group knits "Practically Anything." Meets every Monday from 1:00 to 3:00 pm at Panera in Solana Beach. Contact: Jean Moore, 858-587-9054.

**Are you working on your  
"vintage" garment?**

**See details on front page for our April program.**



## January Show and Share

Stacy Mann made a collection of inside-out toys using Red Heart Super Soft acrylic yarn. Due to their

popularity, the Guild will be buying the book *TOPSY TURVY TOYS* by Susan Anderson for our library.



Nathine Nelson showed her Sideways Cardigan from designer Deborah Newton, knit in Stacy Charles cotton yarn



Sandy Yayanos used pink and blue stash sale yarns to make the Crustacean Shawl from Amy Keefer, published in *Interweave Knits* Summer 2014.



Patt Moore knit the Boneyard Shawl using Schaefer's 100% cotton Laurel yarn.



Cheryl Goyer made a pair of crocheted skimmers using the Adult Mary Jane Skimmers pattern from designer Hook Candy. Noro Kuryeon wool yarn is a good choice for warmth and color!





## January Show and Share



Rosie Halvorsen's Hoodie Cardigan was knit in Cascade Alpaca Lana D'Oro. This pattern is from Chic Knits' Bonne Marie Burns.



Colleen Davis shared a collection of sweaters from her new Von Trapezoid design. The geometric

shape and simple construction lends itself well to fabric that is hand or machine knit, woven,, or a combination of materials.

Sydney Wauson's husband was the lucky recipient of these magnificent Kilt Hose. Using a basic toe-up sock pattern, Sydney added a rope cable on the sides and attached a cabled cuff at the top. Cuff was adapted from Dockside Cable Scarf on Ravelry.



Outgoing Guild secretaries Barbara Pearson and Sandy Yayanos knit their fashionable skirts using Trendsetter yarns and stash sale treasures. The pattern is the Bacopa Fan Skirt by Barry Klein.



## *The Truth About Knitting and Crocheting*

*They're Good for You How these crafts can improve your mood, mind and body.*

*Changing Global Health  
One Stitch at a Time.*

# Renew Your Guild Membership

By Zita Gardner, Membership Chair

The Guild membership year is February 1, 2015 to January 31, 2016. Be "ahead of the game" and renew at the January meeting. Here's how:

1. Download and print the form on our website or in this Newsletter.
2. Fill it out following the directions carefully.
3. Attach either \$25 cash (exact change, please) or a check made out to SDNCKG for \$25.
4. Turn in your form and \$\$ at the Membership table at the back of the meeting room, where it will be happily accepted.

Our dues support the wonderful programs we enjoy at our meetings. Your attendance, your participation and your \$\$ support are important and greatly appreciated.

We are ending the year with 337 members!! Let's be on our way to topping that in 2015.

**The Guild welcomes new members:**  
(Complete information  
will appear in the new directory.)

Linda Berger..... love2bead2@hotmail.com  
Kenza Coleman..... kenza.coleman@gmail.com  
Lucy Kaplanian..... lkaplanian@gmail.com  
Ella Kargman..... E3Kargman@aol.com  
Elizabeth T. Kemper..... litzkemper@gmail.com  
Donna Kilpatrick ..... donnaskilpatrick@gmail.com  
Jan King ..... lkaplanian@gmail.com  
Theresa Loverro ..... tloverro@sbcglobal.net  
Maja..... maja@majadesigns.com  
Shirley Mays ..... samaysn2004@yahoo.com  
Sheila Moss ..... she.moss@yahoo.com  
Isabelle Paulsen ..... xstitchers@cox.net  
Janet Prakken..... jdprakken@gmail.com  
Ginger Sabo..... thesabofamily@gmail.com  
Louise Shappee ..... lshappee@cox.net  
Mary Van Orsdol..... mfvorsdol@gmail.com  
Susan Wilson..... wilsonhome@cox.net

## Corrections:

Marilyn Helmy..... mhelmy14@yahoo.com

## Show and Share

*Please print/write clearly.*

Name \_\_\_\_\_

Your Ravelry I.D. \_\_\_\_\_

Item \_\_\_\_\_

Pattern Name \_\_\_\_\_

Designer \_\_\_\_\_

Yarn Name \_\_\_\_\_

Yarn Fiber \_\_\_\_\_

Notes \_\_\_\_\_

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## Show and Share

*Please print/write clearly.*

Name \_\_\_\_\_

Your Ravelry I.D. \_\_\_\_\_

Item \_\_\_\_\_

Pattern Name \_\_\_\_\_

Designer \_\_\_\_\_

Yarn Name \_\_\_\_\_

Yarn Fiber \_\_\_\_\_

Notes \_\_\_\_\_

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## San Diego North Coast Knitters Guild 2015 Membership Form

The Guild 2015 membership year is February 1, 2015 to January 31, 2016.

Membership dues for RENEWING members are \$25, no matter when paid.  
Membership dues for NEW members are \$25 when joining by August 31. Dues for NEW members joining September through December are \$35, and that amount covers membership for the remaining months of 2015 and all of 2016.

Bring completed form and a \$25.00 check payable to SDNCKG to a Guild meeting or mail to:

SD North Coast Knitters Guild  
c/o Zita Gardner, Membership Chair  
9902 Helix Mont Circle  
La Mesa, CA 91941

**Name:** \_\_\_\_\_  
(As you would like it to appear in the Directory and on your nametag.)

I am a: \_\_\_\_ RENEWING Member; **Complete form ONLY ONLY ONLY IF  
your information has CHANGED in the past year.**  
\_\_\_\_ NEW Member; Fill in your information below.

**Street Address:** \_\_\_\_\_

**City, State & Zip Code:** \_\_\_\_\_

**Telephone:** \_\_\_\_\_

**\*E-Mail:** \_\_\_\_\_

If you do not have access to e-mail, please ask a friend or relative to receive your e-Newsletter. We will send the link to them to print for you. Enter that e-mail address here.

**Ravelry ID:** \_\_\_\_\_

Paid memberships received after March 3 will not be included in the 2015 Directory.

Membership information may NOT be sold or used for any purpose other than official Guild communication and individual communication of a personal nature between Guild members.