



# San Diego North Coast Knitters Guild

San Diego, California - [www.ncknit.com](http://www.ncknit.com)

Number 207 – January 2015

## Next Meeting:

**Tuesday, January 6: 12:30-3:00 pm**  
**San Dieguito United Methodist Church**  
**170 Calle Magdalena**  
**Encinitas, CA 92024**

**Program: Sara Stolz: A Yarn Bombing Tutorial**

## Presidents' Letter



*Co-Presidents Stacy and Sheila*

Two years ago in our first Presidents' Letter we wrote about how excited we were to lead this wonderful organization, the San Diego North Coast Knitters Guild. We saw a vibrant and growing knitting community, and anticipated that it would get even better. With our term coming to a close this month, we could not be more proud of the accomplishments of the Guild.

Some numbers show how successful the Guild has been. Membership is at an all-time high of 337 knitters. Most returning members renew in January; last year new members joined each and every month. (Speaking of renewals, now is the time to renew for 2015. See the last page for a 2015 Membership Form.) Although we are geographically linked to the North Coast area of San Diego, the Guild has several out-of-state members and a sizable contingent from outside San Diego county. We all know what our traffic is like and that makes it all the more impressive to consistently see members from Riverside county, from Orange county and from Los

Angeles county at monthly meetings. The San Diego North Coast Knitters Guild is truly a "destination" Guild!

Membership alone does not fully convey the success of the Guild. Members participate. Monthly meetings buzz with about 150 knitters in attendance. About one in six members took a workshop last year. Even more members have learned from their peers during Members Teaching Members Workshops (MTM). We've been edified and entertained by topics as diverse as color theory, knitting birds, basic crochet, new increases and decreases, reusing knitted garments and eco-dyeing and printing. Still more members learn from each other informally at Guild subgroups and Guild retreats. Later this month at our retreat in Temecula, 32 Guild knitters will convene to share their love of knitting.

Numbers and statistics and lists don't however fully explain the vibrancy of the Guild. We are all excited when a member shares a newly completed garment during our monthly Show and Share, and all around the room people are saying, "I think I can make that" and "I could make that" and "I want to make that in another yarn" and "I want to make that, only with different sleeves" and "I want to make that..." All around people are looking at the garment and leaning over to touch, to ask questions and to ask the pattern name one more time. The room is showered with sparks of creativity. Members are inspiring others to take on a new knitting challenge. This is the Guild all members can be proud of.

We have learned much from all of you. We have been inspired to knit and now will have a bit more time to do that. We may have to put some things on hold since we will both become grandmas in the coming months. We will be knitting new and exciting small projects for new additions yet to be born but already anticipated and loved. We encourage all of you to continue to be inspired by the Guild, by the generosity and talent of its members, by each other.

Happy Knitting,

Sheila Kirschenbaum  
Stacy Smith

# 2015 Meeting Schedule

## January

6 **Sara Stolz:** A Yarn Bombing Tutorial

## February

3 **Jane Thornley:** Inspired Designs

4 & 5 **Workshop:** Consider the Possibilities  
(one-day workshop offered twice)

## March

3 **Grace Akhrem:** A Better Way

4 **Workshops:** Design Your Own Sweater

5 **Workshops:** Mistakes and More  
Mistakes (am)  
Modifying a Garment For Your Body  
and Yarn Choice (pm)

## April

7 **Challenge & Fashion Show:**  
Vintage Revisited

## May

5 **Anna Walden:** Romping with Ruffles,  
Playing with Extra Fabric

6 **Workshop:** Romping with Ruffles

## June

2 **Sivia Harding:** Seduced by Beads

3 **Workshop:** Sideways Lace

4 **Workshops:** Bead Whimsy (am)  
Knotty Scarflet (pm)

## July

7 **Annual Summer Potluck Luncheon**

## August

11 **(\* Meeting on 2nd Tuesday)**  
**Liz Knapp:** Pins and Needles:  
Social Media for Our Guild

## September

1 **Annual Guild Stash Sale**

## October

13 **(\* Meeting on 2nd Tuesday)**  
**Ashley V. Blalock:**  
Keeping Up Appearances

## November

3 **Jean Degenfelder:** Inspired Felting

4 **Workshop:** Inspired Felting

## December (\* Luncheon on 1st Monday)

7 **Holiday Luncheon and Fashion Show**



# Guild Programs

By: Tina Rounsavell, Program Chair

**January Program:** Our January 6 speaker is our own Sara Stolz, who is part of an ongoing yarn bombing in Old Poway Park. She'll give us the inside story with "A Yarn Bombing Tutorial." The group recently redecorated a tree for the holidays. She'll tell us all about how her group pulled it off--what yarns and techniques they used, how they designed and installed the pieces, how they dealt with park officials, how they made it all fit, and more.



*Sara Stolz and her group yarn bombed this tree for the holidays.*

## Jane Thornley Visits in February

Are you ready to explore your own creativity through the rich world of yarn? Then join us in February as we welcome Jane Thornley, all the way from Nova Scotia.



*Jane Thornley models one of her amazing creations.*

Jane knits and designs patterns that feature a mix of fabulous yarn rather than complex pattern work. Take a look at her work at [www.janethornley.com](http://www.janethornley.com) or on Ravelry (color4texture) and be amazed at her mastery of color and texture.

Jane will be at the February 3 meeting to talk about "Inspired Designs." She will teach a full-day workshop, "Consider the Possibilities," from 9 am to 4 pm Wednesday, February 4. She will repeat the same workshop Thursday, February 5, so that as many members as possible will have a chance to take advantage of her visit. The cost for each full-day workshop is \$50. Guild subsidies make this bargain price possible for you.

All you need is an assortment of yarns of various colors and textures and a willingness to experience knitting "off the grid." As Jane puts it, "Every knitter has the ability to create unique works of fiber art once they trust that inner voice."

Signups will begin at the January meeting. The size of the workshops is limited so don't miss out. Thanks to member Linda Bruno for suggesting Jane Thornley as a guest speaker for our Guild.

# Minutes of the SDNCKG Meeting November 4, 2014

Sheila Kirschenbaum welcomed members and special guests, knitters from Seacrest who have knitted scarves and hats to support our philanthropy programs.

A used book sale preceded today's program and was followed by Guild business:

The Holiday Luncheon and Fashion show will be held on December 1 at Morgan Run and fifty reservations are still available. A registration form is in the newsletter and on the website. Call Mar Gee Farr or Laura Brubaker for more information and contact Diana Rathbun for information about the Fashion Show.

Thirty knitters have signed up for the retreat in Temecula and payment is due at the January Guild meeting. Contact June Bartczak for more information.

At the January 6 meeting Sara Stoltz will present an insider's take on "Yarn Bombing".

Marie Fisher will be the sage advisor for the Help Session on Tuesday, November 11.

Sara Smelt was going to present a Felted Lariat Class on November 10 but the class was cancelled for lack of sign-ups.

Sue Tavaglione presented information about future "Members Teaching Members" programs. In November Sara Stoltz will teach her "Knitted Birds" workshop and Laura Cunitz will teach her new increase techniques for hats. Karen des Jardins will offer a class on sewn project bags, and a beginning crochet class will be offered in December. See the newsletter for time, location and materials needed for each of these workshops.

Philanthropy Chair Arlene Shaposhnick announced that the Guild has given 50 hats to Tête-à-Tête Hats and 50 to Operation Gratitude. She thanked members for their generous donations. She also introduced her committee who prepared bags, decorated with knitted hearts and flowers, containing yarn and hat patterns for members to knit during today's program. The hats will be collected at the December luncheon and meeting in January.

Sheila presented the slate of officers for 2015 to the Guild.

Dottie Pusi from the Braille Institute, shared information about the knitting program offered there and thanked the Guild for yarn donations that have been sent to them. Examples were shown of the projects made by knitters who have macular degeneration. Many charities benefit from the creations: red scarves are given to recent heart surgery patients, the homeless, newborns at Rady

Childrens Hospital and hats and scarves are sent to tribes in Alaska.

Diane Seaberg introduced Richard Nares of the Emilio Nares Foundation.

He talked about the special needs of parents whose children are cancer patients. His foundation offers free transportation to the hospital, in-hospital support for the parents while they are waiting to be with their children, provides nutritious snacks, and will be offering user-friendly shirts especially designed for patients who have ports and need easy access. The program has been designed around the special needs that he and his wife experienced with their own son.

Gabriela Perez-Vargas, Programs Coordinator for the Foundation, shared information about one program at Rady that helps patients and families relieve their stress during trying times. She teaches them to knit, helps find patterns and select yarns.

Taylor De Vries, her mom, Shelly Gerber, and sister, Paige, presented Tête-à-Tête, a knitted hat program originally for teens in the hospital that has grown to be a nationwide project. Hats are given to cancer patients in local hospitals and nationwide organizations. Since 2010, this mother and her two daughters have knitted 2000 hats for charity.

Show and Share was moderated by Sheila. She later adjourned the meeting.

Respectfully submitted,  
Barbara Pearson  
Co-Secretary

## Philanthropy

*By: Arlene Shaposhnick, Philanthropy Chair*

Thank you to all of you who turned in hats and scarves last year; we were able to help many people and put smiles on their faces. Thank you to Karen Henderson from the Black Sheep yarn shop and to Guild member Mary Brown for their yarn donations to Philanthropy.

This year we will be adding a new charity...knitting comfort scarves for abused women in shelters. Many of you have been knitting beautiful scarves that are very suitable as comfort scarves, so I figure why not. We will be working with Handmade Especially For You. This organization wraps up comfort scarves with ribbon and sends them to women's shelters all over California. The need is great. The shelters house women and children who leave home with nothing but the clothes they are wearing. It is a traumatic experience and the scarves are very "comforting." More information about the organization, scarf patterns and more may be found at [handmadeespecially.org](http://handmadeespecially.org).



We shipped about 100 hats and scarves to Operation Gratitude in September. These lovely items were included in care packages sent in December to our overseas military women and men. We will continue to collect items for next year's care packages. Please remember to use subdued colors and include the fiber content on an attached gift tag.

Lastly, we will still be knitting hats and scarves for the Oz program for the homeless kids in San Diego county. We will be collecting these all year so we will have enough for the winter.

As always, we will have yarn and instructions at the meetings. If you have any questions please feel free to contact me [Arlene@shaposhnick.com](mailto:Arlene@shaposhnick.com) or stop by the Philanthropy table and talk with Jeanette Olivier or me about a Philanthropy project. Keep knitting!

## Retreat Update

*By: June Bartczak, Retreat Coordinator*



### Viña de Lestonnac

Currently, we have 32 knitters going on the January retreat at the Viña de Lestonnac Retreat Center in Temecula. We will be there Monday afternoon to Thursday morning, January 19 to 22, 2015.

The total cost is \$405 for a single room and \$305 for a double room, meals included from dinner on Monday, January 19 to breakfast on Thursday, January 22. Final payments (\$305 for a single and \$205 for a double) are due on or before the January 6, 2015 meeting. Please make your check payable to **SDNCKG**. Participants may send their payments to June Bartczak, Retreat Coordinator, 157 Via Monte d'Oro, Redondo Beach, CA 90277, or pay at the January meeting.

### The Mary & Joseph Retreat

Mark your calendar. The next retreat will be at the Mary & Joseph Retreat Center in Palos Verdes from Monday, May 18 through Thursday, May 21, 2015. Deposits will be accepted beginning in February. Virtually visit the beautiful location at [maryjoseph.org](http://maryjoseph.org). Contact me if you have any questions: 310-941-7009 or [bartczak.june@gmail.com](mailto:bartczak.june@gmail.com) Happy New Year!!

## San Diego North Coast Knitters Guild General Information

Co-Presidents: [Sheila Kirschenbaum](#) and [Stacy Smith](#). Sheila and Stacy welcome your comments and questions. Click on our names to send us an e-mail.

Membership in the Guild is open to all knitters, regardless of skill level. Membership expires for all members on January 31. Dues are \$25 annually. A printable membership form is available on the Guild [website](#).

### Newsletter

Monica Clark, Editor

Send all submissions by the 15th of the month to: [SDNCKGnewsletter@gmail.com](mailto:SDNCKGnewsletter@gmail.com) Short articles relating to knitting in general, and the San Diego North Coast Knitters Guild in particular, are encouraged. Notices and announcements of a commercial nature may be placed as paid advertisements. Send an email to the above email address for rates and more information.

### Guild Sub Groups:

✿ AKG Group: It is called AKG, Advanced Knitters Group. Meets every Friday at 9:00 am at Old California Coffee Shop, Restaurant Row, San Marcos. Contact: Phyl Bates, 760-828-8286.

✿ Knit@Nite Group: Meets the first Wednesday at 6:00 pm at the Jewish Community Center in UTC. Contact Linda Erlich: 858-759-9509, and check the schedule on the Guild's [website](#).

✿ I-15 Group: Meets every second and fourth Wednesday at 9:00 am at Panera in Carmel Mountain Ranch. Contact: Mimi Sevimli, 858-722-8128.

✿ PA Group: PA Group knits "Practically Anything." Meets every Monday from 1:00 to 3:00 pm at Panera in Solana Beach. Contact: Jean Moore, 858-587-9054.



## Holiday Luncheon and Fashion Show.....Thank You!

*By Mar Gee Farr and Laura Brubaker, Holiday Luncheon Coordinators*

We would like to thank everyone who donated their ideas, time and creative talents and those members who have given so generously to make the party and drawing a success.

Special thank you to... Amy Sheridan for taking reservations and her helpers Sandy Stapel and Joyce McCarthy. Gwen Nelson, Jean Moore and Myra Lehman for selling tickets. Diana Rathbun and Sara Stolz for organizing the Fashion Show and all of our models who shared their beautiful creations. Linda Erlich for narrating the Fashion Show.

The “runners” who helped at the Luncheon: Claudia, Mary Anne, Laura, Tony, Zita, Diane, Willa, Thea, Kathy G., Stacy and Siobhan. All 62 members who knitted swatches and Amy Sheridan, Gwen Nelson, Laura Brubaker and Mar Gee Farr for assembling the afghan.

We would like to thank the following members and friends for their generous donations for the “Opportunity Drawing”: Tina Rounsavell, Laura Cunitz, Laura Brubaker, The Black Sheep, Carol Meyer and Yarning For You, The AKG Group, The PB Group, Carolyn Simpson, Pattye Brewer, Mary Brown, Mar Gee Farr, Black Locust Farm Shop in Ohio, The Diamond Boutique, Sara Stolz, Barbara Levin, Zita Gardner, Patt Miller, Amy Sheridan, Liz Knapp, Caryl Nelson and Common Threads and Phyllis Bates.

We wish everyone a wonderful Holiday Season filled with happy times and good cheer with family and friends.



*By: Marie Fisher*

How to weave ends in while knitting

<https://www.youtube.com/watch?v=iLrLB-HkVh0&list=UUuqhAcpbDHH40wJQNcywN4w>

## Renew Your Guild Membership

*By Zita Gardner, Membership Chair*

The Guild membership year is February 1, 2015 to January 31, 2016. Be “ahead of the game” and renew at the January meeting. Here’s how:

1. Download and print the form on our website or in this Newsletter.
2. Fill it out following the directions carefully.
3. Attach either \$25 cash (exact change, please) or a check made out to SDNCKG for \$25.
4. Turn in your form and \$\$ at the Membership table at the back of the meeting room, where it will be happily accepted.

Our dues support the wonderful programs we enjoy at our meetings. Your attendance, your participation and your \$\$ support are important and greatly appreciated.

We are ending the year with 337 members!! Let’s be on our way to topping that in 2015.

## April Fashion Show

*By Tina Rounsavell, Program Chair*

It’s not too soon to start thinking about our April Challenge and Fashion Show: Vintage Revisited. The challenge is to use a vintage pattern to create a new piece. You could adapt or reinterpret the pattern, use just one feature (like a lace collar) or rework it on larger needles (so you don’t need a corset underneath).

If you picked up some old magazines at our Guild library sale in November, you have a head start. Other sources of vintage patterns include your local library (where knitting books often sit on the shelves for decades).

To find vintage patterns on Ravelry, go to the pattern browser and type “vintage patterns” in the search box. You can filter the results using the pull-down menus in the left-hand column (Category, Availability, Craft, Attributes, and so on). The Ravelry Wiki lists numerous online sources here: [ravelry.com/wiki/pages/OutOfPrintSources](http://ravelry.com/wiki/pages/OutOfPrintSources)

For a trip into knitting’s distant past, try Franklin Habit’s Knitty column, “Stitches in Time” [knitty.com/archiveSIT.php](http://knitty.com/archiveSIT.php).



# Highlights of Holiday Luncheon in Pictures



(Above) Luncheon Table Centerpiece, (Right) Sock Monkey Prize (Below) Swatch Afghan Prize



(Above L to R) Barbara Levin, Stacy Smith & Linda Erlich in Stephen West "Parachutey" (Below) Elegant table settings for our Holiday Luncheon.



(Above) American Girl Doll Prize. (Right) Even the dolls had a swatch afghan. (Left) Diane Seaberg modeling her beautiful skirt and top. The skirt is "Sasha" by Louet and the top is "Vintage Sweater" by Renee Lorion.





# New Guild Board, Chairs and Coordinators

*By: Sandy Yayanos and Barbara Pearson,  
Nominating Committee*

## **Executive Board 2015-2017**

President ..... Liz Knapp  
Vice President..... Karen Des Jardins  
Treasurer..... Diana Rathbun  
Programming..... Tina Rounsavell  
Secretary..... Phyllis Bates

## **Committee Chairs and Coordinators**

Membership ..... Zita Gardner  
Membership Directory ..... Mar Gee Farr  
Name Badges ..... Lisa Sorensen and Alice Chary  
Librarians..... Scarrain Gomes and Brigit Pitcairn  
Philanthropy ..... Arlene Shaposhnick  
Retreats ..... June Bartczak  
Photographer..... Stacy Smith  
MTM Workshops..... Sue Tavaglione  
Newsletter Design ..... Monica Clark  
Newsletter Content..... TBD  
Newsletter Distribution ..... Mar Gee Farr (email)  
and Betty Clarquist (postal)  
Webmasters..... Mar Gee Farr, Barbara Levin and  
Sheila Kirschenbaum  
San Diego County Fair..... TBD  
Potluck Luncheon ..... Retiring Board Members  
Stash Sale..... Mimi Sevimli  
Holiday Luncheon..... Thea Lazarevic



# Guild Directory Updates & New Members

By: Zita Gardner, Membership Chair

Simply clip and insert in your existing Guild Directory:



## January

### The Guild Updates:

Patt Miller  
4101 Loma Riviera Lane  
San Diego, CA 92110  
619-208-7288  
PattsHeart@gmail.com

Ann Dumanis  
5988 Gullstrand Street  
San Diego, CA 92122  
858-246-7610  
anndumanis@gmail.com  
Ravelry ID: knitann

Liz Knapp  
71183 Camino Degrazia, Unit 92  
San Diego, CA 92111  
619-818-3241  
liz.knapp.louise@gmail.com  
Ravelry ID: evk0109

### New Members

Dawn Douglas  
13190 Carousel Lane  
Del Mar, CA 92014  
858-259-1660  
DAWNDOUGLA@aol.com

Susan Edwards  
1804 Garnet #436  
San Diego, CA 92109  
626-437 2801  
Susan.EdwardsCSR@gmail.com

Marilyn Helmy  
700 Cloyden Road  
Palos Verdes Estates, CA 90274  
310-378-8790 H 310-245-7442  
mhelmhy14@yahoo.com





## November Show and Share

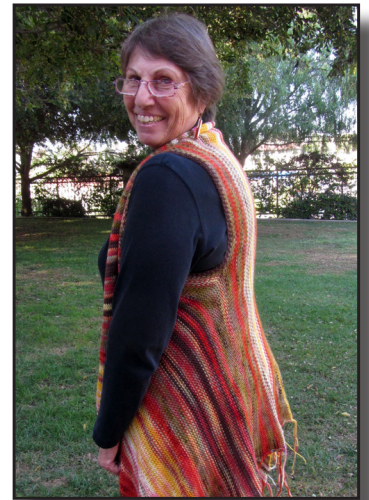
Nathine Nelson modeled her "Cordelia" cardigan by Hélène Rush. It is knit in KnitOne, Crochet Too Cozette, a silk, cotton and polyamide yarn in periwinkle.



June Bartczak shared two "Sock Yarn Sweaters" knit for her neighbor's twin boys. The pullovers, knit in Knitted Wit Gumballs Fingering,

a 100% superwash merino yarn, were designed by Hannah Fettig

Barbara Friedman shared a vest of her own design knit in Twisted Sisters Jazz.



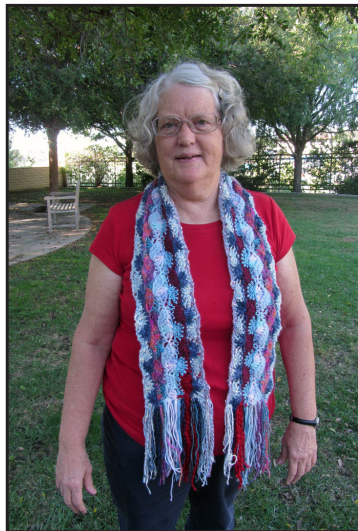
Sandy Yayonos shared a "Long Cabled Coat" by Amy Micallef from *Vogue Knitting*, Fall 2014. Sandy knit the coat in HiKoo Skacel SimpliWorsted, a wool blend. She used leather buttons, adding one less button than the pattern called for. Sandy's daughter is sure to love this!

Sue Tavaglione modeled her "Foolproof" cowl by Louise Zass-Bangham. Sue said this project was "very fun to knit" and she used Lorna's Laces sock yarn.



Sue also modeled her "Spring Kerchief" by Sachiko Uemura. The shawl is knit in Reywa Fibers Bloom, a lace weight, silk and yak

Marie Skillman modeled her "Daisy Chain Scarf" from *Vogue Knitting on the Go: Crocheted Scarves*. The colorful scarf was knit with a variety of yarns from the 2013 Stash Sale.



blend that is held double throughout the project.





## San Diego North Coast Knitters Guild 2015 Membership Form

The Guild 2015 membership year is February 1, 2015 to January 31, 2016.

Membership dues for RENEWING members are \$25, no matter when paid.  
Membership dues for NEW members are \$25 when joining by August 31. Dues for NEW members joining September through December are \$35, and that amount covers membership for the remaining months of 2015 and all of 2016.

Bring completed form and a \$25.00 check payable to SDNCKG to a Guild meeting or mail to:

SD North Coast Knitters Guild  
c/o Zita Gardner, Membership Chair  
9902 Helix Mont Circle  
La Mesa, CA 91941

**Name:** \_\_\_\_\_  
(As you would like it to appear in the Directory and on your nametag.)

I am a: \_\_\_\_ RENEWING Member; **Complete form ONLY ONLY ONLY IF  
your information has CHANGED in the past year.**  
\_\_\_\_ NEW Member; Fill in your information below.

**Street Address:** \_\_\_\_\_

**City, State & Zip Code:** \_\_\_\_\_

**Telephone:** \_\_\_\_\_

**\*E-Mail:** \_\_\_\_\_

If you do not have access to e-mail, please ask a friend or relative to receive your e-Newsletter. We will send the link to them to print for you. Enter that e-mail address here.

**Ravelry ID:** \_\_\_\_\_

Paid memberships received after March 3 will not be included in the 2015 Directory.

Membership information may NOT be sold or used for any purpose other than official Guild communication and individual communication of a personal nature between Guild members.