



San Diego North Coast Knitters Guild

San Diego, California - www.ncknit.com

Number 164 – February, 2011

Next Meeting:

Tuesday, February 1, 2011

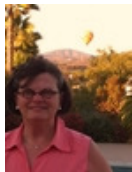
San Dieguito United Methodist Church

170 Calle Magdalena • Encinitas, CA

92024

12:30 pm

Speaker- Arline Fisch



President's letter:

I feel honored to be chosen and elected by all of you to be the next Guild president. I have "big" shoes to fill! We would not have a Guild if it were not for Colleen Davis' and Phyllis Bates' vision with their leadership as well as Thea Lazarevic's & Barbara Levin's. Who would have thought that in 14 years we would be 300 members strong and growing! I hope to be as enthusiastic and passionate as my predecessors. We have a great Board of members with unbelievable talents!

Carolyn Balkwell and Annette Friedlein have been working hard to arrange our program agenda. Everyone enjoyed our first program of 2011 with Gordana Gehlhausen; we look forward to see Arline Fisch's knitted wire jewelry and learn more at our next meeting on February 1st.

We have tweaked the agenda just a bit and will have Patricia Dickinson, "The Button Lady," at our July 5th pot luck; so start thinking about lining up your projects that will need buttons so you can be prepared for

Pat's visit! Willa Cather and I have come up with an all-guild project that should be fun for everyone to participate in, no matter what your level of experience or preference of knitting or crocheting! Details to follow at our next meeting!

I hope you all will continue to support our philanthropy projects, Members Teaching Members Workshops and speaker-program workshops throughout the year, as well as use our fabulous library resources, our quarterly finishing group meetings and sub-group meetings to enjoy KNITTING!

I look forward to guiding this unbelievable group of talented women! May we all have a Healthy & Happy New Year!

Mar Gee Farr, President

P.S. Please e-mail me at margee15@cox.net to let me know if you have any Guild "stuff" you are storing for us!

Thank you. Mar Gee

**Board Members: First Board Meeting:
Tuesday, February 1st, 11:00 am., San
Dieguito United Methodist Church. Bring
a sack lunch.**

February Program Speaker:

Arline Fisch, Professor Emeritus of Art at San Diego State University, will present a program on using knitting techniques to create wire jewelry. She recently had an exhibit of her work at the Mingei Museum titled "Fisch out of Water".



Minutes from January Meeting:

Tuesday, January 4,
2010 - 12:30 p.m.

Barbara Levin,
President, called the
meeting to order and

welcomed members and guests. Barbara introduced our speaker for the meeting, Gordana Gehlhausen, knitwear designer and TV Project Runway contestant. Gordana shared her inspiring story of passion for design and following her dream. She was born in Bosnia, formally Yugoslavia, and started knitting at the age of seven. With no formal training, Gordana was able to knit and design outfits out of fabric she could find in her home. At eighteen years of age she left home to fulfill her passion for design and experience other cultures and traveled to the Croatian coast. Later she went to Germany and attended the University. She also applied to Project Runway and a few years later she was contacted and accepted as a contestant on Project Runway Season 6. She was cut on the next to last session of that show. Gordana moved to San Diego two years ago and has opened a boutique in downtown San Diego on Market Street filled with her own dress designs and jewelry. Her designer logo is "Goga". We proceeded to have a question and answer time and many questions related to her Project Runway experience. She said it was good for her to be a candidate for about fourteen sessions on that show as it exposed her ability in design to many professional designers. She has been featured in many magazine articles, including designs in Vogue Knitting Magazine, etc.

Jo-Ellen Gould reported on the prices for the Casa de Maria Retreat, which will be held from May 23rd to May 26th. A single room will be \$440 and a double will be \$359. A nonrefundable deposit of \$300 for a single and \$150 per person for a double is required. Checks should be made payable to SDNCKG. Reservations are being accepted now.

Liz Knapp will be temporarily resigning as philanthropy coordinator in March, 2011.

She will be joining her husband, who is in the military, in Italy. Linda Erlich will be the new coordinator until Liz returns. Willa Cather will assist Linda as presenter for the Wear and Share design portion of our Guild meeting. Liz also teaches knitting at the Magdalena Ecke YMCA and encourages members of her class to become part of the guild.

Barbara Levin announced the slate of officers nominated to the 2011 guild Board along with the committee chairpersons and coordinators of the various committees and groups: President-MarGee Farr; Vice President-Willa Cather; Treasurer-Katherine Christensen; Secretary-Maureen Rukstalis; Programs-Carolyn Balkwell and Annette Friedlein; Membership-Stacy Smith; Retreat Coordinator-Jo-Ellen Gould; Holiday Chair-MarGee Farr; Historian-Ellen Magee; Librarian-Nancy Muschek; Membership Directory-Sheri Fisher; Photographers-Barbara Levin and Myra Lehman; Del Mar Fair-Katherine Christensen; Members Teaching Members-Eileen Adler and Susan Ludwig; Webmistress-Heather Broadhurst; Philanthropy-Linda Erlich and Liz Knapp; Newsletter-Barbara McCroskey.

Upon motion and second, the membership present elected the new Board of Directors and the committee chairpersons and coordinators in total.

Linda Erlich thanked Barbara Levin for all that she has done for the Guild.

Linda Erlich conducted the Wear and Share show. The meeting was adjourned.

Respectfully submitted,
Maureen Rukstalis, Secretary

Program in March:

March 1 Canadian knitwear designer

Maureen

Mason-Jamieson will

present a trunk show of her Kinver Beach Knit Designs. She will teach four classes:



Workshops in March:

March 2 Collar Obedience Training- 8:30 to 11:30 A.M.

Class Description: Learn how to make your collars sit, stand, and roll over on your command. You'll knit a sample collar in class to learn how to pick up stitches, work a collar base, and create an attractive roll.

You'll also learn how to enclose seams as you knit for a neat finish. Make your collars well-groomed and well-behaved. Stand-up neck finishes, roll collars, and shawl collars will be discussed. Homework: See below.

Bring: Your homework, plain worsted weight yarn, 1 yard length of smooth, mercerized cotton yarn, 4.5 mm (US 7), and 4 mm (US 6) circular needles, 1 set 4 mm (US 6) double-pointed needles, scissors.

Homework: Thank you for enrolling in "Collar Obedience Training". There is a small amount of homework to knit so we can knit a collar in class. It shouldn't take too much time but is best done a few days ahead of the workshop. If you have any problems with the homework, please email me at maureen@kinverknits.com and include your phone number.

Materials: 25 g plain, knitting worsted weight yarn, 4.5 mm (US 7) needles. Gauge: 18 stitches, 24 rows = 10 cm (4"). **Front:** Make 2. Cast on 18 stitches and work in stockinette (knit one row, purl one row) for 5 rows (1"). At beginning of next Right (public) Side row, bind off 4 stitches once for neck edge. Bind off 1 stitch at neck edge, every other row, 3 times. Work 4 rows even or until work measures 3" from cast on edge.

Bind off 11 shoulder stitches. Make a **second front** piece reversing neck shaping (i.e. Bind off at beginning of Wrong Side row). **Back:** Make 1. Cast on 36 stitches and work in stockinette for 2.75". Next Right Siderow, knit 12 stitches, bind off next 12 stitches for centre back neck, knit remaining 12 stitches. Work left back neck first. Bind off 1 st at neck edge, every other row, once.

When work measures 3" from cast on edge, bind off 11 shoulder stitches. Join yarn to neck edge of other side and, reversing shaping, complete. Join fronts and back at shoulder seams.

Japanese Knitting Techniques- 12:30 to 3:30 PM.

Class Description: Japanese knitting techniques will improve the finished look of your garments. You will learn Japanese methods for short rows, 3-needle bind-offs, picking up stitches for front bands that meet at the top and bottom edges, buttonholes, and tubular cast on.

Level: Intermediate

Homework: (make 2) -- With 5 mm (US 8) needles and plain, light-colored knitting worsted, cast on 20 stitches. Knit 20 rows in stockinette (k on RS, p on WS). Do not bind off. Bring homework to class on holder or needle.

Bring: Plain, light-color, knitting worsted weight yarn, homework, 4 mm (US 6), 4.5 mm (US 7) and 5 mm (US 8) needles, coil-less safety pins.

March 3

Picture-Perfect Intarsia - 8:30 to 11:30 A.M.

Top Ten Knit Tips - 12:30-3:30 P.M.

There is no homework for these last 2 classes. The fee for each workshop is \$25. More information about the content of the classes can be found at Maureen's web site: <http://www.kinverknits.com/>

Exchange program with Riverside Knitting Guild:

On Mar 5, we are doing the guild's first exchange program at the Riverside Knitting Guild. We will be sharing our recycled garments from two years ago. So, I would love it if any or all of you can also come along, to model or just observe. I will give you the time and other details later.

If you cannot go to Riverside, I would like you to bring your garments to the February meeting, as I have to put a program together. If you have done anything else along the recycling theme since that program last year, I would love to have it included. I will arrange some car-pooling. Their guild has given us a lot of support, and it would be great to reciprocate. Let's knock their socks off.

Thanks, Colleen



April Hat Fashion Show

If you have made a knitted or crocheted hat, plan to make a hat for the show, or would like to model a hat for someone

else, please share them with us.

My phone is (858) 748-4124, or email me at miyakefan92064@aol.com.

Thank you. Sara Stolz

Prewashing linen yarn:

At the January Guild meeting I showed a green ruffled sweater that I'd finished a few months ago made from Louet Euroflax 100% linen sport weight 270 yds. per skein & I briefly mentioned I had pre-washed the yarn before winding into balls. After show and tell was over, a few people asked me if I thought it was worthwhile to pre-wash the yarn and it made me realize I should have said a little more about it, so here goes!!!



Before you begin this process, read the care instructions for the yarn you are using - this will give you some guidelines as to water, drying temperature and time. The pre-washing makes the yarn much softer and therefore easier to work with. Also, when you make your swatch with the washed yarn, you can be sure it is accurate! Some of the patterns I've seen using linen yarn mention the gauge is "so many st/in" AFTER WASHING. This would be too much for me, so here's what I suggest doing to your linen yarn: Dig out some non-slippery, color-fast yarn from your stash to make tied bands around the skein. Make the skein into a large "O" and add 4 evenly spaced loose ties around the skein (the Louet is tied tightly in 2 places- do not remove them) the water will not penetrate the yarn if your bands are too tight.

You'll have 6 ties in all - this is not a magic number, it's just the number I used. Put each skein in a garment bag; 1 skein per small bag and 2 skeins in larger ones. I used Eucalan - a non-rinse delicate wash liquid (Common Threads carries it). Wash on a gentle cycle. When you get the bags out it will look as if the yarn has felted - keep calm (as the English say) and don't panic!!! Take the skeins out singly, snap them sharply to help remove loose lint, then place in garment bags in the dryer on low setting. After drying, put the yarn on a swift, remove your ties and wind into balls. The strands have stuck together during this ordeal and do not want to let go of each other, so take the winding very slowly. It makes a mess in your laundry room and when you're winding it, but for me it is worth it. The finished garment is a joy to wear, as it is so soft and smooth; almost feels like silk on your skin. Good luck - give me a call if this doesn't make sense to you.

Happy knitting. Betty Gregory

Sharing from Jan. Meeting:

Florence Kusher knitted this pink jacket from a pattern in a Brooklyn, NY, knit shop in the 60's. It is of 100% fine wool, fully fashioned, with set-in sleeves, turned hem, button bands and knitted pockets.



Judith Solomon machine knitted an original ruana in a fine blend of seven colors used double, in a brioche stitch to add body and texture. Judith also crocheted an original scarf using JoAnn's multi-colored boucle yarn.

Colleen Davis knit this freeform cardigan from various gold, orange and butterscotch yarns and notions in her stash



Josephine Barkouson Knit this original coat-sweater and beret from wool and angora in blue, white and gray. It includes appliqué, ponies, a tree, school house, fence and flowers.

Liz Knapp, Linda Epstein and Ellen Hesterman each knitted her own version of the "Color Block Shell" Liz shared last summer. Liz knitted according to pattern, Linda used a drop sleeve, and Ellen used leftover mitered squares to make a matching scarf.

Betty Gregory also shared a child's cardigan, "Sublime Waterfall", made with Twisted Sisters' wool. She lengthened the $\frac{3}{4}$ sleeves to long sleeves.



Sandy Yayanos knitted this sweater of Twisted Sisters hand-dyed dark teal yarn, from a pattern in Knit 'n' Style, Dec. 2002. She used short rows and knit vertically.

Maggie Whitson knit a self-ruffling scarf in white, gray and brown



Linda Gumtz knitted this cardigan from a pattern she made up, in Marble yarn

Betty Gregory's Bermuda shawl by Ilga Leja, is knit in Noro Silk Garden sock yarn on a size 7 needle, employing short rows and garter stitch.



Her pullover sweater in "Willow Green" Euroflax 100% linen is a pattern from Interweave Knits Summer 2002

Veena Bharwani made these sea creatures as mobile toys.



Linda Erlich knitted this "Follow the Leader" Faroese shawl by Sivia Harding in Malabrigo sock yarn.



La Casa de Maria Retreat

If you did not attend our post holiday retreat in Temecula plan to join us this May at

the La Casa de Maria retreat center in Montecito. We have a reservation for 4 days and 3 nights from May 23rd to May 26th.

The total cost is \$428.25 for a single room and \$349.50 for a double room (12 meals included.) To reserve your spot send your nonrefundable deposit of \$300 for a single room or \$150 each for a double to me, **Jo-Ellen Gould, at 2258 Del Mar Scenic Parkway, Del Mar, CA 9201.**

If you haven't been on this pleasant and relaxing trip sign up and find out what you have been missing. Besides knitting there are opportunities for hiking, swimming and even a massage. You may drive or take the Amtrak.

Jo-Ellen Gould, Retreat Chair, 858 947-5167, jmgould@san.rr.com

Members' Queries ????????

Janet White is looking for a "Golden Girls" living situation with a like-minded person (or persons). She is hoping to find either an established home, or women interested in looking for a large house to rent, with a goal of reducing expenses and increasing fun! Please email her at janetbwhite@hotmail.com or call her at 619-929-2548 to talk about the possibilities.

Does anyone know who knitted the toys featured in the January newsletter, and/or where the patterns are available? Please contact Sandy Yayanos, 858-756-0322/ cycads@sbcglobal.net



Knitting Sub-Groups:

AKG Group, 9am every Fri, Old California Coffee Shop,

Restaurant Row, San Marcos; contact- Phyllis Bates, 760-828-8286.

Knit@Nite Group, 6pm, 1st Wed.- Jewish Community Center, but check the schedule on the website to confirm dates. Linda Erlich, 858-759-9509.

I-15 Group, 9am to 11am, 2nd and 4th Wed, Panera in Carmel Mountain Ranch, Mimi Sevimli @ 858-722-8128.

PA Group, 1:00pm to 3:00pm- every Monday and Thursday at the Needlecraft Cottage, Call Jean Moore, 858-587-9054, for more information. It's called the PA group, which means we knit practically anything and is open to practically anybody.

RN Group, which stands for "Rather Normal" meets on the 4th Tuesday of every month from 10:00am to noon, at the Encinitas Senior Center (1140 Oakcrest Park Drive- cross street is Balour). Contact is: Gwen Nelson, 760-720-5420.

Knitting on the Net:

• Pattern Name

Create an American classic, and use up a lot of leftover yarn. The recipe for the Mason-Dixon Knitting “buncha squares” blanket is here: <http://www.ravelry.com/projects/KayGardiner/buncha-squares-blanket>. And here: http://www.masondixonknitting.com/archives/2007_08.html#002159



If you click on the last link in the “about this pattern” box on Ravelry, you’ll get to see other knitters’ versions of this pattern. Click on “XX projects, in XXX queues.”

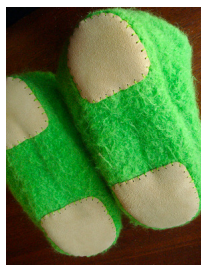
• T-shirt yarn

Turn old T-shirts into yarn, with these instructions from Tracy St. John: http://www.tangledness.com/html/fall_2010/diy_tarn.html. Then what? Link to a free pattern for an oven mitt on the same site.



• Custom-fitted Slipper Soles

If you’ve ever made felted slippers, you need these instructions for custom-fitted slipper soles: <http://www.myzigzagstitch.com/2008/01/07/how-to-do-it-slipper-soles/>. You’ll also find links here to Mandy’s drool-inducing stranded knit patterns.



• Sade Shoulder Warmer

Perfect for our climate, this shoulder warmer is from Tahki Stacy Charles yarns. Designed by one of Vogue Knitting’s most prolific designers, you’ll find the instructions here: http://www.tahkistacycharles.com/media/File/37:54_FreePatSADEKnitRibbedShoulderWarmerinSTELLA.pdf



Another site note from Deirdre:

<http://www.JimmyBeansWool.com/2011JanNewsletter.asp>

SAN DIEGO NORTH COAST KNITTERS GUILD

General Information:

Our President is Mar Gee Farr; her email is margee15@cox.net. For a list of Board Members please refer to the Directory. The Web Site address is: www.ncknit.com.

The group is open to all knitters, regardless of skill level.

Dues are \$20 annually and expire for all members on January 31. Those forms and checks will then go to: Kathy Christensen, Treasurer SD-NCKG, 4625 Los Alamos Way, #D, Oceanside, CA 92057.

CONTACT INFORMATION

Newsletter Editor

Barbara McCroskey

Email: bmccroskey@prodigy.net

Please send info. to me by the 15th!

Web Master For Our Web Site

Heather Broadhurst is the website person, and her email is hjnb@boddame.net.

Yarn shops are encouraged to check their listings and provide updates to our Web Master. We’d also like to hear about trunk shows and special guest teachers at your shops – we’ll put them on the website and in the newsletter.

Return Address:

**Sheri Fisher
11245 Forestview Lane
San Diego, CA 92131**