

SARAH'S GARDEN SCARF



MATERIALS:

YARN: 200 to 250 yards of knitting worsted weight yarn
Several small amounts of colors for the embroidery stitches; see page 2

NEEDLES: US 10 (6mm) needles for scarf

NOTIONS: tapestry needle

SIZE: 5" wide and between 50" and 60" long

GAUGE: about 4.5 sts + 6 rows = 1" but gauge isn't critical for this pattern

SKILL LEVEL: Easy

PATTERN NOTES:

- **Slip 1:** slip this stitch purlwise on the RS row; slip 1 purlwise wyib (with yarn in back)
- First and last stitch of EVERY row is knitted for a knitted garter stitch selvage

Sarah's Garden is a multiple of 6 stitches + 3 (+ 2 selvage stitches)

Cast on 23 stitches

Rows 1 and 3: k1, *slip 1, k1, slip 1, p3* repeat from * to last 4 sts: slip 1, k1, slip 1, k1

to last 4 sts: slip 1, k1, slip 1, k1

Row 2: k1, p3, *k3, p3* repeat from * to last stitch: k1

Row 4: k1, purl to last stitch, end k1

Rows 5 and 7: k1, *p3, slip 1, k1, slip 1*

repeat to last 4 sts: p3, k1

Row 6: k4, *p3, k3* repeat to last stitch, k1

Row 8: k1, purl to last stitch, end k1

Repeat Rows 1 to 8 for pattern.

End on Row 4 or Row 8. Bind off.

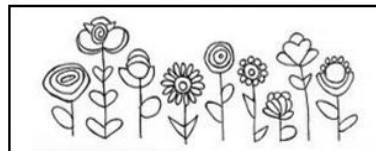
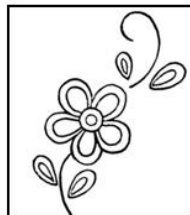
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Repeat these 6 sts

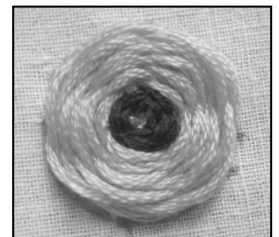
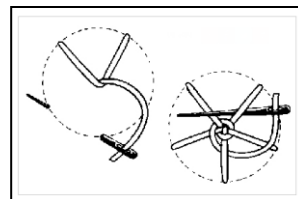
Chart Legend	
	knit on RS and WS
-	purl on RS and WS
s	slip this stitch purlwise with yarn in back

Finishing: Weave in ends. Embroider your flower design.

Some ideas to get you started; then use some or all of the embroidery techniques.

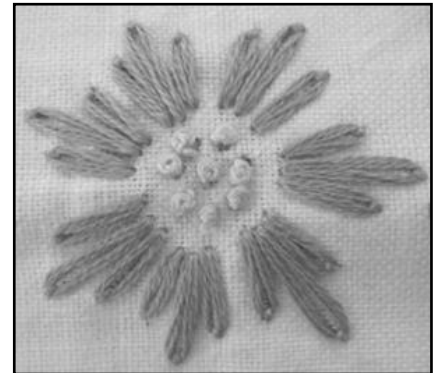
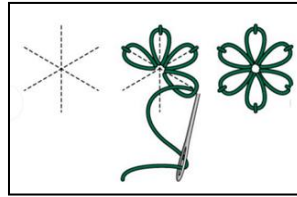


Embroidery - Spider Web Flower Center: Mark the center and 5, 7, or 9 evenly-spaced points around the outside edge of a "circle." Bring your thread up in the center. Take 5, 7, or 9 straight stitches from the center out. Bring your thread up again in the center in between two of the "spokes". Without going through the fabric, weave the thread under



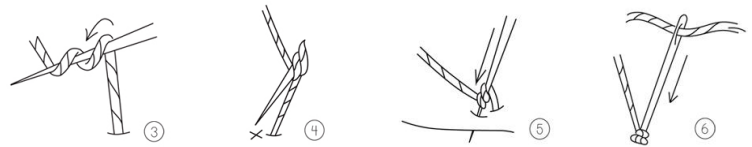
and over the straight stitches, making sure to alternate between spokes. Because you have an uneven number of spokes, the next time you come around the circle you'll be doing the opposite of what you did before, alternating under and over, weaving with an even tension. To end this, take your thread to the back slightly under the edge of the outer thread and near one of the spokes. This will help to hide the end. <http://stitchschool.blogspot.com/2010/06/spider-web.html>

Embroidery - Lazy Daisy: Start by bringing your threaded needle to the front. Then take the needle to the back as close as possible to where the thread emerges. Bring the needle to the front at the tip of the stitch, insert the needle from back to front, catch the loop, and pull the thread through to the back; one loop is made. Repeat for the desired number of petals. <http://stitchschool.blogspot.com/2009/12/stitch-school-lazy-daisy.html>



Embroidery - French Knot

1. To start, bring your thread to the front.
2. Hold the thread between your left index finger and thumb and away from the fabric.
3. With the needle pointed away from the fabric, wrap the thread over and around the needle two or three times with your left hand.
4. Holding the thread taut in your left hand, turn the needle downward and *start* to take it to the back a few threads away; not the same hole.
5. With the tip of the needle inside the fabric, slide the knot down the needle onto the fabric pulling the thread taut with your left hand at the same time.
6. Push the needle to the back of the fabric while holding the knot in place under your thumb. Repeat Steps 1 to 6 for each French Knot.

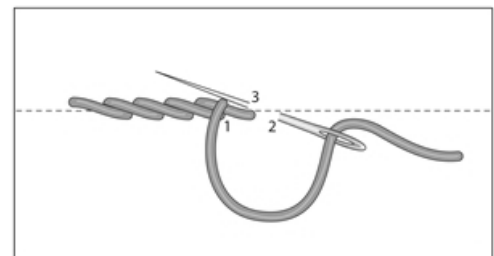


<http://stitchschool.blogspot.com/2010/01/french-knot.html>
<http://sublimestitching.com/pages/how-to-french-knot>

Embroidery - Stem Stitch

1. Work from left to right.
2. Bring needle up at 1 and down at 2.
3. Bring needle back up halfway between 1 and 2 at 3, just slightly above the first stitch.
4. Be sure to keep thread below the needle. Continue stitching

Stem Stitch



Tip: Make smaller stitches for curved lines to maintain a rounded smooth look.

<http://www.dmc-usa.com/Education/Technique-Overviews/Embroidery/Embroidery-Stitch-Guide.aspx?technique=embroidery>