



San Diego North Coast Knitters Guild

San Diego, California - www.ncknit.com

Number 158 – JULY, 2010

The Guild Meeting Tuesday, July 6th, 2010 12:30pm

San Dieguito United Methodist Church
Assembly Room ~ 170 Calle Magdalena, Encinitas

Please Note: Because of the volume of traffic our meetings generate, please remember that the aisles in the church parking lot are one-way. Church personnel are worried that the wrong-way driving could cause an accident...so follow the signs!!

✦ July Meeting

- ♥ Luncheon Potluck
- ♥ Tea Challenge Presentation!
- ♥ Collecting for the Stash Sale at the August meeting.



GET READY FOR OUR TEA PARTY CHALLENGES!

✦ **THINGS TO DO IN JULY:**

- Arrive at **12:30** for the monthly meeting and do not enter the room early unless you are setting up for the meeting.
- Bring your potluck dish to share (desserts will be provided).
- Please bring any books that you have borrowed and return them to the Library for check-in.
- Bring your latest knitting creations for sharing with us all.
- Bring your cash or checks for MTM Workshops!!
- Bring your charity items.
- Remember to turn off your cell phones, please.

✦ **PRESIDENT'S MESSAGE.....**



FROM BARBARA LEVIN

Yes, it's true. I am officially the fastest knitter in San Diego County. I was crowned at the San Diego County Fair (wait! . . . isn't that how Raquel Welch got her start?) after beating out three -- count 'em, three -- other Continental-style knitters in the fair's Nimble Fingers knitting contest. I knitted 27 stockinette rows of 21 stitches each using sock yarn on US #8 straight needles (yuck!) in 15 minutes.

I would like to thank all the little people who made this glorious event possible: Kathy Christensen, our Del Mar fair coordinator who organized our days at the fair and lent me a ball of yarn; my official photographer, Annette Friedlein; my trainer, Linda Erlich, for goading me into entering the contest and for not throwing a bucket of water in my face; and my cheering squad -- the other four volunteers from the guild's table at the fair.

See how rewarding volunteering can be? You, too, can reap its joys and benefits by volunteering to be an officer or chairwoman for the Guild. Yes, it's that time of year again -- the time when the nominating committee puts together next year's list of leaders. If you want to be part of that exceptional group, please contact Sara Stolz, who has graciously agreed to serve as nominations chairwoman. None of these jobs requires more than a few hours a month of work.

Meanwhile, I will be enjoying my reign as the county's fastest knitter. I won't be at the July meeting but I'll be happy to sign autographs in August.

Happy Knitting! Barbara

✦ JUNE MEETING MINUTES

**San Diego North Coast Knitters
General Membership Meeting
Tuesday, June 1st, 2010 - 12:30 p.m.
Barbara Levin presiding
131 members and guests present**

President Barbara Levin opened the meeting by welcoming new members and guests. Fair coordinator Kathy Christensen encouraged members to sit at the Guild table either on June 15,16,17,18 from 11am to 3pm. Eileen Adler announced that tickets for the annual Stitch N' Pitch baseball game at Petco Park were available at the Common Threads yarn shop in Encinitas. Susan Ludwig discussed upcoming Members Teaching Members (MTM) workshops. These include a continuation of Nancy Muschek's basic sock class, a felted backpack by Eileen Adler, lace knitting with Mar Gee Farr, the Dofuko jacket with Colleen Davis, interpreting patterns by Thea Lazarevic, and the wonders of "Ravelry" with Liz Knapp. Colleen reminded members of next month's potluck/tea party. Desserts and beverages will be provided. Susan Ludwig collected knitted items for Colleen's tea party challenge that will serve as table centerpieces.

Willa Cather, who is also a member of the Laguna Guild, presented a fascinating program on lace and beaded shawls and scarves. She was an excellent speaker with a terrific sense of humor. Her presentation, which included an extensive trunk show, was both informative and entertaining. Willa displayed an amazing assortment of scarves and shawls featuring intricate and unique lace and beaded designs. Linda Erlich and Barbara Levin assisted in modeling and passing around Willa's remarkable creations for inspection by a very appreciative audience. As with other in-house programs, this presentation was a huge success.

Linda Erlich conducted the show-and-share in her usual entertaining fashion.

JUNE MEETING NOTES (THANK YOU, WILLA):



Willa educated us all on working with lace, and various methods for how to incorporate beading into our work. It was an education for many of us who have not attempted this intricate work. Over 7 years Willa has

knitted up an incredible amount of amazing shawls, scarves, and the like. It was an impressive array, and she let us touch and ogle over each and every one of them!

Willa shared some helpful hints with us and here are some highlights:

Victorian Lace Today by Jane Sowerby is the best lace book if you can only buy one and it has all levels of difficulty. There are Yahoo Groups and Ravelry Groups you may want to join that are working on her various projects.

There are four ways to add beads to your knitting

- 1) Pre-stringing – string beads onto your yarn before you start knitting and slide them up into your work when you want a bead.
- 2) Add beads with a crochet hook one at a time as needed.
- 3) Use yarn that already has beads incorporated into it (Artyarns, Tilli Thomas, and Trendsetter)
- 4) Sew beads into your work after item is completed. This is particularly good if you want to use very small beads (size #11)

There are many sources for free patterns as well as places to buy patterns. One of the advantages of buying a pattern on the internet and downloading it is that it can have a lot more pages of explanation, diagrams, alternate views, and charts than you typically find in a purchased paper pattern. Some of my favorites are:

<http://knitty.com/>
<http://www.knitlacepatterns.com/index.html>
<http://www.evelynclarkdesigns.com/index.html>
<http://afewstitchesshort.blogspot.com/>
<http://www.fiddlesticksknitting.com/index.html>
http://www.knittingpatterncentral.com/directory/shawls_s_toles.php
<http://www.heartstringsfiberarts.com/whatsnew.shtm>
<http://www.knitandknag.com/>
<http://www.bopeepswoolshop.com/zencart/>
<http://www.heirloom-knitting.co.uk/index.html>
<http://www.blackberry-ridge.com/index.htm>
<http://pinklemontwist.blogspot.com/2005/01/pink-lemon-twist-patterns-for-sale.html>

Here are some useful websites for lace and beading techniques.

<http://fluffyknitterdeb.blogspot.com/2005/08/by-special-request-beading-made-easy.html>
<http://www.knittinganyway.com/freethings/russianjoin.htm>
http://www.eunnyjang.com/knit/2006/03/majoring_in_lace_part_iv.html
http://www.spellingtuesday.com/circular_co.html
<http://www.knittinghelp.com/>
<http://techknitting.blogspot.com/2007/02/casting-on-from-middle-disappearing.html>

Yes, you do have to block lace if you want to get the full effect. I like the foam rubber mats that come in 18" squares and lock together like a puzzle. I purchased mine at Big Lots; they are for putting under exercise equipment (something entirely foreign to me). You need to use rust proof pins and let your lace piece soak for at least 30 minutes.

Here's a source for the dressing (blocking) wires, if you can't find them in your LYS:

<http://www.handworksnw.com/dressingwires.html>

Tips and Tricks:

-Use contact paper, clear packing tape, or laminate your lace charts so you can stuff them in your knitting bag.

-Use a magnetic board with bars to keep track of your rows. Highlighter tape is also available at your LYS.

-Use a small jar to store the beads. The lid is a handy "sauce" to pour your beads out onto when you start your beading.

-For beginners, don't start with black, as it is hard to see. Also, start with a scarf, as it is easier to see your work.

-Addi Lace Needles are really nice to work with. The tips are sharp and there is slight drag to keep your stitches on the needle.

-When purchasing beads, take a piece of your yarn so you can slide the beads on it and see how they look together.

-Lifelines are truly that. Use a smooth yarn (crochet cotton is good) or dental floss.

<http://www.craftleftovers.com/blog/archives/455> or check out Heart Strings' website. (See above.)

If you find you have made a mistake and did not use a lifeline, here is a fix. Determine the row you want to unravel back to, and spray starch across the entire width of your piece. Make sure it is soaked and let it dry **completely**. The dried piece needs to be stiff. Take a deep breath and rip out your knitting back to the row with the mistake. Put the first "good" row back on your needles. If you want to rinse the starch out of your piece right away you may. Otherwise continue knitting your lace and wash out the starch when you block.

If you are blocking a ruffle you might have to steam it one section at a time. Try it, and you may enjoy it as Willa certainly does. Thank you, Willa, for sharing your enthusiasm and love **of lace and beading!!!**



Willa's intricate work.



Linda models Willa's shawl.

✦ SHARING AT JUNE'S MEETING

Please fill out the informational slips [so we can read them and record them for the Newsletter](#).

Julie Schwarz – Blanket -knit using the Girasole pattern by Jared Flood from Ravelry. Knit using Crystal Palace Yarns 100% Wool. The pattern is a shawl if knit in fingering weight wool.



Toni Wang – Scarf -- Summer Shibori Scarf, a Knit-Around Yarn Shop creation. 200-300 yards silk yarn, 100 yards feltable worsted weight yarn, 300 size 6 beads, size 8 needle. Cast on 360 stitches – move one bead up every other stitch. Work pattern for 16 rows – join wool. Work garter stitches for 5 rows. Switch to pattern and silk yarn. Bind off moving one bead up on every other bind off stitch.

Betty Gregory – Shawls -using Aestlight pattern. Yarn used was green cotton (two strands) and silk Claudia hand-painted in multi. **Shawl - Facing Lilies Shawl** from Interweave Knits Spring 2010. Knit in Misty Alpaca in cream colorway. The shawl was started on 2/24/10 and finished on 5/11/10. This shawl will be an item in the Fashion Show Raffle.

Ellen Hesterman – Scarf – Garter Stitch Spiral Folded Scarf from Ravelry, which was featured in our own Guild Newsletter. Favorite design features are the geometry and origami.

Jean Carnes – Cardigan – Pattern was Ballerina Wrap from Knitter's Magazine Spring issue. Yarn used was Rowan Revive recycled yarn 36% silk, 36% cotton and 28% viscose, which was purchased on Earth Day. The size small pattern took one less skein than pattern stated. **Cardigan – Agatha** pattern from Knit Picks. Knit using Rowan Revive yarn. The reversible sweater is knit from the neck down and no seams to sew.



Stacy Smith – Shell- knit using a stitch from Harmony Book of Stitches in Voodoo yarn.

Josephine Needleman – Civil War Shawl - using a circular shawl pattern. Yarn used was Louet lace weight in Eggplant color way. This shawl had over 1,400 live stitches and took over one year to knit. Too many errors in pattern.



Agnes Gale – Shawl – using pattern from Vogue Spring/Summer 2010 edition. Yarn used was Sirdar Silky Look DK-93% Acrylic and 7% Nylon in Grey/Oat color way.

Jo-Ellen Gould – Shibori - knit using Berroco Seduce and Lumina. Knit at a Knit-around workshop attended with Toni Wong in Taos, New Mexico.

Lisa Limber – Jacket - Santorini Kimono using her own patterns which appears in Kristi Porter's "Knitting in the Sun" book. Knit in Louet Euroflax Sport Weight in Mustard color way.



Julie Beck – Bead Shawl - Triangle scarf in Leaf Pattern. Knit in Berroco Ultro Alpaca Fine in Teal. Size 6 seed beads in 3 colors of turquoise. **Triangle Shawl** – using Miralda pattern. Knit using Aarlan silk in Creamy Natural and size 6 seed beads in Wedding White mix. Used beads instead of nupps and beads throughout and changed center design. Both patterns are from Nancy Bush's "Knitted Lace of Estonia."

Rita Kahn – Miniature Sweater Ornaments - Knit using pattern from Berroco with leftover yarn.

Sue Tavagloine – Scarf – Pattern was Twist and Lace by Brenda Patipa and can be found on Ravelry. Used Tencel Yarn. Was very soft to work with and a pleasure to wear. Drapes and ruffles all on its own. Knit on size 3 needles and lots of short rows.



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◆ THE 2010 Program Line Up

August 3- STASH SALE and The Wednesday night Sub Group will give a presentation on Ravelry.

September 7- Recycling and Upcycling - Let's see fascinating and creative projects!

October 5- Candace Eisner Strick, author, designer, teacher, from Connecticut will be doing a lecture/trunk show followed by 2 days of workshops.

November 2- Lisa Limber, will be doing a presentation on "Design For Your Own Style: Don't Be Afraid to Figure it Out."

December 6 (Monday)- Holiday Lunch/Fashion Show

Meetings are always subject to change.



◆ Congratulations Mariko!



Mariko Nonaka

Here is Mariko Nonaka in her Tokyo home with the award she was given in May. The Craft Council of Japan gave Mariko and her co-chair the prestigious International Fellowship Award for organizing and hosting the 10th annual Nordic Knitting Symposium last year in Tokyo and Kyosato, Japan. It was the first time the symposium, which promotes both current and traditional knitting techniques, was held outside of Scandinavia. Mariko plans to attend this year's symposium in Sweden. You can find photos of the Japanese symposium on Vivian Hoxbro's blog, <http://www.viv.dk/BlogUS/B014.htm>

✦ Workshop with Susanna Hansson



Dear Knitting Friend,

The weekend of July 23-25, I will be offering a 3-day version of the LAPLAND HAND GARMENTS workshop just outside Seattle. This is an opportunity for you to learn the techniques of the Rovaniemi mittens in-depth, to discuss and practice embellishments and to move beyond the class project to actual mittens or fingerless mitts during the course of the weekend.

For detailed information and to sign up, please contact [Suzanne Pedersen](mailto:suzanne@madronafiberarts.com) directly (she is of Madrona Fiber Arts fame). Space is limited so don't delay. Her email is suzanne@madronafiberarts.com

Warmly, Susanna

✦ Members Teaching Members- 5 Programs

Summer is here and we have a sizzling slate of workshops for you, with additional ones coming along rapidly. Grab your needles, and here we go!

1) MTM Felted Backpack with Eileen Adler
Thursday, August 12, 2010, from 10:00-12:30
SOLD OUT! *Just to let you know, this class is full but I'm happy to start a waiting list; things happen and someone may not be able to attend despite good intentions. Or ask about waitlist for next class.*

Backpack purses are really a necessity because the weight is evenly distributed on both shoulders making carrying a purse much more ergonomic – and more comfortable! Why not knit your very own felted backpack using an original pattern by Eileen Adler? During this two-and-one-half-hour class you will learn a variety of skills - ten to be exact! Some will be a review and some will surprise you with a new application. The skill level is Easy- Projects using basic stitches, repetitive stitch patterns, simple color changes and simple shaping and finishing. Mark your calendars for Thursday, August 12, 2010, from 10:00-12:30. We will meet at Eileen's house.

2) Reading and Understanding Charts
Thursday, August 19 from 11:30-1:30 PM; \$20.
by Thea Lazarevic

If you've ever been stymied when you turn to the directions for a luscious knitted item only to be confronted with an indecipherable maze of x's and o's, this workshop is for you. READING AND UNDERSTANDING KNITTING CHARTS will be offered. Location TBD.

3) Dofuko Workshop- By Special Request - Colleen Davis presents her DOFUKO JACKET design workshop on Tuesday August 10 from 1-3 for \$20 at a home in Carlsbad.

This Japanese 16th Century Patchwork (Dofuko) Jacket is the perfect canvas to be creative (or not) and includes origami-style sleeves . In this 2- hour workshop, the concept of this design will be explained and several samples demonstrated showing different options for the body and sleeves

4) MY FIRST SOCKS- Back by popular demand! with Nancy Muschek. Thursdays Oct. 14, 21 and 28, from 1:00-3:00PM at La Costa Glen. \$50.

This fun class is designed to guide students through their first experience making socks. It will also review tips to successful sock-making for those who tried their first socks a long time ago. Have a great new pair of socks for our fall show-and-tell.

5) Ravelry- Back by popular demand! On the computer, Ravelry classes with Liz Knapp... FULL!!! Liz will offer this again; stay tuned for next dates.

"This class was fantastic and really opened up a whole new world of resources! Thank you Liz!!" Deirdre

IF YOU SEE A WORKSHOP YOU WISH TO ATTEND, DON'T WASTE ANY TIME. CONTACT THE INSTRUCTOR AND SEND IN YOUR REGISTRATION!

Susan Ludwig and Eileen Adler- MTM Co-Chairs

✦ Quarterly Finishing Classes

Dates: Sept. 14th, 2010
Time: 12:30 to 3:30 PM
Cost: Free to Members
Where: San Dieguito United Methodist Church Classroom Building

Do you love knitting and hate finishing? Do you have more than a few un-seamed sweaters lurking in your closet? Do you need to work in all those yarn ends on that wonderful Fair Isle sweater before the moths finish it for you in an unintended way? Finishing days are for you. Every three months, the Guild will host a free "Finishing Day" for members. Bring your almost-finished items and work on them together. The Guild will provide the room, chairs and tables and resource knitters to answer finishing questions. It might be just the jumpstart you need to get you going.

✦ Philanthropy

Yes, it is almost here! Please bring your unwanted yarn, needles, books, and knit/crochet accessories to the July meeting. This is your last chance to donate what will surely become someone else's treasure, and to make room for the goodies you're going to buy yourself!

A big THANK YOU to those of you who have already donated. My garage is full with more than 15 large trash bags' worth. A special thanks to Lisa Limber (#1 individual donor) and Maria's Knitting & Crochet (#1 retail donor) who together have donated yarn with a retail value of more than \$4,000!

If you have questions, e-mail Liz Knapp: liz.yarn@yahoo.com or call 619-995-9276.

Thank you, Liz Knapp

✦ [Stitch N' Pitch Is Back For The Fifth Year- Sunday, July 18th @ 1:05 Petco Park](#)

Check it Out! reads the headline in the "Our San Diego" section from Saturday's June 5th edition of the San Diego Union Tribune. So what are we checking out? Petco Park! Every day of the week (schedule is adjusted for home games), Petco Park is hosting tours taking you behind-the-scenes: how awesome to stand on the field, go into the dugout, learn about the history of baseball in San Diego, and how the Western Metal Supply Co. Building became part of the park. Just Google: *Petco Park Tours* or call them at (619) 795-5011 for more information. There are three daily tours ranging in price from \$7 to \$11, depending upon your age.

Then, buy your tickets for our **Stitch N' Pitch** game on July 18th starting at 1:05 when the Padres play the Arizona Diamondbacks. Batting practice is from 10:40 to 11:40 for the home team and 11:40 to 12:20 for the visiting team.

Purchasing Tickets: It's best to purchase tickets from *Common Threads* in Encinitas to ensure that part of ticket price will be donated to this important cause. They are taking orders now so please go by there or call them ASAP! *Common Threads* prefers cash or checks; charging will require an additional \$1.00 service fee.

Just one more idea to plan for your knitting project! Here are three base-balled-themed projects and they're all free from Interweave Knits/Knitting Daily. *A Baseball Cap* designed by Vicki Square, *The Stitch N' Pitch Sock* designed by Amanda Berka and Melinda Barta, and *Sparkly Sweatbands* designed by the Stitch N' Pitch design team.

The games keep stitching in the public arena and a portion of the ticket price supports TNNA's "Needle Arts Mentoring Program" which unites mentors with young people to enter the rewarding world of working with our hands; mentors enlighten and change lives all the while doing something they love. For more information, check out the article on page 12 in the fall 2009 issue of *Knitsimple Magazine* or if you'd like to become a mentor, get more details: www.NeedleArtsMentoring.org.

Eileen Adler
Special Events Coordinator

✦ [San Diego County Fair](#)

Thank you to Kathy Christensen for being our Fair Coordinator for this year!!!

✦ [MAY KNITTING RETREAT](#)



La Casa de Maria Knitting Retreat

The last week in May, 19 NCKG members made the trek up to Montecito for our annual La Casa de Maria retreat and as always had a great time. Our stay went by all too quickly and as you can tell from the pictures, in addition to knitting, there was plenty to keep every one busy.

Mark your calendars: our next retreat is scheduled for January 17th-20th, 2011 at the Vina de Lestonnac Retreat Center in Temecula. Details will follow in the August newsletter.

Jo-Ellen Gould
Retreat Chair



✦ [KNITTING ON THE NET- JULY, 2010](#)

● **Firefly Scarf**

If you were inspired by last month's program to try lace, this is a good first project. It's knit on #5 needles and has a few bobbles which mimic nupps.

<http://www.classicliteyarns.com/pdf/FireflyScarf.pdf>



• Liquid Silver Shawl

Up to more adventurous lace? Try this beaded beauty on #8 needles using wool/silk yarn similar to Kidsilk Haze. You'll need to register on this website to access the pattern.

https://www.elann.com/Commerce/web/Product_freePatternsDetail.aspx?id=124417



• Rainbow Cardigan

This intarsia sweater by Helen Hamann is not for the faint of heart but the result is very wearable. The gauge is 22 st/in on #7 needles and sizes range from 40 (44, 48)."

<http://andean-gold.com/uploads/HH-rainbow-cardigan209.pdf>



• Little Sister's Dress

This dress/topper is written in sizes 3, 6, 12, 18, and 24 months at a gauge of 29 st/4 in with worsted (!?) yarn. It's been knitted by 1500+ Ravelry members so check their comments and look at their yarn choices before starting. (And yes, you need to be a member of Ravelry to get the pattern.)

<http://www.torafrosethdesign.no/Littlesistersdress.html>



✦ SAN DIEGO NORTH COAST KNITTERS GUILD

Our President is Barbara Levin. Her email address is: Barbara.Levin@me.com. For a list of Board Members please refer to the Directory. The Web Site address is: www.ncknit.com. Open to all knitters, regardless of skill level. Dues are \$20 annually and expire for all members on January 31. Those forms and checks will then go to: Jean Moore, Treasurer NCKG, 4050-50 Porte La Paz, San Diego, CA 92122.

✦ CONTACT INFORMATION

Newsletter Editors "The Sisters": Siobhan Rosenberg e-mail hockeymom@cox.net; and Deirdre Michalski e-mail dsmichalski@cox.net. (Please email both of us on all communications. Thank you.)

Web Master For Our Web Site:

Heather Broadhurst is the website person and her email is hjn@boddame.net. Yarn shops are encouraged to check their listings and provide updates to our Web Master. We'd also like to hear about trunk shows and special guest teachers at your shops – we'll put them on the website and in the newsletter.

Member Rosters:

For changes please forward them to: Sheri Fisher at SheriRob1@aol.com. The 2010 Directory for all Current Members is available at [The Guild meeting](#).

Past Issues of Newsletter:

If you want to refer back to previous issues, create a folder and save them there on your computer each month. It is not easy for us to archive, the way our web system is set up. Sorry.

✦ VIA PHONE, EMAIL, MAIL AND FRIENDS

Ellen Hesterman, as secretary of the Guild, mails get well/condolence cards to members. Please let her know, via e-mail, of anyone in need of this special service Contact Ellen at ewhest@att.net.

✦ NEW MEMBERS & RENEWING MEMBERS

New Members:

Jan Flickinger

1549 Birch Ave.
Escondido, CA 92027-4601
760-745-9633, j.flick@cox.net
Ravelry: JanFlick (*new name, please note!*)

Linda Chatton

1939 Verde Via
Escondido, CA 92027
760-489-1690, linda92027@cox.net

Susan Knox

3169 Via Vista #N
Laguna Woods, CA 92637
949-768-1307, susan1047@comline.com

Judy McIntire

17120 Pacato Ct.
San Diego, CA 92128
858-451-2527, billandjudymac@sbcglobal.net

Gladys Nolen

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Chula Vista, CA 91914
619-216-9904, gmnoles@gmail.com
Ravelry: glad2weave

Anna Walden

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San Diego, CA 92107
619-733-1691, awalden@me.com

Renewing Members:

Alice Chary

1350 Cassins St.
Carlsbad, Ca 92011
760-213-9549, achary@mac.com

Dee-dee Drewrey

7181 Celome Way
San Diego, CA 92129
858-484-7878, deedeemkb@aol.com

Lisa Triebwasser

460 Arroyo Chico
Laguna Beach, CA 92651
949-494-3338, ltriebwasser@cox.net
Ravelry: happy knits

Darlene Schumann

1838 Avenida Sevilla
Oceanside, CA 92056
760-419-0249, darss@cox.net

Updates for Your Directory:

-Please Update Virginia's Phone Number as it was incorrect in the 2010 Directory: The correct number for Virginia Gibbs is: 949-300-8801

-Deirdre Michalski- Ravelry: DeirdreSM

If you have a Ravelry name, and it is not yet listed in the Directory, let us know and we can add it to upcoming Newsletters so everyone can find you!

✦ SUB-GROUP MEETING SCHEDULE:

If you'd like to attend a sub group meeting, call the contact listed below first –as sometimes there is a change to the meeting schedule.

- **AKG Group**, 9am every Fri, Old California Coffee Shop, Restaurant Row, San Marcos, Maggie Dederich, 760-942-4159.
- **Knit@Nite Group**, 6pm, 1st Wed Jewish Community Center. Linda Erlich, 858-759-9509 but check the schedule on the website to confirm dates.
- **I-15 Group**, 9am to 11am, 2nd and 4th Wed, Panera in Carmel Mountain Ranch, Mimi Sevimli @ 858-722-8128.
- **PA Group**, 1:00pm to 3:00pm- every Monday and Thursday at the Needlecraft Cottage, Call Jean Moore, 858-587-9054, for more information. It's called the PA group, which means we knit practically anything and is open to practically anybody.
- **RN Group, which stands for "Rather Normal"** meets on the 4th Tuesday of every month from 10:00am to noon, at the Encinitas Senior Center (1140 Oakcrest Park Drive- cross street is Balour). Contact is: Gwen Nelson, 760-720-5420.

Return Address:

**Sheri Fisher
11245 Forestview Lane
San Diego, CA 92131**