



# North Coast Knitters Guild

San Diego, California - [www.ncknit.com](http://www.ncknit.com)

Number 144 – May, 2009

## The Guild Meeting

**Tuesday, May 5, 2009 12:30pm**

San Dieguito United Methodist Church  
Assembly Room ~ 170 Calle Magdalena, Encinitas

**Our May Guest Speaker is Susanna Hansson. She is coming from Seattle to lead workshops and is an expert on Bohus knitting. She will also be holding interesting workshops on Sunday, Monday and Tuesday morning, prior to our meeting. There is still room available in the Sunday afternoon Great Beginnings class. If interested in attending this class, please contact Colleen Davis.**

**Please refer to the information on Page 2 of this newsletter for information on the workshops, and Page 3 for reference materials and links about this beautiful form of Swedish knitting.**

### ◆ THINGS TO DO IN MAY:

- Arrive at **12:30** for the monthly meeting and do not enter the room early unless you are setting up for the meeting.
- Bring your knitting creations for sharing.
- Bring your charity items.
- Remember to turn off your cell phone.
- Consider attending Quilt, Craft, and Sewing Festival at Del Mar Fairgrounds
- Work on completing your Eco Friendly Challenge shawl

### ◆ PRESIDENT'S MESSAGE-BARBARA LEVIN

Thanks to all who responded to my message last month by changing their newsletter subscription to email. (Jack Nelson thanks you, too!) If you are getting your newsletter by mail and wish to switch to on-line delivery, send a note to Sheri Fisher ([sherirob1@aol.com](mailto:sherirob1@aol.com)).



I'm looking forward this month to two exciting programs. Susanna Hansen will be our guest speaker at the May meeting. She's the expert on Bohus knitting. Check out Meg Swansen's article in the newest Vogue Knitting – it's about these gorgeous Bohus sweaters that became haute couture. I'm still amazed these sweaters sold for \$300 in the 1950s -- one of the rare examples of knitters paid properly for their talents.

There's still room in Susanna's classes: "Great Beginnings" on Sunday afternoon (will I finally learn a cast on for socks that won't cut off circulation to my foot?). Bohus knitting on Monday, and Japanese short rows on Tuesday morning (everyone who's taken this class at Stitches raves about it). If you want to sign up for classes, contact Colleen Davis.

We're starting a new policy for Susanna's talk on Tuesday. Although costs are rising everywhere, we are trying to keep guild dues from going up and still provide a variety of programs. Therefore, we will begin charging non-members and guests \$5 for meetings that feature out-of-town speakers.

Sara Stolz will set up the table with our name tags outside the door. The easiest way for us to know you are a paid-up member is if you have a name tag. If you accidentally took your name tag home, go get it NOW and put it in your purse. (We will have an up-to-date membership list, too.) Thanks in advance for your cooperation and for not entering the meeting room until 12:30.

The second program that I'm looking forward to experiencing is our Knit@Nite. Knit@Nite is the Guild's evening chapter, which usually meets the first Wednesday of each month from 6 to 8 p.m. at the Jewish Community Center in the UTC area. For the May 6th meeting, two of our members, Liz Knapp and Rebecca Braden, have volunteered to teach us all about Ravelry---this is the online knitting community. This meeting is open to all – so feel free to just show up!

**See you at the May meeting! Barbara**

## UPCOMING MAY WORKSHOPS

### Sun. May 3-Great Beginnings Class:

**\*Please note time change from last newsletter\***

Learn different types of cast-on's such as long-tail, crochet chain, tubular cast-on and a picot cast-on. This class is suitable for advanced beginners and intermediate knitters with an interest in technique and detail. Cost: \$35, Time: **2pm to 5pm**, Place: Ellen Hesterman's Home (see direction below)

### Great Beginnings Workshop

#### **SUPPLIES:**

-Yarn: Smooth worsted weight (or heavier) yarn in two contrasting colors. Please choose colors that are not too similar and not too dark because then it will be hard for you to see what you are doing. (Cascade 220 is a great choice but any SMOOTH wool yarn will work). If your yarn comes in hanks, please wind them into balls ahead of time so you are ready to start knitting at the beginning of class.

-Needles to match your yarn (Aim for a gauge of 4.5 - 5 stitches/inch)

-Crochet hook

-Size to correspond to your needles

-Usual knitting supplies

-Scissors, stitch holders, stitch markers, an extra knitting needle, etc.

#### **HOMEWORK:**

None

### **DRIVING INSTRUCTIONS TO ELLEN HESTERMAN'S**

1523 VIA DEL CORVO  
SAN MARCOS, CA 92078  
760-591-4488

PARKING IS LIMITED. CARPOOL IF POSSIBLE. Major crossroads are Rancho Santa Fe Road and Melrose to south and San Marcos Blvd (Palomar Airport Road) to north.

### **FROM THE SOUTH:**

I-5 NORTH TO LEUCADIA BLVD. EXIT. (NORTHEAST DIRECTION) LEUCADIA TURNS INTO RANCHO SANTA FE ROAD. CONTINUE PAST MELROSE AVENUE SIGNAL TO VIA ALLONDRA. TURN RIGHT UP HILL TO VIA DEL CORVO. BEAR RIGHT AND THEN AN IMMEDIATE LEFT UP DRIVEWAY.

### **FROM THE NORTH:**

I-5 SOUTH TO PALOMAR AIRPORT ROAD ( WHICH TURNS INTO SAN MARCOS BLVD.) EAST TO RANCH SANTA FE ROAD. TURN RIGHT. CONTINUE PAST LAKE SAN MARCOS TO SIGNAL AT VIA ALLONDRA. TURN LEFT UP HILL TO VIA DEL CORVO. BEAR RIGHT AND THEN AN IMMEDIATE LEFT UP DRIVEWAY.

### Mon. May 4- Bohus Stickning Class:

This workshop includes a slide presentation and discussion of the Bohus Stickning industry. The hands-on portion will be using fine yarns and small needles, explaining the use of color and purl stitches on the right side of the fabric. This class is suitable for intermediate to advanced knitters with an interest in the history and culture of knitting. A kit is required for this class. Cost: \$70, Kit: \$22 Time: 9am to 4pm, Place: Methodist Church annex



### Bohus Stickning Workshop

#### **SUPPLIES:**

#### **Necessary:**

-Appropriate size needles

The gauge in genuine Bohus garments is approximately 8.5 - 9 stitches/inch. Because you will not have had an opportunity to do a gauge swatch ahead of time with the yarn we will be using, I suggest you bring a selection of needle sizes. What size needles you end up using depends on whether you are a loose or tight knitter. You may want to bring several sets from among the following: 1.75 mm/US 00, 2.0 mm/US 0, 2.25 mm/US 1, 2.5 mm/US 1.5, 2.75 mm/US 2, 3.0 mm/US 2.5, and 3.25 mm/US 3.

The class project is a pair of wristlets, worked in the round. **Please note that you are expected to know how to knit in the round prior to the workshop.** Bring whatever type of needle you prefer for knitting in the round (double points, two pairs of circulars, or one long circular needle for magic loop technique).

Don't forget your glasses if you rely on them and bring plenty of patience!

**Optional:** Any Bohus style garments you have collected or made. A magnetic pattern holder with a magnifying line marker. A battery powered light source.

#### **HOMEWORK:**

None

#### **CLASS PROJECT:**

Susanna will supply kits with yarn imported from Sweden and instructions for the wristlets (together with a comprehensive handout). Cost US \$22/person.

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## Tues, May 5- Japanese Short Rows:

This is another form of short row technique. It is slightly more challenging to learn but is the most polished form of short rows. It avoids the "stair-step" of typical short rows. This class is suitable for advanced beginners and up. Cost: \$35, Time: 9am-12 noon, Place: Methodist Church annex.

### For Japanese Short Rows Workshop

#### **SUPPLIES:**

1. Smooth, worsted weight wool (Cascade 220 is perfect) or cotton in two contrasting colors. Keep both colors light to medium in value so you can see easily what you are doing.
2. Needles to match your yarn (aim for a gauge of approximately 19-20 stitches/4 inches). Circular needles (24" or longer) are VERY STRONGLY recommended. If you prefer to work on straight needles then please bring a 24" circular needle in the same size as the needles you use to make your swatches so that you can complete one part of the in-class lesson on the circular needle. The circular needle will make it much, much easier.
3. An extra needle in the same size you used to make the swatches.
4. Seven locking ring stitch markers (the pink/turquoise markers from Clover that look like small safety pins are perfect).

#### **HOMEWORK:**

Make two swatches according to the directions below, using one of your colors. We will continue knitting on both swatches using the contrasting color. I am giving you a choice about how big to make your swatches. This is because I am trying to create a way for speedy and deliberate knitters to complete in-class knitting at roughly the same time. Often, everyone shows up to class having made the smaller size swatches. This defeats the whole purpose of the idea. **Please, if you are a speedy knitter, make the bigger swatches and if you like to take your time, choose the smaller ones.**

1. Cast on 45 stitches or 30 stitches. Work 5 rows of ribbing. Continue in stockinette until the swatch measures approximately 3 inches high (end after you have completed a knit row). Leave about a 4" tail and keep the swatch on the needle, ready for you to begin a **purl** row.
2. Knit a second, (almost) identical swatch. On this swatch you should be ready to begin a **knit** row. Cut the yarn (4" tail) and leave the swatch on the needle.

To learn more about this exquisite form of Swedish knitting (Bohas), you can ask your local library for Wendy Keele's book, "Poems of Color," or go to some of the following websites:

<http://www.oneofsusannas.com/bohusclass.htm>  
(Sussana Hanson's site).

<http://www.knitty.com/ISSUEwinter08/FEATtexturize.php>  
(using Bohus techniques to add texture to your knitting).

<http://www.solsilke.se/> (Solveig Gustafasson is a Swedish hand-dyer who sells Bohus sweater kits. Click on the link "Bohus Stickning." Check prices and availability by sending an email through the link "Kontaka mig.")

<http://www.shopswedish.com/bohusknitting.html> (hat and scarf kits from the Swedish Institute gift shop in Minneapolis).

"Poems of Color" is available at this link and also at Schoolhouse Press ([www.schoolhousepress.com](http://www.schoolhousepress.com)).

#### ✦ **APRIL MEETING MINUTES**

North Coast Knitters' Guild  
General Membership Meeting  
Tuesday, April 7, 2009 - 12:30 p.m.  
Barbara Levin presiding  
117 members and guests present

Before the meeting was officially opened, members and guests were treated to a yarn sale by Virginia Gibbs of "Tootsie P" yarns. President Barbara Levin opened the meeting by reminding us that Dr. Shawn Robek will be returning on Tuesday, April 14 at 2pm to conduct an active release exercise class. An \$8 donation is suggested. Barbara announced that Sara Stolz, organizer of today's coat and jacket fashion show, was recuperating from shoulder surgery and that Diana Rathbun and Sandy Smith would coordinate the show. Chairs had been placed in a runway position for optimum viewing of the garments.

~ Eileen Adler urged members to submit entries to **the Fair**. Registration deadline is May 6. Eileen will deliver garments to the fairgrounds on May 28th. The guild will be sponsoring a demonstration table on June 17, 20, 24 and 26.

~Eileen is organizing our annual "**Stitch and Pitch**" day at Petco Park - date to be determined. ~ Colleen Davis reminded members that our speaker in May is Susanna Hansson. Non members will be charged \$5.00 at the door. Susanna will be arriving the Sunday before our general meeting to conduct an afternoon workshop at the home of Ellen Hesterman. She will be conducting an all day workshop on Monday and a morning workshop on Tuesday, both at the church.

~Colleen Davis will be teaching a 3 hour MTM class on short rows April 17 and Masumi Aycock will demonstrate how to recycle old yarn at a 2 hour class on April 22.

THE FASHION SHOW.....Sandy Smith conducted the coat and jacket fashion show. A stunning array of over 60 hand knitted garments were modeled by our own talented members. Linda Erlich conducted the Show and Share.



Ellen Hesterman, Secretary

✦ **OUR GUILD WEB SITE IS A WEALTH OF INFORMATION AND CONSTANTLY UPDATED!!**

Please check the web site out frequently. It offers a wealth of information and is being updated and improved every day! A big thank you to **Heather Broadhurst**, our web-mistress, who has been hard at work expanding the North Coast Knitters' web site, [www.ncknit.com](http://www.ncknit.com). She'll be adding more and more information to it over the coming months.

In addition to posting upcoming guild events, we are contacting all the local yarn stores and asking them to send us information on their special events. You can turn to the web site for: changes to information to what was published in the newsletter, a list of local yarn stores, invaluable links to internet information you want to know ... it's all on (or coming soon) to our web site.

Heather is researching ways to expand the site's storage capacity. You may soon be able to check old newsletters and photos from guild events.



Be sure to add the web site link to your "Favorites" list, and plan to check in regularly!  
[www.ncknit.com](http://www.ncknit.com)

✦ **THE 2009 ECO-FRIENDLY CHALLENGE**

This in-house program called "**The Challenge**". Focusing on the trend of "eco-friendly, green and recycled materials" this challenge will focus on the use of these materials in the making of a shawl. The shawl can be either triangular, rectangular, irregular or whatever. There is still plenty of time to complete your shawl for the Challenge!

In June, a fashion show of these items will be presented. There will be a prize for the most popular shawl made with an eco-friendly fiber, a prize for the most popular shawl made out of recycled materials, and a prize for the most popular shawl combining both eco-friendly fibers and recycled materials. Ballots will be filled out by the members at the meeting.

The simple guidelines for the Challenge are as follows: At least 50% of the knitted items needs to be recycled or eco-friendly materials. Yarns from your stash do not qualified as "recycled". The garment has to include some knitting, but can include other hand crafts such as crochet, needle-felting, weaving, etc. In June, a fashion show of these items will be presented and voted on. Some of the eco-friendly fibers include: soy, corn pineapple, bamboo, jute, raffia. Recycled could include: silk, cotton, wool, string, leather, etc. (Here are two web sites to start exploring more on eco-friendly knitting and our awareness of this new trend.)

Copy and paste these URL's into your browser to view:

[http://www.yarnmarket.com/knitting/Eco-Friendly\\_Fibers-670.html](http://www.yarnmarket.com/knitting/Eco-Friendly_Fibers-670.html)

[http://www.treehugger.com/files/2007/05/eco\\_friendly\\_ya.php](http://www.treehugger.com/files/2007/05/eco_friendly_ya.php)

## NEXT YEAR'S FASHION SHOW

Heads Up! Since our April Fashion Show is so popular, get ready for next year's idea. Let's do knitted or crocheted skirts and dresses. Two years ago we showcased skirts but they were not knitted or crocheted. Since then, a lot of clever and cute knitted skirt patterns have surfaced. Come on -- they don't have to be closely fitted -- think of ruffles, tiers, gores, godets, etc. (See the Spring/Summer Vogue Knitting for some new ideas!!!)

### ✦ SHARING AT APRIL'S MEETING

We print abbreviated summaries of shared items which provide enough information to allow you to follow up on items you might like to knit. The summaries are prepared using the sharing slips filled out by the participants -- who need to put more than their first name down in order for the items to appear in the newsletter. (Now for a quick reminder about sharing rules: If you share an item during the monthly sharing, it cannot be worn in the Holiday Luncheon fashion show. Shared items **MUST BE FINISHED** --- unless it's near Christmas when the rules are relaxed so that you can share an item before it's shipped off to its recipient.)

In addition to all the beautiful Jackets shared by our Guild members during our program, the following items were also shared:

**Bea Kusnick:** Tapestry shawl. Pattern from Just One More Row. Silk and mohair yarn.

**Rosie Halvorson:** Baby Jacket. Pattern from Twillys. Twillys Freedom Organic Cotton yarn.

**Masumi Aycock:** Cardigan using her own pattern. Wool and metallic yellow yarn purchased at Stash Sale. Needle size 5.

**Phyllis Bates:** Pillow. Pattern -- Fafner. Elsebeth Lavold natural wool yarn. Lots of fun to make but you have to keep track of your rows.

**Jill Zagami:** Sweater. Pattern from Vogue. Grape Jelly color Maratona Merino wool yarn.

**Amy Sheridan:** Sweater. Pattern used was Jack's Aran Cardigan from the book Men in Knits. Used Cranberry colored Knit Picks Cadena yarn.

**Lyn Wogsberg:** Vest and scarf made from Nori pattern by Berroco. Used Bamboo yarn. Also shared a crochet afghan. Pattern called Teddy Bear Parade. Red Heart Baby yarn in Hot Pink.

**Susan Ludwig:** Handbag made with mixed yarns.

**Joan Kaswan:** Needle felted jacket. Colorway: brown and cranberry. Felted on silk jacket using Hi-low yarn.

**Maria Hoham:** Traveling ribs raglan sweater designed by Plymouth yarns from Vogue Spring and Summer 2008 issue. Jaeger Pure Cotton yarn. Needle size 5. Changed the sleeves, fun to make, came to us "hot off the needles".

**Mimi:** Sweater. Pattern - Arbor. Used Knit Picks Gloss yarn in Purple. Added sleeves.

### ✦ SPECIAL EVENTS

## The Quilt, Craft and Sewing Festival Del Mar Fairgrounds - May 14 - 16, 2009

It's that time of the year again! The Quilt, Craft and Sewing Festival is returning to the Del Mar Fairgrounds. The dates for the Festival are rapidly approaching and we wanted to give you a heads up and a quick At-A-Glance for you. The show is completely sold out and chock-full with great vendors and lots of free seminars.

**When:** May 14, 15, 16, 2009, Thursday, Friday and Saturday, 10 AM - 5 PM

**What:** Quilt, Craft and Sewing Festival, featuring a Vendor Mall, Make-It and Take-It's, Workshops, Seminars and Daily Door Prizes.

**Where:** Del Mar Fairgrounds, Bing Crosby Hall, Del Mar, CA

**Web Site:** <http://quiltcraftsew.com>

Below you will find a coupon for **FREE ADMISSION** to all Guild Members! All you need to do is bring this, and present guild badge or card. We do accept photocopies of the offer. The website will have a printable brochure with more information available one to two weeks prior to the festival. To view or print the Festival brochure go to <http://quiltcraftsew.com> and sign-up for the mailing list. If you have any further questions, please call us at 801/463-1200.

*Barbara Levin*

**LOTS OF GREAT NEW VENDORS!**  
The first 50 people to booth 204 each day will get a **FREE** quality thread clip!

**Del Mar Quilt, Craft & Sewing Festival**  
at the Del Mar Fairgrounds, Bing Crosby Hall  
(West of I-5 at Via de la Valle Exit)

**May 14, 15 & 16, 2009**  
Thursday, Friday & Saturday - 10 am-5 pm.  
(Come Thursday for Early Buying Privileges)

**SEWING • QUILTING • NEEDLE-ARTS • CRAFTS**  
See and buy the latest supplies, fabrics, notions, patterns and tools... all under one roof!  
See Classes from Quilting and Sewing Superstore!  
Admission without coupon \$8.  
For additional show information visit our website at:  
[quiltcraftsew.com](http://quiltcraftsew.com)

**FREE FREE FREE**  
Share this coupon with other guild members.  
Bring your guild badge or card for  
**FREE ADMISSION** (copies of coupon are okay)

**FREE CLASSES, WORKSHOPS & DEMOS!** (your ticket is good for all 3 days)

## **San Diego County Fair-** **June 12 to July 5 (closed Mondays June 15 & 22)**

May 6 is the deadline for San Diego County Fair entries. Complete information is at: [http://www.sdfair.com/fair/pdf/09entry\\_home\\_hobby.pdf](http://www.sdfair.com/fair/pdf/09entry_home_hobby.pdf). Scroll down to page 18 for the knitting categories, and page 21 for wearable art and felting. You can submit your applications on-line.

The best knitters in San Diego belong to North Coast Knitters. Doesn't it make sense that the best garments at the fair will have been knit by North Coast Knitters?

As we enter the 2009 San Diego Fair, we are excited about the prospect of seeing, once again, our historical buildings and events. Our guild has designated four days as "North County Demonstration Days" with three volunteer hostesses manning the booth from 11:00 to 3:00 pm. Our workdays are Wednesdays, June 17<sup>th</sup> and 24<sup>th</sup>, Friday, June 26<sup>th</sup>, and Saturday, June 20<sup>th</sup>. Linda Erlich and Liz Knapp are joining me in hosting these days but we need your help! Contact me via email or see me at the guild meeting in May. For each demonstration day you participate in, you will receive a free pass to the fair!

Begin to assess all of the beautiful knitted items you have created over the last year and pick one of two to enter into the fair. Although I will bring copies of the registration form to the guild meeting, it is quite easy to do this on line: [www.sdfair.com/entry](http://www.sdfair.com/entry) but don't delay -- **REGISTRATION MUST BE IN BY WEDNESDAY, MAY 6, 2009.** May 27<sup>th</sup> and 28<sup>th</sup> are drop-off days; if you bring your items to the guild meeting in May, I will be happy to deliver them to the fair. You will receive a pass to the fair and registration is less expensive than admission! Your work will be considered not only for ribbons but for donated awards, but beyond all of that, it's just an enjoyable experience to walk through the exhibit hall and see your work next to the work of so many fine craftspeople.

The usual items are always welcome: sweaters in all categories (children, women, and men) and types (cardigans, pullovers), ponchos, scarves, shawls, socks, afghans, and accessories. There is a category for 62 years or older along with original designs -- those designed by you without the help of a kit or commercial pattern. Felting almost anything -- hand or machine knitted, crocheted, and needle felting has been added as a new division. Because we are a knitting guild, I haven't mentioned other needle arts including crocheting, sewing, weaving and spinning, lace, needlepoint, quilting, wearable art: yes, there is something for every one of us so I hope you will consider exhibiting your work.

What brings people back year after year to a county fair? A fair, synonymous with gathering people, animals, and events, combines our farming, ranching, and artistic endeavors with the atmosphere of a carnival and in olden days, fair days were considered holidays and people worked their schedules around those dates. The San Diego fair began in 1880 to showcase agricultural strengths and met in many locations until the Del Mar site was established in 1936 as the location for the Del Mar Fair, now known as the San Diego County Fair. In 1980 themes were added, mostly related to agriculture but 1998 changed all that with themes that were more wide-ranging; this year, "Music Mania" was chosen to exemplify that which feeds our souls — music. The fair will have exhibits showcasing a historical look at music through the ages encompassing rock, country, big bands, and music from all points on the globe.

Eileen Adler -- special events coordinator;  
[eileenadler@san.rr.com](mailto:eileenadler@san.rr.com)

## **La Casa de Maria Retreat- May 18-21, 2009**



If you haven't signed up for the La Casa May 18th-21st retreat and would like to go there may still be room. If you decide to join the group, now 20 strong, contact Jo-Ellen Gould at 858 947-5167 or [jmgould@san.rr.com](mailto:jmgould@san.rr.com)

For more information the La Casa web site is <http://www.lacasademaria.org>

**\*Retreat Alert**---Will the woman who paid cash for the retreat at the last meeting, please contact Jo-Ellen Gould (858) 947-5167, or Jean Moore (858) 587-9054. Thanks.

The total cost for a single room is \$428.25 and for a double room is \$349.50 (All meals are included.) A nonrefundable deposit of \$300 for a single room or \$150 for a double room required.

Please contact Jo-Ellen Gould at 858 947-5167 or [jmgould@san.rr.com](mailto:jmgould@san.rr.com) for more information

## ✦ MEMBERS TEACHING MEMBERS

### QUARTERLY FINISHING DAYS

Dates: June 9, Sept. 8 & Dec. 8

Time: 12:30 to 3:30 PM

Cost: Free to Members

Where: San Dieguito United Methodist Church  
Classroom Building

Do you love knitting and hate finishing? Do you have more than a few un-seamed sweaters lurking in your closet? Do you need to work in all those yarn ends on that wonderful Fair Isle sweater before the moths finish it for you in an unintended way? Finishing days are for you. Every three months, the Guild will host a free "Finishing Day" for members. Bring your almost-finished items and work on them together. The Guild will provide the room, chairs and tables and resource knitters to answer finishing questions. It might be just the jumpstart you need to get you going. For more information, contact Sandy Smith [sksmith@san.rr.com](mailto:sksmith@san.rr.com) or 858-566-3397.

### Upcoming Class Suggestions.....

You're knitting looks great but wait, what is that -- a hole? A mistake? Who wouldn't love a class on correcting mistakes? This class is slated for later in the year -- there is help out there!

We're also toying with the idea of a sweater knit-along for those of us who would enjoy moving beyond scarves. But we need your help with this one; please contact Susan or Eileen with your thoughts, ideas, and most importantly, if this is a class you'd like us to facilitate. For questions, please contact Eileen Adler 858-731-1921 or Susan Ludwig 760-436-0453.

## ✦ PHILANTHROPY

Please start to set aside stash that you want to set free to become a fellow knitter's project. Do not hold those unwanted yarn balls hostage any longer. **I will collect, store, catalog and price the yarn for our September meeting Stash sale.** Just in time for holiday knitting.

Remember it is never too early to knit a stuffed animal or dress a Teddy for the Annual Holiday fashion Show and Luncheon.

If anyone can knit adult size beanies in any color of any type yarn, we have had a call for hats for the African orphans in Kenya.

**Heartscarves, Chemo Hats and Helmet Liners or a basic scarf**, in military colors, are our year-round efforts. Keep knitting for peace and prosperity.

*Thank you for making a difference! Marsha Wenska*

## ✦ KNITTING ON THE NET

### ● BASEBALL CAP

Start now and you'll have a knitted baseball cap for Stitch 'n Pitch. Pick light worsted yarn in your team colors and grab some #6 needles.

<http://www.knittingdaily.com/blogs/patterns/archive/2008/02/24/baseball-cap.aspx> (You may need to register to get the pattern.)



### ● MINIATURE BABY SURPRISE JACKET

These are teeny versions of Elizabeth Zimmermann's famous Baby Surprise sweater – in four different sizes. Don't be daunted by the teeny needle sizes.

Phyllis Bates tells us that the smallest size can be knit on #2 needles with sportweight yarn and it will come out the perfect size for a Christmas tree decoration.

<http://www.miniknittingstuff.com/freepatt.htm>



### ● IPOD NANO COZY

Knit with a bit of leftover sock yarn, this is a quick knit even though it's on #2 needles.

<http://www.knittinglikecrazy.com/ipodnanocozy.pdf>



### ● MORRIS

This unisex cardigan is a free Rowan pattern by Martin Storey in sizes 34 to 44". It's knit at 14 stitches/4 inches on 10 ½ needles.

[http://www.knitrowan.com/editorial-image/pdf/mag\\_34\\_morris.pdf](http://www.knitrowan.com/editorial-image/pdf/mag_34_morris.pdf)

Take a look at the other free Rowan patterns here: <http://www.knitrowan.com/whats-on/download.aspx> -- you may need to register on the site to get access to the patterns.



### ● HOLES IN MY SOCKS

This simple sock pattern incorporates eyelets in the stitch pattern and that's probably a good design feature for southern California.

<http://www.nicelady.net/2009/03/holes-in-my-socks/>



### ◆ NCKG IN PRINT

The Guild is proud to announce that **Cia Bullemer** has THREE newly published patterns. Congratulations Cia--you rock!!!!

~Mosco Swing A-line Jacket has been published by Skacel Collection.

~Cia's Kidlin has been published by Louet Cotton Silk Chevron Shell in the April '09 Knit n' Style.

~Summer Wheat Shell in Verena Spring 2009.

Many of you design. Let the Newsletter Editors know where your latest masterpiece is published so we can share it with members!

### ◆ VIA PHONE, EMAIL, MAIL AND FRIENDS

*Ellen Hesterman, as secretary of the guild, mails get well/condolence cards to members. Please let her know, via e-mail, of anyone in need of this special service Contact Ellen at [ewhest@att.net](mailto:ewhest@att.net).*

The Guild is saddened to announce the passing of Guild member **Peggy Kelley** of Riverside. Peggy passed away on January 13, 2009. We send our sincere condolences to the Kelley family and friends.

We send our get well wishes to **Sheri Fisher** who underwent major back surgery recently. We hope that Sheri continues to heal and will be back on her feet in no time.

**Sara Stolz** is in our thoughts as she continues to recuperate from her shoulder surgery. We all look forward to her speedy recovery and return. Wait until she sees the pictures from the fabulous Jackets Fashion Show she put together for all of us to enjoy!!!!

### ◆ NORTH COAST KNITTERS GUILD

Our President is Barbara Levin. Her email address is: [BLevin7751@aol.com](mailto:BLevin7751@aol.com) . For a list of Board Members please visit the Web Site at [www.ncknit.com](http://www.ncknit.com) . Open to all knitters, regardless of skill level. Dues are \$20 annually and expire for all members on January 31. Make checks payable to North Coast Knitters and mail to Jean Moore, Treasurer NCKG, 4050-50 Porte La Paz, San Diego, CA 92122. Please include your name, mailing address, telephone, and email and tell us if you want to receive your newsletter via regular mail or email. The minutes of Board meetings and the monthly Treasurer's report are available at the membership table each month.

### ◆ CONTACT INFORMATION

**Newsletter Editors "The Sisters"**: Siobhan Rosenberg e-mail [hockeymom@cox.net](mailto:hockeymom@cox.net); and Deirdre Michalski e-mail [dsmichalski@cox.net](mailto:dsmichalski@cox.net) . (Please email both of us on all communications. Thank you.)

**Our Web Site:** For information about membership, meetings, workshops, local yarn shops, etc. visit [www.ncknit.com](http://www.ncknit.com).

### Web Master For Our Web Site:

Heather Broadhurst is the website person and her email is [hjnb@boddame.net](mailto:hjnb@boddame.net) . Yarn shops are encouraged to check their listings and provide updates to our Web Master. We'd also like to hear about trunk shows and special guest teachers at your shops – we'll put them on the website and in the newsletter.

**Member Rosters:** Members may get a copy at general meetings or request a mailed copy from Sheri Fisher. For Changes please forward them to: Sheri Fisher at [SheriRob1@aol.com](mailto:SheriRob1@aol.com) .

**The 2009 Membership Directory is printed and will be available for Members Only.** Please make the following correction to your 2009 Directory: Sandy Yayanos' correct P O Box number is 7220.

### ◆ WELCOME NEW MEMBERS!!!

The Guild would like to welcome new members: Carol Myers, Mimi Sevimly, Jan Scott, Marie Mains, Helene Lidge, Sueko Duckwiler, and Esther Siegel. We would also like to recognize the following renewing members: Jill Zagami, Lorraine Webb, Sharon Myers, and Louise Goodman. *(We will add complete addresses next month. Sheri just had back surgery and we want to give her time to recover.)*

### ◆ SUB GROUP MEETING SCHEDULE:

If you'd like to attend a sub group meeting, call the contact listed below first – holidays and availability of meeting places sometimes change the meeting schedules.

- **AKG Group**, 9am every Fri, Old California Coffee Shop, Restaurant Row, San Marcos, Maggie Dederich, 760-942-4159.
- **EKG Group**, 10:30am, 2nd Tues, home of Lillia Brown 760-634-1638
- **Knit@Nite Group**, 6pm, 1st Wed Jewish Community Center. Linda Erlich, 858-759-9509 but check the schedule on the website to confirm dates.
- **I-15 Group**, 9am to 11am, 2<sup>nd</sup> and 4<sup>th</sup> Wed, Panera in Carmel Mountain Ranch, Sheri Fisher, 858-530-2385.
- **PA Group**, 1:00pm to 3:00pm- every Monday and Thursday at the Needlecraft Cottage, Call Jean Moore, 858-587-9054, for more information. It's called the PA group, which means we knit practically anything and is open to practically anybody
- **RN Group**: 10am, 4<sup>th</sup> Tues - Gwen Nelson, 760-720-5420 at the Encinitas Sr. Ctr. at 10:00 a.m. We are just "rather normal, intermediate knitters; we're open to any level knitter."

**Return Address:**

**Sheri Fisher  
11245 Forestview Lane  
San Diego, CA 92131**